## JOSHIAH

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**Joshiah:** Well, now. Well, it is indeed a pleasure to be invited back into your vibrational level and we would like to extend our greetings to each of you and as well to extend our gratitude for your once again offering us this opportunity to interact and to share with each of you in your reality.

Now. Before we begin this afternoon we would once again suggest that there exists for each of you the opportunity to be involved in what we refer to as a silent communication, the opportunity for you to alter your consciousness and enter into what you might refer to as a meditative state and in that altered state of consciousness have the opportunity to have a telepathic interaction with other entities that would be with us on this afternoon and or indeed that portion that you might refer to as your higher self or that spark of consciousness that you are.

And once again, that interaction, that telepathic exchange of information many times is much more pertinent to your individual needs and desires than is this rather limited information that we can express through the use of a vocabulary. And as always, while you may not have total recall of that interaction, [of] that meditative interaction on a telepathic level, we nonetheless assure you that it absolutely does occur and that many times, once again, that information is much more pertinent to your individual needs and desires than rather is the information that we express through our friend, Elias. And that that information many times can come to you when it is most beneficial in your creation and interactions in your day-to-day activities with other individuals in your so-called awake and consciousness state and can come to you in a very suggestive and very informal manner to assist you, once again, in this existence that you choose to participate in.

Now, as always, that opportunity to be involved in that interaction and that telecommunication is entirely up to you. And you will find that as a result of the energy that you have created in this sacred space that it's quite easy for you to alter your consciousness, you have but to close your eyes and express the intent, and as always the choice is yours. Absolutely.

Now. Once again, you exist in what we refer to as a vibrational level. See, we use that terminology simply

because it's a terminology that comes closest, if you wish, to giving you some type of idea of different levels or areas of existence and consciousness that exist. You in this so-called vibrational level that you exist in, particularly in your awake and consciousness state, believe that there is time and space and that somehow there is a separation between this vibrational level that you exist in and all of the other vibrational levels that exist throughout all of creation. And yet, time and space are illusions that only exist in your awake and consciousness state and to some extent at other levels of consciousness that you can participate in in this vibrational level, but nonetheless, they are illusionary. Doesn't mean they're insignificant, simply that that they're illusionary. They don't really exist.

And so, these other vibrational levels, these other levels of existence, these other planes of existence or whatever terminology you wish to apply to them, exist within the same time and space. There is really no separation. However, in your so-called awake consciousness state you like to believe that there is time and space. For you see. time and space make it real. Time and space assist in this illusionary reality in making it seem that it's beyond your capacity to control and to manipulate and to have whatever it is that you desire to have. This time and space, indeed, makes it difficult for you to grasp that concept that there are other realities and other existences, if you wish, other levels of existence or other vibrational levels that are existing within the same time and same space.

And we've used the analogy many times to give you some grasp of that concept of the time and space concept that doesn't really exist. You understand absolutely that within your so-called Earth's atmosphere there are a multitude of various wavelengths and radio frequencies and other types of frequencies and wavelengths that are all existing within the same time and same space, and you also understand that you have the capacity through various instruments to tune into one or another of those radio frequencies or other types of frequencies and while concentrating on that one particular reception you can eliminate all the rest. And yet, you understand absolutely that the others all exist within the same time and same space. It's just that you choose through whatever type of particular apparatus you are utilizing to tap into one particular wavelength while eliminating all the rest.

And so it is, that you exist within a vibrational level that exists within the same time and same space as all the other vibrational levels, however, you choose to be tuned in, if you wish, into this one particular vibrational level, particularly when you are in your so-called awake consciousness state. And you, when you enter into this vibrational level, which you do so by choice, choose to put in place what we refer to as an electromagnetic type of energy, which some of your new agers have referred to as a veil, that limits your capacity to understand that there are other vibrational levels existing within the same time and same space. It limits your capacity to know who and what you truly are. It limits your capacity to have the ability to readily tap into these so-called other vibrational levels, to alter from one to the other.

