JOSHIAH

www.joshiah.com

Caveat: This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited. Editorial comments are in parentheses; probable wording is in square brackets.

February 3, 2008

Q and A

Joshiah: Well, now. It is indeed a pleasure to be invited back into your vibrational level and we would remind you that there exists that opportunity for you to be involved in that silent communication. And we would, once again, encourage you to allow yourself to alter your consciousness and enter into that meditative state and have that opportunity to be telepathically in tune with that portion that you might refer to as your higher self or indeed other entities that would be with us on this afternoon. But once again, as always, the choice is yours, absolutely.

Now. Once again, this reality that you exist in is a reflection of the beliefs that you hold. It's your creation, it's your reality. [And] the reality that you experience is also a manifestation of the desires that you hold. And for many that can be a difficult concept to grasp, once again. If you're experiencing a less than desirable reality, and we suggest to you that that's a reflection and a validation of desires that you're holding, then you [begin] to ask that question, "How can that be? I don't desire that." And yet, at some level you hold a desire to experience a reality to validate a belief. And that desire may not necessarily be the reality, or the absolute reality that you're experiencing, but nonetheless, it's a reality that validates the belief and therefore is a reflection of the desire. And if you don't like it, change the belief. Once again, very easy to suggest and very difficult to do in many instances.

Now. Desire. Once again, we've suggested that many individuals would have a difficult time sitting down and putting in writing what their desires are. And it's not necessary that you do that in order to achieve the reality that you desire. Absolutely not, unless of course you believe that it's necessary, then you can do it, absolutely. It's not a right or wrong concept, absolutely not. But understanding what you desire if you wish to create this reality or at least to have some conscious acceptance that you can create the reality from a conscious state, then it's necessary to understand what it is that you desire. It's necessary to have some type of a plan, if you wish, to fulfill a desire that you wish to accomplish. Some type of reality creation process.

And so, if you wish to create consciously, then understanding consciously what it is that you desire

can absolutely be a great asset in accomplishing that conscious creation.

So, what it is that you desire? Let's use an analogy, and we will simply choose an item, and we're not suggesting in any instance that this is the thing that applies to each individual, for once again, the method or technique is not nearly as important as your belief in the method or the technique. But let's say that you desire an automobile, a newer automobile. Now. Understanding what it is that you desire becomes very important, and in this instance you desire to achieve some type of better transportation than what it is that you're currently experiencing. And so you desire to have a newer automobile.

Now. The more specific you can be in what it is that you desire then the easier it is for you to accomplish that which you desire. If you, for example, put that out into the so-called universe and leave it at that and say, "Well, that's it. That's how I'm going to create that reality," and then you carry around the belief system that, "Well, I don't really deserve that type of reality," or, "It's not within my capacity to have that type of reality. I can't economically afford that type of reality." If you carry with you those belief systems then indeed this desiring this new automobile when you carry all of the negative belief systems—if you wish to refer to them as negative belief systems—that counteract that which you desire, then once again, the spark of consciousness that you are validates the beliefs that you hold, and if you believe that it's not within your capacity to accomplish that which you desire, then you validate those beliefs, absolutely.

And so, it's important that you put [out] a desire, and that you believe that it's within your capacity to accomplish that which you desire. And be very specific about what it is that you desire to achieve.

It can be very beneficial for you to imagine what it would be like to carry around in your so-called conscious state what it would be like to have that desire come into your reality. To have that automobile that we're using as the analogy, [so if you] walk around believing and carrying with you the imagination that, "Well, it would be nice to have that automobile," you believe that you can only achieve and financially afford a much lesser type of automobile than that which you desire, and that's what you use in your imagination is this automobile that's far less expensive and far less

desirable, if you wish, than that which you expressed as being your original desire, then the spark of consciousness that you are validates the belief that you hold and you get what it is that you truly desire.

And so, it's important when you're using your imagination that you put aside all of the doubts and all of these concepts that you're not worthy, and put aside all of the concepts that it's not possible for you to achieve. For once again, if you hold that belief it becomes validated.

And so, you use your imagination and you imagine what it would be like to have the type of automobile that you have specifically desired. Not just some automobile, but a very specific type. The more specific you can be in your imagination the more likely you are to achieve that which you desire.

