JOSHIAH

www.joshiah.com

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Q and A

Joshiah: Well now, it is indeed a pleasure to be invited back into your vibrational level and we would, once again, extend our greetings to each of you.

Now. Before we begin we would, once again, remind you that there exists that opportunity for you to be involved in that silent communication, that telepathic interaction with other entities that would be with us on this afternoon, or indeed the opportunity to be involved with an interaction with that portion that you refer to as your higher self or that spark of consciousness that you are.

And once again, you will find that as a result of the energy that you have created that it's very easy for you to enter into that meditative state. You have but to close your eyes and express the intent and that opportunity for you to alter your consciousness indeed exists and is available for each should you choose to participate. As always, the choice is yours, absolutely.

Now. When we speak to you of creating your reality that's a reflection of your beliefs and that this afternoon [we] used in this [is] the example of that type of creation [but] we would ask you to understand that it doesn't matter what creation it is that you're involved in. The creation that you experience in your awake consciousness state is a reflection of the belief that you hold. And when we use that concept that you believe in time and space as being the human consciousness belief system, and indeed can influence your capacity not only to create the reality that you're experiencing presently but to alter that which you believe to be [directly] in your future.

It's, once again, based upon an understanding and an example of your belief in time and space, for time and space indeed are illusions. They only exist in your awake consciousness state. In your altered states of consciousness, in your meditative states, and in your dream states and indeed in your between incarnational states you get glimpses of the real existence, where time and space don't exist. Where you understand absolutely that they're illusions. But in your awake consciousness state, it's not that way.

In your awake consciousness state many of the realities that you experience seem to be rather

spontaneous, instantaneous, indeed, beyond your control or your capacity. Circumstances might occur that you believe are outside of your influence and yet at some level of your consciousness you agree to participate in, to be involved in and to create and to experience that reality. There are no, so-called, accidents. There are no realities that you experience that are beyond your control. You at some level of your consciousness agree to participate, agree to have that particular reality and that experience in order to validate the beliefs that you hold, in order to allow you to experience the emotions and feelings that are possible within your vibrational level as you create and experience those realities in your so-called awakened consciousness state.

So, you have these seemingly instantaneous realities that you perhaps have not, in your awake consciousness state, had any perception of, that you never spent any time dwelling upon or even conceived such a reality was possible and yet, absolutely, at some level of your consciousness you not only understand but you agree to participate. You agree to put in place the contracts and the agreements, and you agree to have that reality come into your awake consciousness state so that you can experience it, absolutely.

And to use, once again, the example of illnesses, there are some illnesses that you dwell on, if you wish, that you create over extended periods of time through either your belief that various foods that you consume influence your reality and influence your health and influence your physical being and as you continue to consume those particular items, that particular types of food, you create the particular health situations you're experiencing. And it takes time, because you believe in the concept of time and space, so you believe that it takes time for particular realities to occur.

In circumstances where you are applying that particular belief system—that if you consume certain articles and certain food that it will indeed, over a period of time, impact your health situation, be it either negative or positive, it doesn't really matter—and so, when you in your awake consciousness state apply that belief and that concept in time and space, the irony of it is that time and space are illusions. They only exist in your conscious state. You spend no more time dwelling on or creating that reality in your so-called altered state of

consciousness than you do when you create the reality that you [seemed] to believe in your awake consciousness state is instantaneous or spontaneous. You spend no more time because time and space are illusions, they only exist in your awake consciousness state.

Now. You believe, many times, that some of those realities, be they illnesses or health situations, it doesn't matter which, occur over a period of time and consequently many of them as well you believe can be changed over a period of time. Now. There are always circumstances that you create to have that experience of a reality to validate a belief system that is a reality that is beyond your control. For example, you can experience a reality that is an illness that is created over a period of time; it takes time. Time because of certain activities that you may be involved in that you believe are detrimental to your physical being, and over a period of time those particular elements of your influence on your health build up and you experience a reality, you experience a disease—if you wish to call it that, but—comes into being and you understand that it's something that came over a period of time. But now you've got it. Now you've got it. You didn't really expect it to occur in your awake consciousness state, but at some level of your consciousness you absolutely not only expected it, but desired it, and held the belief that it would occur. And so there it is, so you have it.