Your choice, to put in place that electromagnetic type of energy, that veil if you wish, that limits that capacity for you to comprehend all of the other vibrational levels that are existing within the same time and same space. Your choice to focus, if you wish, your consciousness or the so-called awake consciousness that you exist in in this vibrational level, to focus on this particular existence only while eliminating all the rest. It's your apparatus, if you wish, that you choose to tune into this one vibrational level.

Now. That so-called electromagnetic type of energy or that veil or whatever terminology you wish to apply to it also limits your capacity to, indeed, in any level of consciousness in this vibrational level to become absolutely aware of who and what you truly are. You can get glimpses. You can alter your consciousness and go into meditative states or dream states. Indeed, you even alter your consciousness and enter into what you refer to as a between incarnational state, or when you die, in other words. You still exist within the certain limitations of the veil that you put in place in this vibrational level.

That limitation, once again, allows you to believe that this is it, that it makes it real, it makes it seem that it's beyond your capacity to control, it makes it seem like it's a reality that's being influenced by other outsiders or other decisions that are beyond your capacity to control. Seems. You see, once again, it's your choice to put that veil in place and it's your choice to put in place the limitations for your capacity to understand.

It's important to understand that the reality that you're experiencing, it's important to understand that this vibrational level that you exist in, is your vibrational level, the reality is your reality, and you are here by choice. The reality that you experience is a result of the choices that you make at various levels of your consciousness and if you choose to not make those consciousness level, it really doesn't matter. You see, that's still a choice. If you choose to believe you're not in control that's a choice. It's all your choice. There's absolutely nothing that's involved in this vibrational level that's not as a result of the choice that you have made. And to refer now, once again, to your belief in time and space, at some so-called level of your consciousness and existence.

You believe that you exist in a so-called incarnational period and that you will die and that for some you may believe that that's the end of this particular existence, that that's all there is, and for others you might believe that that's it, you come to this vibrational level and you've either succeeded in this incarnational period in completing whatever task it is that you believe that you have to compete in and complete. Or for others you believe that you may reincarnate and do it again.

Most individuals in your awake consciousness state believe that there is some reason to be here that is very complicated because you see it as very complicated and it makes it more real. The main purpose of your existence within this vibrational level is to experience the intense range of emotions and feelings that's possible for you to experience when you don't believe that you're in control. And so, the ultimate reality and success is to believe that you're not in control; you see that's what you came for.

Now, for many that becomes a paradox. It becomes very difficult for you to accept and to believe that you choose to enter into this vibrational level, you choose to put in place all of the elements for the reality that you're experiencing, then you choose to put in place as well this electromagnetic type energy that limits your capacity to understand and to comprehend in your awake consciousness state that you've made those choices, that you are responsible for the reality. Because if you understand that you're responsible for the reality in your awake consciousness state then the illusion disappears. Then you begin to comprehend that you're in control and when you comprehend that you're in control absolutely, then the intensity of the emotions and feelings dissipate. It's not nearly as real.

And we've used the analogy many times that it's like walking into a theater and you see a projection of lights upon a screen and you can become involved in intense emotions and feelings and you can even see a passage of time that is irrelevant to your so-called real time, in your so-called real world. And so, when you're in that illusionary world and you're sitting in that theater you can become engrossed in that projection that you're seeing upon the screen, but you understand that that's another individual's reality, that that's another individual's production and their choice to portray certain particular elements that allows you to experience those emotions and feelings. You also understand that the passage of time is irrelevant to your so-called real time.

And when you leave that theater, while it may have been quite intense and may have even been quite enjoyable or maybe not so enjoyable, depending upon your particular take of that production, nonetheless, when you leave that theater you can look back and say, "Well, that wasn't real." The emotions and feelings that you experienced may have been quite dramatic but they were not real, because you see, it was not real. [Of course,] it's just a play. It was just a trick of lights and it wasn't real. It was just someone portraying, pretending. And so, the impact of those emotions and feelings is not as intense as the impact of the emotions and feelings that you experience in your real world. When you come out and you get into the real world. Well, that's much different.