And now, from that point on it doesn't matter the method or technique that you use. Some use multiple affirmations and continuously put forward the idea that that's the automobile that they wish to achieve and to bring into their reality and to own, if you wish, to have. Others believe that if they hold that concept and if they're very specific about it and then put it aside, but yet use their imagination whenever possible to have that experience that that's how they will achieve their reality. It doesn't really matter. Once again, it's not the method or the technique. What's important is your belief in the method or the technique that you choose. That you choose. That you truly believe will work for you. Because it works for someone else really means absolutely nothing if you don't believe that it can work for you as well.

And so, you choose the method or technique that you believe will work. And that's the one, whether it's, once again, this continuous affirmation or whether you put it into your thought process on a weekly basis, or whatever you choose, it really doesn't matter. It's one that you feel comfortable with and that you believe will accomplish that which you desire to accomplish.

And then, you must have some type of an expectation that it's going to come into your reality, that it's going to occur. [If] you don't expect it, then you won't make the right decisions when the time comes. You will hold the wrong attitudes. You will look at it from a negative point of view, if you wish to use that type of terminology. You will look at it from an aspect of, "Well, I can't really have that. You know, there are certain things that are within my capacity to experience, but I don't deserve to have that new automobile," or "I don't have the financial capacity to have that new automobile." And if you hold that belief then you won't have the new automobile. You will validate the belief that you hold. It's really that simple.

And you will make the choices and the decisions that validate the belief that you hold. And if you don't believe you're worthy of that new automobile then

when the time comes you'll make the choices and decisions and you will hold the attitudes that will reflect upon the beliefs that you hold, and you will create the reality that you truly desire that validates the belief.

And so, it's important that you have the expectation that it's within your capacity to create whatever it is that you desire. That you can have that. And it's not just some other individual. You see, the irony of it is that all of the individuals existing within your vibrational level use all of exactly the same techniques to create the reality that they're experiencing. They don't come into this world with different abilities than what any other individual does. Unless you chose. You see, it's always unless you choose.

When you're in that in between incarnational state, and we've suggested many times, you have the capacity, should you choose, to leave this incarnational period or to leave this vibrational level and/or to reincarnate. Your choice. It's not some other entity that says, "Well, they've learned all the lessons that are about to be learned in this vibrational level and so now they can go on to some other vibrational level or to some other existence." Absolutely not. It's your choice. You choose to either reincarnate to continue to experience within this vibrational level or to leave it. And should you choose to reincarnate you begin to choose, [meaning] you begin to choose the belief systems that you have put in place and bring into that incarnational period that will affect your physical attributes and indeed even your mental attributes while you're in this vibrational level.

You choose that. No one puts that upon you. You choose that and then you enter into agreements with other entities in this vibrational level to fulfill what it is that they desire, beliefs that they hold, and so you put in place the agreements and the contracts and you put in place the belief systems that allow you to have the experiences in this incarnational period or in whatever other incarnational period you're involved in.

Now, in your so-called called, past in your history—if you wish to believe in your past and you believe in that passage of time and space—in your past you put in place those belief systems and at certain points of your life, in your existence in that vibrational level, in that incarnational period, those belief systems were validated and came into being. In other words, many of the experiences that you had in your so-called past were experiences that were put in place in your altered states of consciousness. Not experiences that you had control over in your so-called awake consciousness state.

Certain individuals that understood the creative process in your so-called past were held up on pedestals as being some kind of gods. They're simply individuals who grasped the concept that the reality creation is a validation of belief systems. It's really that simple. Other individuals created the reality in exactly the same fashion, only their belief systems were held

within their so-called physical being, in what you refer to as your DNA. And so, an entity would go through a lifetime, an existence in an incarnational period and have experiences that were set out, chosen by that individual in their so-called altered state of consciousness and believe in their conscious state that they had absolutely no control at all over this reality experience in this vibrational level.

You have, however, in this incarnational period put in place, once again, that transformational energy into what you would refer to as the new age and the new energy, and it's becoming increasingly possible for you to consciously influence your reality. And so, many of those so-called belief systems that you chose in your altered states of consciousness, in your so-called between incarnational state, and you brought in to this physical being, and this incarnational period, and you incorporated into your DNA with the possibility of experiencing, based upon the beliefs that you hold, based upon your choices and decisions, based upon your attitudes, based upon influencing the energy that surrounds the DNA to either activate or deactivate that particular part of the DNA to bring that experience into your reality, based upon the belief that you chose in your altered states of consciousness, in your between incarnational periods.

