## JOSHIAH

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**Joshiah:** Now, it is indeed a pleasure to be invited back into your vibrational level and we would like to express our greetings to each of you and, as well, our gratitude for you offering us this opportunity to once interact and to share with each of you.

Now, before we begin this afternoon, we would once again suggest that there exists for each of you the opportunity to be involved in what we refer to as a silent communication, an opportunity for you to be involved in what we would term as a telepathic interaction or exchange of information.

You see, the energy which you have created within this sacred space offers you the opportunity to alter your consciousness and to enter into a meditative state, and you will find that [if] you do express the intent that you will find it guite easy to alter that consciousness during that meditative state. And in that meditative state have that opportunity to be involved in a telepathic interaction or exchange of information, not only with other entities that would be with us on this afternoon, but as well with that portion that you might refer to as your higher self, or your inner consciousness, [with different] terminology, it is that you wish to use to attempt to describe that portion of who and what you truly are. And in that interaction, in that silent communication many times the information that you receive is much more pertinent to your individual needs and desires than is the information that we express through our friend Elias, and not only is it more pertinent but many times it is much more accurate in that it is a transfer of information through emotions and feelings as opposed to attempting to give information through this rather limited use of a vocabulary.

And so we would encourage you, should you choose to be involved in that silent communication, to express the intent and to simply close your eyes and allow yourself that opportunity to shift your consciousness, but as always, the choice is yours, absolutely.

Now. You exist in a reality that we refer to as a vibrational level, that is, for all intents and purposes, an illusionary reality. And that becomes very difficult for you to grasp in your awake consciousness state, for in your awake consciousness state it all seems real, it all seems like an experience beyond your capacity to control, or absolutely there may be certain aspects of

your reality that you interact with other entities where you feel that you have the capacity to have had some type of an influence upon, but to control, to absolutely control, becomes a very difficult concept to grasp in your conscious state. And [there] is a reason for that, it's because that's how you choose to exist, that's how you choose to operate in this vibrational level. And again, it's a very simple reason, and that's because you choose to enter into this vibrational level for the opportunity to experience an intense range of emotions and feelings that can only be created and experienced when you believe, truly believe, that you're not in control, and there are some other entities that are influencing your reality, be those other entities that must be what you refer to as individuals existing in this incarnational period in this particular vibrational level, or for some it might even be some entities that you believe exist outside of your vibrational level, outside of your reality, but have that capacity to influence and to indeed create this reality for you. You see, if you believe you're not in control then it's much more real. It is much more easy for you to accept that it's beyond your control and as a result of being beyond your control [then] the intensity of the emotions and feelings is greatly enhanced over a reality where you understand that you are in control.

And you create that experience in this vibrational level by establishing and maintaining what you refer to as a veil. It's an electromagnetic type of energy, and we continuously say "type of energy" because it's not actually accurate but it's as close a description as you can have in your so-called awake consciousness state that gives you a reference to some type of energy that you are familiar with, that you can comprehend and say, "Well, yeah, I understand what an electromagnetic type of energy is, so it's similar to that. It's not exactly the same, but it's similar to that." If you establish that and you maintain that, for the purpose of allowing you to experience this reality in your awake consciousness state, without understanding and grasping the concept that it's your creation and you put that veil in place. Your choice. Not from other individuals, not from other entities who decided that you should come into this vibrational level for whatever reason and have all of these experiences, but rather, your choice to enter into that vibrational level so that you can experience these realities, so that you can experience once again that intense range of emotions and feelings.

And that, for many, seems to be an oversimplification, particularly when you are involved in a reality that you might find less than desirable in your awake consciousness state. And if we would defy each of you to continuously look at the reality that you experience in your awake consciousness state, in your day-to-day activities, and if you continuously break it down and go back to the purpose and the reason for why you are participating in the creation of that reality, why you are involved in that experience, why you are going through these day-to-day activities in this creation process, you will find that it is for the purposes of experiencing feelings and emotions. You can create all that, whether it's creating money, whether it's being involved in relationships, it doesn't matter. You do it for the purpose of experiencing the emotions and feelings that you ultimately believe will be the result of that particular activity. That's why you came here.

