JOSHIAH

www.joshiah.com

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Q and A

Joshiah: Now. Well, it is indeed, once again, a pleasure to be invited back into your vibrational level, and we should remind you that there continues to exist that opportunity for you to be involved in that silent communication, should you choose to do so. There are, once again, many entities that are waiting to interact and to share with each of you and to offer you, once again, what we refer to as a silent communication, and a telepathic interaction in exchange of information, if you wish. And should you choose to do so you will find, once again, that it's quite easy for you to alter your consciousness and to enter into that meditative state and to be involved in that communication, absolutely. And, as always, the choice is yours.

Now. This reality that you experience is a reflection of the beliefs that you hold. Many individuals would believe in your awake consciousness state that the beliefs that you hold are as a result of the particular events that you have experienced throughout this particular incarnational period, [the first] you are involved in and have some type of experience in, and as a result of that experience and the influence that it has upon you in terms of your emotions and feelings you subsequently form a belief about that particular interaction or experience. And we would suggest it's not that way.

We would suggest that, first of all, you hold the belief and from the belief you create the experience to validate the belief system. And for many that's a very difficult concept to grasp. And so when we suggest to you that this reality is an illusion and that time and space are illusions and that they are beliefs that you hold, then individuals would say, "Well, if I choose not to believe that, then time and space would disappear." And yet, when you entered into this vibrational level, when you chose to enter into this vibrational level, you agreed to participate in what we refer to as various human consciousness belief systems. Belief systems that you might refer to as your laws of physics, and time and space, for within those human consciousness belief systems—and while it's not impossible to alter that belief, it is very difficult to alter those human consciousness belief systems and at the same time maintain your awareness in your consciousness state,

in your awake consciousness state in this vibrational level. It's your choice. You're not here because someone said you had to be here. You're not here because someone suggested you to this particular type of environment and you would learn some type of lesson or go through some type of progression, absolutely not. You're here by choice. You're individual choice to be here, not some other's choice. And then you entered into this vibrational level by choice. You also chose to participate in what we refer to as those human consciousness belief systems, and they are very difficult for you to alter.

Now. You have, as well, the societal belief system and the individual belief system. And it's the individual belief systems that you can have that capacity to alter. And as you alter an individual belief system so it is that you have the capacity to alter the reality that you experience. Now. You can be involved in a particular activity in a day to day event with several other entities, all agreeing to participate. It's important that you understand that each individual involved in the creation process agrees to participate. Puts in place, in you wish, the contracts and the agreements for a particular event to occur and to be actively involved, not only in participating in that event but indeed in the actual creation of that event.

Now, the beliefs that you hold includes your perception of what that event is. You see, you can have several individuals involved in the particular creation in the day to day activity in a particular experience and each individual perceive different emotions and feelings as they are involved in the creation of that particular event. Because the feelings and emotions that you experience indeed are influenced by the beliefs that you hold.

Now. You have your so-called scientists and your psychologists who would suggest that if you hold various thoughts you can influence the reality that you experience. And if you believe that, then it's absolutely within your capacity to do so. You see, it's your reality. But many times individuals who hold that particular type of a belief system, that their thoughts create their reality, fail to recognize and to understand that they have in other levels of their consciousness put in place many of the belief systems that influence their reality that they experience in other levels of your consciousness when you interact with other aspects of your personality and who and what you are, when you

interact with those other entities that you wish that you were involved in, that a creation process in what you refer to as another incarnational period you put in place belief systems that influence this reality.

And so you, in your awake consciousness state, have this impression that, "Well, hmm, if I can hold a particular thought and through the repetition of expressing that thought I can influence my reality." And you can, absolutely. It's an illusion. You can have whatever it is you desire. You have but to believe. And the method or technique that you use to alter and influence your reality is not nearly as important as your belief in the method or the technique so that you if you believe that a particular thought can influence your reality, then it's within your capacity to do so. But understand as well that you have chosen to participate in a creative process where there are these human consciousness belief systems that are in place and so you hold thought that these human consciousness belief systems don't exist. You're trying to create a belief that's influenced by a much stronger belief that you hold within your subconsciousness. And it's very difficult to set it aside.