You, in this so-called new age and new energy, are having the capacity to influence that DNA and to alter what you once in so-called past history designated as fate. And so, in this particular incarnational period most choices and decisions are still ingrained in your DNA, absolutely. But you have the capacity as, if you wish to believe in time and space, you have not had in your socalled past incarnational periods. And yet, there were other individuals who understood in the past incarnational experiences that it was within their capacity to do so, as it was yours. There is not something that was given to one and not to another, absolutely not. Some began to understand that creation is simply a validation of beliefs. And if you understand that then you can create your reality. Absolutely. Consciously.

And so, in this new age and new energy you have the capacity to alter that so-called desire and conscious state and to alter the energy that surrounds the DNA and to activate or deactivate various aspects of that DNA to change, if you wish, what you might refer to as fate. To change belief systems that you chose in your so-called altered state of consciousness in the between incarnational states.

And even in that instance you have limitations. You see, the limitations, primarily, are related to and limited to, for a great extent, that which you can externally experience. You see, you can live with a child, and it's particularly the children that are coming into what we refer [to] as the new age and new energy, these what some of your so-called metaphysicals have referred to

as the "indigo children," that are bringing in with them that understanding of who and what they truly are. Those indigo children, those children who are bringing in this concept of conscious creation are actually scientifically altering their DNA. So, scientists are experiencing alterations of the DNA that have been recorded amongst some of these children.

And the alteration of that DNA alters physical attributes that are usually not visual to your so-called awake consciousness conception or perception. You see, but it is impossible for you to not create your reality. You still find it very difficult to believe in your awake consciousness state, even those entities that are entering into this new age and new energy, to change the physical outward appearance of that individual. Difficult. It's not impossible, but it's difficult. And yet, the interior, children who are suffering from diseases that in your so-called past history, in the very recent past history, have been incurable, are suddenly curing themselves, without any assistance, simply because they believe they can.

That alteration of the DNA is every bit as marvelous, if you wish, every bit as difficult as altering the entire outward physical appearance. But you see, the entire outward physical appearance is something that you believe, in your so-called awake consciousness state, is beyond your capacity to control. The inner part that you can't see, the diseases that you can't comprehend in your so-called awake consciousness state, are much easier to alter.

And so, children, once again, are altering their DNA that is affecting their physical inward ability to cure socalled incurable diseases. The irony of it is that when you enter into this incarnational period, not only in this particular so-called period of time that you choose to believe in, but in all of your reincarnational periods, you brought in with you, in your DNA, beliefs that were possibilities for you to experience certain illnesses, if you wish, or certain alterations in your physical being at some point in that incarnational period. And as a result of the reality that you experienced to validate the beliefs that you hold, you held beliefs, attitudes, you made choices and decisions that influenced the belief systems that activated and altered the energy surrounding the DNA and took that particular aspect of the DNA that held the belief system that it's possible for you to experience a certain disease and you altered the energy and took that element of the DNA and changed it from a possibility into a probability.

It validated desires. It validated beliefs. And you experienced it in the reality, consciously. You do the same in this so-called incarnational period. Only, once again, in this incarnational period there are entities who are beginning to understand that it's consciously possible for them to make that choice and to alter that DNA. There were entities, once again, in your so-called history and you had this capacity and you had this

desirability, if you wish, to recognize them as being some type of entity that was beyond or more advanced than the rest and it really is not that way at all.

The irony of it is that in those periods when those entities existed, in those incarnational periods, [it all was] a bunch of other entities that were existing with them; it's the same entities as [who] are existing in this incarnational period. You have been reincarnated many times, if you wish to use that terminology. You exist in a multitude of incarnational periods, in what we refer to as the now. And even that's a very poor description of this concept, that time and space do not exist.

And so, in this incarnational period you have the capacity, should you choose, to alter your reality consciously, more than you have ever had in your so-called past, simply because you choose to alter the energy that makes up this vibrational level. It's not some other entity that's come along and said, "Well, they've progressed to this point and now they've reached the point where we're going to allow them more freedom." Absolutely not. It's your choice. It's your choice. [It's] really no different process of creation than it ever has been. It's just that you choose to make it more availably consciously.

