

JOSHIAH

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Joshiah: Well, now. Well, it is indeed a pleasure to be invited back into your vibrational level, and we would like to express our greetings to each of you and as well to express our gratitude for your once again offering us this opportunity to enter into and to share with each of you your vibrational level and in your reality.

Now. Once again, before we begin on this afternoon we would remind you that there exists for each of you that opportunity to be involved in that silent communication, that telepathic interaction and exchange of information with other entities that would be with us on this afternoon or indeed with that portion that you might refer to as your higher self.

And once again, many times the information that you receive in that so-called altered state of consciousness, in that meditative state, is, many times, much more pertinent to your individual needs and desires than is the information that we attempt to express through this rather limited use of a vocabulary.

And while you may not have the ability in your awake and consciousness state to totally recall and have access to that information, we assure you that that interaction, that telepathic exchange of information most certainly does occur, and that there will times within your so-called awake and consciousness state, in your creation process, and in your experience of your reality that you will have access to and have intuitive suggestions as a result of that silent communication that will assist you in your interpretation and indeed in your creating and experiencing that which you desire in your so-called awake and consciousness state.

And so, we encourage you to become involved in that process. And once again, as always, the choice is yours, absolutely. We suggest, we never attempt to put in place something and with the emphasis upon your experiencing or participating, we would rather the emphasis is on your choice to experience and to participate, absolutely.

Now. When you exist in this vibrational level through choice—absolutely, we've told you that many, many times—in this vibrational level that you exist in is a creation that's the result of your belief systems and beliefs that you have chosen to sustain and to

participate in. And some of those beliefs we refer to and call the human consciousness belief system, those which all the entities that exist [and] participate within your vibrational level and in your creation process have agreed to participate and to sustain and to make real. To make it very difficult for you to alter.

You choose to put in place those types of belief systems, that type of reality in order to limit your capacity to understand that the creation process in your awake and consciousness state, to make it more real, to make it appear that it's beyond your ability to control and to manipulate and to create whatever it is that you desire to experience.

It is the impression in your awake and consciousness state that you're not in control, that there are so many elements that are influencing your reality that it's almost impossible for you to comprehend that you are the instigator of them all, and indeed have agreed to participate in each and every one. And the so-called human consciousness belief systems assist in allowing and putting in place that electromagnetic type of energy that we refer to as the veil to limit your capacity to understand in your awake and consciousness state the creation process and your involvement and indeed your entire responsibility for the reality that you experience in your awake and consciousness state.

There are many so-called human consciousness belief systems that you put in place, but two of the most difficult for you to alter are your belief in time and space. And we continuously use the two together because you have this concept in your awake and consciousness state that one validates the other. And yet, they are separate. Absolutely. Time and space are two different belief systems.

You in your altered states of consciousness can experience, many times, that there is no reality in time, that time doesn't exist, that it's an illusion. Many of you in your altered state of consciousness get glimpses of existing in the now. And that becomes a difficult concept for many to grasp, that you exist in the now. And even that type of explanation has its limitations, for it infers that there is indeed a past and a present which we refer to as the now and a future. And yet, the now that we refer to and attempt to give you an explanation of encompasses all of your past and your present and your future, all combined into one.

And you, in altered states of consciousness, get glimpses of this passage of time that is illusionary, doesn't really exist. And if it's illusionary and it doesn't exist then in your awake and consciousness state it gives [arise] to the question of, "Why can't I possibly have access into all of the experiences?" Well, the irony of it is because you choose not to have access to all of your experiences.

[We've referred] to other existences, other realities, other past lives, if you wish, that you are experiencing. And there are those in the awake and consciousness state who would question whether or not there is that concept of other existences, other incarnational periods, other lifetimes, if you wish. And if there are then why can't you remember them? Well, you can remember them. A very difficult in your awake and consciousness state because you choose not to remember them.