And [if] indeed in your awake consciousness state that you're not in control and of course it intensifies the emotions and feelings. We've used the analogy many times that when you walk into a theater, and you sit and look at a projection upon the screen you can experience a very broad and intense range of emotions and feelings. By looking at what you understand absolutely as someone else's production, someone else's concept of that particular aspect of that reality that's being portrayed upon the screen, you understand as well that it's absolutely a trick of light that [is] not real, that it's simply a projection upon the screen, and it's had all types of [imaging,] and all types of manipulation to portray to you certain emotions and feelings. And yet when you leave the theater you understand that it wasn't real; no matter how intense the emotions and feelings are, it wasn't real. Not only was it wasn't not real, in order for you to experience that range of emotions and feelings you use that particular projection upon the screen as a reference to other realities that you believe that you've experienced for real. Yet, this reality that you experience in your awake consciousness state is illusionary, but is more real because you believe you're not in control. It's more real because you believe that others have the capacity to influence your reality.

Well, we're not suggesting that you don't have interactions with others, and we're not suggesting that others don't have an influence upon your reality, but it's at your choice. You see, that's what's important to understand, is that it's at your choice. This reality that you experience in your awake consciousness state is at your choice. It's your reality. Interactions that you have with other individuals are as a result of interactions and it's arrangements and it's contracts, if you wish, and agreements that you put in place in other levels of your consciousness and that you're going to be experiencing in your awake consciousness state and it can be real. And when it's real, then it can be intense. When you entered into this vibrational level you agreed to put into place that electromagnetic type of energy that limits the understanding of who and what you truly are in your conscious and awake state. Not only does it limit the understanding of who and what you truly are in your awake consciousness state, but it also interacts and maintains some type of influence upon the realities that you experience in your altered state of consciousness that you might refer to as a meditative state or in your dream state or indeed in what you refer to as your between incarnation state, when you die, in other words, you are [even] to some degree influenced by this particular electromagnetic type of energy that you choose to put in place and to sustain and maintain to make it real. Your choice. Your reality in your yeil. That veil also has another purpose, if you wish, that it gives you the opportunity to experience this reality that seems to be beyond your control, and that is that veil also limits other entities existing outside of your vibrational level to create your reality for you, to influence this reality. It's your reality.

Other entities existing outside of this vibrational level for most purposes have absolutely no desire to influence or create your reality for you. Individuals existing outside of this vibrational level if they have a desire to experience this vibrational level they have simply but to enter into it. And you understand if when you enter into it you do so by choice. But conversely, if you wish to leave it you can also do so by choice. No one forces you to stay; you're not here because you might learn certain lessons other than the lessons that you put in place. You're not here because you might pass some test before you can progress to another level, absolutely not. If you want to believe that in your awake consciousness state you can create all types of experiences to validate that belief system, absolutely. But nonetheless, it's your creation, it's a validation of your belief system, not a validation of someone else's belief systems.

If you have a belief system of a particular religion, and that belief system and that religion influences this reality, influences this incarnational period, would you expect that the belief system that some other individual has in another religious situation or belief system is going to influence your reality? Absolutely not. It's your reality, it's your belief, it's your freedom to choose whatever belief it is that you desire and the reality that you experience in your awake consciousness state is a reflection of the beliefs that you hold.

It's really that simple. You can make it more complicated, in fact you go to great lengths to make it more complicated, but it's really that simple. If it was very difficult to give you an accurate explanation because, you see, you believed in, what we refer to as these human consciousness belief systems. You see, when you enter into this vibrational level, when you choose to exist within this vibrational level, then you agree to participate in what we refer to as human consciousness belief systems. Then it becomes difficult once again to give you an accurate explanation because it's an explanation that must be based upon your belief in time and space, and they don't really exist, they're illusionary. Nonetheless, you believe in time and space, and in order to give you, once again, an explanation through the use of the vocabulary we must operate within your limited beliefs. If you choose to put [intact] in your consciousness awake state, in one of those main ones, these main human consciousness belief systems means your belief in time and space, so we suggest that you have other reincarnational periods you automatically assume that we're referring to past reincarnational periods.

Now there are some who might believe, yes, it's possible to influence your so-called future realities. That's a nice concept, but it's very difficult to continuously believe that the future is a reality that's already being experienced, or that the past is within your capacity to alter. Very difficult concepts to grasp in your awake consciousness state, and yet you do so on a continual basis, in your altered states of consciousness you do so continuously. However, for us to give you any type of an explanation we [are forced] within that limited use of a vocabulary and, again, the explanation is based upon your belief in time and space. And so when you enter into this vibrational level, when you choose to enter into this vibrational level in a particular incarnational period you agree to participate in a human consciousness belief system. And one of those main ones, once again, is time and space. A very difficult concept for you to step past.

