## JOSHIAH

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## Q and A

Joshiah: Well now, it is indeed a pleasure to be invited back into your vibrational level, once again, and we would like to, once again, express our gratitude to each of you for allowing us this opportunity to interact and to share with you. And we would remind you that there exists as well that opportunity for you to be involved in that so-called silent communication, that telepathic interaction with other entities that would be with us on this afternoon, should you choose to be involved in that. And once again, you will find that as a result of the energy that you have created that it's quite easy for you to alter your consciousness and to enter into a so-called meditative state and to have that experience and that opportunity to interact.

Now. This reality, once again, is illusionary. Illusionary, but not insignificant. You see, many times in an attempt to give you an explanation based upon the use of your vocabulary it becomes very difficult to find some type of terminology or expression that would adequately explain certain aspects of your creation process, and one of them is this term that it's an "illusionary" reality. You see, many times individuals—entities in your vibrational level in your awake consciousness state—look upon illusionary as being something that is insignificant, and it's not that way at all. Illusionary, in the capacity that you have the ability to alter it. Not only do have the ability to alter it, but alter it on a perpetual basis. You simply just don't grasp that concept in your awake state

You see, once again, part of the illusion is you agreed in the human consciousness concept to participate in certain reality creations that we refer to as human consciousness belief systems such as, once again, that example of time and space. You can only exist in, for lack of a better term, the now. You see, even to use the terminology of "now" gives the impression that it's based upon this belief in time and space. You see, you have your past and then you have the present, which is now, and then you have your future. And it's not like that. It's really not like that at all. Your reality encompasses the entire package, if you wish, of your past and so-called present and so-called future. And yet in your awake consciousness state it becomes a very difficult concept for you to grasp.

And so, when we suggest to you that that's an illusionary aspect then many individuals, who don't like to accept the responsibility for creating this reality, look at it and suggest, "Well, time and space are just illusions. I don't have to worry about them." And then in order to perpetuate the reality to validate the beliefs that they have, along comes this particular creation that indeed is a reflection of some particular activity or event that you were involved in creating and participating in in your so-called past and it seemingly is affecting your so-called present, and it validates your belief in time and space.

And you can choose to ignore it if you wish, but the irony of it is that you agreed to participate. You agreed to enter into this vibrational level. No one put you here. No one says that you have to remain here. It's your choice. It is your choice to remain. It's your choice to be involved. It's your choice to put in place the belief systems to validate that there is indeed time and space, that you can indeed have some type of experience in your awake consciousness state to prove that there is time and space.

And yet the irony of it is that you can never be in any particular aspect of this illusionary time and space. You can't be in your past. You can't be in the present and you can't be in the future. You just know that. For you see, when you begin to concentrate on being in the present you begin to realize that there is no present. It's just not there. You see, it becomes the past instantaneously and the future is instantaneously being presented. It's just not there. There is no present. You can't be in the present.

Now. You can encapsulate a particular aspect of time—a time frame, if you wish, that might involve the passage of several seconds or minutes that validate that there is a time passage and you can call that the present. But that's a so-called chunk of time, if you wish. You can't be anywhere but the now. It encompasses it all. And yet you perpetually validate this so-called present by looking at your past.

The irony of it is that you alter your past as readily as you alter your so-called future. You do alter it. Absolutely. You just don't grasp that concept in your awake consciousness state. It doesn't mean that you don't do it. You see, you don't grasp this concept in your awake consciousness state that you are the god that you search for and yet we absolutely guarantee

that you are. And there's absolutely not one entity existing not only in your vibrational level, but in any of the other vibrational levels throughout all of so-called creation that is any more or any less than what all of the entities are that exist within your vibrational level and indeed what you are yourself.

You are the god that you search for, and yet in your awake consciousness state that becomes a very difficult concept to grasp because you choose—you choose—not to believe. It makes it more real. It validates the particular aspects of the emotions and feelings that you experience as a result of the creations that you're involved in. It doesn't mean that it's not a truism, if you wish, simply because you don't grasp it in your awake consciousness state. You can grasp it in various levels of your consciousness. Not only can, but do. Absolutely. To bring it into this particular so-called awake consciousness state can be very difficult. Not impossible, but difficult.