And yet, it's not really. It's simply that you choose to put in place that electromagnetic type of energy that makes it seem more real. And there's nothing wrong with that, that's why you came here, that's why you choose to participate in this creation, that's why you choose to exist within this vibrational level, so that it can seem real, so that in your awake consciousness state you can believe that you're not in control. So, there's nothing wrong with that. It's not like you have to get rid of that. Absolutely not. That's why you came here. You're here by choice and that's the reason to be here.

To get rid of that, to get back to that situation where you understand that you're absolutely in control, it's like living within the theater. And your life in this particular vibrational level would not have nearly the impact that it does when you believe you're not in control. And chances are were you to hold at your so-called conscious level the complete understanding and capacity to be able to understand the illusionary reality that you exist in and therefore through that absolute understanding have the capacity to completely manipulate it, chances are you wouldn't stay here anyway. Chances are that you would leave, because it would not have the same impact. It would not have that same potential of experiencing the immense and intense emotions and feelings that you now experience and for which you came to this vibrational level for in the first place. And so, you take that away, why would you stay? You would probably choose to leave. You would choose to leave.

You see, it's important that you understand that it's a choice. It's not something that you have to do, but it's a choice. You exist in this vibrational level by choice. You exist in this vibrational level because you wish to be here. The reality that you experience is a reality that is a reflection of the beliefs that you hold and if you hold a particular belief that's as a result of a choice that you have made.

Now, you seem to believe, and once again, it's a choice that you have made by putting in place that electromagnetic type of energy, that all of your choices are made in your so-called awake consciousness state, that all of the important stuff that is in your awake consciousness state, and it's really not that way at all. There are many individuals who have learned to alter their consciousness and they enter into a meditative state or indeed to have the capacity to enter into what you refer to as the deep dream state, and in that state become involved in lucid dreaming and to bring back into their so-called awake consciousness state various bits and pieces of information that can assist them in creating a reality that they find to be much more desirable than the one that they're existing in, to make choices in that altered state of consciousness, which you do on a regular basis.

You do it constantly. You simply are not aware of it. You're not aware of it because you choose, once again, to sustain and to maintain that electromagnetic type of energy that limits your capacity to understand who and what you truly are. And it's not wrong. It's not something that you have to get rid of. Absolutely not. But when you understand it, when you begin to understand that you are in control, when you begin to accept that it's your reality, then all types of possibilities open up for you that may not have existed in your socalled past. When you begin to understand and [then] to accept the responsibility for the reality that you experience it becomes much more easy for you to alter the reality and to change it.

You see, the irony of it is that the reality that you experience is a reality that is a reflection of the choices that you have made and if you choose in your so-called awake consciousness state to believe that you're not in control, then that's a choice, and you will absolutely create realities to validate that belief system.

You see, once again, this spark of consciousness that you are is the spark of consciousness that creates whatever it is that you believe and it does so joyously. It does so without judgment. Right or wrong is a human awake consciousness concept. It does not exist at the level of your consciousness from which you create this reality that you experience in your awake consciousness state. That spark of consciousness does not judge whether or not you're right or wrong. That spark of consciousness joyously creates whatever it is to validate the belief that you hold. And if you believe you're not in control, if that's a choice that you've made, then indeed the spark of consciousness that you are creates the reality to validate the belief and you will have all types of realities and experiences where you can look at it and say, "There, I told you so, I was not in control. I knew it. I was not in control."

The irony of it is, once again, that it's a choice that you make, whether you make that choice consciously or subconsciously or in your dream states, it really doesn't matter, it's a choice that you've made. The reality that you experience is a reflection of your belief systems. Whatever it is that you desire you shall achieve.

Now that, once again, becomes a very difficult concept for many to grasp. They would say, "Well, I have desire to have all types of abundance and I don't really have it." Well, we would challenge that that's what you desire, if you don't have it. You see, you may in your so-called awake consciousness state think that it would be quite nice to have all of this abundance, but at some level, even in that awake consciousness state, do you really expect to achieve? Or is that just something that, "Well, I think if I desire that, if I express that, I'm going to have it, because they told me that if I hold a desire I will have it."