And as a result of that availability, once again, if you hold the desire and if you use the imagination and if you hold the belief that it's possible for you to create the reality, then you begin to have the expectation, which is absolutely essential, that you are capable of creating and bringing whatever it is that you desire into the reality. And so, if you wish to have the automobile, then you hold the desire, be specific about what it is that you want, not just some automobile. And continuously, continuously, whenever you think about an automobile, believe that you're going to possess that which you desire.

Attitudes are a reflection of beliefs. You see, so many individuals believe that it's the other way around: if you hold a certain attitude, that it will influence your belief. But we would suggest that the attitude, the spontaneous attitudes that you hold when you're involved in a situation in a day-to-day activity, that spontaneous attitude is the true reflection of the belief. It's not the other way around.

Beliefs precede your reality and not the other way around. So many individuals, as well, belief that because of an influence of a certain activity that they experienced in your awake consciousness state that as a result of that experience they develop and maintain a belief. It's not that way. First of all, you hold the belief and as a result of holding the belief, indeed, you create the reality to validate the belief. And if it validates the belief then you can consciously say, "Ah, that's what I believe. Because of this particular reality, lookit, I believe that that's what's going to occur." Well, we'll suggest that first you held the belief.

And it may not necessarily be a belief that that's a direct reflection of the feeling or emotion that was involved in that reality. If you believe that you're not worthy, for example, then you will experience realities to validate the belief.

It becomes very difficult, in your awake consciousness state, to grasp the concept that you are in control. That you are in control. You may be involved with other entities that indeed appear to be in control, influencing your reality, but it is truly only appearance. At some level of your consciousness you have made agreements and contracts, interactions, that you will create that experience to validate the belief of each individual and to interact with each other in a manner that will validate your beliefs and allow you to experience the range and emotions that validate your desires, even though that desire may be one that you would suggest, in your awake consciousness state, is "Not at all what I desire."

Individuals who are involved in a victim and aggressor type of interaction have a tendency to blame the aggressor as being the one in control. You see, it's very difficult to look at a victim and say to the victim, "You are as in control as the aggressor." You see, when the victim believes that they are no longer in a state of disrespect, if you wish, to where they will allow themselves to be victimized then the interaction ends.

Ironically, it's the victim that's in control. When the victim chooses to no longer be a victim the interaction ends. A difficult concept to grasp, but nonetheless, very accurate, absolutely.

And so, once again, what you believe is reflected in your reality. If you believe you're not worthy, then you'll have that, and the spark of consciousness that you are creates that as joyously and as willingly as it creates any other reality that exists throughout all of your vibrational level. It's really that simple.

Now. If you have any questions we would be willing to attempt to answer them for you.

Questioner: [I think you've answered it but] "to change the belief have a desire to change the belief." If the belief is ingrained in you from childhood and *(inaudible)* people and entities have that same belief and it's like a control belief, or a victim belief, to change that I guess you have to have a stronger [iron] *(inaudible)*.

Joshiah: Many beliefs that are involved upon that controlling aspect, upon that victimize aspect, where one is superior to another or where one attempts to indeed control the existence of another individual, is almost invariably based upon a belief where that individual who is being controlled believes that they're not worthy to take control of their own situation.

And while we hesitate always to give techniques, there is a technique that works quite well, and once again, is quite simple and it involves strengthening one's

character. So, when you begin to like who you are then indeed when you like who you are and you become an individual that reflects that to others and they begin to like you as well. And they look at you in a different manner. And then when you begin to like who you are you find it's much easier to love who you are. And when you begin to love who you are consciously then you can change those belief systems, you begin to believe that you're worthy. You begin to do things for yourself so that you can experience feelings of joy. Or feelings of security. Or feelings of knowing who you are. Without questioning, "Is this something that I experience and like, or am I worried about what the other individual likes, not me?"

And so, once again, the technique is quite simple. You put in place the principles. When the opportunity arises you apply the principles and you choose which principles are the most important for you to reflect the individual that you would like to be. Not an individual to impress another, but rather the individual that you would like to be. That you would like to portray. And you apply those principles.

