## JOSHIAH

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Joshiah: Well, now, it is indeed a pleasure to be invited back into your vibrational level, and we would like to express our greetings to each of you and to express our gratitude for your offering us this opportunity to, once again, to interact and to share with each of you.

Now. Before we begin, we would, once again, remind you that there exists for each of you the opportunity to be involved in what we refer to as the silent communication, the telepathic interaction or exchange of information, if you would, with other entities that would be with us on this afternoon or indeed, with that portion that you might refer to as your higher self, the opportunity for you to alter your consciousness and to enter into what you might refer to as a meditative state, and in that altered state of consciousness experience a telepathic exchange or interaction with other entities that are indeed welcoming that opportunity to enter into and to share with each of you in that type of silent communication or telepathic interaction and exchange of information.

And as we've suggested so many times, many times the interaction that you receive in that altered state of consciousness is much more accurate and much more pertinent to your individual needs and desires than is the information that we extract through this rather limited use of the vocabulary.

And so we would encourage you, should you choose to alter your consciousness, and you will find that as a result of the energy that you have created in this sacred space on this afternoon that it's quite easy for you to alter your consciousness. You have but to close your eyes and express the intention (inaudible). The choice is yours, absolutely.

Now. You as individuals and with a human consciousness are experiencing an alteration of the energy that comprises this vibrational level that you exist in, an alteration that's the result of choices that you as a human consciousness have made, your choice and your decision to alter the consciousness, to alter the energy that comprises your vibrational level, and you, once again, as a human consciousness, have chosen to have a particular time period or time frame for that alteration of the energy to occur.

You as a human consciousness began that alteration of the so-called energy in your year of 19 and 87, and you have put in place the agreement on the human conscious level that that oscillation of that energy would be completed by the year of 2012, and as we've suggested many times that alteration's occurring much faster than what was originally intended.

And that's not to say that it's good or bad. It really doesn't matter. It simply suggests that the opportunity for you to experience that alteration in that energy is much more readily available to each individual than what was anticipated through your choices to have occurred at this particular period of the transition.

As a result of the alteration of that particular energy that comprises your vibrational level, you have as a human consciousness put in place particular belief systems that would allow you to have a more conscious ability to influence and to create your reality. It's not that that particular ability to consciously create and influence your reality has not always been there. You see, it has always been there, absolutely.

But you choose to ignore that possibility, to put that aside and to exist in a vibrational level where it appears that you were absolutely not in control of this reality that you're experiencing. You chose to put in place that electromagnetic type of energy that you refer to as a veil that limits your capacity to understand your creation abilities and to understand the creative process and indeed to understand who and what you truly are and—as a result of the alteration of this energy—while you still have the limitations of understanding who and what you truly are, absolutely, nonetheless, the possibilities to consciously create your reality will be greatly enhanced. And it doesn't mean that you're suddenly going to be able to simply decide that you want to change your reality and it will happen instantly, because you still believe in time and space, you still believe that there's got to be some type of a transition period that occurs in that time and space. [your] belief system is one that you intend to maintain, absolutely. It's not one that's going to disappear, it's not one that's going to go away.

And so as a result of that maintenance of certain belief systems, this ability to consciously create your reality will be much more readily available but will still require that so-called transition period, a time for you to evaluate and to indeed put in place certain belief

systems and to have them require that span of time so that your belief in time and space continues so that it is validated.

You see, in this particular vibrational level, the human consciousness belief systems that you put in place are very difficult things to alter. And time and space are right there at the top of the list, if you would, of belief systems that are difficult for you to alter.

In this new age and new energy that you are putting in place, indeed it should be well within your capacity to consistently alter and correct your reality. But that alteration will still occur within the limitations that you've put in place in your so-called human consciousness belief system. They're not just going to go away and suddenly you're going to have all of these huge, gigantic alterations in your reality. That is, of course, unless that's what you as a human consciousness desire. But that's very unlikely to occur. The alteration [of] that energy will be subtle, if you wish. It's not going to be like a bolt of lightning that suddenly strikes you.

