JOSHIAH

www.joshiah.com

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Joshiah: Well, now. Well, it is indeed a pleasure to be invited back into your vibrational level. And we would like to express our greetings to each of you and as well our gratitude for your, once again, offering us this opportunity to enter into and to interact and to share with each of you in your vibrational level.

Now. Before we begin on this afternoon, we would, once again, suggest that there exists for each of you the opportunity to be involved in what we refer to as the silent communication. The opportunity for you to be involved in a telepathic interaction with other entities that would be with us on this afternoon or indeed that portion that you might refer to as your higher self or that spark of consciousness that you are. And once again, as well, that information that you have the opportunity to receive in that so-called altered state of consciousness many times is much more pertinent to your individual needs and desires than is the information that we express through this rather limited use of a vocabulary in the interaction with our friend, Elias.

And so, we would encourage you, should you choose to be involved in that silent communication and to have that opportunity to have that telepathic interaction and exchange of information indeed with other entities, or, once again, with that portion that you might refer to as your higher self. And many times, individuals involved in that type of interaction may not have any type of recall in your so-called awake consciousness state of any type of interaction or any type of transference of information occurring. But we assure you, however, that that is indeed simply because in your so-called awake consciousness state you choose not to believe that it's possible for you to have that interaction. For indeed, you find it difficult to bring back into your awake consciousness state some type of total recall of that interaction and exchange of information.

However, once again, we assure you that you do alter your consciousness and enter into that so-called meditative state, that that interaction and exchange of information most certainly does occur. And many times in your so-called awake state, in your day-to-day interactions and activities with other entities, you shall have the opportunity to have what you refer to as intuitive suggestions pertaining to certain individuals, interactions that you choose to participate in that are as

a result of that so-called silent communication or telepathic interaction and exchange of information.

And so, once again, we encourage you, and you will find it quite easy for you to simply close your eyes and to express the intent and to alter your consciousness. And as a result of the energy that you have created on this afternoon you will find it quite easy to alter your consciousness and to enter into that meditative state. And so, we encourage you to do so and as always the choice is yours, absolutely.

Now. You, as entities in your so-called awake consciousness state, exist in what we refer to as the now. A type of reality where time and space exist only in your awake consciousness state and they are illusionary realities, they don't really exist. In your so-called altered states of consciousness you get the opportunity to experience certain interactions at certain so-called passages of time that occur in a time frame that does not fit within your so-called awake consciousness state concept of what time and space is.

And in that altered state of consciousness you have that opportunity to experiences glimpses of what it's like to exist within the now, to exist in a state where your so-called past and your present and your future are all encompassed into what seems like an incomprehensible passage of time in your so-called awake consciousness state for those events or those activities or that particular reality experience to have the opportunity to occur.

However, in your awake consciousness state, nonetheless, your so-called time and space concept are illusions. You are, in your various levels of consciousness, so much more than what you perceive in your so-called awake consciousness state. You are what we refer to as a multi-dimensional personality. Multi-dimensional because, you see, once again, time and space are illusions and you, as that multi-dimensional personality, as that spark of consciousness that you are that creates the reality that you're experiencing, are creating all of your realities, in all of your various so-called incarnational periods and all of the other levels of consciousness that you experience in this vibrational level simultaneously, if you wish, or in the now.

And it becomes a difficult concept for you to grasp, nonetheless. And so, it becomes difficult for you to perceive in your so-called awake consciousness state, or to grasp the understanding that all of your existences in your so-called pasts and in your presents and in your future are occurring in the now.

You, in your awake consciousness state, believe that the past is a permanent type of experience that cannot be altered. And so, you look at your past because of that belief system and you can verify certain events that you have experienced and recorded in your so-called past history as being absolute. And yet, your future is a much different concept entirely because, you see, you believe that you can alter your future, you believe that there is this opportunity for the future to be altered. You believe that there is indeed this opportunity for you to make different choices and decisions that can influence your future. However, the past, once again, in your awake consciousness state, you believe is absolute.