Now. You can also hold the belief that it's possible to cure it instantaneously. A very difficult belief to hold, but nonetheless, one that you can experience. Now, you believe in time and space. You entered into this vibrational level, once again, bringing with you the consensus and the agreement to participate in the human consciousness belief systems in time and space. So, here we have this illness, this disease that you've created over this extended period of time. And now, you believe in that concept of time and space and so you believe that it's going to take time to heal or to alter that particular illness or disease.

Now, there can be exceptions and many of those exceptions you believe are beyond your control. For you believe in time and space, you believe in those human consciousness concepts. "Ah, but there can be exceptions." Absolutely. You see, there are some individuals who believe that there are entities existing outside of this vibrational level that create and influence their reality. And so, in order to validate that belief, indeed, they can correct an illness, whereas you see that it's quite an extended period of time to create, and then, instantly, experience an alteration in that reality, in that disease or illness that's influenced by some entity outside of who and what they truly are. It validates a belief that they hold in their awake consciousness state that they're not in control, that there are other entities that influence their reality.

And so, they have this disease or illness and they go through various methods or techniques to ask others to cure them, to ask others to alter their reality, to ask others to create for them. As a result of holding the belief that they're not in control, they create the reality to validate the belief.

And so, it's possible for them to experience that socalled miraculous type of alteration of their reality that validates the belief that they're not in control. It validates the belief that other entities are in control of their reality. And that's but one example. You can use any type of example or explanation that you wish that validates a belief that you hold. You see, that's the bottom line. The reality that you experience is a reflection of the beliefs that you hold. It's really that simple.

And that indeed, once again, to validate your belief in time and space and to validate the belief that you're not in control, to validate the belief that others can influence your reality, [there are] those particular realities or those diseases or illnesses that you experience that are rather spontaneous, instantaneous and beyond your control. You didn't think about it, you didn't know about it, but suddenly there it is. Well, you just didn't think about it or know about it in your awake consciousness state. You absolutely thought about it and knew about it in some level of your consciousness, and desired to bring it into your reality.

Now. You in your awake consciousness state may have had absolutely no concept of that particular disease or illness. It doesn't really matter. At some level of your consciousness you feel the desire to have the experience and you believe that it was possible to create that experience and you created the reality to validate the belief. And many of those so-called instantaneous illnesses or diseases can be based upon and be involved in a human consciousness and indeed in the societal consciousness belief system that it's difficult to alter. That once you've got it, you've got it. That once you've got it, it's there. It's an incurable.

And so, the societal belief system is that it's incurable. And so it can be extended over long periods of time and eventually cause the termination of the particular incarnational period. And yet, even within those concepts there are the so-called miraculous healings, if you wish, or alterations of the reality. The so-called miraculous. But how come that individual, who had exactly the same incurable disease, somehow was cured? That individual may not believe that there are other entities existing outside of their vibrational level who are creating the reality that they're experiencing. An observer might look upon it and say, "Well, look at that. That's proof that you're not in control. That's proof that there are other entities that are creating the reality 'cause that individual had a particular ailment or disease that is incurable and yet they're cured. How is that possible?"

But that particular individual, themselves, may believe that it's completely within their capacity to have whatever it is that they desire, and as a result of that belief system experience a seemingly miraculous cure in order to validate the beliefs that they hold. And it's an example of individuals experiencing the same reality and yet having completely different emotions and feelings as a result of that interaction and that experience. The one individual having the emotion and the feeling and the understanding that they're in control that validates their belief that they create their reality. The other individual who's involved in experiencing that reality looks upon it and says, "Well, it's not possible to have any type of influence of that magnitude over your creation." so there must be other entities or guides or angels or someone that's creating that reality for them.

And so that's what they take from the experience. And neither is right or wrong. It's just a validation [over] the belief system that the individuals hold.