Well, that desire can be yours, absolutely, but you must believe and in order to believe you must have the expectation to achieve the desire. And if you express a certain desire but you don't have any expectation because your expectation is that you won't achieve it, because that's what you truly believe, then indeed that spark of consciousness creates whatever it is that you desire, and if you hold the desire that you're not deserving, if you hold the belief, indeed, that you don't really expect to achieve that particular reality, the spark of consciousness that you are validates the belief. And if you think you're not worthy then it will be validated. If you think that it's not possible for you to control your reality then it will be validated. If you believe that it's beyond your capacity to have an influence upon your reality then indeed you've made the choice. You have made the choice to hold a belief that you're not in control. And it will be validated. Absolutely guaranteed.

That's the irony. You create the reality. All of it. Not just some part of it. Many individuals understand that they have the capacity to control various elements of your reality and your day-to-day existence. There's this certain little part you can control. Maybe what happens when you arise in the morning, or maybe it's a particular time at noon when you're alone and you can do certain things, and, "That's my time and I know exactly what I can do there and I'm in control."

Each individual, no matter how difficult your existence may be, you have some portion of time when you believe that it's within your capacity to do what you wish to do. We would suggest that it's within your capacity to do what you wish to do all the time. The reality that you experience is a reflection of the belief that you hold and it's your creation entirely, not just one little part of it. Entirely. Every, to use your belief in time and space, every moment that you exist in this vibrational level is your creation. Every moment that you choose to remain in this vibrational level you experience reflections of the beliefs that you hold. Absolutely guaranteed, without exception. There is not one instance where you did not at some level of your consciousness agree to participate. Not one instance.

Now, that agreement may not have been to experience some type of reality that you found less than desirable. Perhaps not, that becomes a difficult challenge for someone to accept, that they are indeed desiring to be involved in a very negative experience. But you see, when you choose to believe you're not in control, when you choose to believe that you're not worthy, when you choose to believe that perhaps you're a victim, when you choose to believe that you are less than others, then you will create the reality to validate the belief. Absolutely guaranteed. You will be involved in that reality through choice, through the choice to believe that you're not worthy, through the choice to believe perhaps that you're a victim.

You see, the irony of it is, and we've suggested this many times, that when you see someone involved in an abusive situation, as difficult for, as it is for you to grasp in your so-called awake consciousness state, it is the victim that's in control. Now, that becomes a very difficult concept for one to grasp, particularly when one sees a child that's involved in a so-called abusive situation. But you see, that child chooses to be reincarnated in a particular situation.

You entered into this vibrational level, into this incarnational period through choice and through agreement with other individuals to be involved and to participate in certain relationships and in certain family situations. You choose to be involved and you put in place the agreements and the contracts with the other individuals to participate. And the spark of consciousness that you are agrees to be involved, puts in place those choices and decisions, puts in place those belief systems, and brings them into this vibrational level and into an incarnational period.

And so, that child that you look at and you believe is an individual who is completely innocent, and indeed they are, you see, you're all innocent, that's the irony of it. It's not something that you lose as you enter into your adulthood and somehow you become less than innocent. You are all sparks of consciousness who are equal to and no more and no less than any other spark of consciousness that exists, not only in this vibrational level but in any of the other vibrational levels throughout all of creation and the age that you are in a so-called incarnational period has absolutely nothing to do with one's level of ability to be involved in and to create the reality that they experience.

You see, that's an adult situation when you look back upon this so-called child and you have difficulty in understanding how that child can be responsible for the reality that they're experiencing because you believe that responsibility exists only in the so-called awake and consciousness state. And we would suggest to you that many of the decisions that you put in place, many of the choices and belief systems that you experience you put in place in your so-called between incarnational period before you choose to reenter into this vibrational level and to come back in your so-called incarnational state and to experiencing another lifetime. You don't just drop in here and suddenly there it is and, "Okay, now we're going to see what's happening." Absolutely not.

You are in absolute control of the reality that you experience, regardless of your age. Age has absolutely

nothing to do with it. Age only has something to do with it in your so-called awake consciousness state. In altered states of consciousness, in that spark of consciousness that you are, you are indeed equal to, once again, and no more and no less than any other spark of consciousness, whether they are indeed what you refer to as a child or an adult or indeed in a between incarnational state or even existing in a vibrational level outside of your vibrational level. That spark of consciousness that you are is no more and no less than any other spark of consciousness that exists throughout all of creation in any and all of the other vibrational levels as well.