However, there are even realities that you have created and experienced in this so-called incarnational period, in this lifetime that we would challenge you to have a total recall or a memory of. Each of you understands that you came into this particular incarnational period by being born, or something very close to that experience. And yet, you don't remember it. We would challenge you to even remember all of the events that have occurred within the last few days of your so-called time period. Very difficult in your awake and consciousness state.

And yet, when you alter your consciousness and you enter into a meditative state, and what many would refer to as even a hypnotic state, you can have access to a total type of recall of other memories, not only within this lifetime but indeed in other lifetimes, in your so-called past lifetimes, which seem to be the easiest by you to access because you see, you believe, once again, in your awake and consciousness state in the passage of time. And the future is something that you believe you haven't experienced.

And so, many times when you try to access other lifetime experiences the tendency is for you to have that belief system in the passage of time influence your choices and your decisions and influence [your] other beliefs and indeed have influence upon you of what you bring back from your altered state of consciousness as being interactions in so-called past lifetimes. Indeed, many times when you bring back that memory it appears, it seems like it's simply your imagination. And that should not come as a surprise. The whole reality that you're experiencing is a reflection of your imagination. It's all illusionary.

And so, you many times have experiences, both within this particular incarnational period and in other incarnational periods that seem to be illusionary, that seem to be simply your imagination. And if you attempt to compare your interpretation of those interactions and those experiences with another individual

interpretations of the same experience or creation process, you will find that many times the accounts of those interactions and your interpretations differ. And that should not come as a surprise.

You see, your interpretation of an interaction and your perception of what it is that you experience indeed is a reflection of your belief systems. And so, individuals may be involved in the same event and have different perceptions based upon the different beliefs that they hold. Same experience, different results insofar as your perspective and as the feelings and emotions that you experience.

When you enter into that altered state of consciousness—whether you call it a meditation or whether it's a hypnotic state, it doesn't really matter—you enter into that altered state of consciousness and in that particular experience and in that particular level of consciousness, if you wish to use that terminology, you experience indeed perceptions of so-called altered times, different times. And yet, in your awake and consciousness state you still believe in that concept of time, that you're existing in this particular instant.

In that altered state of consciousness it's not that you have a recall of the memory or the event but you have access to existing in the now and the reason that for many the [recollection] of a particular event is so much more precise is because you're not necessarily recalling it from your memory, although that's the perception that you believe you are experiencing, but rather in that altered state of consciousness—and be it a meditative state or a, once again, in a hypnotic state, it doesn't really matter what the terminology is that you apply to the particular state—in that altered state of consciousness, you're experiencing existing in the now. And so, that experience, be it an experience that you believe occurred within this lifetime or even in other lifetimes, is an experience that's occurring at the instant that you're recalling it. In the now.

So, it's not so much that you're remembering your past existences, or even past experiences in this particular incarnational period so much as you are involved in that experience. You've erased the belief in time. And in that altered state of consciousness you can have access to all of your experiences. It's all available to you, you simply don't believe in your awake and consciousness state that it's possible. You believe in time and space. And yet, once again, in that altered state of consciousness your ability to totally recall past events and to give a very accurate interpretation of what it was that you experienced is highly enhanced, and it's not enhanced because your memory is so much sharper in your altered state of consciousness. It's enhanced because in your altered state of consciousness you have the possibility to put limitations upon the belief system in time and in the altered state of consciousness, because of the belief,

limitations are removed regarding time. You can now experience the reality.

You can duplicate and have that experience, for it occurs in the now. It's a matter of having that access and it's a matter of believing that it's possible for you to have that access and to put the limitations on time and on the time belief system.

It's all within your capacity and each of you has to some extent had that experience, be it in your meditative state or in your so-called dream states. You get glimpses, if you wish, of the possibilities of the experiencing different time frames while you understand that you exist within this incarnational period, in this time frame, based upon your human consciousness belief systems.