And it becomes very difficult at that point for many individuals who begin this type of alteration to dwell upon the times when they fail to apply the principles. And it's a rather ironic situation, but nonetheless, once again, it allows you to validate the belief that you're not worthy.

And so, you go through your day-to-day activities and you apply the principles every time there's a situation that occurs and you feel really good about yourself and you're going along just great and you go for a week or two and you apply the principles time and time again. And then along comes the situation where you apply the principles in all of these day-to-day activities and then, on this one time, you fail. And you have a tendency to dwell upon that time that you failed.

And it's rather ironic. It doesn't matter what else you're involved in. If it's not a personal interaction, if you look at another individual that's involved in some type of creation process or involved in their day-to-day activity or indeed in their employment, if they go along and they are successful ninety percent of the time, you'd put them at the top of the list. You concentrate and you put all of your attention on that ninety percent. That's a huge accomplishment in your so-called awake consciousness state. The ten percent pales in the fact to the ninety percent success rate.

And yet, when you believe that you're not worthy you have a tendency to concentrate on that ten percent, the time that you failed to apply the principle. And you being to, indeed, begin to feel, once again, that you're not worthy. And you validate, you validate the belief. And you begin to believe, "Well, I'm a failure. I can't do this." And when you begin to believe that you're a failure, then in your awake consciousness state you

experience realities to validate that belief. And they are illusionary.

That's what's so important to understand. The spark of consciousness that you are creates this reality from a position of absolute unconditional love and it's illusionary. Whether it's something that you consciously desire or don't desire, doesn't matter. It's illusionary. And you can change it. So, don't dwell on that so-called negative aspect. Don't dwell on that ten percent. Don't allow that to override all of the other times when you were really doing well and you're beginning to like who you are. Concentrate on the times when you're successful. Put that forward. Concentrate on those times. Use your imagination to imagine what it would be like to have realities where you continuously apply the principles. And understand what it feels like to experience that accomplishment, and concentrate on that experience and you will begin to like who you are.

And the times that you don't apply the principles, you just simply put that aside and say, "Well, next time we'll [get] that one. We're not going to worry about it. We're not going to let that dominate. We're not going to let that one failure, that one time when I feel like I didn't accomplish what I'd set out to do override all of the other times," when you were successful.

And so, you become an individual who begins to like who you are. And the more you apply the principles, the stronger your character becomes, and other individuals begin to like you as well. And it works very well. It will assist one to liking who you are. And if you don't like who you are, you can't love yourself consciously. And if you are not capable of loving yourself consciously, then you have difficulty loving others or being involved in loving interactions and relationships with others.

Love is a state of being and a state of doing. And there are certain things that you do. It doesn't matter what they are, but you do things, like giving to someone to allow that other individual to experience certain feelings and emotions that are what you refer to as positive feelings and emotions. Feelings of joy, feelings of security, feelings of belonging, feelings of being needed. What you refer to as positive emotions. And so, you do things to allow another to have that experience of positive emotions. And you do it for yourself as well. You do things to allow yourself to experience the positive emotions so that you begin to enjoy who you are. You begin to like yourself and you begin to love yourself consciously and then you can apply that love to others.

And when you reach that point of understanding and of doing things to allow others to experience unconditional love, a very amazing thing begins to happen. You begin to believe that you are worthy. You begin to like who you are, consciously. And you begin to create realities to validate this belief that you are worthy.

When you begin to make that alteration—and every individual in your vibrational level in their conscious state makes that alteration—when they make that choice to begin to like who they are, and then to love themselves consciously, the relationships that they're involved in change. Other individuals may come along and be involved in that creation process, they may get caught up in that liking who they are and the relationships and interactions with others may become stronger. Or if it's an interaction where it's what you refer to as a abusive situation, the abuser or the aggressor changes. They either become involved in liking who you are or they leave. Or they become an entity in your day-to-day activity that suddenly begins to seem insignificant.

And at some levels of your consciousness, [say that's at] the aggressor's consciousness, you begin to make the agreements that that will occur. And many times it is a very subtle alteration and change in your conscious reality. But nonetheless, usually from the victim's point of view, quite positive.