You see, your thoughts and your feelings are combined. You can't have a thought without have a feeling, and you don't have feelings without having a thought. Try it, try to separate one from the other and you'll find that you can't do it. Because one influences the other, absolutely. How can you have a feeling without having a thought about it? And then there are those who would believe that as a result of that thought you influence your feelings, and in a sense you do influence your feelings but your feelings are influenced more by the reality that you're experiencing as opposed to your thought. Your feelings are influenced by the beliefs that you hold that are responsible for the reality that you're experiencing. Absolutely.

Now. [You have these] thoughts and feelings combined, and you think, "Well, I'm not going to believe that there's such a thing as time and space [and I'm] going to believe that if I continually perpetuate that thought then, oh, (inaudible) that belief in time and space will dissipate, in my reality they won't exist." But [you're back] into this reality, you choose to enter into this vibrational level and to put in place and to sustain this human consciousness belief system that there is time and space, a human consciousness belief system that every entity existing within your vibrational level agrees to participate in. It's a consensus [where everyone] agrees to participate, agrees—you're not forced to, you—once again, it's important that you understand that you're in this vibrational level by choice. You're not put here by some other entity that said that you must come here. Absolutely not. You're here by choice.

And you choose to participate. You choose to put in place that electromagnetic type of energy that limits

your capacity to understand who and what you truly are when you're in your awake consciousness state. You agree to put in place that electromagnetic type of energy that limits others that exist outside of your vibrational level the capacity to influence your vibrational level and to influence your creation. You put it in place and you agree to participate. And then in this particular, one tiny aspect of your consciousness, which, when you're in your awake state you believe that's all there really is, attempts to influence all of the other realities that you're interacting in and to put aside that particular intense belief system that you [as] a human consciousness have agreed, as a consensus, to validate and to sustain, and it becomes very difficult—not impossible. It's an illusion, there's nothing impossible. But when you understand that capacity, when you take away the illusion of time and space then the chances of you sustaining your participation in this vibrational level are very, very minor. You'll probably leave.

You choose to participate. And so you have these thoughts and feelings and you think, "That if I hold a particular thought I can change all of the belief [systems.]" You can change certain belief systems, absolutely. And it's within your capacity to change all, absolutely. But, once again, understand that when you change and come to the understanding that you agree to participate in these illusionary human consciousness belief systems then you probably won't stay in this vibrational level. You're here by choice, your choice, not somebody else's. And to alter those particular belief systems and sustain your existence within this vibrational level is very difficult to do. Nothing's impossible, but very, very difficult.

So you have these thoughts and feelings and you believe that they influence your belief systems. Well, we would suggest that your beliefs and your attitudes influence your thoughts and feelings. We would suggest that first you hold the belief at a certain level of your consciousness. It may be a belief that you put in place in your so-called awake consciousness state, absolutely. But it may be a belief that you put in place in other levels of your consciousness, even that level of your consciousness that you refer to as the between incarnational state. You put in place the belief system that influences your thoughts and feelings. You put in place the belief system that allows you to create a reality to allow you to experience the thoughts and feelings that validate the belief system.

And from that you make your choices and your decisions. But the belief comes first, not last. And if you [reach or] change your belief systems, it's within your capacity to do so. If you [reach or] change your human consciousness belief system in time and space, that's within your capacity to do so as well. And you will at some level of your consciousness understand that once again the capacity to understand that in your so-called awake consciousness state and to sustain your

existence within this vibrational level is very, very minimal indeed.

You have the opportunity to change your societal belief systems. Much more easy for you to accomplish and to sustain your existence within this vibrational level in this awake consciousness state. [You] certainly have the capacity to alter your individual belief systems, the belief system that allows you to be experiencing particular events, and to have a completely different perception of what that experience is than the individual who's beside you. Two individuals can experience an event or an activity. One individual can feel emotions that leave them in what you might in your awake consciousness state refer to as being a negative state. And another individual involved in the exact interaction can experience a very happy and uplifting type of state or experience. Same event. Same activity. Different belief systems influencing the thoughts and feelings of that event or occurrence.