It doesn't matter and once you try and reason it doesn't matter what type of logic you apply to the particular situation, it comes back to the basics, always: you are the god that you search for, you create your reality, and you cannot fail. The rest is illusion. The rest is a reflection of the beliefs that you hold. Absolutely. And you can change it. Absolutely.

Because if one individual involved in the particular dayto-day activities has a certain perception and a certain feeling and emotion that surrounds that interaction and another individual involved in the same activity has an entirely different reaction and emotions and feelings surrounding that particular event, doesn't mean that one's right and one's wrong. It means that each are experiencing the reality that validates the beliefs that they hold. It's really that simple. You can make it more complicated, not only can make it more complicated but in your awake consciousness state you go to great lengths to make it more complicated because it makes it real. And when it's real, then it intensifies the emotions and feelings that you experience surrounding the events or the occurrence of a particular activity and that's why you came into this vibrational level, that's why you chose to put in place this electromagnetic type of energy that limits the understanding of who and what you truly are. It's really that simple. It really is.

Now. If you have any questions, we would be willing to attempt to answer them for you.

Questioner: I have a question that I'm just curious about. An experience that I had last December with a light at the end of my bed, and I understood it to be a being, someone that I knew, and I was eventually speaking a language to them and I tried to stay conscious as long as I could in the experience but I eventually didn't keep in this consciousness, I went off and I woke up about two or three hours later. But I wondered if you were able to look into my files, what I'm projecting at the moment, and tell me anything

about the language or the being or the experience that you might be able to find from that. For entertainment purposes (inaudible).

Joshiah: It becomes very difficult for you to grasp in your awake consciousness state the concept that you exist in all of these so-called incarnational periods, in all of the vibrational levels, if you wish, that exist, simultaneously. And even that's a very difficult concept to grasp because simultaneously refers to your belief in time and space and it doesn't exist.

Many individuals have a similar type of experience of what you refer to. Many individuals look upon it as some type of an imaginary experience and don't pay attention—if that's a terminology that we could express—put it aside, don't recognize it, don't give it any type of significance, don't acknowledge it. Simply put it aside as imagination or day-dreaming or some type of interaction or drifting and day-dreaming and not understanding the concept of what it is that they're experiencing.

When an individual—and we're not just referring to all yourselves, but all of the individuals involved in that type of activity have that type of experience—it becomes very difficult to suggest to you that it was this time or this (inaudible) because time and space are only existing in your awake consciousness state.

You are involved in that type of activity much more often, if you wish, than what you perceive in your awake consciousness state. When you enter into an altered state of consciousness, when you enter into your meditative states or your dream state you participate in that type of activity in a manner that's beyond your capacity to even get a glimpse of or a grasp of in your awake consciousness state.

Language and this vocabulary that we use to express is very limiting, very limiting indeed. In other levels of consciousness, many times you interact and the language is something that's like a by-product, it's like a memory that you bring back that gives it validation. "So and so said this in my dream state." "I heard this in my meditative state." Many times you don't hear that. What you perceive is an emotion and a feeling and that explains, if you wish, of concepts and ideas, but not through that use of a vocabulary, because it can be very limiting.

And yet, when you have that experience and that interaction and when you retain the memory of that in your awake consciousness state then that vocabulary validates it. It's something that you can perceive in your awake state and yet in altered states of consciousness such as the one that you referred to there is really no transaction through the use of a vocabulary. That transaction occurs as a transfer, if you wish, of thoughts and feelings and ideas and concepts. Feelings and emotions, not a vocabulary.

Now. The interaction, that when [held] with another individual or another entity, once again, many times you put a perception upon it so that you can grasp it and understand it when you're in your awake consciousness state, but in your altered state of consciousness most particular perceptions do not exist. They're illusions. In the end it becomes very difficult to give you an explanation because it's beyond explaining in a vocabulary sense. It's something that you must go withinside and to experience the concept of who and what you truly are, and not only who and what you truly are, but indeed all of the other entities that exist, not only in your vibrational level but in all of the vibrational levels.

