

# JOSHIAH

www.joshiah.com

*Caveat: This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited. Editorial comments are in parentheses; probable wording is in square brackets.*

**April 6, 2008**

**Joshiah:** Well, now. Well, it is indeed a pleasure to be invited back into your vibrational level and we would like to take this opportunity to express our greetings to each of you and as well to express our gratitude for you once again offering us this opportunity to enter into and to share in your vibrational level.

Now. Once again, before we begin on this afternoon we would like to suggest that there exists for each of you that opportunity to be involved in what we refer to as a silent communication, that opportunity for you to be involved in a telepathic interaction or exchange of information with other entities that would be with us on this afternoon or indeed that portion that you might refer to as your higher self or that spark of consciousness that you are. And once again, many times, the information that you receive in that altered state of consciousness, in that telepathic interaction and exchange of information, is much more pertinent to your individual needs and desires than is the information that we attempt to express through this rather limited use of a vocabulary through our friend Elias. And so, we would encourage you to become involved in that silent communication, and once again, as a result of the energy that you have created it's quite easy for you to alter your consciousness you have but to close your eyes and express the intent and you'll find yourself slipping into that meditative and altered state of consciousness. But as always, once again, the choice is yours, absolutely.

Now. You exist in this vibrational level by choice. It seems like such a basic statement that we continue to present to you time and time again and yet it is absolutely essential that you understand that it is by choice. You're not put here by some other entity or entities or some type of force that suggests that you must enter into this vibrational level and go through certain levels of advancement or enlightenment or whatever terminology you wish to apply in order for you to reach some level where you can leave this vibrational level or progress or "de-gress," whichever you look upon it as being. Absolutely not. You exist in this vibrational level because you choose to exist in this vibrational level.

You see, everything that you experience in this vibrational level is as a result of choices that you make at some level of your consciousness. Absolutely every

experience that you have in your so-called awake and consciousness state is an experience that's of a section of beliefs that you hold and of choices and decisions that you make at some level of your consciousness.

Once again, in your awake and consciousness state you believe that this is the most important element of your existence, at this particular instant in this particular incarnational period. You believe that that's it, this is the most important and the rest is all illusory. And it's not that way at all, in fact it's exactly the opposite. You are so much more than what you perceive in your awake and consciousness state. And this awake and consciousness state is the most difficult state for you to sustain, takes the most effort for you to perpetuate and exist in this awake consciousness state in this illusory reality in your so-called vibrational level in this atmosphere that you choose to exist in. Difficult for you to sustain and yet it's illusory. Illusory does not, once again, mean that it's insignificant. Absolutely not. But illusory nonetheless. And it's an illusion that's a result of your choice, similar to you existing in this vibrational level as a result of your choice and choices, reflections of beliefs that you hold.

You see, one of the beliefs that you hold are beliefs that you choose to bring into your awake and consciousness state, be they beliefs that affect your so-called genetic makeup or your DNA. It really makes no difference. All of the illusory reality that you experience in your awake consciousness state is a reflection and a confirmation of the beliefs that you hold. Beliefs that you may hold within what you refer to as your subconsciousness, that you may choose, that you may choose to not be aware of in your awake and consciousness state, but nonetheless beliefs that you choose.

No one forces them upon you. Absolutely not. There's not one other entity, not only in your vibrational level but in all of the other vibrational levels throughout all of creation that has any capacity or ability to force you to do anything that you choose not to do. In fact, other entities have absolutely no desire in their so-called altered state of consciousness to force you to have any type of experience. It's a choice. The experiences that you experience in your awake and consciousness state are, once again, reflections of the beliefs that you hold and the beliefs that you hold are beliefs that you hold

because you choose, not because someone forces you to.

And that is a very essential element of your creation process, that you must come to understand if you have any desire to be successful in consciously creating your reality, which as well is completely within your capacity to do so. But you see, when you enter into this vibrational level you, once again, agree to participate and put in place and to sustain what we refer to as the human consciousness belief systems and a veil, an electromagnetic type of energy that limits your capacity to understand who and what you truly are in your awake consciousness state. You choose to put that veil in place. A veil as well that limits other entities existing outside of your vibrational level to have the capacity to influence or in any way direct your reality and your experiences that you have in your so-called awake and consciousness state.

And so that veil, that electromagnetic type of energy, exists throughout your vibrational level, exists in each and every atom of your entire vibrational level and it limits your capacity to comprehend in your awake and consciousness state all of the beliefs that you choose to put in place. It limits your capacity in your awake and consciousness state to comprehend who and what you truly are.