The belief comes first. And from the belief you create the reality that allows you to experience the emotions and feelings and the thoughts to validate the belief system. And from that you make your choices and decisions. And you can make it more complicated, not only can make it more complicated, but many of you go to great extremes to make it more complicated. You bring all of these particular beliefs where you can prove that you're not in control. You have these guides and angels that surround you that influence your reality. You can have that, it's not wrong and it's not right: it's a choice, that you can make. If you believe it, it can occur, absolutely. It's an illusion. You can have whatever it is you desire. You have but to believe. And if you believe you're not in control you'll create the reality to validate the belief. If you believe that this reality that you're experiencing is a reality that is influenced by your neighbors and by the others that you interact with and you really have no capacity to control your particular interaction in this reality, you can have that as well.

It doesn't matter. You can have whatever it is you desire. The reality you experience is a reflection of the beliefs that you hold. If you believe you're not in control, you can have that and experience it in your awake consciousness state. At some level of your consciousness you absolutely understand you're in control and that portion of your consciousness that creates this reality rejoices that it's creating that which you desire to experience. It's validating the beliefs and it's doing it all without judgment as to whether it's right or wrong. The right or wrong is an awake human consciousness concept. That spark of consciousness that you are creates the reality that you desire as a reflection of the beliefs that you hold, and it does so without judgment. And it does so from the position of absolute unconditional love.

And so you can have whatever it is you desire, absolutely. In your awake consciousness state you can create whatever reality it is that you desire to experience. It's all illusionary. [It] doesn't mean it's not significant. It means it's your creation and it's illusionary and you can change it. Absolutely.

If you wish to believe you're not in control you can have that. It doesn't matter. If you wish to believe this is all entirely within your capacity to control you can have that as readily. It really doesn't matter. It's an illusion, you can have whatever it is that you desire. The reality that you experience is a reflection of the beliefs that you hold. You create it all. Each and every atom of this entire universe you participate in the creation of. And it's a reflection of the beliefs that you hold, and you do so from a position of absolute unconditional love, and you do so joyously without any type of judgment as to whether it's right or wrong.

The right or wrong concept comes in your awake consciousness state as a reflection of the beliefs that you hold to allow you to experience the emotions and feelings and the thoughts that you wish to experience. Not that someone else is suggesting you do, not that someone else says you must learn this, and you must go through this in order to progress to this, absolutely not. If you wish to believe that there's someone doing that to you you can have that. It's not right or wrong. You can have it all, but it's an illusion. It's an illusion and it's a reflection of the beliefs that you hold.

It's really that simple. You are the god that you search for. You create this reality, entirely. And you absolutely cannot fail to come to the understanding of who and what you truly are. That's the only truism, if you wish, that exists, not only within your vibrational level but in all of the vibrational levels throughout all of creation. The rest is illusionary.

Now. If you have any questions, we would be willing to attempt to answer them for you.

Questioner: I want to thank you for your words of wisdom. I've been wrestling with these concepts for quite some time. I firmly believe that time and space are an illusion, but I am, or I should say, up until your talk today I was a firm believer in reincarnation, in past lives and future lives. However, I couldn't see, I could not understand how to get from one life to another, but from your talk I understand that our lives are all one and they are the summation of all of our lives. Is that correct?

Joshiah: [Well,] it's very difficult to give an accurate explanation because of the limitation of using vocabulary to simply give you [a] concept that is not within your understanding in your awake consciousness state. Each entity existing within your vibrational level—not only within this vibrational level but within all of the vibrational levels throughout all of creation—encompasses all that is. That becomes a

very difficult concept to grasp, because, you see, when you're in this awake consciousness state you have a tendency to believe that you are separate. You have a tendency to believe that this existence is an existence in which you are separate from all of the other entities and all of the other creations in this vibrational level. And yet you are not separate. And yet, in a sense, you are. You see, again, it becomes very difficult to give you an explanation (inaudible) use a vocabulary just is not possible.