When individuals attempt to give an explanation of that experience they tend to use terms that you can relate to, such as, "It was a bright light," or, "There was this entity that was made of light," or, "There was this entity that seemed to be like some type of a vapor," or some type of a haze or a mist. It doesn't matter what the explanation is, it's an explanation that's given to attempt to explain something that you cannot explain through the use of a vocabulary. It's something that you must go withinside to experience, and once you've experienced it you being to understand the difficult in attempting to explain it.

And so, when you're experiencing that particular interaction and you bring it back into your awake consciousness state one has the tendency to look upon it as seeing some being that you might have thought you expressed as light. Primarily, it's an exchange of thoughts and feelings and emotions and of concepts and ideas and it's not an exchange that's based upon your vocabulary. The vocabulary that you experience and that you bring back makes absolutely no sense because it doesn't exist. It's something that you create, once again, in your so-called awake consciousness state in order to validate it, in order to be able to give some type of an explanation in order to make it so that you can, in your awake consciousness state, get a grasp of the concept of some type of interaction with another individual. And yet that doesn't really occur. It only occurs as an exchange, once again, of thoughts and feelings and emotions and concepts at some level of your consciousness.

And again, it becomes difficult to explain because you believe in time and space, but at some level of your consciousness that interaction goes on on a constant, constant basis. Even "constant" refers to some type of time and space concept, and it's not really that way at all. There's this constant interaction with other individuals and other entities, not only in your vibrational level but in other vibrational levels. And sometimes, when you are altering your consciousness, you get glimpses of that interaction, and you attempt, once again, to give it an explanation, to make it real so that you can experience it in your so-called awake consciousness state.

It's a glimpse, if you wish, of an interaction that you attempt to bring back into your conscious state. It can validate, for many individuals, that they are involved in a reality that's so much more than you experience in your awake consciousness state. And yet, in terms of the significance [it's, well,] since you [have your] belief, once again, in time and space, an instant of an interaction that goes on constantly with a multitude of entities. We've suggested, many times, that if you'd attempt to bring all that into your conscious state you would not remain sane. Not only would you not remain sane, or what you refer to as being in some type of a normal sanity, chances are that you would not remain in this vibrational level. You would leave this vibrational level. Because the illusion would be gone. The illusion only exists in your awake consciousness state and to some extent in your other levels of consciousness.

What you experience is but a glimpse, once again, of an interaction, that goes on not only with one entity but a multitude of entities on a constant basis at some level of your consciousness. A particular attempt to put some type of a vocabulary on has really no significance. It's only significant in your awake consciousness state in order for you to have some type of validation that an interaction occurred.

Does that answer your question?

Questioner: Great! (Laughter) I didn't ... I was the one talking in it, there was no language coming from the being other than there was just light and the light was, I was [consumed] with light and my body actually moved up on the bed because of the force of it, or my perception of that, obviously, but I didn't understand what I was saying. That language has come up a few times for me and I don't know what I'm saying, it's just, but as you mentioned, it's more of an emotion that feels like it's coming out with the sound. So, that's all, I was curious about the language, but, as a glimpse, yes, I would agree with that understanding and that's what I kind of thought it was but it was extremely intense, that's all. I was just wondering, and I couldn't find [or] figure out a purpose for it, really, over the six months or however long it's been. So, I was just curious. But, thank you, that was a good answer.

Questioner: [That would give me the,] you know, if I had an idea about the people that tend to (inaudible).

(Laughter)

Joshiah: This awake consciousness state, particular societies put in place—what we refer to as agreements, contracts, if you wish, rules and regulations that allow society to function within limitations—many of those rules and regulations are based upon an individual's concept of what you hold as principles, of what's right and wrong. You see, right and wrong are awake human consciousness concepts. They do not exist at that level of your consciousness that creates the reality. And so, various societies put in place these rules and

regulations, if you wish, the agreements and the contracts. They allow the society to function in a manner that operates within the limitations that are acceptable for that particular society.