Now, we also continuously find it very difficult, not impossible, but very difficult the ... if you were to, in your awake consciousness state have a full understanding of the creation of this vibrational level then chances are that you would leave it. See, you're here by choice. You choose to enter into this vibrational level and you choose to operate within the limitations of the human consciousness belief systems but you will as well choose to leave this vibrational level. It's your choice. And, once again, you're not here because someone put you here, you're not here because you might learn certain lessons, or that there are certain particular achievements that you might accomplish before you can go to some other level of existence. Absolutely not. You're here because you choose to be here and should you choose to leave you can do so.

So when you operate within this vibrational level then you exist under this consensus of the human consciousness belief systems then it's very difficult to step outside of that. And, once again, were you to do so it would be very difficult for you to sustain your existence within this vibrational level.

It's like you're playing in a sport, and we will use a sport that our friend was very interested in on this very afternoon. You have a sport that you refer to as golf and you understand that there are rules and regulations to play that game. And you put in place all types of restrictions. If you're going to play the game then you must follow the rules. But you also understand that should you choose to do so you can simply pick up that ball and you could walk and drop it in each cup. You wouldn't have to go through all that process of hitting it around and playing that game. But you also understand that [if] you do walk around and drop it in the cup that you would soon be eliminated from the game. You're not playing by the rules. You'd have to take up another sport. Absolutely. *(Chuckles)* 

In this vibrational level should you choose to operate outside of those so-called human consciousness belief systems chances are that you would not remain within this vibrational level. You would destroy the very reason that you chose to exist within this vibrational level, that you chose. And that's what's important to understand, that it's your choice, not someone else's choice. Not some other entity. You see, not only do you create this reality but you indeed are that we refer to as the god that you search for. And we use that terminology simply because, once again, it's something that you can use as a reference. You can call it a spark of consciousness. You can call it your higher self or your inner self, it doesn't really matter. It's not really important. But it's who and what you are. That spark of consciousness that you are that has the capacity to create exists within each and every atom of your entire being. It's who and what you are. And as that spark of consciousness you are equal to every other spark of consciousness that exists, not only within your vibrational level, but in all of the vibrational levels throughout all of creation.

You are the god that you search for. And the irony of it is that you cannot be separated from who and what you truly are. You cannot lose your individuality; it's who and what you are. Now, you put in place, once again, that electromagnetic type of energy, that veil that limits your capacity to have that connection in your awake consciousness state the understanding of who and what you truly are, but it doesn't change that that's who and what you truly are. That veil, once again, is thereby your choice. You create this reality. You are the god that you search for. It exists within not only each and every cell of your entire being, but it exists within each and every atom of your entire universe. And that becomes, once again, a very difficult concept for you to grasp in your awake consciousness state, but understand that this vibrational level that you experience in your awake consciousness state is an illusion. That doesn't suggest that it doesn't have significance; and we're not suggesting that it's not important; and we're not suggesting that you should simply throw it away and say, "Well, it's not really important, it's just an illusion." You see, every vibrational level that exists throughout all of creation are illusionary realities that are a reflection of the

beliefs that the entities hold that exist within those vibrational levels.

It doesn't mean that it's not significant. It doesn't mean that it's not important. It simply means that it's your creation. Similar to the projection that you view upon the screen in a theater is someone's creation. It doesn't mean that it's not important, and it doesn't mean that it's not illusionary. But it does indeed have significance. Absolutely. And so this reality that you experience in this vibrational level in your awake consciousness state has a significance. Doesn't mean that it's not illusionary. It's your creation, and you are the spark of consciousness that creates it. You are [that] god that you search for. And there is only but one other truism that you can't alter, not only in this vibrational level but in any of the vibrational levels that you exist in throughout all of creation. And that is that you cannot fail at some point to come to the understanding of who and what you truly are. You cannot fail. This is a reality that you choose to exist in and at some point you shall indeed have the opportunity to choose to leave it.