And so when we suggest that you are all that is, we're suggesting that you're interacting, not only with all of the other entities that exist, not only in this particular incarnational period, but in all of the incarnational periods throughout all of your creation in this vibrational level. But even beyond that, you interact with and exist within the capacity of all of the entities that exist in all of the vibrational levels throughout all of creation. And that each is an individual.

And that's where it becomes difficult to grasp. When we suggest that individuals are a Piece of the One we're using, once again, terminology to attempt to give an explanation within the limitations of a vocabulary. For you see, to suggest that you're a Piece of the One suggests that there is this bigger One and that you are but a minute piece and it's really not that way at all. You are all that is. You're not a piece of the One, you're the One [you]. And each and every other individual as well is the One. You exist—and each and every other entity within your vibrational level exists—within each and every atom of your entire universe. And how can that be? Well, it's an illusion. It's an illusion. It's an illusion. It is indeed the projection of the beliefs that you hold.

You are all that is, absolutely. And yet you are the most minute particle that it's within your capacity to imagine. And so it becomes very difficult to give you an explanation of who and what you truly are. You are so much more than what you can perceive in your awake consciousness state.

Now. Many times when we enter into your vibrational level and we begin these interactions we suggest that individuals become involved in what we refer to as the silent communication. Indeed, individuals who continue to interact with us indeed take advantage of that opportunity of the energy that they create—not the energy that we create. You see, we don't create anything in your vibrational level. It's your creation. We are here by invitation. Not because we (inaudible) somehow a greater (inaudible) or have some access to some knowledge that don't have access to. Absolutely not. To believe that we somehow have access to knowledge that's beyond your capacity is ludicrous. We don't. And so when we encourage individuals to become involved in that silent communication, in that telepathic interaction and exchange of information. those entities who have been, once again, involved in

interacting with our particular meetings take advantage of that opportunity. And when you ask them, "What was the discussion about?" some of them have absolutely no idea at all. And yet the information that they receive is much more accurate than the information that we attempt to give to our friend Elias (the channel).

The answers lie within; there's absolutely no information that we have access to that is not available to each and every entity. Not only in your vibrational level, but in all of the vibrational levels throughout all of creation. And what we attempt to give you in your awake consciousness state is but a glimpse of the information that's available to each of you. To access that information you go withinside. It's withinside. Take advantage, once again, of that telepathic interaction. And we use that terminology to give you some type of a description of what it is that you're involved in. You're altering your consciousness, and in that altered state of consciousness you have the results of the energy that you have created as a group and that, indeed, enhanced your capacity to have that interaction. Enhanced your capacity to access the information that exists within each and every individual. Not only, once again, within this vibrational level or even within this particular group, but in all of the vibrational levels throughout all of creation.

And so when we attempt to give you explanations through the use of a vocabulary, it's limited. And it's information that you desire to hear. And that's the irony. We tell you what you want to hear. We tell you what you desire to hear. It's not something that we are somehow superior (inaudible). We interact with each of you at some level of your consciousness. You tell us what it is that you desire to hear. We do our best to bring that forth and put it into some type of an expression through this limited use of a vocabulary so that you can get a grasp of it and an understanding of it, and then we tell you, "Okay, now if you really want to get a good understanding, go withinside." Because that's where it is. The information that we express is what you desire to hear. It's your information. It's not something that we somehow have an access to that's limited to each of you, absolutely not. To suggest that we as an entity existing outside of your vibrational level somehow have access to information that's not available to each of you is ludicrous. It's like—to use, once again, an analogy that we like to use—it's like you're sitting in your home, and you have a neighbor across the street and here you are in your home. You know what's going on in the creations within your home. You know what's going on in terms of all of the activities within your home. But the neighbor across the street, to suggest that you know what's going on in their particular creation and in their activities is ludicrous.

