JOSHIAH

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Joshiah: Well, now. Well, it is indeed a pleasure to be invited back into your vibrational level. And we would like to express our greeting to each of you and as well, once again, express our gratitude for your once again offering us this opportunity to enter into your vibrational level and to interact and to share with each of you.

Now. Once again, before we begin on this afternoon we would like to remind you that there exists for each of you that opportunity to be involved in that silent communication, that telepathic interaction with other entities that would be with us on this afternoon, or indeed that portion that you like to refer to as your higher self, that spark of consciousness that you are that's responsible for the creation of this reality that you're experiencing.

And once again, as a result of the energy that you have created and the synergy within this group, it's quite easy for you to alter your consciousness and to enter into that meditative state in that altered state of consciousness. You have but to close your eyes and express the intent and many times, once again, that information that you receive is much more accurate than the information that we [have] attempted to express to you through this rather limited use of a vocabulary. And many times is much more pertinent to your individual needs and desires and questions than is the information that we attempt to, once again, give to you through this limited use of a vocabulary.

And so, we encourage you to be involved in that telepathic interaction, that altered state of consciousness, that meditative state, if you wish. But once again, as always, the choice is yours, absolutely.

Now. You, once again, exist in a vibrational level, in a reality that is a reality that reflects the beliefs that you hold. And as a consequence of reflecting beliefs that you hold, this reality that you experience in this vibrational level is indeed your creation. You create this reality. Absolutely. When you entered into this vibrational level, when you began to experience this socalled "in the flesh," if you wish, awake consciousness experience that you're involved in, you did so by choice. There is not some other entity or entities that decided that you should exist within this vibrational level or within this reality. Absolutely not. It was your choice to be involved in this vibrational level, in the reality that you experience in this awake and consciousness state. Your choice.

You see, once again, there are but three truisms, if you wish, that you do not have a choice in. Not only you, but all of the other entities in all of the other vibrational levels throughout all of creation. And one of them is that you create the reality that you experience.

The second is that you are all that is. You are that god that you search for, if you wish, to use that terminology. You are the spark of consciousness that's responsible for the creation of your reality. You are all that is.

And the third truism is that you cannot fail to come to an understanding of that concept of creation and who and what you truly are.

The rest is all illusionary and it is all within your capacity to alter and to change and to be whatever it is that you desire it to be. It's a reflection of the beliefs that you hold.

And so, you are here by choice. Your choice. You choose to enter into this vibrational level and you choose to remain within this vibrational level. You choose to enter into this vibrational level and to participate in forming and sustaining and perpetuating what we refer to as that veil, that electromagnetic type of energy that exists throughout your entire vibrational level that limits your capacity to understand who and what you truly are.

Not only in your awake and consciousness state but also in your altered states of consciousness, in your socalled meditative states or dream states or even your so-called between incarnational state. Regardless, as long as you exist within this vibrational level, to a certain extent you put in place and sustain that electromagnetic type of energy that limits your capacity to understand and get a true grasp of who and what you truly are, along with many of the other limitations that go hand in hand with that electromagnetic type of energy; the limitations for other individuals existing outside of your vibrational level to have an interference in your creation process; the limitations, as well, for you to exist within this vibrational level without agreeing to participate in what we refer to as the human consciousness belief systems.

You choose to enter into the vibrational level and to participate in the forming and maintaining of that

electromagnetic type of energy. You choose to participate in sustaining the so-called human consciousness belief systems, beliefs in time and space. For example, very difficult human consciousness belief systems for you to alter, because as a human consciousness you agree to participate and to sustain that particular type of a belief system. And so, to operate outside of that belief system can only be done with a great difficulty and it verges on what you might refer to as the impossible as long as you exist within this vibrational level.

You choose to participate. You make that choice. It's important to understand that you make the choice. You see, because of your beliefs in time and space, you believe indeed that it's a choice that you may have made in your so-called past. It's important to understand that you make that choice. Time and space are illusionary, they only exist in your awake and consciousness state. They're not real. Not insignificant, but not real either. They're illusionary, and so you make that choice. It means that you're existing within this vibrational level because of a choice that you make.

For all of the time that you remain within this vibrational level, and once again, it becomes very difficult through this use of a vocabulary to give you the explanations because those explanations must be based upon many of your belief systems such as time and space, and they don't really exist. And so the explanation becomes very difficult without using the reference to time when something like time doesn't exist.