And so, this accomplishing that which you desire hinges upon one's liking who you are. If you wish to accomplish it, consciously, then like who you are, love who you are, allows you the capacity to love others and others will love you in return and there's a tremendous transformation that's possible to occur in your awake consciousness state.

Does that answer your question?

Questioner: Yes, thank you.

Questioner: Anyone else have any questions?

Questioner: I have one. Does our higher self care what kind of a life we lead? Like is it, just as good to be trying to, you know, do good in the world as it is to just seek material pleasure or to be destructive in the world? Does that, does it matter?

Joshiah: What do you believe ...?

(Laughter)

You see, the irony of it is that the spark of consciousness that you are creates whatever it is that you desire, based upon the belief that you hold. It becomes very difficult for one to grasp that when there are conflicts occurring—and you are involved many times in your so-called world situation and in this particular environment that you exist in where you have such a tremendous capacity to communicate with others, you have instant recognition of so-called tragedies that are occurring in various parts of your socalled Earth system—it becomes difficult for you to believe and to understand that the entities that are involved in that particular activity are there by choice. Perhaps not a conscious choice, to be involved in that particular conflict, but a conscious choice at some part of their existence to hold a belief that allows them to be

involved in that particular reality creation process. It's never accidental.

Every entity existing within this vibrational level is here by choice. Every interaction is a reflection of beliefs that you hold. This entire universe is your creation. What becomes so difficult for individuals to grasp is this concept that you exist in, within each and every atom of your entire universe. You are all that is, and yet you are less in term of size and what's possible for you to imagine. And that becomes a difficult—how can you be all that is and yet less in terms of size than what you can conceive in your so-called conscious state? Because this is an illusion. It's not real.

And so, is it right or wrong? The spark of consciousness that you are creates the reality that you desire to validate the belief that you hold and it does so without judging whether it's right or wrong. Right or wrong is a human consciousness concept. And we're not saying that that's good or bad. Absolutely not. It allows you to function in society. It allows you interact with other individuals. Absolutely. But is it right or wrong? The spark of consciousness that you are never judges whether or not what you're doing in your so-called awake consciousness state is right or wrong. It creates the reality to validate the belief that you hold and it does so from a position of absolute unconditional love, and it does so joyously.

If you believe that some other individual is your enemy and that you must destroy that enemy and that other individual indeed enters into an agreement and a contract to be involved in that interaction, both of those entities create the reality to validate their beliefs and they do so in an equally joyous manner at that level of [the] spark of consciousness that creates the reality. And at that level of the spark of consciousness that creates [the] reality they also understand that they do if from a position of absolute unconditional love, and they [react into] each other joyously. It's like, "Lookit, we've done this. We've accomplished that. We've allowed ourself to create this reality so that we can experience the intense range in emotions and feelings that are not possible to experience in any other vibrational level.

And so, the spark of consciousness that you are does not judge whether it's right or wrong. Right or wrong is a human consciousness concept. And we're not suggested that you should just do away with it, absolutely not. It allows you to function in some manner. It gives you boundaries. It allows you to have experiences indeed that in your so-called awake consciousness state can be structured in [the] manner. But nonetheless, the spark of consciousness that you are has absolutely no judgment as to whether one is right or one is wrong.

It creates the reality to validate the belief. And if there're entities who believe that there are certain spirits or gods, if you wish, that *(inaudible)* and control and create their reality then indeed they can have that. And the spark of consciousness that they are will create all types of examples and realities to validate the belief. It doesn't mean that it's real. It's all illusionary. You see, even if you believe that you're in control and you create this reality, it doesn't make the reality any more real. It's still illusionary. It just validates a belief that you hold.

When you believe that you're not in control, when you believe that there is this god out there that controls your reality, the difficulty in holding that type of a belief is that you take what you get. In other words, you may have all types of realities that are very desirable realities. But then along comes this reality that's less than desirable but it validates that you're not in control. It validates, "Well, there's this god out there that's looking down on me and says, 'Well, we're going to decide today that you have this type of reality and experience and we're gonna decide tomorrow that it's going to be this type of a reality and experience." And in your so-called awake consciousness state you don't believe that you're in control. But at the level of consciousness from which you create this reality you are absolutely in control. And you create the reality to validate the belief and if you believe you're not in control you will create realities to validate that belief that you're not in control.