When you enter into this vibrational level and you operate within [those] so-called human consciousness belief systems you have what you refer to as certain rules and regulations, your laws of physics, that for the most part are very difficult for you to alter. And one of the most difficult of course is your belief in time and space. You see, your belief in time and space makes this whole reality experience in your awake and consciousness state seem real and seem beyond your capacity. And you look at your past and you believe that that's what's occurred and it can't be altered.

And you hold a belief that it's possible for you to influence and to create your reality and your beliefs in your so-called future. You believe that you have the capacity to have that influence on your future, absolutely. And yet, you also understand as well that you don't seem to be able to exist in either. You exist in a moment, but that moment never really is sustainable. By the time you begin to consider what your future is it's already, for an instant, become your past. You just can't ever be in the moment, so to speak, in your awake and consciousness state. It continuously changes.

The irony of it is that it's all an illusion. Time and space are illusory. It doesn't mean that they're not significant. Absolutely not. Because, once again, it allows you to have experiences that allow you to experience an intense range of emotions and feelings that's not possible for you to experience in any of the other vibrational levels when you believe you're not in control. You see, when you believe you're not in control

it gives you that capacity. When you understand that you're in control, consciously, at that level of your awareness that you think is your consciousness state then this illusion begins to lose its significance in terms of your experience in the reality and validity of those experiences.

We've used the analogy many times that it's like when you go into a theater and you sit and watch a production upon the screen and you understand that that production is illusory. And yet, while you're experiencing it you go through an immense range of emotions and feelings. And there can be a passage of time that seems far beyond that limited so-called real time that you're experiencing in the theater. And so, you understand that it's illusory. And so, the emotions and feelings, while they can be very intense at that particular moment, at that instant when you're sitting in the theater, when you leave the theater you understand that it was just an illusion. That it's a projection of someone else's so-called desire and reality upon the screen and it's illusory.

The irony of it is that this reality that you experience in your so-called awake and consciousness state is also illusory. Doesn't mean, once again, that it's insignificant but rather illusory. And when you understand that it's illusory then you can also grasp the concept that you can consciously alter and change your reality. The irony of it is, once again, is that you do it whether you believe it or not. You hold in your conscious state certain beliefs and you make certain choices and decisions and those choices and decisions indeed influence the reality that you experience.

If you wish to experience the capacity to consciously create your reality, to consciously influence your reality, then indeed you have to accept the responsibility for it. You have to hold and understand the belief that you are absolutely in control. You see, so many individuals attempt to create a reality and they become involved in that reality creation. But they continuously believe as well and hold, if not in their consciousness in their subconsciousness, that desire to have some other entity or entities that they can blame when things don't go right. "Oh well, that must have been so and so's will. Certainly isn't what I desired." And you see, when you hold that belief that you're not in control, then you, you, create the reality to validate the belief. And you will experience realities that validate the belief. And that spark of consciousness that you are will rejoice in validating the belief systems.

And so, when you choose to believe that you have entities that are influencing and creating your reality for you it's not that you can't have very enjoyable and successful realities, absolutely not. We're not suggesting for an instant that it all has to be a doom and gloom type of reality, absolutely not. But it's a reality that you have difficulty consciously influencing and altering because you continuously hold this belief

and create realities to validate the belief that you're not in control. Your choice.

When you begin to understand that you are here because of your choice. When you begin to understand that this experience that you're creating and involved in in this particular incarnational period is a result of your choice and choices then you begin to get the capacity to consciously alter and influence and create your reality. Absolutely.

So many individuals in your so-called conscious state in this incarnational period are searching for ways to consciously alter their reality without grasping that basic concept first of all that you are absolutely in control. You see, when you begin to grasp that concept that you are absolutely in control, that this reality is a reflection of the beliefs that you hold, then you also begin to grasp the understanding that it makes very little difference as to what method you choose to influence your reality. The method or the technique is not nearly as important as your belief in the method or the technique in this reality creation process.

We've used the analogy many, many times that it's like going down to a shore and lined up along this shore are a multitude of vessels and your desire is to cross the water and to get to some unknown destination. And just lying off shore is a bank of fog and so you don't know how far the destination is. And so, you choose a vessel that will give you the capacity to go upon your journey and a vessel that you believe will have a successful conclusion to that journey.

Some entities, in fear of the journey, run up and down the shore and continuously check out the vessels to see which one is the most seaworthy, which one has the most provisions, or the best crew, which one will meet all of their basic needs and desires. And they spend most of their time running up and down the shore checking out the vessels. And the next person comes down, walks up to a vessel and looks at it and says, "Ah, this one will do. I'm quite confident that this is, this is the vessel for me." And they get in the vessel and they successfully complete the journey. Because you see, the irony of it is that you cannot fail. This is a journey that you cannot fail. It's not something that you progress upon and somewhere along the line you experience failure. Absolutely not.