The irony of it is that it's not absolute at all. That it's within your capacity to alter, not only within your capacity to alter, but you do alter it on a regular basis, you just don't realize it in your awake consciousness state. But the future, once again, you believe that you have the capacity to alter. And there are those individuals existing in your so-called awake consciousness state who can believe that they perceive events that are going to occur in your so-called future.

And they can give you predictions, if you wish. They can be clairvoyant. They can have that opportunity to give you predictions of events that have not so-called occurred in your present. The irony of it is that you can change all of this experience in your so-called awake consciousness state, whether it be your past, present or future. You not only can, but do. And the individuals who have that capacity tell you predictions of your future that seem to be, many times, uncanny. Predictions that are based upon beliefs that you hold, and for lack of a better terminology, at the present.

And so, when we attempt to give you an explanation it becomes very difficult because you see, we attempt to give you an explanation that fits within an illusionary reality that's based upon time and space that don't really exist. However, you believe indeed that there is this future and that there are those who can make predictions of the future. And we would suggest that the predictions of that future are based upon belief systems that you hold. If you alter your belief, you will alter your reality. Absolutely guaranteed.

However, if you hold a particular belief system and you perpetuate it then your future has the very distinct probability that if you sustain that belief system that you will have that experience in your so-called reality. And it becomes very difficult to grasp, once again, that concept that belief systems are the creation of your

reality. [It's not only your own beliefs,] there are an entire group of beliefs that are interacting with each other that are responsible for the reality that you experience in your awake consciousness state.

And so, this ability to predict your future is based upon beliefs that you hold. If you alter the belief then you will alter to a certain extent the reality that you experience in your so-called future. And so, individuals make these predictions and they will predict that certain events are going to occur and they get illusionary perceptions of that occurrence and that's simply based upon, once again, imagination. Imagination based upon what it is that you believe will occur within your so-called future. And if that's not accurate, then you look at that individual and you say, "Well, they weren't very good at predicting the future, were they, because they only got parts of it right."

You see, many times those predictions are quite vague. The irony of it is, that when you give descriptions of what you believe to the absolute realities that you have experienced in your so-called past, those descriptions were varied, and many times, varied quite widely from one individual to another who have been experiencing the same reality in your so-called past. And yet, for each of them, although the description of the interaction may be quite different, the experience and the sense of feelings and the reality to them is quite real.

Is one right or wrong? Absolutely not. The reality that you experience is based upon the belief that you hold. And so, many individuals are involved in a similar activity that might have occurred in your so-called past and yet if you asked to give descriptions of that interaction, once again, many times those descriptions would be quite varied, quite different, from one from the other. Because of the different perception of that interaction.

And so it is, when an individual predicts your future then that future does not come out to be exactly what the prediction said it would be. Is it wrong? Absolutely not. And so, it becomes very difficult to give a prediction on your future, as we've said many times, because your future is a projection of the belief that you hold and you believe in your awake consciousness state that it's within your capacity to alter your future.

Each of you understands, absolutely, that you can make choices and decisions that will influence your reality and your future. You accept that. You have difficulty, however, accepting that you make choices and decisions that influence your reality and your past as well. A very difficult concept to grasp, absolutely. But you are, nonetheless, a multi-dimensional personality. You're so much more than what you can perceive in your awake consciousness state. And the reality that you're experiencing, once again, is a reflection of the belief that you hold. And you have the capacity to alter that reality. Not only have the capacity

to, but you do so on a regular basis. You just don't, many times, accept that in your awake consciousness state.

Your past—many have so-called written in stone, if you wish—is illusionary. And you not only can, but do influence and change it. Not only at this level of your consciousnesses. You see, you believe that this is it. Many times, individuals in their awake consciousness state believe that the focus upon this incarnational period is the most important focus. The irony of it is, once again, that you're a multi-dimensional personality and you have that same attitude and that same focus in many of your other levels of consciousness that you're just not aware of in this particular level of consciousness.

It's like suggesting that when you're in the dream state and then you alter your consciousness that this particular awake state that you're in disappears. And so, which becomes the most important? The level of consciousness that you're experiencing in your so-called awake consciousness state, or that level of consciousness that you're experiencing in your altered state of consciousness?

