JOSHIAH

www.joshiah.com

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Q and A

Joshiah: Well now. Well, allow us to express our greetings, once again, and to remind you as well that there exists that opportunity for you to be involved in that silent communication, that telepathic interaction with others, should you choose to do so. And once again, you will find that as a result of the energy that you have created in this space that it's quite easy for you to alter your consciousness. Should you close your eyes and express the intent, you can enter into that meditative state, absolutely. And as always, the choice is yours as well, absolutely.

Now. This reality that you exist in, once again, is an illusionary reality. And you have, in your so-called consciousness state, the capacity to influence that reality, absolutely, should you choose to believe that it's within your capacity to do so. Should you choose to believe that it's not within your capacity to do so, that indeed there are other entities that are influencing and creating your reality for you, you can have that as well. This is not a right or wrong concept. You can have that as well. And if that's what you choose, then indeed if you believe that those entities will create a very desirable reality for you, then you can have that as well.

You see, this is not a right or wrong concept. There are no lessons that you must learn. It's a reality that is a reflection of the beliefs that you hold and you create it for the purposes of experiencing the feelings that are involved in the day-to-day interactions that you have with other entities and indeed with other experiences that you're involved in the creation of in this reality in your awake consciousness state. The choice is yours. It's not, once again, a right or wrong concept. The spark of consciousness that you are creates the reality that you desire and it does so without judgment. Judgment is a human consciousness awake concept. It does not exist at that level of your consciousness that's responsible for the creation of this reality that you experience. Absolutely not.

Now. And so we've suggested that it becomes important for you to emphasize and be very specific about what it is that you desire. Now, for many

individuals that as well becomes a difficult concept. It becomes a very difficult aspiration to achieve, if you wish. It's very difficult for many individuals to be quite specific about what it is that they desire. There are individuals who would desire things that are beyond your capacity to create as well. You see, while you do indeed create the reality that you experience, you must understand as well that other entities existing in other areas, if you wish, of your so-called Earth system also create the reality that they experience. And for you to believe that you can influence and create their reality for them is like suggesting that they can influence and create your reality for you, and it really doesn't exist that way. You may interact and create and experience realities that are interactions with other individuals, but nonetheless individuals involved in that creation process and in that experience at some level of their consciousness agree to participate, to put in place, if you wish, what we refer to as the contracts and the agreements to not only experience that particular activity but indeed to create the experience in the first place. They agree.

And so to believe that you have the capacity or to have the desire to create a reality for other individuals indeed becomes a very difficult desire for you to achieve, for you cannot create for another individual. For example, individuals existing in your particular society would desire that other individuals on the other side of your Earth system, for example, should experience the same type of society belief systems and establish a similar society, is beyond your capacity to achieve in terms of your desires. To do so and to believe that you have the capacity to do so, then if you were to reverse the situation would mean that those individuals that are existing on the other side of your Earth system can hold a similar desire that you alter your society to live in the same society that they do. And you just can't do that. You cannot create for another individual. Absolutely not.

So, to have as your desire, for example, that you want others to experience an existence similar to yours, it is a desire that it takes away the capacity for those other individuals to create and to experience their reality. And you just can't do that. Every individual existing within your vibrational level creates the reality that they experience, absolutely. And so you have this desire that you can't achieve, and so you have the desire and you imagine what it is like but the expectation's not there. It's not there. You may desire that the other individuals existing on the other side of your Earth system, for example, might experience a peaceful existence, and those individuals existing in that society indeed believe that the only way that they can experience a peaceful existence is if your society disappears.

And so you have realities that are beyond your capacity to create. You cannot create for others. You can only interact with others, and through mutual agreements and contracts, if you wish, create realities that can affect each other so that you can experience emotions and feelings that are produced as a result of your interacting in those particular experiences and in those day-to-day activities. But you do not create for another. The flip side of that is that another cannot create for you. You create your reality. You agree to participate in it. And the more specific you can be about your creation, the more specific you can be about your desires, then the more effective that you can be in the creation of what it is that you truly desire.