And so, that child, indeed each individual that enters into an incarnational period that chooses to be reborn. if you wish, to use your belief, once again, in time and space, puts in place belief systems, makes the choices, has various potential realities to experience, possibilities, and they're put in place. And "I think, well ..." when you be, choose to be reincarnated this particular entity sits down and says, "Well, I think, well perhaps, I would like to experience this type of reality. Now perhaps I would like to hold the belief that in this reality abundance will be absolutely no challenge at all. I'm going to have all types of abundance. Or perhaps, in this reality I want to have relationships. Or perhaps in this reality I would like to experience what it's like to be involved in an abusive situation. Or perhaps in this reality I would like to experience what it's like to have good health or ill health." It really makes no difference whatever the choice is.

You put in place the belief systems and you make the choices. Now, they don't always come to fruit, if you wish, in a particular incarnational period, particularly in this transition period that you're involved in where you have, to once again refer to your belief in time and space, an opportunity that has never existed within your so-called vibrational level since the Atlantean times, and that is the opportunity to consciously influence and to create your reality in a manner that has not been possible before. And so, particularly at this time and this alteration of the energy of your vibrational level it's becoming much easier for you to consciously alter your reality, to consciously alter those belief systems.

And so, belief systems that were put in place in you socalled between incarnational state become possibilities and the possibility becomes a probability depending upon the choices and decisions that you make, depending upon, indeed, your thoughts and feelings, depending upon what it is that you choose to hold as attitudes and to influence your beliefs so that you can either create that reality and have that possibility become a probability so that you can experience it or you can go exactly the opposite way and what was once a probability you can turn into simply a possibility and then eliminate it from your reality.

You have these individuals who involved in your vibrational level, who experience various types of illnesses, illnesses that seem to be beyond explanation, that were not there but suddenly they appear, illnesses that we would suggest many times are choices of belief systems that are put in place in your altered states of consciousness and are held in what your scientists are coming to refer to as your DNA, and by altering the energy that surrounds the DNA you take that portion of the DNA that seems to be without any purpose, it seems to be dormant, just sitting there, doesn't have any reason to be there, but as you alter the energy that surrounds the DNA, you take that dormant portion of the DNA and it becomes activated. And so, what once was simply a possibility becomes a probability. And you can experience it. It brings into your reality and you experience it.

In this particular, once again, transition period of your energy, individuals are finding that it's much easier for them to alter a belief system, and as a result of the alteration of that belief system they are indeed influencing, once again, that energy that surrounds the DNA and taking what was a probability, indeed even a reality, and eliminating it, taking it back to simply being a dormant stage of their so-called DNA. And so you're having these individuals who are experiencing illnesses that seem to be beyond your so-called scientific explanation for curing and reversing the process and it's what you might refer to as miraculously being cured. More and more individuals are discovering that if they hold a belief that they can alter and indeed completely change their reality.

It's not that that capacity has not been there before. Absolutely not. It's simply that in your so-called past, to once again use the reference in your belief in time and space, in your so-called past you as individuals and as a human consciousness had put in place that electromagnetic type of energy that limited your capacity to alter your reality consciously. It limited your capacity to understand that it is within your capacity to influence your reality, indeed, that veil limited your understanding that you are in control and it made it seem like you're not in control. You haven't completely eliminated that, but for lack of a better terminology or explanation we would suggest that you have altered it [to] a sense that you have thinned that veil and it is now, through your choice, becoming possible for you to consciously influence and alter your reality. Consciously.

It's still important that you understand that the reality is your choice. If you don't accept that, if you can't grasp that then at least hold it as a possibility, then to consciously create your reality becomes a very difficult concept indeed. For you see, if you don't believe that you're in control then someone else might be in control. And if someone else is in control then it doesn't matter what you do. You will continue to create realities to validate your belief that someone else or something else is in control. It's really that simple. It's your choice. It's still your reality. It's still your creation, it's simply that that spark of consciousness that you are is creating the reality that validates the belief that you hold.