You see, it began in the year of 19 and 87 and at that time there was almost no comprehension of that alteration of your energy. Doesn't mean it didn't occur. Just means that you as individuals did not necessarily perceive that there had been an alteration in your energy. And yet since that time, if you were to so-called look at your history in order to validate some of the belief systems that you hold, you would discover that indeed there have been various shifts in your consciousness that have allowed you to perceive certain elements of your reality creation process that were not available to you—as readily available to you—before that particular time period of 19 and 87.

And, since that period, indeed that ability to comprehend the creation process and to put in place certain belief systems and to validate the belief systems by creating the reality has indeed been enhanced, not only been enhanced but has occurred within a time frame that it's possible for you to begin to consciously understand that reality creation is indeed well within your grasp. Not only is well within your grasp but it is your responsibility, if you wish.

You see, the irony of it is that you create the reality whether you desire to believe consciously that you create it or not. If you desire to believe that you're not in control, you simply create a reality that validates the belief system and you won't be in control. At least you won't be perceived as being in control consciously. But you will still be absolutely in control. You will be creating the reality to validate the belief system that gives you the illusion that you're not in control. But it's an absolute illusion.

You see, the reality that you're experiencing in your awake consciousness state is an illusionary reality. It doesn't mean that it's not an important illusion. It

doesn't mean that it doesn't have a significance. Absolutely not. But nonetheless, it's still an illusion.

And the irony of it is that you have whatever it is that you desire. We've said to you many times that you can have whatever it is that you desire, but you do have whatever it is that you desire. Absolutely. The reality that you experience is a reflection and a validation of the beliefs that you hold.

And if you choose to believe that you're not in control, then you'll create a reality to validate that belief system. Absolutely. If you choose to believe that it's not within your capacity to influence your reality, then you'll validate that belief system as well.

If you choose to believe that you are altering the energy within your vibrational level and you're doing it as a human consciousness, and that as a result of the alteration of that energy that you're entering into an era while it's possible for you to consciously include your reality in a sense and in a manner which has not been possible in your so-called history, then you will have that belief system validated as well.

It's your reality. You see, there's not some entity out there who's looking down upon your vibrational level and says, "Well, I think it's time to alter that energy so that those particular entities that are involved in that creation process can now have the capacity to consciously understand that they're creating their reality so that they can validate a belief system that they hold that it's within their capacity to consciously create their reality." Absolutely not.

There's no entity that's making that choice other than the entities that exist within your vibrational level, other than yourselves. It's your creation, not someone else's creation. Absolutely.

And you have within your vibrational level entities who choose to not believe that this alteration is taking place, and there's nothing wrong with that either. You see, it's an illusion. You can have whatever it is you desire. Not only can have whatever it is you desire but do have whatever it is you desire. And if you desire to believe that you're not in control, and if you desire to believe that it's not going to be within your capacity to be in control in your so-called future, then you will have a reality that validates that belief system.

It's not a right or wrong. It's a choice. It's a choice that's validated by that spark of consciousness that you are that creates the reality that you experience in your awake consciousness state. It's really that simple.

Now. You have other entities involved in your vibrational level who look at your so-called future and would like to have some type of prediction about what's going to occur in your year of 2012. And for some they would look at that particular time frame and say, "Well, we can't see beyond that time frame, and so we're going to assume that this reality that you're existing in

at this vibrational level is going to have some type of a disastrous ending." (*Inaudible.*)

Predicting futures is a very risky business at best. You see, first of all "future" is a human-consciousness awake concept. It does not exist in your so-called subconsciousness. Time and space are illusions. Time and space are illusions that only exist in your awake consciousness state. They do not exist in your socalled altered state of consciousness. And that becomes a difficult concept to give a type of an explanation for. In fact, it defies explanation in your awake consciousness state through the use of a vocabulary because every time someone attempts to give you an explanation about time and space they use specific descriptions that are based upon that belief and concept in time and space. Things like "the now" or "in the present" or "existing simultaneously" all suggest indeed that there is a beginning and an end, and there really isn't.