It's like an analogy—and we hesitate to use analogies for they are always subject to misinterpretation, absolutely-but it's like an analogy that you plan on going on some type of a trip and so that's your desire, "Well, I'm going to this trip." Now, you don't employ the rest of the particular technique, if you wish, of using your imagination and you don't be very specific in what it is that you desire. Yes, you wish to go on a trip but you don't know where you're going to go. You're just going to travel. Well, the individual who doesn't fulfill all of the steps that are necessary for you to have some type of destination and put in place all of the necessary arrangements to meet that destination indeed does not necessarily have a very successful trip. Yes, they can go on a journey. Yes, they can travel. But without putting in place, once again, those plans and those specific arrangements the trip may be an absolute disaster.

You see, if you don't plan and if you don't lay out all of the necessary arrangements and you don't have a destination in mind, if you're just going to travel it may not be a very desirable experience. It may not be a very—in terms of your so-called awake consciousness state-rewarding experience. But nonetheless, the spark of consciousness that you are creates the reality that you desire. And so you go on a trip, and without the planning, you don't know where you're going to go. And without the planning it's kind of a haphazard type of experience. But when you have the desire and you have the destination and you use your imagination to enhance the experience, when you use your imagination to determine whether or not in this desire it's capable for you to reach your destination through the use of certain vehicles or whether you might use a different type of transportation, your imagination can

fulfill that particular arrangement to enhance what it is that you desire, to make this so-called journey one that is successful in reaching the specific destination that you desire to achieve. And then once you have that desire, once you know exactly what it is, and once you use your imagination to put in place all of the elements that are necessary to achieve what it is that you desire to reach the destination, then the expectation becomes almost secondary in many cases. Of course you expect to get there. You've done it before. You've made this journey before.

So it is when you desire and use your imagination for all the elements of your creation, and when you become successful at that creation then the expectation almost becomes automatic because you can accomplish, you believe that it's within your capacity to accomplish that which you desire. And you use your imagination to experience it, to understandto use our analogy, once again-what the journey would be like, what steps are necessary. And you can imagine that you're traveling in one particular type of vehicle and then you may be in a situation where you alter vehicles or types of transportation and you may go into a different type of transportation, but nonetheless your imagination allows you to plan the stages and you can indeed comprehend and expect to achieve that which you desire.

And so it is-to use the analogy to apply to any type of situation-if you desire it, if you use your imagination, if you are specific in your desire, and if your imagination indeed is very detailed as well, then the expectation is enhanced, absolutely. If you're not very specific in what it is that you desire then indeed it becomes difficult to use your imagination and the expectation is just not there. If you desire, once again, to be involved in a relationship but you're not specific about what it is that you want in that relationship and you don't use your imagination to get a grasp and an understanding of what it is that you expect, then the expectation is very limited and so will be the creation process because the spark of consciousness that you are, once again, creates the reality that you experience to validate the belief that you hold. And it really is that simple.

Now, if you have any questions we would be willing to attempt to answer them for you.

Questioner: Do you use the thing that we call "mind" where you are in your reality? Or is that a human consciousness belief?

Joshiah: What is mind? You see, once again, the limitations of attempting to use some explanation through the use of a vocabulary becomes very difficult. What is mind? Is that an awake consciousness concept or is that something that you experience in your socalled altered states of consciousness? It can be a definition that you apply to a physical attribute, that you "have a mind." Or it can be a definition that you apply to something that's beyond your capacity to define in any other manner in your so-called awake consciousness state through the use of a vocabulary.

What is a mind? You see, in your awake consciousness state in this particular vibrational level your mind is focused upon this particular reality, upon this particular incarnational period, and you believe that that's all there is. When you're in your awake consciousness state you believe that this is the most important existence that you can be in. And it is no more and no less than any other of the existences that you're also experiencing in this vibrational level, and experiencing without the limitations of time and space, experiencing—for lack of a better terminology—in the now.

You see, to use the [term] "now" is first to have belief in time, similar to using the terminology of "mind," it's a term which becomes very difficult to give an explanation for because it's a concept. It's not really a physical existence, it's not really a non-physical existence. It's simply a terminology that's used to attempt to give an explanation or some type of a concept that you can express from one to another, and for many individuals that terminology of a mind can be quite different. Absolutely.

So what is a mind? In order to answer a question of whether or not we operate in the use of a mind, one must first define what that is, and that becomes very difficult. It's like trying to give a definition for the "now." The mind, as you experience it in this awake consciousness state in this particular incarnational period, indeed is a very limited aspect of who and what you truly are. And yet, as we've suggested so many times, you are indeed connected, if you wish, you are all that is and yet you are the smallest and most minute particle that you could even imagine exists.