And we continuously use references that are based upon your belief in time and space, and yet that only exists in your awake consciousness state. It's an illusion. And so, based upon that belief in time and space and using that concept to give you some type of an explanation we would suggest that you will at some point in this vibrational level have the opportunity to make the choice to leave this vibrational level. Absolutely guaranteed. A choice. You don't have to have any type of creation, and you don't have to have any type of success through passing some test or learning some lesson. Absolutely not. You see, you believe in this awake consciousness state that this is it. This is the real existence. And when you alter your reality and you enter into a meditative state or some type of altered state of consciousness, it really doesn't matter what you use for terminology, but like a meditative state that altered state of consciousness. you begin to believe that that's not real; that's illusionary; that's an imaginary reality. And then you enter into the dream state. Ah, now that there is really not all that real. And if we would suggest that it's in that dream state that you put in place the agreements and the contracts for the most part of the realities that you're going to experience in your awake consciousness state.

You see, you can't sustain this awake consciousness state. Absolutely guaranteed, you all understand that you will at some point lose consciousness. You will at some point hopefully go to sleep. For you see, you lose consciousness by dying *(chuckles)* so ... and hopefully when you lose that consciousness you would believe now that the best possible perception to have is that you fall asleep. In that altered state of consciousness, in that you call [the] sleep state, you will dream. Absolutely. You will dream. Guaranteed. Because it's in that dream state that you put in place the agreements and the contracts and then when you come back into that awake state you don't remember what it is. You get glimpses, absolutely, but you don't remember it. You can't recall it because you can't, in your awake consciousness state, hold all of the agreements and contracts and interactions that you experience in your dream state, in your altered states of consciousness, for you are so much more than what you perceive in your awake state. Absolutely. This is but, to use, once again, your belief in space the minute concept or portion of who and what you truly are.

And so, from that dream state the next level of consciousness is what we refer to as the between incarnational state, when you die, in other words. And even in that state there exists that limitation that you put in place by establishing and maintaining the veil. Even in that level of consciousness to some extent the veil has an influence upon the reality that you're experiencing. It is within your capacity to create, absolutely, but you are still limited to understanding who and what you truly are. If you believe that you are going to have some path of experience when you enter into that level of consciousness then there's a very good possibility that you will have that type of experience. And it doesn't matter what it is. You see, that's what's important to understand, that the belief is what's real. What the belief is is not nearly as important as the belief itself and that you believe that that's how it is, because, you see, if that's how you believe it, then you will create the reality to validate the belief. The belief precedes the reality, even in that level of consciousness that you refer to as your so-called between incarnations state. In that level of consciousness it becomes very difficult to sustain the illusion. It becomes very difficult to sustain that belief system, to sustain whatever it is that you're experiencing.

And at that level of consciousness you begin to understand that it's your creation, that if you hold a belief you experience it. And at that level of consciousness you will have the opportunity, if you wish, to leave this vibrational level. It's a choice that you will have the opportunity to make. It's not a choice that would be influenced or decided by someone else. It is your choice. Absolutely guaranteed, you cannot fail to come to the capacity of having the understanding that it's your choice, and should you choose to leave this vibrational level you can do so. You may wish to remain in this vibrational level. It's a very unique and interesting vibrational level. It's not duplicated anywhere else throughout all of creation, throughout all of the other vibrational levels. So you may wish to remain, you may wish to continue the experience, if you wish. And should you do so, then you will have the opportunity to make the choices to reincarnate, to make the agreements and the contracts, to put in place all of the particular possibilities for the experiences that you might incur in that particular incarnational period.

And have the opportunity to reincarnate. It's your choice.

The important [thing] to remember is that it's your creation, that you are the spark of consciousness that creates this reality. You are the god that you search for, and you absolutely cannot fail to come to that understanding. And should you choose to, you can leave this vibrational level. The rest is illusionary, and you create whatever it is based upon the beliefs that you hold. Many of those beliefs are very difficult for you to alter because you once again agreed to participate in the human consciousness concept of agreeing that you would put in place those human consciousness belief systems, the consensus that everyone would participate, and if you didn't wish to participate then you leave the vibrational level, it's your choice. Absolutely. It's not something that's forced upon you, it's something that you choose to participate in. It's important to understand that you choose. Absolutely. And then you create this reality.

Now. From there on it becomes more complicated. Because, you see, the reality that you experience is a reflection of the belief that you hold. If you believe you're not in control then you will have all types of experiences in your day-to-day realities that validate that belief that you're not in control. If you believe that you have guides and angels that create for you then they exist around you and they create for you. That's your choice. You can have that. If you believe that there's some god, one master individual that creates your reality and has an influence upon your reality, you can have that as well. It's your choice. It's not right or wrong. You see, right or wrong is a human consciousness concept. The reality that you experience in your awake consciousness state is created from a position of absolute unconditional love. The reality that you experience in your awake consciousness state is created from a position of absolute unconditional love. And that unconditional love is who and what you truly are. And that spark of consciousness that you are, that spark of unconditional love that you are, creates whatever it is that you desire. And it does so joyously.