The irony of it is that the journey is so simple that you don't really need a vessel, you could walk across the water. But one must believe first of all that one is in control. If you don't believe that you're in control then, once again, you continuously create realities to validate the beliefs that you hold. Continuously.

And so, it becomes important that you believe that it's within your capacity to alter your reality. That you chose to be involved in this vibrational level, not some other entity putting you here. That you choose to put in place that electromagnetic type of energy that limits

your capacity to understand who and what you truly are. That all of the realities that you're experiencing are a result of choices that you make.

Now, we continuously attempt to give you some type of an explanation based upon your belief in time and space and we would suggest and have suggested many times that you in your so-called altered state of consciousness that you refer to as a dream state that you put in place many of the choices and decisions and you make the agreements with other entities to be involved in this reality creation process. And then that you go a step beyond that level of consciousness into what you refer to as your between incarnation consciousness, or when you die, in other words, you at that point have the choice to choose to leave this vibrational level or to reincarnate and to come back into another situation, into another set of circumstances. And should you choose to reincarnate you choose again to put in place belief systems for potential possibilities for you to experience throughout that particular incarnational period.

And we continuously give you that type of an explanation based upon this time frame of going from one incarnational period to the next, and yet it's all illusionary. You see, you exist in the now. That past and that present and that future are all consumed in one time space and those so-called in-between incarnational periods are occurring at the same time, if you wish, as what this particular instant is that you're experiencing in your awake and consciousness state. And you see, it becomes very difficult to give you some type of an explanation because it's all based upon your belief in time and space. It doesn't matter what type of choices we make in the use of your vocabulary, it continues to come back to that belief in time and space. Even to refer to your existing in the now refers to an instant and that instant is illusionary. It doesn't really exist.

And all of these choices and decisions are occurring at various levels of your consciousness. And that's why we continuously suggest to each of you that the answers are withinside. Go withinside and you will have the answers. It's all available to each and every one of you. It's not some secret that's difficult for you to attain. It's only difficult for you to attain because you don't believe. You believe that it's difficult to enter into that altered state of consciousness and into that meditative state and have that capacity to connect with that portion that you refer to as your higher self, that spark of consciousness that you are. And the only reason that you believe it's difficult is because of your choice, once again, to put in place that electromagnetic type of energy, that veil that limits your capacity to have that experience. But it's completely within the capacity of each of you to do so, you have but to go withinside. You have but to alter your consciousness and to enter into that so-called meditative state or altered state of consciousness or dream state. It doesn't matter what

you call it, but withinside, to go withinside and to touch who you are and to get a glimpse of the understanding of the limitlessness of your capacity to create and of the limitlessness of who and what you truly are. And as well, to get an understanding of the grasp that time and space are illusions.

You can have that experience, not only can you have it but you can bring it back into your so-called awake and consciousness state. You can bring back a glimpse and the memory of that glimpse of that understanding of who and what you truly are and of this creation process that you're involved in. You have but to believe. You have but to accept that it's your creation.

We understand that the difficulty of that particular event. Absolutely. We understand that it's difficult because you choose to make it difficult. And that's not a right or wrong concept. It's a choice. It's a choice you've made because it allows you, once again, to experience an intense range of emotions and feelings that's not possible for you to experience when you don't believe that it is illusion. And this reality is not beyond your control when you understand that it's your creation. When you understand it at your conscious level and can apply it from the conscious level without any type of hesitation then chances are that you will not remain in this vibrational level because you will have changed indeed the entire capacity for you to understand this creation process. And as a result, as well, it won't make [the] sense to you.

It's not that it's beyond your capacity to do so, it's that you choose not to do so. If you choose to have some ability to consciously create your reality then, once again, you must first of all accept the responsibility for the creation process. To have success as well at consciously creating this reality you must understand that all of your experiences, whether they are negative or positive ones that you believe to be negative or positive in your so-called awake and consciousness state, are not negative and positive to that element of who and what you truly are that creates the reality. The spark of consciousness that you are creates whatever it is that you desire. It creates each and every element of this experience that you're having in your awake consciousness state and it does so from a position of absolute and unconditional love and it does so with a rejoicing sincerity of love.

Now. Should you choose to have that capacity to consciously influence your reality your success at that conscious creation process is greatly enhanced when you begin to like who you are and when you begin to love yourself consciously. When you begin to accept the responsibility for who and what you truly are at the conscious level, when you begin to understand that you do influence your reality consciously whether you choose to believe it or not. The reality that you experience is a result of the beliefs that you hold. The reality that you experience is a reality that's a reflection

of your desires. And many would be challenged by that, absolutely. Many desires that you hold indeed are desires that are reflections of the choices and decisions and the thoughts and feelings that you hold on a daily basis. If you continuously hold the belief that you're not worthy, if you continuously hold the belief that it's not within your capacity to change your reality, if you continuously reflect the choices and decisions that limit your ability to experience that which you consciously desire to experience then the spark of consciousness that you are validates those beliefs and those choices and decisions that you're not worthy, that you have limitations, that it's not within your capacity to influence your reality consciously. If that's what you desire the spark of consciousness that you are validates the beliefs, gives to you that which you desire, and does so, once again, without any reflection of whether it's right or wrong, does so from a position of absolute and unconditional love. And rejoices in the ability to create for you that which you desire so that you can experience the range of emotions and feelings that are associated with that creation experience.