And so what is the mind? It's like suggesting that it's a spark of consciousness. It's like suggesting that it's a piece of who and what you truly are, and yet you cannot be separated from it because there is no piece. You see, to use the terminology of a piece when we suggest, for example, that this spark of this consciousness that you are [is] a Piece of the One, it implies that there is a greater One, and there really isn't. You are all that is, absolutely. And it's like using a terminology of a mind as being a piece of your total consciousness, and it really isn't. It's, for lack of a better terminology, simply a verbal or it is a limitation of an expression through this, once again, use of a vocabulary.

It's like trying to explain the now. You can't explain it. It's (*inaudible*) phenomena that is beyond your capacity to put a vocabulary or an explanation through the use of a vocabulary. It is something that is better understood, once again, from going withinside.

What is a mind? What is the now? Definitions that are beyond your capacity to get an explanation for under

the limited use of a vocabulary. So, while we understand that it doesn't really answer your question, it's like asking, "What is the now?" It's beyond our capacity to give you an explanation. It's an understanding that you have the capacity to grasp, should one go withinside, but bring that grasping of that concept back to your awake consciousness state becomes very difficult. Very difficult because you put in place the limitations to have that understanding in your awake consciousness state. You put it in place, not someone else. You maintain the veil, you establish it, and you perpetuate it because you choose to not have that understanding in your awake consciousness state.

Does that answer your question?

Questioner: Yes, thank you.

Questioner: What I was sort of wondering [was] if, so if there were a group of people that wanted to try to create some improvement to the whole world, like world peace that you were talking about before or ending global warming, how would they go about doing that together? Hopefully to have a better *(inaudible)*.

Joshiah: When we suggest, indeed, that it's very difficult for you to create—not only difficult, but impossible for you to create—for another, it doesn't mean necessarily that when there are more than one involved in a similar desire that it doesn't enhance the desire. Indeed it's rather unique if you look at your socalled history that you will have different elements of your so-called inventions occurring at similar times on different sides of your planet. And why is that? It's because, you see, you are connected. Absolutely. You are all that is. You exist in each and every atom of the entire universe. And when more than one individual has a similar desire, it enhances the possibility of bringing that into your so-called creation process, into your reality.

You see, you have, once again, what we refer to as the human consciousness belief systems-belief systems that each and every entity existing within your vibrational level have agreed to put in place and to perpetuate and to exist within the limitations, if you would, of those particular human consciousness belief systems. And they're what your scientists might refer to as laws of physics. And then you have your societal belief systems, societal belief systems that exist on various areas of your planet. And it's not necessarily to do with a particular size of a geographic location, but rather indeed the beliefs that are contained within a geographic location. And in some locations, for example in your so-called Western society, the societal belief systems expand over what you might refer to as a very large geographical area and yet in other areas of your so-called Earth system you have very small societal belief systems. And yet, when there are in that societal belief system common desires, then indeed it enhances the possibility to create that reality-without a doubt, without question. But understand that, once

again, the individuals involved in that creation process agree to it at some level of their consciousness.

And so, does it have to have other individuals holding the same desire using the same imagination process and having the expectations? Absolutely. It enhances it, similar to, once again, the human consciousness belief systems that each and every individual in your vibrational level agrees to. It becomes very difficult then for any individual to step outside of that so-called human consciousness belief system. It becomes very difficult to deny those laws of physics. It becomes very difficult for you to exist in this so-called vibrational level in your so-called awake consciousness state without existing within the limitations of those laws of physics. And yet within a societal system you can see different belief systems throughout your entire so-called Earth system. And it's much easier to alter that so-called societal belief system. And then you get to the individual belief systems, and indeed it's even easier to alter those.

And so, to answer your question, "How do you alter it?" "Is there more influence?" Absolutely. When an individual holds a belief system and has that particular desire and uses their imagination and then has an expectation, you begin to attract around you similar individuals. You begin to attract those individuals who have the capacity as well to influence their reality to have similar desires and expectations and they assist in creating the reality that you desire. Assist only, because at some level of your consciousness you agree to participate. You agree to be involved in that particular type of creation. You're never forced. It's always an agreement. It's always a choice. It's always a reflection of the belief that you hold. And if other individuals hold a similar belief then they as well can become involved in the creation of that particular reality.

Does that answer your question?