But nonetheless, you believe in time and space something that you cannot validate other than to show that there has been a particular passage of time. And yet you cannot, in any circumstances, give an explanation of where you are. By the time you attempt to explain it as a particular aspect of this instant in time, that instant is already in the past. You can set times into your future when you can say, "Okay, on such-andsuch a date, this is going to occur." But it might not. There are always circumstances to change it. And you can accept that. You can accept that it's within your capacity—or at least within the capacity of something that's controlling this reality—to have an influence upon your creation aspect or upon your experiences, or that the so-called future that you have planned and put in place may not come to be.

You see, that validates that you're not in control. It validates that belief that there is so much more than who and what you truly are. And there really isn't. But it validates it. It validates it because it makes it real. It makes it seem like you're not in control and that enhances, if you wish, the emotions and feelings that you experience. And many times we've suggested that we would challenge any individual in your awake consciousness state to break down the reason why you are participating or involved in any experience, and ultimately when you break it down you come to the fact that because you want to experience a certain emotion or feeling, and to have that experience. That's why you do it. Absolutely.

It doesn't matter what it is. You may be involved in attempting to solve some type of problem that may have to do with your health, but nonetheless, you are doing it so that you can experience the emotions and feelings that would be surrounding you when you are successful at accomplishing that so-called difficult aspect of controlling that area of your life that has to do with illness. And you may not accept the responsibility

for controlling it. Absolutely not. You may wish to be involved with another entity who you believe has the capacity to heal you. And there's nothing wrong with that. Absolutely not. You can be involved in that interaction. It can be beneficial for both participants in that interaction. It's not a right or wrong. The individual who's attempting to assist in the healing can feel some type of gratitude and can convey emotional feelings. That's why they participate. That's why they're involved. And you, on the other hand, can experience some type of a cure, if you wish, and you can give credit to the other. But you can also experience the gratitude. It's not right or wrong. It's what you do. It's how you create this reality. And you do it, once again, so that you can experience the emotions and feelings that are basically the ultimate reason why you're involved, why you came into this vibrational level.

You can make it more complicated. Not only can make it more complicated, but many times go to great lengths to make it more complicated. But nonetheless, it's not that complicated. It's really quite simple. The reality that you experience is a reflection of the beliefs that you hold. If you believe you're not in control then you will create a reality to validate that belief. If you believe that there's some type of entity or god or whatever terminology you wish to apply to some type of power or some type of energy that can influence and control your reality, you will create the reality to validate that belief. Absolutely.

You, in your awake consciousness state, hold certain aspects and beliefs that are very difficult for you to operate outside of because you agree to participate. It's because you put them in place. You put them in place at some level of your consciousness and then in your awake consciousness you say, "Well, I don't want to do that." You don't [want to] do that because you don't enjoy, many times, the result of being involved in that creation. That's why you don't want to do it. If it was giving you all of the results that you desire in your awake consciousness state then you would say, "Oh, that's great. I like this time and space thing because, you see, then I can plan what it is that I wish to desire to experience and it will always occur." And it can be that way. Absolutely. It can be that way.

The irony of it is that many times when you believe and get a grasp of that understanding, then what you once held as being so important is not really that important anymore, that what you held as being something that you truly desired—such as abundance that can never ever come to an end—and you realize that you can have it anyway whenever you wish, then it changes. You don't sit there and wonder about your future because you understand absolutely that the future is a reflection of the beliefs that you hold. And if you don't like it, you can change it.

Many times individuals involved in this creation process in the awake consciousness state don't like who they

are. And that's not to suggest that that's right or wrong. We're just suggesting and expressing what is a belief system that you hold that many individuals do not like who they are. They don't like who they are for various reasons. And it's not important because many of those reasons are based upon your past, and by sustaining and substantiating and validating those reasons, indeed, you validate that the past can have an influence upon your reality. Not only can, but does. And you have all of these realities that prove that you're not in control. And it makes it more real.

It comes back to that same common denominator. It makes it more real, it intensifies the emotions and feelings. You can make it as complicated as you wish and you can keep looking for the answers, but the answers are really that simple and they are contained withinside. You won't find them written in a book. You won't find them through expressions such as we're doing. We can give you particular avenues of what you might refer to as understanding. We can point the way, if you wish, but you must go withinside.