If you believe that there are other entities existing outside of your vibrational level that somehow have a reason to look down and say, "Well, I'm going to influence that reality today and I'm going to change that one tomorrow, and I don't like what that individual is doing over there, I'm going to mess it all up." If you believe that there are some entities or entity that has that capacity to influence your reality then indeed you will experience realities that are a reflection of that belief that validates the belief.

You believe, once again, in your awake consciousness state that this reality is a reality that's very difficult for you to alter. Your choice. That's not a belief system that someone enforced upon you. It's a choice that you made when you entered into this vibrational level and put in that electromagnetic type of energy that limited your capacity to understand who and what you truly are. It also limited the capacity for any other individual existing outside of your reality to have any influence on your reality. Many don't believe that, but nonetheless, that's quite accurate. There is not one individual or entity existing outside of your vibrational level that has the capacity to influence your reality.

Now, you may choose to believe there are and indeed you will create realities to support that belief, but this reality that you experience in your awake consciousness state is an illusion. Doesn't mean it's insignificant, but it's an illusion. It's like going into the theater. When you enter into the theater there's almost [limitless] capacities, limitless capacities for the producer to express all types of realities on that screen. And in your so-called real world some of those realities, some of those productions are just not real at all. It just can't be possible. How could it be possible for that to exist? It's just not, it's not physically possible.

The irony of it is that the only limitations to what's physically possible in your so-called vibrational level in your awake consciousness state is what you can imagine. That's the only limitation. What do you believe? If you believe it's possible you can attain it. If you believe that it can be experienced then you can experience it. The reality that you experience is a reflection of the belief that you hold and it's never the other way around. Despite what many individuals experience and believe, it's not the other way around.

You see, there are individuals who are involved in dayto-day activities and as a result of that involvement believe that they develop belief systems. They think that "Well, if I can experience this and if I can repeat the experience then indeed it becomes real." And based upon that they form the belief. The irony of it is that you hold the belief first and then you create the reality to validate the belief. Without exception. Without exception. It never ever happens the other way. Despite what you experience and what you think you're experiencing in your awake consciousness state, that's part of the illusion. First you hold the belief and then you create the reality to validate the belief.

If you believe you're not in control the spark of consciousness that you are creates the reality and validates the belief and you have all types of experiences to choose to show that you're not in control. If you believe that it's within your capacity to create your reality and to alter it, influence it, then indeed, in your day-to-day activities you continuously have experiences that validate that belief.

And once again, as you enter into this new age and new energy, as you are altering this reality and the energy in this reality that you exist in, that is becoming much easier for you to accomplish in your so-called awake and consciousness state. Because you choose. Not for any other reason. Not because some other individual decided, "Well, look at that! The human consciousness has grown to a point, they have evolved to where they're now worthy to have this ability to influence their reality." Absolutely not.

It's your choice. It's been your choice. It's always been your choice. This reality that you exist in is your reality, it's your vibrational level. The entities that existed in your so-called past are you. When you look at your socalled history and you see all of these recorded events that have occurred, it's the same individuals, the same entities that existed in all of the vibrational levels in this particular incarnational state throughout your so-called history. It's you. It's the same individuals.

You exist in this vibrational level by choice. And indeed, it's been your choice to limit your capacity to influence your reality consciously. Your choice as individuals and as a human consciousness. And it's been your choice as a human consciousness to alter the energy that is throughout your entire vibrational level to give you that capacity to consciously influence and to change your reality. And once again, it's not because you couldn't have done it before, it's just much more difficult. Much more difficult because of that so-called electromagnetic type energy, that veil, that you put in place.

And the irony of it is that you have many individuals existing in your so-called incarnational period who have absolutely no desire to have the ability and capacity to influence their reality. They would like to leave that to someone else or to something else. There's nothing wrong with that. This is not a right or wrong concept. It's a choice that you can make. And the spark of consciousness that you are, once again, creates the reality to validate your choices and the beliefs that you hold and it does so without judging whether or not it's right or wrong. Right or wrong is an awake human consciousness concept, does not exist in that level of consciousness from which you create your reality.