Difficult question for you to answer. Difficult to grasp at that concept. And yet, when you're all in that altered state of consciousness you, once again, experience realities that many times, if you pay attention, will be reflections and interactions with other levels of areas of this multi-dimensional personality that you are.

You see, if you believe that it's possible for you to experience so-called past events and past interactions that you've had in other levels of your so-called incarnational periods, then at which level of that experience is the most important? When you're in your altered state of consciousness and you're experiencing a so-called other incarnational period, which can be simply like experiencing a dream state from this incarnational period? Or when you're in your awake consciousness state?

Irony of it is, once again, that the awake consciousness state is the most difficult concept for you to sustain. It's the most difficult level of your consciousness for you to perpetuate. You can only sustain it for a very limited so-called span of time. It's illusionary and it's a very difficult illusion for you to sustain, absolutely. And so, you enter into those so-called altered states of consciousness. And in those altered states of consciousness you interact with other levels of this multi-dimensional personality that you are. Whether you believe it or not doesn't matter. Whether you believe it in your awake consciousness state, and there are many who would say, "Well, it's not possible for me to have other incarnational periods. This is it. This is all that there is."

If you wish to sustain that particular belief, it's not right or wrong, you can have that. But understand that those individuals sustaining that type of belief, when they interact in their so-called altered state of consciousness, in their dream state, they have difficulty bringing back conscious memories of the interactions. Because, you see, they don't want to believe it. They don't want to have that experience in their awake consciousness state and it is, once again, not right or wrong, it's a choice you can make. Absolutely.

But those individuals who believe that it's possible to experience other incarnations and other levels of consciousness of this multi-dimensional personality that you are is actively participating in, have the opportunity to do so, absolutely. You can bring that back. You can bring it back into your conscious state. And does it affect this incarnational period? Absolutely. And does this incarnational period affect your other incarnational periods? Absolutely. And it's because of that interaction and because of that ability, not only ability but indeed because of the effect that you're having in this incarnational period on others and the others are having in this multi-dimensional personality that you are, that it becomes very difficult to accurately predict not only your future, but your past as well.

Because you can change it. It's an illusion. [It's still important.] Many, many times we've stressed again and again that if you can understand and grasp the concept that this is an illusionary reality, not insignificant, not something that we're saying has no importance but rather, simply something that's illusionary, then you can change it. And you can change it all.

The irony of it is that not only can you change it all, but you do change it all. You just don't have the so-called conscious memory of that interaction with the other levels of consciousness that you are actively involved in, this multi-dimensional personality that you are.

And so, what is reincarnation? You believe, once again, in your awake consciousness state that there's this passage of time, time and space, the human consciousness belief systems that you have agreed to participate in, that validate or help to validate that this illusionary reality that you're experiencing in your awake consciousness state is not an illusion at all, it's real. You believe that it's real. And you can have this passage of time to validate it.

And as a result of this passage of time, you believe in a so-called history. You believe that there have been eons of time that have passed that are recorded in your so-called history of events that you believe are rigid. Events that have occurred and cannot be altered. That's your past. The past is done, the past is real. And you believe that in your awake consciousness state because it validates time and space. It validates this human consciousness belief system that this illusion is real. That this Earth system, that this entire experience that you're having in your awake consciousness state is real. That your entire universe is real.

And so, as a result of your belief in this so-called passage of time, you can look at your history and you can see various recordings and when you are involved in what you refer to as experiencing past reincarnations and past incarnation experiences you can actually use that recorded history, in many instances, to validate your perception of your past incarnations. And as you perpetually reincarnate and you believe that you're in this time and space and in this particular time you're existing in this incarnational period and when you end this incarnational period you believe that you have the capacity and the opportunity to enter into your so-called future incarnational period, one which you believe is within your capacity to alter and to make choices for and to change. And it is, absolutely, we're not suggesting that it's not. The irony of is that they're all within your capacity to alter and to change.