Individuals involved in relationships put in place agreements and contracts, and for various relationships the agreements and contracts can be quite different. There can be some agreements and contracts that fit in one particular relationship between two individuals that would not work for another pair of individuals involved in a similar type of relationship. And yet neither is right or wrong other than what those individuals perceive as right or wrong. In some societies this interaction between individuals and relationships is not concerned as to what's right or wrong based upon the societal belief system of what's acceptable and what's not acceptable.

In this particular incarnational period, if you wish, in this society the interactions and relationships between individuals is much more what you would refer to as open and freer, if you wish, than other interactions in various other societies in other parts of your world system, or indeed, in this society in your so-called history of perhaps even as little as fifty to one hundred years ago. It doesn't mean it's right or wrong. It's not a right or wrong concept. It's a societal belief system and it's the agreements and contracts that are put in place that allow the society to function in what the societal belief system accepts as being valid, as being real, and as being the limitations that you agree to operate within.

Once again, two individuals involved in a similar type of reality creation can hold different belief systems, have different particular principles that they hold as being important and valid, and therefore take different concepts from that particular interaction, have absolutely different emotions and feelings yet neither is right or wrong. It's simply a validation and an agreement of who and what they are that allows them to create the reality so that they can experience the emotions and feelings. It's been said many times that an individual, in order to establish a character, puts in place certain principles that you would hold as valid and those principles apply to the individual that you would like to be. Not that you would like others to see you as, but that you would like to be. You see, it's important that the character that you establish and create is the one that you desire to be, not others desire for you to be. And therefore, there can be two individuals who hold different principles and create a character that they desire to be and each can feel some type of self-love for who and what they truly are, and yet be entirely different. It doesn't make one right or one wrong, it's a different perception of what it is that they desire to experience.

And so, individuals can be involved in different relationships, that one individual would look upon and

say that that's not an acceptable relationship and yet the other individuals involved in their relationship not only find it successful and acceptable, they find it, indeed, quite enjoyable. It's not right or wrong, it's a perception. The society, once again, can hold different beliefs in what they would accept as being the limitations. It doesn't make them right or wrong. It's just different limitations.

In this society you have what many might refer to as a very free society, and yet if you were to travel in different parts of your world you would find completely different attitudes and acceptable limitations for their reality and their society. It doesn't mean one's right or wrong. The ones in this society may look at the society on the other side of the Earth and say that, "That's wrong. That's archaic." And the ones on the other side of the Earth would look at this society and say, "Well, that's wrong." It's not right or wrong. It's a reflection of the beliefs that are held.

Societal belief systems, limitations, are reflections of particular principles that one holds and puts in place in order to establish the character that one desires to be so that one can like who one is. And if one doesn't wish to be involved in that, if one doesn't like who they are, then we suggest you change the principles. Change the principles, apply them, alter your character, alter the image that you project to others and you will begin to like who you are. And you don't do it so that others will like you, but rather you do it so that you can like who you are and then others will like you without knowing why they like you.

And so, to answer your question—

Questioner: It's now OK, that's it. My idea is that for ordinary human nature is going like that. So how is nature, from human nature?

Joshiah: Human nature is an awake consciousness concept. Once again, as individuals you believe in this concept of evolution, this concept that human nature is something that is projected and brought into each existence, and yet human nature only exists in your awake consciousness state. At some level of your consciousness you absolutely understand that you create this reality, and that you do so as a reflection of the beliefs that you hold.

And so, you can have this so-called human nature. You can have what some would refer to as particular attributes that you are born with, that you exist with, that come into your so-called incarnational period. We would suggest that all of those particular attributes are attributes that are chosen at some level of your consciousness.

Human nature is something that you perceive in an awake consciousness state, not in your so-called subconsciousness. Human nature is something that is projected in order to, once again, validate this concept of the human consciousness belief systems and of the

societal belief systems. It's like the belief in time and space, very difficult to alter, but nonetheless, a choice that individuals agree to put in place and to participate in and to validate and to perpetuate. So it is with human nature.