And so, there are individuals, once again, who have absolutely no desire to accept the responsibility for their creation of this reality and would really rather leave that responsibility in the hands of others and allow others to influence their reality. And as they hold that belief, indeed, they create the reality to validate the belief. They create the reality to validate the belief. It's an illusionary reality, once again, you can have whatever it is that you desire.

And then, once again, the irony of it is that those individuals will eventually end this incarnational period and they will in their altered state of consciousness, in that what we refer to as the between incarnational period, make the choice of whether or not they would leave this vibrational level or whether or not they would continue and come back and to participate, to come back and to experience another reincarnation, another lifetime, if you wish. And should they choose to come back and to experience another lifetime in this altered state of consciousness that you refer to as being an awake state of consciousness, should they choose to come back, in all likelihood they would choose to come back and bring with them that understanding that it's within their capacity to consciously influence their reality. While they may have in this incarnational period rejected all such ideas as being absolutely foolish, in all likelihood, should they choose to reincarnate they will embrace that concept, they will embrace that human consciousness decision to alter the energy that makes up this vibrational level that you exist in and they will come back knowing at some level of their consciousness that it's within their capacity to consciously influence and to create their reality, despite the fact that in this incarnational period they may have no desire to be involved in such nonsense. And in that new incarnation, in that new lifetime, if you wish, they will be referred to as what many of your so-called new agers are now calling the Indigo Children, the children who understand that it's within their capacity to influence their reality consciously.

And as we've suggested many times when you progress to use your belief in time and space, and once again it's your belief in evolution so that it all becomes real, when you progress into the next generation these individuals who choose to reincarnate at that time will bring with them as well not only the capacity to understand that they create the reality and to have that capacity to create it consciously, but to understand as well that they create the reality from a position of absolute and unconditional love, as each of you do now.

You create that reality from a position of absolute and unconditional love and those individual that come back after the so-called generation of the Indigo Children will have that understanding, that awareness at a conscious level, at an awake conscious level of their being and as such will understand indeed the concept of self love and they will be what we have referred to as the Peacemakers.

And then, they're all potential possibilities. It's not something we're suggesting is absolutely certain going to happen. For you see you create this reality. You have within you the capacity to change it and to take it in any direction that you desire. It's your choice. We're simply saying potential possibilities based upon beliefs that you hold, that you hold, as individuals and as a society and as a human consciousness at this particular instance, if you wish, of your existence. It's within your control, not ours. We're simply suggesting what it is that you believe coming into frutation. That's all. We're not making a prediction that's written in stone and that you can't change. Absolutely not. To do so would be to suggest that it's beyond your capacity to control your reality and it's absolutely not that way at all. It's exactly the opposite.

The reality that you experience is a reflection of the belief that you hold. You are a spark of consciousness that creates that reality and at some level of your consciousness you cannot fail to come to that understanding and to have the opportunity to make the choice to either leave or remain in your vibrational level. There are no lessons that you must learn. There's nothing that you must do in order to progress. Absolutely not. There's no such thing as higher or lower or more advanced or less advanced. Absolutely not. You are a spark of consciousness that is equal to and no more and no less than any other spark of consciousness that exists, not only in your vibrational level but in any of the other vibrational levels throughout all of creation.

You exist, and while it may be difficult for you to grasp the concept, in each and every atom of your entire universe. That's how limitless you are. You are so much more than what you can comprehend in your awake consciousness state. You are the masters of your creation. Absolutely. Entirely. Without exception. And you can have whatever it is you desire. The only limits to your creation is your imagination. If you desire it and if you can imagine it and if you have the expectation that it will be existing in your reality then you can have it. It's really that simple.

Now. We would break for a moment or two and if you wish we would return and attempt to answer any questions that you might have for us and in the meantime we would remind you that we are not separated by time or space but rather by a vibrational level and should you choose to interact with us you have but to express the intent and we would welcome that opportunity to interact and to share with each of you and to offer you unconditional love and our absolute and unending support. And we would bid each of you farewell, with love and with [peace.] \$