You see, the information that we express and we give to you is simply information that you desire to hear. It's not something that we think you should know. Absolutely not. We express to you that which you desire to hear. Not what we think you should hear. We really have no interest in attempting to influence your reality. That's not why we come. We have no interest in attempting to put you into some type of a situation where you can create a reality that seems to be influenced by our aspects of what reality creation is. Absolutely not. The reality that you experience is a reflection of the beliefs that you hold. Not the beliefs that we hold. And the information that we express to you is simply information that is contained within each and every one of you. You have but to go withinside to have that access.

And if you continuously look outside, you won't find it. It's not there. It's not there because in this reality—in this vibrational level—when you look outside, you look within the limitations that you put in place [with] that veil. And it's not there. It's not there because you choose not to put it there. And when you choose not to accept the responsibility for this creation of your reality. then that's where you look. But if you go withinside, you will find the answers. That's an absolute guarantee. That's not a maybe. There are not many things that we guarantee, but we guarantee if you go withinside, you will get the understanding of who and what you truly are. You will get the understanding that you create this reality and that you absolutely cannot fail to come to the understanding of this reality creation process and of who and what you truly are.

We guarantee that you cannot fail to come to that understanding. That's a given. It's a given that you put in place. It's not something that we have some magical solution to and we say that, "Well, there it is and we're going to give this to you." We're simply expressing to you, once again, information that each of you has withinside of you. And those are particular beliefs and realities that you put in place and they exist not only in your vibrational level, but in every vibrational level throughout all of creation. You are the god that you search for, you create your reality, and you absolutely cannot fail to come to that understanding at some level of your consciousness. The rest is illusionary.

And so, when you have this aspect of time and space and you attempt to simply discard it, you're attempting in your awake consciousness state to discard something that you have gone to great lengths to put in place—to hold belief systems, not only individual and societal, but human consciousness belief systems that actually exist in your awake consciousness state. And so, rather than attempting to work outside of it, many times you would receive much more success in this socalled quest that you might be involved in if you work within the limitations that you put in place, that you agreed to participate in, and that you perpetuate. They're there. Understand that your past influences your future because you allow it to. It doesn't mean that you simply throw it away. Absolutely not.

You see, you have your so-called predictions of what's about to occur in your reality. And you believe that there were these entities in your so-called past that put in place these predictions. We would suggest to you that you are the entities that exist in that so-called past that put in place those so-called predictions. And to use your belief in time and space, you perpetuate them throughout your so-called history. You, not some other some other individual who's seemingly left your vibrational level. You, as the individuals who are involved in this creation process in this particular incarnational period, are the same entities that created those so-called predictions in your so-called past, in your history. It's you. If you wish to validate, then you can have that. We don't say you can't do that. We're not suggesting you can't have that if you wish to have it. But understand it is "if you wish to have it." It's not some other entity and it's not some particular power or energy that's been put in motion and that you can't change. Absolutely not. It's your creation. So, if you wish to alter it, work within those capacities, absolutely, because you agreed, once again, to put them in place and you agreed to participate within their limitations. They can also assist you, if you wish, in creating in this vibrational level in your awake consciousness state.

Understand that you cannot be separated from who and what you truly are. There's no separation. The only separation is the one that you choose to put in place. You choose to limit your capacity to understand. You do not separate and you do not choose to separate. It's there. It's who and what you truly are. Absolutely. Bring it into your consciousness if you wish, to the full capacity that it's possible, while still maintaining and sustaining that veil and existing within your vibrational

level. You do that by going withinside to get that understanding. You do that by understanding that the belief that you hold is reflected in the reality that you experience. And if you don't like your reality, change your beliefs. And if you don't like who you are, then change that as well.

You see, many individuals when they meet someone in your particular incarnational period and they see that that individual has abundance or has relationships or has all of this stuff that you do not, and you believe that that entity has something that you don't have. The only thing that that entity has that you don't have is a different belief system. It doesn't mean that what they have is any better than what you have. Absolutely not. It doesn't mean that what they have takes more energy to create than what it takes to create your reality. It takes the same amount of energy to create any reality.

That's the irony. You do it whether you believe it in your awake consciousness state or not. It takes the same amount of energy to create any type of reality. You do it, and you do it willingly. No one forces you to do it. You do it. You make the choices and you make the decisions that validate the belief systems and then you create the reality absolutely. It's really that simple.