And so when individuals attempt to predict your future they don't understand that the future is occurring as the past and as the present occurs, and if you don't like any of your particular elements of your reality you can change them all.

You see, many individuals in their awake consciousness state can look at your so-called time frame, this belief in time and space, and look at the future and say, "Well, we know that it's within our capacity to have some type of an influence on that future."

Everyone would agree with that, no matter how small the influence might be. They still believe that it's within their capacity to somehow influence their reality and their experience in their so-called future.

There are those who would believe indeed that your human consciousness can influence your future to some quite dramatic degree, and there are others who would suggest that that's not possible at all.

The irony of it is that neither is right or wrong. If you believe that you can't influence your future, then you create the reality to validate the belief. The reality that you will experience validates that which you believe, and if you believe that within a certain time frame you will have the capacity to influence your future, then you will indeed have that reality validated. Absolutely.

And so you have those individuals who believe that certain elements of your future cannot be altered or cannot be influenced by the human consciousness or indeed by individuals. And there are other individuals who believe that human consciousness can have a dramatic impact upon your future.

The irony of it is, once again, that neither is right or wrong. But when you look at your so-called past, now, that's a whole different story, isn't it? That's a whole different ball game. There are those who look at the

past, even those who would suggest that they can have a dramatic influence upon the future, but the past is an entirely different situation. How can you influence the past? How can you influence something that you believe in your awake consciousness state has already occurred? It's the past. It's there. It's what's happened.

There are those who would believe that they can have a very minor influence upon their future who would definitely suggest that it's absolutely impossible, it's ludicrous, to suggest that it might be within your capacity to influence and to alter your past.

The irony of it is that you do so at some level of your consciousness constantly, not just once in a while, not just when you believe that it's within your realm to do so. You do so constantly. You continuously alter this reality that you're experiencing, and it's reflected in many of your so-called discoveries that you experience in your awake consciousness state. Something that's always held as an absolute in your so-called past suddenly is changed. It's not absolute anymore. It's not something that's beyond your capacity to alter anymore.

The irony of it is that the individuals who are existing in that so-called past are the same individuals that are existing in your so-called present and that will exist in your so-called future.

When you study your past, when entities look at your so-called past history—and they are many times overwhelmed and in awe of the various discoveries that are coming from your so-called past—they don't grasp and understand the concept that they're creating the past as readily as they are creating the present and will create and are creating the future. A difficult concept to grasp but nonetheless one that's within your capacity should you choose to go withinside to get a glimpse of that concept of the now, of existing in that all-encompassing time frame and then beginning to understand that your future cannot be predicted and that your past can and is changed.

And so when someone looks at this year of 2012 and they say, "Well, we as psychics are looking at this element of our creation, and there's going to be an end of some time frame and we can't see beyond that," so they're predicting some doom-and-gloom type of catastrophe. Well, if that's what they desire, you can have that, absolutely. But it certainly isn't something that I would suggest is your real experience.

You see, the reality that you experience, once again, is a reflection of the belief that you hold. For someone to have that capacity to give you some type of an explanation and some type of a prediction of what will occur in your so-called future is to suggest that it's not within your capacity to alter it. It's to suggest that there's some other elements that are influencing your reality and that it's beyond your capacity to control it. And it's really not that way at all.

We would suggest that not only is it not that way but it's absolutely the opposite from that way. It's within your capacity as individuals and as a human consciousness to influence not only your so-called future but also your past, and you do it, once again, on a regular basis.

So, to predict the future, well, is very difficult. It becomes an impossibility because if your human consciousness alters belief systems then indeed the reality changes. The reality that you experience and are about to experience in your illusionary concept of the future changes, and it does so constantly.

It becomes very difficult to give you any type of an explanation because every type of an explanation that we attempt to explain is given and based upon your belief in time and space, and they are illusionary. They really don't exist other than in your awake consciousness state.