Once again, a very difficult concept for you to grasp in your awake consciousness state. But nonetheless, you are a multi-dimensional personality. The incarnational periods that you're existing in, the experiences that you are involved in creating in this vibrational level are occurring simultaneously, for lack of a better terminology. They are occurring in the now. And it's within your capacity and your ability to tap into those experiences, absolutely. And once again, because of your belief in time and space it becomes much easier for you to retain this consciousness memory in an altered state of consciousness and to do what you refer to as a past incarnation experience and to bring that into your so-called present incarnational experience and to retain the memory of that interaction.

It's important that you understand as well that that particular type of interaction, while it can be quite entertaining, most times is not all that beneficial. Unless, of course, you believe it is. You see, that's the irony, it's all an illusion. What do you believe? The reality that you experience is a reflection of the belief that you hold, and if you believe that somehow interacting with your other so-called multi-dimensional personality experiences can have a positive impact upon this experience, then you can have that. Absolutely. It's not right or wrong. You see, these are not right or wrong concepts. If you don't believe it can interact on this one, you can have that as well. And once again, that's not right or wrong, either, it's simply a choice that you have the capacity to make based upon the belief that you hold.

We've suggested many, many times that if you don't like this reality that you're experiencing, change your beliefs. And when you alter your beliefs, you will ultimately alter your reality. Absolutely guaranteed. You believe, once again, in time and space. And you believe that there has to be some type of evolution and change in order for it to be real, to validate it. And so, when you alter a belief, understand that it's important that you sustain the alteration of that belief in order to

allow for that to come into your so-called reality. Because, once again, it's a choice that you've made.

You have entered into this vibrational level and vou've agreed as a human consciousness to put in place that electromagnetic type of energy that limits your capacity to understand who and what you truly are, and you have agreed as well to participate in what we refer to as the human consciousness belief system. And one of those human consciousness belief systems is the passage of time. This belief in time and space. And so, if you wish to alter this reality you can do it instantaneously, absolutely. And in some instances you do alter it instantaneously. But many times when you're attempting to alter your reality you make choices and decisions and you use your imagination to attempt to experience it in your imagination, experience what this reality will be, to validate and to bring into it whatever it is that you desire.

And because of your belief in time and space, because of your agreement to enter into this vibrational level and [to] sustain in your awake consciousness state and to validate this belief in time and space, then it becomes important that you understand, in this awake consciousness state, that in order to validate and to bring into your reality the belief system that you desire to experience and that you're imaginating is that you indeed sustain the belief system, that you have that will to sustain the alteration of a belief that you desire to alter your reality.

And so, it becomes important that you work within the system that you have agreed to participate in. You see, many individuals will have a desire, and they say, "Well, I'm going to alter my belief." Or, "I'm going to change my belief in certain types of experiences that I'm having in this vibrational level, in this incarnational period in particular. I'm going to alter a particular belief system. I'm going to utilize some method or technique."

And when they don't experience almost an instantaneous reaction then they allow it to dissipate. And they fall back into the old belief. And as they fall back into the old belief, many times as well, they begin to believe that it's not possible to alter. They begin to believe that they're not in control. They begin to believe and to sustain what you have agreed to participate in, that this reality that you're existing in is beyond your capacity to control. And they begin to believe that while other people can create their reality, it's not possible for them to create theirs.

And as you begin to believe that, then, as well, then you begin to believe that you're not as worthy as other individuals. You begin to believe that you're, perhaps, a failure at this creation process. And when you hold that belief, once again, it's an illusion, you can have whatever it is that you desire. And you validate the belief. And many times, the so-called success, the reality that you desire to experience, is right there. It's just around the corner, so to speak. You've gone

through all of the efforts, but you've lacked that deservability and you lack that will to sustain the desire, the will to sustain the expectation. And so, the reality doesn't occur.

And it validates the belief that it's not possible to simply alter a belief and as a consequence of altering a belief you alter your reality. And it validates, once again, that belief that an individual's not in control. It validates the belief that this creation process is completely out of one's hands. Oh, you can control certain aspects of the reality, absolutely. You can control certain aspects of when you're going to arise in the morning. You can control what it is that you're going to consume. Ah, but when it comes to the real stuff, that's beyond your capacity to control.