So, if you don't like the reality, begin to change the belief systems. Begin to understand that you don't have to be influenced by your so-called past. That's your choice, if you wish, but it doesn't have to be that way. You can let it go. You can get on with your so-called future. You can step beyond this feeling of who and what you truly are in this instant and you can create the reality that you desire to experience, and do it within the capacity of understanding that you created time and space. Don't throw them away, because you agreed to participate in them. You agree to validate them.

And so, it is you agree to participate and to validate them, then working within them can assist in making your reality more attainable rather than something that you look at and say, "Well, I'm really not in control. Look at that. We sat down and we said we're not going to be worrying about time or space. I instantly want my reality to change and it didn't change." Time and space are belief systems that you agreed to participate in and to validate and to put in place as a human consciousness concept. It is very difficult to step outside of them and remain in this vibrational level. It is not difficult to work withinside of those particular belief systems to alter your reality, to alter that which you experience. And if you don't like what you're experiencing, change it.

You see, if you don't like who you are then you will create a reality to validate that you're not worthy. You will create realities to validate that others don't like you. And if others don't like you then why should you like who you are? If you don't love yourself consciously then it becomes very difficult to create the reality that

you desire because you don't feel that you're deserving. And so you have this reality that is not the reality that you like. Well, at some level of your consciousness you don't like who you are and so here's this reality that validates that you are not worthy. "I told you I wasn't worthy. I told you I can't control it." It's not right or wrong. But that reflects the belief that you hold. It's really that simple. You can make it more and more complicated. Not only can, but go to great lengths to make it more complicated because it takes it out of your capacity to have control in your awake consciousness state.

But nonetheless, you do have control. You do make the choices and decisions. You do hold the attitudes and beliefs, and you experience what it is that you truly desire. If you desire to believe that you're not in control then you have it. If you desire to believe that you're not worthy then you will have that. If you desire to believe that it's within your capacity to go withinside and make that connection with who and what you truly are, then you can have that as well.

We've many times given you examples of how to alter this understanding of who and what you truly are and this ability to like who you are. You put in place the principles that you desire to express so that you like who you are. Not principles that you think will satisfy others. Absolutely not. You don't do it because, "Well, so-and-so would like it if I held this principle." Not at all. You do it because it's something that you would like. You put in place the principles that you would like.

You see, the irony of it is that many individuals would look at another who puts in place a certain aspect or set of principles and lives by them, and they may not agree with the principles but for some reason they like and respect the individual who has the principles because the individual has that principle and holds that set of principles because it's a set of principles that will reflect to others who it is that they wish to be. And so you put in place your principles. You make a list. And don't be afraid to change the list. You can put at the top what is important principles and then when the opportunity presents itself, when you create the reality that presents the opportunity to apply the principles, you apply them. And if there are times when you look back and say, "Oh, I didn't do well there," don't dwell on it.

You see, individuals who continuously put themselves down have that capacity to dwell upon the negative. When you dwell upon the negative it becomes negative and you create it. It's really that simple. You begin to believe that, "That's how it is. See, everything that happens and occurs to me is negativity." And you believe that and you create the reality to validate it. You don't dwell on the times when you failed to apply the principles. Instead, oh, you look at that and say, "There was a missed opportunity. No big deal."

Apply the principles and dwell upon the particular aspects of times when you are successful at applying the principles, and you will begin to like who you are. You will begin to strengthen your character. And when you begin to like who you are, there's a very strange phenomena happens—other people begin to like you as well. And it has nothing to do with what it is that you can gather around you and hold as possessions absolutely nothing. It has nothing to do with your physical appearance—absolutely nothing. It has to do with how you feel about who and what you truly are. It has to do with whether or not you like that character that you are expressing to others. And when that begins to occur, you begin to like yourself consciously. And when you begin to like yourself consciously then you begin to believe simply that, "Well, maybe I am worthy of having those particular aspects in my reality." And so you begin to create them to validate the belief that you're worthy. The reality that you experience is a reflection of the belief that you hold. And if you don't like it, change it. And you change it many times by changing the basic belief that you are a worthy and deserving person.