It's in your awake consciousness state that you begin to apply the judgments, "Is this right or wrong?" "Is this good or evil?" The reality that you experience is a reflection of the beliefs that you hold and that spark of consciousness that you are that creates from a position of absolute unconditional love creates it joyously. It doesn't matter whether or not you believe in your conscious state it's right or wrong, that's a judgment that you make in your human consciousness awake state. That makes it real, that gives you that capacity to believe that you're not in control. But that spark of consciousness that you are creates it all joyously, without judgment. It gives you whatever it is that you desire based upon the beliefs that you hold. Once again, if you believe you're not in control, then you can have that. It's not right or wrong. It's a choice that you

make. Absolutely. You see, many individuals in your awake state would look at the existence that they were creating and they say, "Well, this is the right way." And then you would look at another individual who may be in what you call a less than desirable situation and you say, "Oh, that's not right. That's wrong. It might even be evil." Well, the spark of consciousness that creates those realities creates equal, each one equally from that position of absolute and unconditional love. Guaranteed. That's the only way that you can create.

There is no evil creation. Evil is a concept that you create if you wish in your awake consciousness state. It's a judgment that if you make in your consciousness state it does not exist in your subconsciousness. Your subconsciousness creates the reality that you experience and it does so from a position of absolute unconditional love and it does so with absolute joy. And, once again, that becomes a very difficult concept for many to grasp in your awake consciousness state. You see, when you see individuals who are involved in a conflict, or when you see individuals involved in abusive situations-very similar, whether it's a conflict or an abusive situation; it's very similar types of belief systems, but nonetheless-individuals involved in those particular interactions do so by choice. [And they're not a] real conscious choice, where you say, "Well, I want to be in an abusive situation," but it's a conscious choice that they're not deserving. It's a conscious choice that they're not worthy. There's a conscious choice that this is a terrible existence. And when you hold those beliefs you create the reality to validate the belief and you do so from a position of absolute unconditional love and you do so joyously.

You see, when individuals are involved in an abusive relationship ironically it's the victim that's in control. It's the victim that has the capacity to stop that particular type of interaction, that particular relationship. When the victim decides that they are no longer going to be a victim then it stops, and it ends. That abusive relationship ends. And you see, in your awake consciousness state you have difficulty grasping the concept that it's an illusion. You have difficulty grasping the concept that one cannot die. You have difficulty grasping the concept that there's so much more than you experience in this particular incarnational period. [And then if the] person involved in an abusive situation says, "That's it, I'm done," and if that particular individual ends this incarnational period then you somehow feel, "Oh, that's a great loss. They've failed, they've lost existing in this incarnational period." That's a choice, based upon the belief that they hold. It's not a right or wrong, it's a choice. "You're either right or wrong" is the judgment that you make in your human consciousness awake state. If that individual chooses to terminate, if you wish, this incarnational period, when that incarnational period ends, we assure you that that is not a tragedy. It is only a tragedy in the minds of those who continue to exist in this incarnational period

and make a judgment upon it. That individual that terminates the incarnational period is in a position of choosing to either leave this vibrational level or to reincarnate. Their choice. Their choice.

And so we continuously go back to that three belief systems: you create this reality; you are the god that you search for; and you absolutely cannot fail to come to the understanding of who and what you truly are, and to make the choice to sustain this vibrational level or to leave it. It's your reality. It's your choice, and is not right or wrong other than what you believe in your human consciousness awake state. Once again, that spark of consciousness that you are creates this reality that you experience and it does so from a position of absolute unconditional love.

It's who and what you truly are. You are so much more than what you perceive in your awake consciousness state. You are all that is. There is no entity existing, not only in your vibrational level, who is any more than what you are. There is no entity existing in any of the other vibrational levels who is any more than what you are. You are all that is. And you are no greater than any other entity. You are equal to and no less.

Now. We will break for a moment or two, and if you wish we would return and if you have questions we would be willing to attempt to answer them for you. And we would remind you in the meantime that we are not separated by time or space but rather by vibrational level, and should you choose to interact with us you have but to express the intent and we would welcome that opportunity to interact with each of you, to offer you our unconditional love and our absolute unending support. And we would bid each of you farewell, with love and with peace. 3