And if there are entities who believe that there's a right and wrong and if they believe that through this right and wrong that they can help another individual then indeed we assure you that there are those other individuals who will interact in that agreement and accept that help because it validates a belief that they hold.

It's like when an individual goes to visit a doctor, and we've used this analogy many, many times. The doctor can heal no one. Absolutely not. Now. If the entity who visits the doctor believes that the doctor has the capacity to heal them and if the doctor believes that they can influence the other's capacity to heal themselves and they [two] enter into an agreement and it's an agreement that fulfills both belief systems, it's not right or wrong, it can be a very beneficial experience to both individuals.

Is it right or wrong? Is it right for that individual to feel that the doctor can heal them when actually they heal themselves through their belief system? Or is it right for that individual to believe that the doctor can have no effect on them at all? You see, the ultimate outcome of that individual interaction is that the individual desires to have some type of healing. Does it really matter how they achieve that? Is it important as long as no one is injured or no one experiences any type of negative interactions in that type of reality creation process?

We're not suggesting that it is or isn't. We're simply asking the question so that you can determine. Because you see, it really doesn't matter. The reality

that you experience is a reflection of the belief that you hold.

If you believe that it is beneficial for you to assist others then we would suggest that absolutely you will create the reality to validate the belief. If you believe that there's a right or a wrong then, absolutely, you will create the reality to validate the belief.

In your particular society you believe that it is wrong for one individual to have control over another. And so, when you look upon another society where that situation occurs you believe that they're wrong. And yet, that other individual in that society who creates the reality from the same type of existence as you do, from their validation of belief systems, believe that they are right. They believe that their way is the right way and that yours is the wrong way. And so, they look at this society and they say, "We [won't] have anything to do with that." Because in that society you don't have any individuals where one has some type of control over the other. Where that one who has control over the one that's being controlled actually may enjoy the situation. It validates a belief that they hold.

So, what's right or wrong? Right or wrong is a human awake consciousness concept. The spark of consciousness that you are does not judge whether or not the experience you're having is a good one or a bad one or a right one or a wrong one. It validates your belief systems and it does so joyously.

Does that answer your question?

Questioner: Yes, thank you.

Questioner: Nobody else has any questions?

(No further questions.)

Joshiah: Well, now. It has indeed been a very enjoyable afternoon, once again. And we would like to, once again, express our gratitude for your offering us this opportunity to enter into your vibrational level and to interact and to share with each of you. For once again, for us as well, it is a learning experience.

You see, to believe that we have all of the answers and understanding is absolutely ludicrous. We simply reflect back to you that which you already know. To believe that we exist at a vibrational level outside of yours that somehow has superior knowledge to your creation process than what the individuals within your vibrational level have access to is ludicrous. As we've used the analogy before, it's like looking across the street at your neighbor's house, and suggesting that your neighbor knows more about what's going on within your own dwelling than they do in theirs. And conversely that you know more about what's going on in their dwelling than you do in yours. It's just not that way at all.

All of the answers that you desire are withinside. If you wish to contact, if you wish, if you wish to have a better

contact with that spark of consciousness that you are, go withinside. We simply, in our interactions with you, tell you that which you desire to hear. Many times when we're doing these interactions, when we're down here doing this communication with you, many of you are always surprised at at the end of the interaction and session that you have heard that which you desire to hear. And yet, we tell you time and again that that's all we're doing, is telling you that which you desire to hear. We're not giving you information that's not available to each of you. You have but to go withinside.

You will not find the answers written in a book. You will not hear them expressed through the use of a vocabulary. But go withinside. Look withinside for the answers. All of the information is available. And when you begin to grasp the concept that it's withinside, you'll begin to understand why you cannot comprehend it through communication involving a vocabulary or written in some type of material. It's just not possible to express it verbally. You experience it withinside. And it's possible for each of you to do that, absolutely. You have but to believe. You have but to alter your consciousness and go withinside and to bring back into your consciousness memories of that concept, glimpses of who and what you truly are.

Now. We would like to, once again, express our gratitude and we would remind you that we are not separated by time or space and if you wish to interact with us you have but to express the intent and we would welcome that opportunity to interact and to share with each of you. And in the meantime, we would bid each of you farewell, with love and with peace. \$