You see, this reality that you experience in your awake consciousness state comes from a position of absolute unconditional love. It's the only way you can create. You understand at some level in your consciousness what absolute unconditional love is, and that spark of consciousness that you are creates the reality that you desire from a position of absolute unconditional love, and it does so joyously without ever judging whether or not it's right or wrong. It does so from a position of absolute love. You know what that is, but in your awake consciousness state you made choices to believe that you're not worthy and you will absolutely create the reality to validate the belief

It's really that simple. You create your reality; you are the spark of consciousness that you search for; and you absolutely cannot fail to come to that understanding. The rest is an illusion. If you wish to have that connection, go withinside. You won't find it in a book and you won't find it written down. It's just not there. No one can tell you. It's an experience that you must go withinside to be able to bring back into your consciousness any type of the recognition and understanding of that concept of creation. And even when you bring it back you begin to understand that it's beyond your capacity to explain to someone else. That you grasp that understanding and you get on with creating the reality that you desire—it's really that simple. It's not difficult. You go to great lengths to make it difficult, and there's nothing wrong with that if that's what you wish to do, but it's really not difficult at all.

Now. If you have any questions we would be willing to attempt to answer them for you.

**Questioner:** I have a question. So am I right in understanding that when we choose to come into an

incarnation we choose the belief system that we will have, and that belief system will put in place all these systems and mechanisms that will create the reality that we experience, and we want it that way because there are certain experiences that we wanted to have and so that's why we decided on that particular belief system to have in place? And so, I guess my question is in some way do we undermine that intent if we change our belief system at some point in our incarnation?

Joshiah: You believe in time and space. You believe that this incarnational period is now. The irony of it is that all of the incarnational periods, if you wish, are occurring at the same time. And even to use that type of an explanation gives a reference to your belief in time and space, to say, "It's at the same time." You believe in that concept of the now and it's a difficult concept for you to grasp. But nonetheless, we use that explanation of bringing into your incarnational period certain belief systems simply because it's a type of explanation that fits within your capacity to grasp that understanding in your awake consciousness state. In other words, it's based upon your concept of time and space, and that's all you need is some type of a grasping of that understanding.

And many of those particular choices that you make have influences upon certain attributes that you can readily understand, if you wish, in your awake consciousness state in this incarnational period, such as physical attributes. Certain people have certain heights and they have certain pigmentations and other physical attributes that you can trace back into your so-called genetic history to, once again, validate that there is time and space. Those are human consciousness belief systems that you put in place that are very difficult for you to alter.

You also, at some level of your consciousness—and we suggest that it's between incarnational states, once again, simply so that you can get a grasp of an understanding based upon your belief in a time line. Because, you see, to tell you that it's in the now and you change those constantly, it really doesn't make any sense. But to tell you that at your so-called between incarnational state you choose to put in place belief systems that you will experience in a particular incarnation, then indeed that makes sense. You can grasp that. To say that you change it continuously doesn't really make any sense. That's a difficult concept to grasp in your awake consciousness state. And so we suggest that in your so-called between incarnational states, or at that level of your consciousness, you choose to put in place various aspects of possibilities that you can experience in a particular incarnation.

Your scientists, once again, look for proof. They always want to validate it through some type of duplication, some type of experience and experimentation that they

can duplicate, that they can have it occur again and again and again so then it must be real. But when it happens once, well then, it's not real. Mind you, they have a double-blind type of experimentation because they really understand that their thoughts can influence the outcome, but they don't want to admit that. [Anyway,] so you put in place your so-called belief systems and we suggest, for your scientific validation, that you do it through your DNA. And by altering and changing the energy around the DNA you alter and indeed take what might have been a possibility and terminate it and put it into a probability so that you can experience it.

Now. That DNA is different in each individual at any given time, if you wish, in any incarnational period. There can be many similarities but there are also very many subtle differences. And so you have one individual who has the potential, for example, to experience a certain type of illness and you will find that certain so-called genetic traces of your history will validate that, "Oh well, I have that because it's in my history." You see, it makes it real. It validates your belief in time and space. But nonetheless, you choose to put that in place.

It's rather ironic that there are some existing within a particular genetic pattern, if you wish, where they have that aspect in their DNA but it doesn't develop. They don't live their life a whole lot different, but they hold different beliefs and so it doesn't develop. They don't have that experience. Because it's there, there's a possibility, does not mean that you have to experience it. That's your choice. It's always your choice.

You don't put in place something and say, "Well, that's how it is and I can't change that." Absolutely not. Even your physical attributes, while you may look at that and say, "Well, I can't change my physical attributes," we would suggest to you not only that you can but that you do. Your physical attributes change on a continual basis, and they change over what you refer to as time. It validates this passage of time. You go through being this tiny little infant to this individual whose body is continuously changing. Even your scientists will tell you that over a certain period of time each cell in your entire body is replaced. It changes. It validates that there is time. And so, even these physical attributes that many believe are put in place and set in stone are not. They change constantly.