And so, it's [possible] (*Joshiah said "impossible."*) for each of you to have that experience. Not only, once again, is it possible but each of you have had those experiences in various levels of your consciousness. Many times, once again, there's a tendency for an individual to project the explanation with a rationalization that it's simply your imagination. Because you see, time is a very difficult belief system for you to set aside. It's a human consciousness belief system that you have agreed to participate and to perpetuate while you exist in your awake and consciousness state in this vibrational level.

Indeed, it's a time for [in] experience that you have agreed to perpetuate and to facilitate, even in altered states of consciousness. And so, it becomes difficult for you to set that aside. Absolutely. Difficult, but not impossible.

Space becomes a much more difficult aspect for individuals to set aside. And the irony of it is that when you're altering your time experiences, when you in your so-called meditative state or hypnotic state or dream state, when you alter the time concept you at that point don't have a great difficulty in altering the space concept as well. You can have very realistic experiences in an altered state of consciousness—in a hypnotic state or a meditative state or a dream state, it doesn't matter the state, once again—where you're experiencing a different time concept or a different experience that occurred in a different time, and that experience may have occurred in a different space. And as a result of altering the time concept you have relatively little difficulty in altering the space concept as well.

And you can be involved in [recollection] of other interactions and other life experiences, other so-called past life experiences, if you wish, that are occurring in other areas of your universe, in other points on your so-called Earth systems, at other, not only lifetimes but indeed in other centuries, if you wish. And so, you can alter that time concept and that experience in the altered state of consciousness and as a result of the

altering of that time, you have no difficulty as well, once again, in altering the concept of space.

The two seemingly go relatively hand in hand. When you alter the time concept, even in this particular incarnational period, if you have a [recollection] in an altered state of consciousness of an experience that occurred in, what you might refer to, as your earlier lifetime experience it quite frequently also occurs in a different space.

And so once again, altering the space as a result of altering the time concept is relatively easy for you. You can accept that. Altering the space or maintaining the concept of this particular instant in your belief in time is much more difficult for you to achieve. And it's only more difficult because when you attempt to alter the space concept by maintaining the time concept, you wish to maintain the time concept so that you can experience an interaction that's occurring in another space concept. The difficulty comes that you find it difficult to believe that it's possible for you to maintain an existence in this particular space while experiencing a reality in another space. Therein lies the difficulty.

It's not so much as when you alter the time that you can believe that it's your imagination but that you can believe that you are simply having a recall of a memory. But when you attempt to sustain your belief in the time then the concept of altering the space becomes much more difficult.

But it's only because you believe. The irony of it is that each of you, by holding a belief system that it's within your capacity to do so can alter your reality, alter your consciousness, enter into either a meditative state or a hypnotic state, be it a self-hypnotic state or an induced hypnotic state, it doesn't matter. If you find it easier to alter your consciousness as the result of being in a suggestive type or an induced type of state, that's fine, it really doesn't matter, the technique that you apply. Once again, what is more important is your belief in the technique.

So, if you believe that altering your consciousness is a result of being in some type of a guided mediation or some type of an induced hypnotic state, it really doesn't matter. The key is to believe that you can, in your altered state of consciousness, maintain your existence in this particular state while experiencing realities in other states.

And there are many individuals who have mastered, if you wish, that ability. Or have mastered the ability to experience consciousness in another state, in another space, if you wish, while maintaining an existence in your timeframe without altering the time.

Once again, that becomes a difficult concept for many to grasp. But what we're suggesting is [that] it's possible for you as an individual to exist in one particular spot, if you wish, in your reality, and to experience a reality in another area of your universe, in

another area of your vibrational level. The difficulty comes, once again, in your belief in time and space as a result of the human consciousness belief systems.

And one of the keys to achieving that type of interaction, that ability to transform, if you wish, your consciousness to another area of your so-called Earth system, your universe, is to understand that it's an illusion. It's an illusion.