And so you in your awake consciousness state desire to have this so-called time passage in order to have this experience and this validation of an alteration of the energies that comprises this vibrational level that you exist in. And it's not a right or wrong concept. It's one that you choose to exist in to validate the reality and to validate the experience and to validate the concept that you're not in control.

Time and space are illusions, absolutely. But they're valid illusions in terms of allowing you to have an experience that seems to be beyond your comprehension and beyond your control. And again that's not right or wrong. It's a choice that you choose and have chosen to perpetuate as you exist within this vibrational level. Your choice. You're here by choice. This reality that you experience is your choice, absolutely.

Now. As you are entering into this alteration of this energy, for many in your so-called awake consciousness state in this incarnational period you believe that there are certain elements of understanding of your creation process that are available to you and are going to allow you to create realities that are beyond anything that has been perceived or experienced in your so-called past and your so-called history. Well, that's an illusion as well.

We've given you explanations and descriptions of socalled realities and of the other areas of existence that you have created and participated in and existed within in your so-called history. When we talked of your Lemurian times and the Atlantean times, times when you had that capacity to understand in your awake consciousness state that not only was it within your capacity to influence your reality, but indeed you understood that you were the creators of this reality,absolutely. Perhaps even to an extent that—to use your belief, once again, in time and space in your so-called future in the year of 2012—may not even be as extensive as what it was in your so-called Atlantean times.

And so this seemingly advancement in technology is simply your capacity to validate beliefs that you hold and to experience realities that if you, once again, wish to use that concept of time and space that you experienced in your so-called history in the Atlantean and certainly in the Lemurian periods, absolutely.

The only limitation to the reality that you can experience in this so-called vibrational level in your awake consciousness state is your imagination. It's an illusionary reality.

Once again, we would encourage individuals to understand that illusionary does not mean insignificant. It's a difficult concept, many times, to attempt to explain through the use of a vocabulary because to suggest that something is illusionary in your so-called awake consciousness state is to mean that it doesn't exist really. It's not. It's not something of any significance.

And it's not that way at all. We're not suggesting that it doesn't have significance. We're not suggesting that it's not important. But nonetheless we are suggesting that it's illusionary, and when you grasp that concept, that it's illusionary, you can begin to understand that you can alter it, that you can change it. Not only can but do. That's the irony.

The irony of it is that you create all the experiences that you have in your so-called awake consciousness state. You are the creator, not someone else and not some other entity, certainly not someone like ourselves that exists outside of your vibrational level. Absolutely not.

You create this reality. It's a reflection of your belief systems. Absolutely. Completely. Because it's illusionary, it gives you some type of the capacity to understand that it's very easily altered.

You certainly have limitations, but they're limitations that you choose to put in place. The human consciousness belief systems, for example, that we refer to as the laws of physics are very difficult for you to alter, absolutely. But it's your choice. It's not something that's been forced upon you. When you begin to understand that and work within those particular limitations that you choose, and there are other particular realities that it's absolutely within your reality and within your capacity to alter. You have but to alter your beliefs.

Another concept that's difficult to understand: that there is no right or wrong at the level of consciousness that creates the reality that you experience in your awake consciousness state. There is no judgment. There is no suggesting that you can't have that type of a reality because it's not good for you. That's a human consciousness concept.

And then once again, it's not right or wrong. Many of those so-called limitations that you put in place and the so-called judgments [of] what's right or wrong allow you to function as a society within the limitations that you put in place for these human consciousness laws of physics. They allow you to interact with each other in a manner that allows you to have some type of coexistence and experience that can be very beneficial to each of you.

So it's not right or wrong to have a particular judgment in this awake consciousness state. But understand that at the level of consciousness that's responsible for the creation of the reality that you experience—your level of consciousness, not someone else's—there is no judgment as to what's right or wrong.

That spark of consciousness that you are creates the reality that you desire, and it does so joyously, without judging whether or not it's something that you should or should not have, without judging whether or not that's an experience that can be beneficial or harmful. Absolutely not.

If you hold the belief, if you hold the desire, if you imagine it, if you desire it, and if you expect it, the spark of consciousness that you are creates it. Absolutely. Guaranteed. Without fail.