As well, the belief systems that you hold are within your capacity to alter. And that becomes a very difficult concept to grasp when you have this particular ailment that you choose to experience. You see, when you look upon it as an incarnation, you look upon it as, "This is it. This is the most important aspect of my entire existence." And while it is in your awake consciousness state, it most certainly isn't at that level of your consciousness, if you wish, from which you create this

reality, from which you create all of the realities that you are involved in, all of the experiences.

There is so much more than what you can comprehend in your awake consciousness state because you choose to not comprehend it. It's important to always understand that it's your choice—that it's your choice to have a particular physical attribute, that it's your choice to have a particular experience. And it becomes rather ironic that when you look upon someone who has an ailment that you would think, "Oh, that's absolutely terrible." Someone may experience some type of an accident that makes them almost completely paralyzed and they live the rest of their existence in a wheelchair and you look at them and say, "Oh, what a disaster that was, wasn't it?" And yet many times when you talk to those individuals who have come to grips, if you wish, with their beliefs and with their understanding, they would not get out of that wheelchair even if given the possibility. They feel many times that their life has been enriched, and not limited, by what others would look upon as being an absolute terrible disaster.

And so the reality is a reflection, once again, of the belief that you hold. And many times those beliefs indeed are based upon choices and decisions that you don't hardly realize that you're making. But nonetheless, you do make them. Absolutely. Guaranteed. No one else makes that choice for you. And you put them in place. And your scientists, once again, are beginning to understand that they can look at your DNA and they can see, through this so-called DNA, that there are possibilities for individuals to have certain experiences. They're also beginning to understand that certain individuals can alter the DNA. They can literally alter their DNA, and they do that by altering the energy that surrounds the DNA.

You are—and, once again, you believe in this concept of time and space—you are entering into what we have referred to as a new age and a new energy. It's your new age and new energy, it's your alteration of your vibrational level. But nonetheless, there are entities who are so-called reincarnating. They are simply entities that are involved in this creation process who choose to participate in the creation where they have, in their so-called awake consciousness state, more of an understanding of this reality creation process. Those individuals, many of your so-called new-agers are labeling as the indigo children. And there are other terminologies that are being applied to that type of phenomena.

And you like to put a time line on it so that you say that, "Well, if someone was born at such-and-such a time, then they could be an indigo child but if they were born before that, they can't." You can add in all that kind of garbage if you wish, but that's exactly what it is. For you see, you exist in the now. And the more complicated you make it, the more difficult it is. And these so-called indigo children—these entities that are

entering into this new age and new energy—are bringing with them, at some level of their consciousness, the capacity to influence their reality to the point where they can literally alter their DNA.

And we're not talking now about activating or deactivating certain aspects of the DNA, but by eliminating those particular possibilities. They're not just taking these possibilities and turning them into probabilities and then back into possibilities, but they're eliminating them so that they are entirely different physical individuals. That's within everyone's capacity to do so. Absolutely.

There's not an individual existing within your vibrational level that does not have the capacity to do that. You just don't believe it. And it's much more, it's much more easy, if you wish, to believe that, "Oh, this is evolution," these new children that are coming into your vibrational level and are coming into an incarnational period have these new particular aspects of their creation process because it evolved, and then you come into this new age and new energy. They're the same individuals that were here when you created this particular vibrational level in your so-called past, eons ago. They are you. Each of you. Not something new—simply a different aspect.

You have that capacity now. And you've always had that capacity, you just chose to put in place beliefs that limit that capacity in your awake consciousness state. And you like to hear that it's new. You like to hear that it's an evolution because then it's real, because then, indeed, you have that excuse for not doing it yourself. You have that excuse so that you can look at it and say, "Well, I wasn't born in that era. I can't do that, but isn't that amazing to watch these children?" They don't have anything that you don't have. Absolutely not.

Every entity existing within your vibrational level and in every other vibrational level throughout all of creation is equal to—no more and no less than—any other entity existing anywhere in your so-called creation process; and not only in this vibrational level, but all of the vibrational levels throughout all of creation. You choose to believe that you put in place these so-called possibilities in your so-called between incarnational states and you bring them in and they become difficult for you to alter. It's your belief.

(Recording ends.) 3