It's not, once again, an insignificant illusion but nonetheless it's an illusion. Space is an illusion. It only exists in your awake and consciousness state. There is no such thing as space. There's no such thing as your inability to experience any interaction anywhere in this particular vibrational level that you're existing in. The only limitation is your belief.

And so, it's possible for each of you to alter your consciousness and in that altered state of consciousness project your so-called consciousness, your spark of consciousness, that entity that you are, to any area of this vibrational level that you choose to experience.

Now. You do that in an altered state of consciousness, and once again, when we refer to altering the time and you attempt to have a recall of a memory and you do that and you can accept that as being something that's available to you and many of you do that quite regularly and you bring back the memory and many times when you look at the memory you believe that it's simply your imagination.

And so it is, when you alter your perception of what [space you're in] in you experience an occurrence in another area that it's possible for you to bring back into this particular area, if you wish, a memory of that interaction. And many times that memory may appear to you as being simply a projection of your imagination.

If one wishes to practice, if that's one's goal, to have that type of achievement and if one believes that it's possible and one applies whatever type of technique it is that you desire, then it's possible for you to begin to have those experiences and begin to, like any other type of reality that you're experiencing in your vibrational level, through your belief and practice, through your belief in that passage of time, to allow things to progress, to choose from your so-called experiences and from your memory and from your imagination those particular elements that are real. Those particular elements that are the actual experience that had occurred in another space, within the same time concept.

Each of you has the ability to be telepathic. Many of you experience this on a regular basis. You have this intuition and you believe that something's about to occur. And many times it does. And you'll look back and say, "Oh, I knew that was going to happen." It's available to each of you all of the time. It's not

something that just happens and occurs once in a while but it's there all the time. All of the time.

The key is to recognize that which is your so-called intuitive suggestion or your telepathic interaction with another entity and to separate that from what you refer to or believe is your imagination. That's the key. The fact comes into your mind, "Oh, the phone is about to ring, I wonder who that is?" And it rings. And if you pay attention, you'll know who is going to be on the other end of the phone, and before it rings. And if you pay attention to that you can even get suggestions as to what it is that they're phoning you about. That's all available to each of you. It happens on a continual basis. You choose to shut it off. You choose to not have that ability to interact with each other telepathically, and yet it's there. It's there all the time. The key is to, once again, put in place the practice of recognizing what it is that's an intuitive suggestion and what it is that you might think is just your imagination. And pretty soon the imagination begins to evaporate and intuitive suggestions become much more predominate and recognizable.

And once again, because [of] your belief in time and space, your belief in evolution, and your belief in practice makes perfect, which validates the passage of time. As you apply that belief, as you apply the practice you can each become intuitively in tune with those so-called telepathic suggestions and interactions that you are receiving and interacting with other entities on a regular basis.

And so it is, similarly, when you choose to alter your belief in time through your altered state of consciousness, and when you choose to as well maintain the belief in this particular time but to have an experience in a different space, it's a matter of paying attention to the experience, paying attention to what may at first seem to be simply your imagination and applying whatever principle and whatever technique it is that you choose to determine what's real and what's not real.

You see, the irony of it is that it's all an illusion. Time and space don't really exist other than in your awake and consciousness state. And it's possible for you in your altered states of consciousness to put aside those belief systems and to have the experiences, all the, not only your experiences in your past lives and in this particular life and in other lifetimes that you might refer to as your future life, which all exist in the now, but as well to experience other realities that are occurring in other areas of your Earth systems, in other spaces, if you wish, by removing the belief in space as well as the belief in time. You can have that.

It's one of the most difficult belief systems for you to set aside. It's one of the most reinforced human consciousness belief systems that validate this reality as being beyond your control. And when you as individuals practice your alteration of your

consciousness and enter into those meditative states or self-hypnotic states or whatever terminology it is that you wish to apply, you can have that experience. And when you have that experience and when it begins to be the experiences that you can validate in your so-called awake and consciousness state then you begin to grasp that concept that indeed it is an illusionary reality. You begin to get the grasp of the concept that indeed you are in control. Absolutely. It's your creation.