And yet, in order for you to grasp the concept, understand that it's a choice that you make. Not a choice that you've made, not one that you [have] made in the past and somehow you don't have the influence over and so, if you wish to change it you have to change your decision and make a different one. But rather it's a choice that you make to exist within and to remain within this vibrational level. And as a result of that choice that you make you agree to participate in, as well, sustaining this electromagnetic type of energy that limits your capacity to understand who and what you truly are.

You make the choice to perpetuate the human consciousness belief systems and the societal belief systems and even your individual belief systems that allow you to experience the reality in your awake and consciousness state, so that you can experience, once again, that immense range of emotions and feelings that's not possible when you exist outside of your vibrational level. The uniqueness of your vibrational level is that ability to experience that intense range of emotions and feelings as a result of the choices that you make. That you make perpetually.

And so, you can make the choice to leave this vibrational level, absolutely. You simply choose to not be here. You don't make the choice to be here.

To make the choice means that you must have free will to make the choice. Which you absolutely do. Once again, there are but the three elements that you cannot change, and that is that you create your reality, you are indeed the god that you search for, and you cannot fail. The rest of it's all up for grabs. The rest of it is the result of your choices. Absolutely.

You create this reality through your choices and decisions that reflect the beliefs that you hold. Absolutely. You make this reality by understanding what your beliefs are, and as a result of understanding what your beliefs are, indeed, you can consciously alter the reality if you so desire.

If you believe that you're not in control you make the choice and you create the reality to validate the belief system. It's a choice. If you wish to believe that there are other entities existing either within your vibrational level or outside of your vibrational level that are influencing your reality and creating your reality for you, then you can make that choice. And you can have that reality. You can have whatever it is that you desire. And it's never right or wrong. Right or wrong is an awake and human consciousness concept, does not exist within that spark of consciousness that you are, from which you create your vibrational level in your reality. Absolutely not.

Right or wrong, indeed, is a human consciousness concept. The spark of consciousness that you are creates the reality that you experience joyously as the reflection of your beliefs and it does so without judgment as to whether or not that's an experience that you should or should not have in your awake and consciousness state or that that's a right or wrong experience, that you shouldn't be doing this or you should be doing that. Absolutely not. That's an awake human consciousness concept, not that spark of consciousness that you are, from that level of consciousness from which you create your reality. There is no judgment there as to what's right or wrong.

So, if you choose to believe that you're not in control, if you choose to believe that other entities are influencing your reality and having a drastic effect upon what it is that you're experiencing in your day-to-day activities with other individuals, or indeed if you choose to believe that there's some entity living outside of your vibrational level that has the capacity to create your reality for you, not only has but does, then you can have that. It's not right or wrong, and the spark of consciousness that you are creates the reality to validate the belief that you hold and it's as a result of your choice to have that belief.

And that choice, indeed, may be a choice that you make consciously, not necessarily just a choice that's come because of certain actions or reactions and interactions that you've had with other individuals, absolutely not. You simply may make that choice. "I don't want to be in control. I don't want to take the responsibility for this reality." And that's OK, and you can have that. Your awake and consciousness state, you have that illusionary reality created for you where you believe that you're not in control. And indeed the reality will reflect and validate the belief.

You create the reality to validate the belief. And if you choose to believe that you're not in control, then you will have realities to validate the belief. If you choose to believe that your interactions with other individuals are what's creating this reality and influencing your reality more so than what your own individual [thoughts] are, then you can have that as well.

The reality you will experience will validate the belief that you hold. And you create the reality. You as individuals, you as a human consciousness create this vibrational level and this reality, not just in certain interactions [of it] but each and every atom that exists throughout your entire universe. You and the individuals that exist within your vibrational level are responsible for the entire creation. You are all that is.

You create your reality. And the reality that you experience indeed is a reflection of the beliefs that you hold, and you make the choices through free will. You see, how can one have a choice in some areas and not have choices in others? It's a contradicting philosophy to believe that, "Well, I can choose to do certain elements of my creation process, but there are others that are beyond my control. I can't make the choices to have those particular elements of my reality change or altered simply because of what I feel or think or believe, or choices that I make."

So, if you choose to believe that then you have it. And once again, when you entered into this vibrational level you chose to participate in the validation and perpetuation of the human consciousness belief system that put many of your so-called experiences beyond your control. You believe that you must consume certain elements in order to exist, in order for your physical existence to remain within this particular incarnational period. And it's difficult for you to step outside of that belief system because you agreed to participate and to validate it. You agreed that it's necessary for you to have oxygen within your system in order for the physical being to exist. You agree to participate in that creation process. It's a belief system, and a human consciousness belief system, that the entire element, if you wish, of entities existing within this vibrational level agree to participate in, to validate, to make it real. A consensus that that belief is one that's an absolute, it's difficult for you to step outside of.