As we've said as well, many, many times, we would challenge each of you to break down any particular element of this experience that you have in your awake and consciousness state and to determine the reason why you're involved in any particular activity or creation process. And when you break it down to the basic essentials it always comes back [to] because you're attempting to have certain experiences of emotions and feelings. It's really that simple. You make it more difficult. Absolutely. Because, you see, the more difficult it is the more real and the more real the more intense the range of emotions and feelings. And that's why you came here in the first place. That's why you put in place that electromagnetic type of energy that you refer to as the veil. Absolutely. That's why you're here.

You create your reality. Absolutely and guaranteed. Each and every element. Not only of your interactions and experiences with each other but your entire universe. You create it all. You as individuals and entities existing within this vibrational level are responsible for the creation of the entire experience and vibrational level. Absolutely every element of it. It's illusory. It's really easy to create for you, absolutely. You create the reality.

You are the god that you search for. It's not some element that's outside of you it's who and what you truly are. You can't be separated from your spirituality. You do a very good job of hiding from it in your awake and consciousness state but if you go withinside, you make that connection, you will understand that you are not separated from who and what you truly are. Absolutely not.

And at some level of your consciousness you cannot fail to come to that understanding. You cannot fail.

Absolutely guaranteed. Outside of those three particular things, you are the god that you search for, you create this reality that you exist in, and you cannot fail to come to that understanding. Everything else that you experience in this vibrational level is a reflection of your beliefs, it's illusory, and you can change it. Absolutely every element of it.

Now, we didn't say it would be easy for you to change, because you as a human consciousness, indeed, agree to put in place that electromagnetic type of energy and you agree to have what we refer to as a human consciousness belief system, what your scientists might refer to as the laws of physics, which are very difficult for you to alter, not impossible but very difficult. And then you have your so-called societal belief systems which are more within your capacity to alter and to influence, absolutely. And then of course there are the personal belief systems which are completely within your capacity to alter and influence. You have but to believe.

And as you enter into this new age and new energy and as you begin to understand and to accept the responsibility for your creation process then you also have the capacity to consciously influence your personal beliefs and your day-to-day activities in your reality. Absolutely guaranteed. It's not a maybe.

Now. The technique or the method that you choose to use, that's all up for grabs. That's as illusory as the reality. If you believe that if you follow a certain set of rules that that will influence your reality and create what you desire, then go for it. If you believe that there's some other type of reality creation process or technique that will work better, then use it. It doesn't really matter. The method or the technique is not really important. It's your belief in the method or the technique that carries the importance.

You must understand that. Until you accept that responsibility then it becomes very difficult to consciously create your reality. You create it all. It's not whether or not you choose to create it. You do it anyway. It's whether or not you choose to take a conscious control of that creation that's up for grabs. The rest is all there. You do it whether you believe it or not. If you believe you're not in control then you'll create the realities to validate the belief. It's really that simple.

The reality you experience is a reflection of the beliefs you hold. If you wish to change it, change the belief. If you have difficulty in changing the belief, go withinside. You won't find the answers written in a book. We can't give it to you in a verbal exchange of information. You won't hear it on a tape recorder. Absolutely not. You must go withinside. You must go withinside and connect with who and what you truly are to get a glimpse and an understanding so that you can bring it back into your conscious state.

The method or the techniques must be felt and understood. They cannot be explained. And when you get a glimpse of that concept of who and what you truly are then you begin to understand as well that you cannot give an explanation to another. For it's a journey and experience that each must have in their own individual manner. And each is unique and neither is wrong. You must go withinside. You are the god that you search for, you create your reality, and you cannot fail. The rest is illusory. And you not only can but do have whatever it is that you desire that validates the belief that you hold in every instance and in every experience of your entire awake and consciousness state.

Now. We would break for a moment or two and if you have any questions we would be willing to return and attempt to answer them for you. And we would remind you in the meantime that we are not separated by time or space, they are illusions. We are, rather, separated by a vibrational level and should you choose to interact with us you have but to express the intent and we would welcome that opportunity to interact and to share with each of you. And in the meantime, we would bid each of you farewell, with love and with peace. ❀