And the irony of it is if you desire to believe that you're not in control, if you desire to believe that there's some other entity or entities or groups of entities or angels or whatever terminology you wish to apply that is influencing and creating your reality for you, the spark of consciousness that you are creates that reality, and it does so joyously, and it gives it to you, and you experience realities that validate the belief system that you're not in control but rather that you're experiencing a reality that's being influenced and created for you by other entities.

And it's not right or wrong. It's a choice. It's a choice that you make. What you cannot escape is that you create the reality. What you cannot escape is that the beliefs that you hold are validated in the reality that you experience, and what you cannot escape is that, as long as you exist within this vibrational level, you as individuals agree to participate in the human consciousness belief systems that you put in place, and it's very difficult to step outside of that.

That's what's real. The rest is illusionary. The spark of consciousness that you are gives you what it is that you desire, validates the belief that you hold. And the realities that you're experiencing are simply validations of your belief system. And, if you don't like it, change it. If you like it, then you can reinforce it, and you can use any technique that you desire to make those alterations with that reinforcement.

So many individuals hear that particular expression of a concept and it's very easy to grasp. "Oh, yeah, well, if I change my beliefs, I'll alter my reality. That seems real. That seems simple enough."

Well, that only applies, of course, to certain elements. Then there are those things that become real. There are those things like relationships, "But I don't know how I can control that, you see, because that's real, because that involves other individuals. And if it involves other individuals how can I be in control? Those other individuals are influencing my reality."

And if you hold that belief, you validate it. It's really that simple. You go to great lengths to make it more complicated because you see if it's more complicated it's more difficult for you to change, and if it's more difficult for you to change, then it appears to be beyond your capacity to control, and if it's beyond your capacity to control, then indeed the emotions and feelings that you experience in relation to those particular interactions and relationships are enhanced and they are much more intense, and the reality is much more valid, much more real and seemingly much more beyond your control.

But it's not really. It only seems to be that way. It seems to be that way because you choose to make it that way, because you choose to exist within this vibrational level and you choose indeed to operate within the limitations of the so-called human consciousness belief systems and concepts.

Your choice. When you understand that it's your choice, when you understand that you are the spark of consciousness that creates the reality that you experience, when you understand that you are the god that you search for, and when you understand that you absolutely cannot fail to come to that understanding, then this reality that you experience begins to take on a whole different concept. You begin to look at it in a different manner, and you begin to have different experiences, and you begin to have different perceptions of the experiences that you're creating, and you begin to understand how limitless your capacity to create really is. You begin to understand not only how limitless is your capacity but each and every other individual, every other entity that you interact with within this vibrational level has that same capacity to create, that same limitlessness, and it becomes very enlightening, and you begin to like who you are, and you begin to love who you are consciously, and those particular aspects of liking who you are and of loving yourself consciously can be of great assistance in this alteration into this new age and new energy and this capacity to consciously influence and to correct the reality that you're experiencing.

It's all within your capacity. The irony of it is, once again, if you create this reality, whether you consciously believe it or not, you make the choices that are reflected in the reality that you experience that validate the belief that you hold. Absolutely guaranteed.

Every element of this reality in this vibrational level in your awake consciousness state is simply a validation of your belief systems, and if you don't like it you can change it. The only limitation to your capacity to create is your imagination. Your imagination, not some other some other entity's, not some entity existing outside of your vibrational level. Absolutely not. Your imagination, your desires, and your expectations, your choices and your decisions, your beliefs and your attitudes are reflected in the reality that you experience. Absolutely. Guaranteed. And if you don't like it you can change it.

Now. We would like for a moment or two, and if you have any questions we would be willing to return and attempt to answer them for you. And in the meantime we would remind you that we are not separated by time or space but rather by a vibrational level and should you choose to interact with us, we would welcome that opportunity to interact and to share with each of you, and we would, once again, offer to you our absolute, unconditional love and our unending support. And we would bid each of you farewell, with love and with peace. \$