You [agreed,] you make that choice to validate, to be involved in, and to exist within this vibrational level. You made the choice and continue to make the choice. It's not some other entity that decided, "Well, that's what you're going to experience. We're going to create this reality and we're gonna subject entities to existing within this reality. And we'll give them free choice in various areas but not choice in other areas." It doesn't make any sense. It's your choice. Not some other entity's.

Now. It's not important that you believe that particular statement. It doesn't really matter. You see, to not believe is a choice and you can make that choice as well. You have free will, you can make whatever choice it is that you desire to make. If you desire to believe that you're the one that's not in control, if you desire to believe that there's some other entities that are influencing and creating your reality, you can make that choice. This is not a right or wrong concept. You don't have to believe that it's this way or this way. It doesn't really matter.

You can't fail. You can't fail to come to the conclusion that you are indeed the god that you search for. You can't fail. It's a given. This is not some trek that you're on where if you don't perform the right steps you're going to get lost. Absolutely not. You cannot fail.

You cannot be separated from your spirituality. It's who and what you truly are. You can't lose it. It's what you are. You can't lose yourself.

And so, if you choose to believe that you're not in control, it's not a right or wrong belief system. You can have that if you wish, absolutely. Go for it. Can be very exciting. Many times you allow others to influence your reality. If that's what you wish to do, you can make that choice. You see, to say that you can't make that choice is to take away, then, your right to make any of the choices. And you can't do that; it's your choice. And it's not a right or wrong concept. The right or wrong only exists in your human conscious and awake state, does not exist in that level of consciousness from which you create your reality.

So, if you choose to believe you're not in control, that's fine. There's nothing wrong with that. But understand, the key element of that statement, "you choose." It's your choice. There's not some other entity saying that this is how it must be. Not some other entity that's subjecting you to certain rules and regulations, other than you choose to allow that to occur. You choose to believe that that's how your system works, how your reality is created. You choose to believe. And as a result of the choice that you make the reality you experience will indeed validate the belief system. It's really that simple. The reality that you experience in your awake and consciousness state is a reflection of the beliefs you hold, without exception.

And if you choose to believe you're not in control, that's a choice. And that's a choice. With that choice comes realties that validate the belief.

Now. There are many individuals existing within your vibrational level, in your awake and consciousness state, that hold that belief and they do very well. As far as they're concerned they're living a very joyful life. Nothing wrong with that. They get what it is that they

desire because they believe that if they hold certain particular belief systems in terms of how it is that they bring into their reality that which they desire and that there are other entities that will create that reality to validate their beliefs in their certain methods and techniques, it can be fine. There's nothing wrong with that. Absolutely not.

But we have said since we began to interact with you many, many years ago that indeed you're entering into a new age and a new energy. And in this new age and new energy you as a human consciousness- not some other entities, not some entities existing outside of your vibrational level-indeed, individuals within your vibrational level, the entities existing within your vibrational level have made a choice. A choice to alter the energy that makes up this vibrational level that you exist in, and as a result of the subtle changes in this energy that you use to comprise your vibrational level and as the result of subtle changes in your so-called veil, in this electromagnetic type of energy that you use to permeate throughout your vibrational level that limits your capacity to understand who and what you truly are, as a result of changes in those types of energy, you as individuals existing within this vibrational level have put in place the possibility for you to have a conscious influence upon the reality that you experience. In a manner that has been very difficult, not impossible, but near impossible for you to experience in your so-called past, in your so-called history.

You choose, and have made that choice to alter that electromagnetic type of energy. Not some other entity existing outside of your vibrational level who feels that you've somehow evolved and come to a level of creation where it's possible for you to have this experience and if you can somehow handle it or whatever other type of logic you would like to use to explain the alteration, absolutely not. It's because of a choice, of the individuals existing within your vibrational level to alter that energy that will allow you, once the transformation is complete—and indeed for many individuals it's occurring at this very instant in your socalled time and space—to create your reality consciously and to have a conscious influence upon the reality to your experience.