Now. If you wish, you can get on the telephone and you can call over there and they'll tell you what's happening. But, indeed, you do not have as much of an

understanding of their creation process and of their experiences in their environment as you do in your own. And to expect an entity that exists outside of your vibrational level to understand better what it is that you're experiencing within your vibrational level is ludicrous.

And the entities that tell you they can do so, I would suggest that if you wish to believe that, you can have it, absolutely. But it's probably not going to help you in understanding who and what you truly are. See, it's not right or wrong. That's the irony. Right or wrong is a human consciousness concept. We're not saying that you throw away all of your rules and regulations and say, "Oh well, there's no right and wrong. We've been told there's no right or wrong." Not at all. You see, you need some type of measurement of what's acceptable within your society in order to function in your awake consciousness state. But at some level of your consciousness it's not right or wrong. At some level of your consciousness it creates whatever it is you desire based upon the beliefs that you hold. And the right or wrong is an awake human consciousness concept. Not a one that's contained withinside.

[Let's say] you are an entity that encompasses all that is. You are all that is. There's nothing greater than any other entity. And yet you are, in that capacity, no greater than any other entity that's also in that capacity. And so when we suggest that you're a Piece of the One, there is no greater One that you are a minute part of, absolutely not. We're attempting to give you an explanation within this limited capacity of using a vocabulary, and you can't give it [there.] The answers that you seek will not be expressed through any type of recording; you won't find them in a book; you go withinside. You go withinside and you indeed experience that connection with who and what you truly are. And when you come back into your so-called awake consciousness state you will realize, "Well, isn't that interesting. I become familiar with this creation process. I get a glimpse of it. And now I really understand why I can't explain it to anyone!" Because it's not within your capacity to give an explanation. And when you can give the explanation, when you understand it absolutely in your awake consciousness state the chances of you being and sustaining that awake consciousness state are very minimal. And, again, that's not right or wrong. You can leave this vibrational level whenever you choose. Whenever you choose.

So, once again, what we express in terms of information that has validation is that you are the god that you search for, you create this reality, and you absolutely cannot fail to come to that understanding. All of the rest is simply fill. All of the rest is simply trying to give you some type of explanation to satisfy these awake consciousness questions that you have that are based upon beliefs that you hold. And for some, the answers that we give would be absolutely ludicrous.

"Oh, you're suggesting that we're responsible? Absolutely not! You're suggesting that there's no god? I mean, that's blasphemy." Oh, yes, [it's] to suggest that there's no god. Well, we're just telling you what you have to hear because that's what you desire to hear based upon the beliefs that you hold. It's not something that we are saying, "It's that way." It's an illusion. You can have whatever it is that you desire.

And yet there are others who hear what we have to say and it rings true. It rings true because it's what you want to hear, not because it's true because we're saying it. Absolutely not. There are but three truths that exist, not only in your vibrational level but in all of the vibrational levels throughout all of creation: you create your reality, you are the god that you search for, and you cannot fail. The rest [that we could say,] the rest that we tell you is what you desire to hear. And when you enter into that altered state of consciousness, when you take advantage of the opportunity that you create in this sacred space to be involved in that silent communication, then, once again, the benefits that you can experience in your awake consciousness state are much greater than anything that we can express through this limited use of a vocabulary and through our friend Elias.

Does that answer your question?

Questioner: Yes, thank you.

Joshiah: Seems rather interesting. Many times we tell you things that you wish to hear. An individual comes, and they're fascinated. "Oh, I have all these questions." And the questions are answered. And how's that happen? It happens because we give you what you want to hear. We tell you what you tell us. And you tell us the answers. We don't have the access to this information that's not available to each of you. We simply suggest back to you that's what you desire to hear. It's really that simple. It's not complicated at all.