Questioner: Yes.

Questioner: Well, can I just as *(inaudible)* something when I read these so-called writings of so-called selfrealized people they'll say that their mind is a bundle of thoughts and at some moment, an eternal moment, it's like their mind fell away and the sense of "I" dropped, so then they slipped into a cosmic consciousness. And that was the mind question that I had.

Joshiah: It becomes a difficult concept to grasp that there is absolutely no information that's available to one individual that's not available to another. Absolutely none. The information that we express to each of you is information that's contained within each of you. We're not, we're not some individual or some entity that exists outside of your vibrational level and suddenly has access to a pile of knowledge that's not available to you. Absolutely not. It's exactly the opposite. When we enter into your vibrational level, we utilize the knowledge that's contained within each of you to give to you that which you desire to hear. And that becomes a difficult concept for you to grasp for you see, many of the concepts that we understand, if you wish, in our vibrational level are concepts that you have within your vibrational level but that you choose to limit your capacity to have the understanding for.

Now. We as an entity existing outside of your vibrational level cannot influence your reality. We've suggested many times that there are no entities existing outside of your vibrational level that have the capacity to create for you or to influence your reality. This particular energy that you put in place limits the ability for any entity existing outside of your vibrational level to influence yours. And so when we enter into your vibrational level, when we are invited to participate in these types of interactions, we still exist in a vibrational level that limits our capacity to influence your reality. We simply express to you that which you already understand and know. We simply give to you knowledge that's contained within each of you and we give to you that knowledge which you desire to bring into your conscious state. It's your desire. It's your knowledge. And that becomes a very difficult concept for many individuals to grasp, for these concepts seem to be foreign.

You see, when you exist in your awake consciousness state you put in place that veil that limits your capacity to understand who and what you truly are. And so, when these entities attempt to give you an explanation of what occurs when they get a glimpse of the understanding of who and what they truly are, it always falls short. We've suggested many times that you will not find the answers to that search in a book or in someone else's expression of what it is that they experience. For it cannot be explained in the limitation of the use of a vocabulary. It can be experienced, should one choose to alter their consciousness. And indeed you don't really have to even alter your consciousness but because you exist in this vibrational level where you hold the belief that if you're in an altered state of consciousness you can have different types of experiences-not only can, but when you enter into a dream state and into your meditative states you do experience realities and the creation of realities without this limitation of time and space—you just can't bring the concept and the memory back into your awake consciousness state. And when you attempt to, and then you attempt to express it to others and you write it out, it always falls short. It's not there. You just cannot explain it. You cannot explain it because you desire to not have that type of experience in your awake consciousness state. To have that type of experience in your awake consciousness state takes away all of the so-called human consciousness belief systems that you agree to participate and to validate and to put in place when you enter into this vibrational level. You agree to participate. And that same energy,

once again, limits the capacity of any entities existing outside of your vibrational level to influence your reality and your creation process.

We don't attempt to influence it at all. Absolutely not. We simply express to you that which you already know. We simply give to you that which you desire to hear. Nothing new. You've been listening to the same message, if you wish to believe in time and space, since the very beginning of your entering into this vibrational level, since the very beginning of the creation of this vibrational level. And so, what you're asking and what you're attempting to experience and what you're attempting to get an understanding for by reading or listening, indeed even to our message, will not give that which you desire to understand. It's a very difficult concept to hold in your awake consciousness state the understanding of who and what you truly are. As we've suggested many times, in order to do that you probably would not stay in this vibrational level. You would certainly be defying the very belief systems that you agreed to participate in when you entered into this vibrational level. And as well, as we've suggested so many times, you cannot fail to come to that understanding of who and what you truly are. And you won't find it written in a book and you won't find it in any explanation or any expression through the use of a vocabulary. It's like, once again, attempting to explain the now or the mind. It can't be done. It always falls short. It's an experience that defies explanation.

Does that answer your question?

Questioner: Yes (inaudible) thank you.

Joshiah: Well now. Once again, it has been a very enjoyable experience and we would like to express our gratitude, once again, to each of you for allowing us this opportunity to share in your reality, in your experiences, if you would. And we would remind you that we are not separated by time or space, and should you choose to interact with us you have but to express the intent and we would welcome that opportunity. And we offer you, once again, our unending support and our absolute and unconditional love. And we would bid each of you farewell, with love and with peace. \$