To consciously get a grasp of what the beliefs are that you hold so that you can alter them. Beliefs that you put in place, many times, in your so-called altered states of consciousness, in your so-called between incarnational states or in your dream states. It doesn't matter what level of consciousness you put it in place. You, as you alter this energy and enter into that new age you have the capacity to consciously grasp the understanding of what the belief is and [just] alter the belief. And as a result of the alteration of the belief, alter the energy and consequently consciously influence and create your reality. That's what we refer to in the new age and new energy. And in order to accomplish that, in order to be able to consciously influence the reality you must first of all accept that it's within your capacity in the first place to make those changes. That it's your reality, that it's your creation. That you are the one responsible for all that you experience.

We're not just talking now about interactions with other individuals. You as a human consciousness are responsible for each and every atom that exists throughout your entire universe. Not only responsible for it but as difficult as it may be for you to grasp in your awake and consciousness state a spark of consciousness that you are exists throughout each and every atom of the entire universe.

And you ask, "How can that be?" Because it's illusionary! Not insignificant, absolutely not, but illusionary nonetheless. And as result of it being illusionary, if you can grasp that concept and if you can grasp the understanding, indeed, the whole of your reality is a reflection of your beliefs that are a result of your choices and decisions. And as you enter into this so-called new age and new energy it's becoming more and more possible for you to consciously influence those realities and belief systems and to alter them and to make whatever it is that you desire come into a reality so that you can experience it in your awake and consciousness state.

Choices. It's your choice. You don't have to make the choice, absolutely not. There's not going to be some drastic alteration in your reality if [you make] the choice to ignore the possibilities that are becoming presented to you as a result of choices that you have already made at some level of consciousness. If you choose to consciously believe you're not in control, it's not a right or wrong concept. There's not something that you're going to be a failure at if you don't choose to consciously believe that it's within your capacity to alter your reality.

Right or wrong, once again, is a human awake consciousness concept. The spark of consciousness that you are will create the reality that you desire and it does so joyously from a position of absolute unconditional love. We're simply suggesting that you as a human consciousness have put in place alterations in your energy that is going to make it possible—and indeed, once again, for many individuals it's already possible—for you to consciously get a grasp of what your beliefs are that are responsible for the reality that you are experiencing. And if you don't like your reality, you can change it.

Change the belief, you will change the reality. Absolutely guaranteed. The reality you experience is a reflection of the beliefs you hold. Without exception.

You are in control. Absolutely, one hundred percent. If you choose to believe you're not in control—if you

choose to believe that you're not in control—then you will create the reality to validate the belief. You will create the reality, not some other entity. You will create the reality that makes it very difficult for you to consciously get a grasp of your belief systems and an understanding of this creation process.

And again, it's not right or wrong. It's what you choose. Which reality do you choose to be involved in? Which method of creation is the most appealing to you? It's very comfortable to believe that you're not in control. It's very easy to put it out there and say, "Well, I don't believe any of that control business. I understand that I exist in this vibrational level at the whim of some other entity and I'm at the influence of whatever it is that they choose for me to experience." That's very comforting. You don't have to be responsible. You don't have to look at your reality and wonder what it is that you believe that's causing this reality to occur that's very difficult for you to get a grasp of or to indeed say that you desire, in even the least amount.

It's very comforting for you to say, "Well, that's not my fault." It can be very difficult to accept the responsibility for the reality that you are experiencing consciously at some level. Once again, the spark of consciousness that you are creates the reality that you experience and it does so joyously from a position of absolute unconditional love. It validates your beliefs. It's your choice. Always your choice, not some other entity. And it's not a right or wrong unless you believe that it's right or wrong.

No other entity will judge you and suggest, "Well, you can't do that." Or that will have you condemned to certain elements of existence, absolutely not. Your choice. And it's not right or wrong. Choose whatever it is that you desire. Choose whatever it is that you believe will give to you the type of experience that you desire to have in your awake and consciousness state. Your choice.

You can have, and not only can but do have whatever it is that you desire. Your reality is a reflection of your beliefs. You create your own reality. You are the god that you search for. And you cannot fail to come to that understanding. All the rest is illusionary. All the rest is a reflection of the beliefs that you hold. All the rest is up for grabs. All the rest is within your influence to alter or to change as a result and a reflection of choices that you can make. Of decisions that you can make that influence your belief systems. And therefore have an impact upon your reality. Your choice. Absolutely.

Now. We would break for a moment or two and if you have any questions we would be willing to return and attempt to answer them for you. In the meantime, we would remind you that we are not separated by time or space but rather by a vibrational level, and should you choose to interact with us you have but to express the intent and we would welcome that opportunity to interact and to share with each of you. And in the meantime, we would bid each of you farewell, with love and with peace. \$