And if you hold that belief, then you create the reality to validate the belief. Absolutely guaranteed. There's nothing exceptioned. The irony of it is that there is not one instance of experience that any entity existing within this vibrational level is experiencing without their first holding the belief. And the reality is validating the belief. Absolutely guaranteed. There's not one instance that is beyond your control. You control it all. You create it all. It's your reality.

And once again, we emphasize the importance of understanding that it's an illusionary reality. An illusionary. That terminology has a tendency to have one individual or an individual in your awake consciousness state to believe, "Well, if it's illusionary then it can't be all that important." And it's not that way at all. Because it's illusionary does not mean it's not important, absolutely not. It's very important. It's a reality that you choose to participate in, that allows you to experience a range of emotions and feelings that are not duplicated or possible for you to experience in any other vibrational level. It has great significance.

But that still doesn't mean that it can't be illusionary. Because it is. It's an illusionary reality. And the most difficult aspect for you to sustain is when you're in your awake consciousness state. And you do it on a regular basis. You are so much more than what you perceive. Not only do you do it in this incarnational period, but all of the other incarnational periods as well. Not only in your past but in your future as well.

That's what becomes difficult to believe because, once again, you have agreed to participate in a creation of a reality that has in place this electromagnetic type of energy that limits your capacity to understand who and what you truly are. And you have agreed to participate in the creation of a reality that encompasses and indeed is based upon a concept of time and space.

Very difficult for you to set that aside. And we're not suggested that you attempt to set it aside, but rather to understand that the reality that you're experiencing is a reflection of the belief that you hold and that it's illusionary, and if you don't like it you can change the

reality by altering the belief. And if you do like it then you can simply reinforce the beliefs and you will sustain and indeed intensify the experience that you're having in your so-called awake consciousness state.

It's really that simple. It's not complicated at all. And yet, you go to great lengths to make it complicated because, you see, if it's complicated, it's more real. And the more real that you can make it, the more intense the emotions and feelings that you experience.

But the irony of it is that the more real that you make it, the more difficult it is for you to alter it consciously. And we've suggested many times that you as a human consciousness have chosen to enter into an era, if you wish. You've chosen to alter the very energy that you utilize to experience this illusionary reality. And as a result of the alteration of that energy, it's becoming more and more within your capacity to consciously—to consciously—alter your creation. To do what you've done through what you experience as your past for eons in your so-called altered state of consciousness. You have the capacity to have that type of creation consciously.

You have but to believe. It's really that simple. By believing that you create your reality; by understanding that it's an illusion and you can alter it; by understanding that you are the god that you search for; and that you absolutely cannot fail, it becomes quite simple. It's the simplicity that makes it so difficult, many times, for individuals to grasp. The simplicity that you are in absolute control. You as individuals and as a society and as a human consciousness have agreed to participate in the creation of this reality and this vibrational level. There are no other entities that are influencing your reality. Absolutely none. You create it all. And you create it through holding various beliefs.

And in your awake consciousness state you've agreed, once again, to put in that electromagnetic type of energy that limits your capacity to understand who and what you truly are while you exist within this vibrational level, and as a result of that electromagnetic type of energy you believe that it's beyond your capacity to control.

And it isn't, really. It's exactly the opposite. Not only is it within your capacity to control, but you control it. And if you wish to believe that you don't, it's not right or wrong, you simply create the reality to validate the belief.

It's that simple. It really, truly is that simple. And when you can get a grasp of that, when you can go withinside and accept the limitlessness of who and what you truly are then you, as well, become more [accepting] in your so-called awake consciousness state of this reality that you're experiencing. And you being to grasp the illusionary factor of it. And it becomes so much easier for you to exist within your so-called awake consciousness state. And you begin to

experience, once again, that expression of liking who you are. And of self-love. And of having the ability to understand that you are the god that you search for, and that you create your reality, and you cannot fail to come to that understanding. And all the rest is within your capacity to alter. Absolutely guaranteed, without exception.

Now. We would like for a moment or two, and if you have any questions we would be willing to return and attempt to answer them for you. And we would remind you that we are not separated by time or space, but rather by a vibrational level, and should you choose to interact with us, you have but to express the intent and we would welcome that opportunity to interact and to exchange with each of you. And we would bid you farewell, with love and with peace. \$