Many individuals would look at certain species of your birds and animals that exist and they would say that they have within them certain instinctive characteristics that they are born with. That validates a belief system, at some level. It validates a human consciousness belief system that there are instincts that are born, not only in animals and in birds, but indeed within human beings: the instinct to reproduce; the instinct to attempt to sustain life at all means. That's an awake human consciousness concept. It validates a human consciousness belief system. It does not exist at all levels of your consciousness. At some levels of your consciousness you understand absolutely that you are in control.

In your so-called past—and we hesitate to use that terminology of "past"—but [at] other incarnations, you as an individual and all other individuals as well, in the Lemurian period and in the Atlantean period, in your history, at some point in your history, knew absolutely that you were in control. And when you desire to leave [an] incarnational period you didn't go through all types of illnesses or diseases or whatever. You didn't have to have a breakdown of your physical being in order to leave this vibrational level. You simply sat down and made the choice and left the vibrational level. That's an incarnational period. Just that easy. It's that easy now, only you make it more complicated in order to validate the reality.

And so it is of many of the so-called human nature aspects, they make it more real, they make it seem like you're not in control, and yet at some level of your consciousness, you choose to participate. And it's not a right or wrong. It's a choice, that's made in order to validate the reality in order to experience the emotions and feelings that make it more real. And it's not right or wrong. Absolutely not.

Does that answer your question?

Questioner: So, if, even if it's not my (*inaudible*), not my [job], under control but it's programmed for human nature?

Joshiah: If it looks like it's not under control, that's only, once again, an awake consciousness state.

At some level of your consciousness, every individual is absolutely in control. But you put in place an electromagnetic type of energy that limits your capacity in your awake consciousness state to understand that you're in control. It makes it more real. So individuals, regardless of the activity, regardless of whether or not it seems to be that you're influenced by other outside entities, you're in control. Absolutely, in control. At

some level of your consciousness you've agreed to participate.

Even individuals who seem to be outside of a particular event and yet are influenced by that activity, at some level of their consciousness agree to participate, agree to have that reality occur, so that they can experience the emotions and the feelings.

Let us give you an extreme example. You now—and we say "you" and we're referring to all of the individuals in your so-called society and in your world system—are having conflicts occur on the other side of your Earth. Now. Many individuals in this particular society would say, "Well, I have nothing to do with that. Not involved with that at all." And yet, when you are involved to the point where you have some type of knowledge of that occurrence and that knowledge of that occurrence stirs some emotional feeling withinside you, whether it be a positive or negative or whether you say, "Well, I really don't care," it doesn't matter. It's triggered emotions and feelings and you have agreed to participate, so that some level of your consciousness agreed to participate in that conflict. Even though it seems completely removed, even though it seems like you have absolutely no control, even though it seems like it's two other, or three other countries or individuals who are involved that you have absolutely nothing to do with.

That's an awake human consciousness perception. At some level of your consciousness, if it affects your emotions and feelings then you have agreed to participate; you have agreed for it to occur. You have agreed to it influence your awake consciousness state.

And so, when individuals—to bring it into a much more narrow explanation—when individuals are involved in a reality creation that you believe that's beyond your control, individuals involved in a relationship that you believe you have absolutely no influence over, at some level of your consciousness, you have agreed to participate, if that interaction is influencing your reality. If that interaction is causing you to experience emotions and feelings, you have agreed to participate in that creation, even though it seems like it's completely beyond your capacity to control, nonetheless, you, at some level, agree to participate.

"Go for it." You suggest, "Go for it, and I will experience the emotions and feelings based upon the beliefs that I hold." All of the realities that are created that individuals experience, at some level they agree to participate.

Does that answer your question?

Questioner: Yes, thank you.

(End of questions and we thank Joshiah and the others.)

Joshiah: Well now. It has indeed, once again, been a valued and enjoyable interaction and we would like to express our thanks to each of you for allowing us this

opportunity to interact and to share, for indeed, for us it is a learning experience and we welcome that opportunity to interact and to share with each of you. And we would remind you that we are not separated by time or space, but rather by a vibrational level, and should you choose to interact with us, you have but to express the intent and we would welcome the opportunity to interact, to exchange, to offer you, once again, our unending support and our absolute unconditional love. And we would bid each of you farewell, with love and with peace. \$