There is within your so-called awake consciousness state this phenomena that seems to be something that's quite nifty: the capacity for another to read another's mind. Well, we would suggest that it's much harder to not read another's mind than it is to read another's mind. You spend much more energy limiting your capacity to interact with others on a telepathic level than what it would take to have that interaction. It isn't difficult. You choose to limit your capacity to interact through an expression of thoughts and feelings and emotions, as opposed to an expression of vocabulary. You go to great lengths to limit your capacity to do so. And yet, when someone portrays some type of ability to do that, it's like, "Well, those people are really psychic. Those people are really spiritual." And they only give up one or two bits of information that you give to them. They're not in any way knowing something that you don't know. They're simply telling you what you already knew. And yet you are amazed many times at their propensity to do so.

The irony of it is, that you spend more energy to not be involved in that type of interaction than they spend to be involved (laughs). Yes, quite humorous when you look at it from that perspective. The answers that you seek are withinside. The information that we express to you is simply information that you give to us. It's really that simple. When we attempt to express it back, many times we search for words, many times we search for that vocabulary to actually portray back to you the emotions and feelings and thoughts that you're portraying to us, and the vocabulary limits that capacity to do so. It limits the capacity to put it into words so that you can understand it in your awake consciousness state, where you have all of these belief systems that you put in place, and this electromagnetic type of energy that you put in place that limits your capacity to understand who and what you truly are in your awake consciousness state.

And so the vocabulary becomes very limited. Our attempt to give you that which you desire to hear is very limited. And should you choose to go withinside, should you choose to alter your consciousness and be involved in that telepathic exchange of information. once again, many times the information that you receive is much more pertinent and much more accurate than is the information that we express through our friend Elias. And many times you don't remember it. You come back into your conscious state and say, "Well, I don't remember a thing." You don't remember a thing because you choose not to remember because you choose to participate in this illusion. Because you choose to put in place that electromagnetic type of energy that limits your capacity to understand that interaction.

And so you may not be able to express it consciously. You may not be able to remember it consciously. But you will over time, if you [begin,] begin to experience a more peaceful existence. And that more peaceful existence will be based upon the beliefs that you hold. And that belief may be that there's a god that creates your reality for you. It's not important. What's important is that at some level of your consciousness you begin, absolutely, to bring into your awake consciousness state some type of awareness of who and what you truly are.

That's what you desire. That's why you come and meet as a group and why you offer us this opportunity, for which we are grateful, to interact and to share with each of you. It has nothing to do with us being somehow superior and going to be an (inaudible) in order to assist you into bringing along and make you all aware of who and what you truly are. You can do that. You don't need us to do that. You can do that, absolutely. When you meet as a group with an intent that is, indeed, to have a particular experience the synergy of that group enhances the interaction and the experience. (inaudible), it's not ours. (inaudible), your creation. And when you hold that belief then you

validate it by creating the reality to sustain it. It's really that simple. You can have whatever it is you desire. And you don't need us to do it, absolutely not.

We welcome this opportunity to interact and to share with you and we take that opportunity to learn and to interact with our friend Elias. But we really do not create for you, and we really do not give to you any information that you don't desire to hear and that you give to us beforehand. It's really that simple. Rather ironic (laughs).

Now. [We would] like to, once again, express our gratitude for you offering us this opportunity to interact and to share with each of you. This vibrational level that you exist in and that you create in is unique. It's unique. If you wish to have some type of understanding then we would suggest that you are on the leading edge of creation. You're not some individuals who are involved in some type of creation where you're some lower life, like some entities would like to preach to you that you have to raise up to, absolutely not. You're on the leading edge of creation. You are creating a reality that is not duplicated in any other vibrational level throughout all of creation. We choose not to be involved in it. And we, many times, wonder why the hell you choose to be involved in it (laughter), but nonetheless we welcome the opportunity to experience it. And for that we are grateful to each of you.

And we would remind you that we are not separated by time or space. Time or space are illusions. If you wish to interact with us you have to but to express the intent and we would welcome that opportunity to interact and to share with each of you. And we offer each of you our unconditional love and our unending support. And we would bid each of you farewell, with love and with peace. \$