We continuously [used] several terminologies, such as "altered state of consciousness," "meditative state," or "hypnotic states." It doesn't matter what the terminology is. You see, many times when an individual is searching for some type of connection to that spark of consciousness that they are they have predetermined explanations, if you wish, of a certain type of terminology.

When an individual, for example, hears the [time] that you're meditating it may conjure up all types of images of individuals who sit for hours in some type of an altered state of consciousness, in a meditative state, and also for many individuals conjures up all types of religious belief systems. And that's not what we're referring to at all. Absolutely not.

And so it is, when we use the terminology of "a hypnotic state," many individuals believe that in a hypnotic state they're not in control. It's like you're giving up your control of your consciousness and you find that very difficult to do. You can't "give up" control of who you are. You can't do that. A hypnotic state is simply a suggestive state, to enter into a meditative state or an altered state of consciousness.

And we simply use that terminologies, and those different terms in order to give you some type of an explanation of what it is to alter your consciousness. You do it on a regular basis when you enter into your dream state. The difficulty of attempting to achieve these various experiences in the dream state is not that you don't experience them but rather, once again, in that state of consciousness, in the dream state, it's very difficult to bring back the memory. Because in that altered state of consciousness that you refer to as the dream state you are at a level of consciousness where the veil is, for lack of a better terminology, very thin. And so, you are nearer that point where you would enter into what we refer to as the between incarnational state. And at that level of consciousness it's very difficult for you to bring back the memory of the interactions and of the experiences and of the creative process that you're involved in, as you set in place your agreements and contracts, as you set in place the establishment of many of your beliefs that you're going to experience in your reality.

And so, when you alter your consciousness in a meditative state or in a self-hypnotic state or simply in an altered state of consciousness, if that's the terminology that carries with it the least innuendos of

what you may be experiencing then indeed at that level of consciousness you can retain much easier the memories of the interaction and bring it back into your awake and consciousness state so that you can have it, so that you can validate that it's real, so that you can validate that this reality you're experiencing in your awake and consciousness state is illusionary.

And when you begin to have that concept, when you begin to grasp that understanding in the awake and consciousness state then it's much easier for you to understand indeed that the reality that you're experiencing is a reflection of your beliefs, that it's your creation. You begin to understand that you are the god that you search for. And that you absolutely cannot fail to come to that understanding. Which is the basis of the information that we attempt to express to you. In a nutshell: you are the god that you search for, you create your reality, and you cannot fail. The rest is all up for grabs.

Many of the techniques that you [employ] are simply techniques that allow you to come to that understanding. And when you have that understanding then it becomes much more possible for you to have the other experiences.

Many find it difficult to set aside the conscious state. Many find it difficult to set that completely aside and to go withinside to experience the subconsciousness, if you wish. And yet, what you most desire is only available by going withinside. It's setting aside, that which you fear to do, to set aside the consciousness.

It involves a trust, not only in other individuals but more a trust in who you are. It involves a trust that you cannot lose the contact that you have with your spirituality. It's not something you have to find. It's something that you can't be separated from. It involves a trust in the absolute, that you can set aside the ego, and that the experiences that you'll have in that altered state of consciousness will be worth the effort of setting aside the ego, setting aside the consciousness, setting aside the belief systems, of allowing yourself to experience that which is inside.

And only when you begin to experience that which is inside can you have the answers that you truly desire to have. Once again, the information cannot be expressed in any other means other than you having the experience. To go withinside, to understand who you are, to understand indeed, once again, that you create the reality and that you cannot fail.

Now. We would like for a moment or two and if you have any questions we would be willing to return and attempt to answer them for you. In the meantime, we would remind you that we are not separated by time or space but rather by a vibrational level and should you choose to interact with us you have but to express the intent and we would welcome that opportunity to interact and to share with each of you. And in the

meantime, we would leave you for a moment, with love
and with peace. ✿