

JOSHIAH

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October 3, 2010

Joshiah: Well, now. Well, it is indeed a pleasure to be invited back into your vibrational level and we would like to express our greetings to each of you and as well gratitude for your once again offering us this opportunity to interact and to share with each of you in your vibrational level.

And once again, before we begin on this afternoon we would suggest that there continues to exist for each of you the opportunity to be involved in what we refer to as a silent communication, that telepathic interaction and exchange of information with other entities that would be with us on this afternoon, or indeed with that portion that you might refer to as your higher self or that spark of consciousness that you are that [is] responsible for this reality that you're experiencing in this vibrational level.

And once again, you will find as a result of the energy that you have created in this sacred space that it's quite easy for you to alter your consciousness and to enter into what you might refer to as a meditative state. You have but to close your eyes and express the intent and you can achieve that alteration of consciousness and that possibility to be involved in that telepathic interaction and exchange of information which, once again, many times is much more complete and much more pertinent to your individual needs and desires than is the information that we attempt to express through this rather limited use of a vocabulary.

For you see, the information that you seek is within each of you. It's not something that you're going to discover written in a book or that you're going to discover by listening to someone attempting to give you explanations of this reality and of who and what you truly are. Who and what you truly are defies explanation. It defies giving some type of a plausible explanation through the use of a vocabulary, but rather it's something that you can experience. It's like an emotion and a feeling. You have the capacity to go within and to have that experience, to contact, to become one, if you wish, in a sense that you can retain as a memory of the interaction. The understanding and the experience of connecting consciously with that portion of your subconscious that's responsible for the creation of this reality that you're experiencing.

That opportunity exists for each of you. But once again, it's an experience that you can be involved in but not one that you can have explained. It's an emotion and a feeling that's within your grasp to experience and that opportunity is yours, absolutely. You have but to go within. But as always, once again, that choice is yours, absolutely.

Now. This vibrational level, in this reality that you're experiencing in your awake and consciousness state is, as we have suggested many, many times, simply a reflection and a validation of the beliefs that you hold within various levels of your consciousness. Beliefs that are, once again, a combination of the so-called human consciousness belief systems and the societal belief systems and your own individual belief systems, all interacting with each other to produce this reality that appears to be so real and so beyond your capacity to control.

A validation of your belief systems, without exception. Without exception. This reality that you experience in your awake and consciousness state is, once again, without exception your creation. A validation of your belief system, not some other entities' existing outside of your vibrational level but a combination of, once again, of your so-called human consciousness belief systems and the societal belief systems and the individual belief systems, all combining and interacting to create and be responsible for the creation of this reality that you are experiencing.

This reality that you're experiencing in this awake and consciousness state is, once again, illusionary. It's the most illusionary reality that you shall experience throughout all of the levels of consciousness that are available to you. However, once again, because of the veil, because of that electromagnetic type of energy that you choose to put into place and to sustain you limit your capacity to have that understanding in your awake and consciousness state of the creation process that you utilize as you exist within this vibrational level and create the reality that you experience.

And once again, many can understand and accept the responsibility for the creation of various aspects of this reality, but when we suggest to you that you create it all, that you create each and every atom of your entire universe, then it becomes a little bit more difficult for you to grasp and to accept the responsibility for that reality creation process. And yet, it is there, yet that's

the simple explanation of the process that's utilized in creating your reality, a validation of your beliefs and belief systems.

It becomes very difficult to give you some type of an explanation of what you may experience in your so-called future, because you see, as you alter and change your belief systems you also ultimately alter and change your reality. And so, it becomes very difficult in fact and nearly impossible to give any type of an accurate explanation and description of what you may expect to experience in your so-called future.

You see, in your awake and consciousness state you believe in a passage of time, you believe in evolution, you believe in time and space, two of the so-called human consciousness belief systems that are very difficult to step outside of and upon which many of your realities and the experiences that you have in your awake and consciousness state are based upon. The passage of time and space.

For without them then your progression, your so-called past and present and future do not exist. And indeed, in your altered states of consciousness they do not exist, they simply exist in your awake and consciousness state. And yet, they validate, in your awake and consciousness state that this reality seems to be real. It gives it some type of a measurement, if you wish, to the progression into the so-called evolution of your reality that makes it more real, that makes it appear more beyond your capacity to control.

And yet, ironically, that very belief in time and space is simply a validation of a belief that the human consciousness chooses to put in place and to sustain. It doesn't really exist.

In other levels of consciousness you grasp that understanding, that time and space are illusionary, they don't really exist. And yet, to attempt to give you some type of an explanation upon the creation process that you utilize through your various levels of consciousness [and an] explanation that you can have some type of a comparison to it becomes almost necessary to put it in the context of your time and space concept. That you, in other levels of consciousness, put in place belief systems, make choices, that have an impact upon your so-called awake and consciousness state, based upon, in this awake and conscious state, this belief in time and space.

Many of the beliefs that you choose are put in place in what we refer to as the between incarnational state. You see, in your awake and consciousness state you believe, once again, in the passage of time and space and you have difficulty accepting that you exist in the other levels of consciousness simultaneously, that you are in that between incarnational state at the same time that you are existing not only in this incarnational state but in a multitude of other incarnational states, in the

same time and the same space. You simply choose with this portion of your awake and consciousness state to concentrate on and to exist within this particular incarnational period.

And so, when we give you examples of your choice of beliefs we suggest that you put them in place in your between incarnational state that's based upon your concept of time and space so that you can get a grasp of the understanding that there are other levels of consciousness that are affecting your so-called awake and consciousness state. And it becomes easier for you to grasp that concept that you believe that you have died, that you have been in a different incarnational state. And then you, in an inbetween incarnational state, make choices and decisions on various aspects of realities that you'd like to experience. And you bring those belief systems into the next incarnational state so that you can experience it. And you go through that incarnational state and you have all of these possibilities that you put in place through the choices that you made in your between incarnational state level of consciousness. And then you go through this incarnational state and you die and you go back into the between incarnational state and you do it all over again.

It makes more sense to you if you can put it into that linear timeframe so that you can see that there's a beginning and an end, and a beginning and an end to these various lifetimes, when really there isn't. Time and space, once again, are illusions, and they don't really exist.

However, to give you that capacity to grasp the understanding we'll speak about your belief systems and choice of belief systems based upon this concept of time and space and that you actually live and die and live and die. The illusion of time.

And so, when you're in this inbetween incarnational state you as entities who are as close to understanding who you are as you can possibly be while still existing within this vibrational level begin to make choices of various aspects of realities that you might wish to experience in your so-called next incarnational period, in your next lifetime, if you wish. And you make the choices for the various belief systems and beliefs that you will bring into an incarnational period.

And you, as you make those choices, interact with other entities that are in various levels, in various different time frames, based upon your belief in time and space, of particular incarnational periods, those that you may interact with as siblings, or those that you may be involved with as other family members, or indeed those that you may have other relationships with throughout a particular incarnational period. And you interact and you make the choices. And you put in place the belief systems and you agree to accept and to participate in various aspects of reality creation in order to allow, not only yourself to experience the

reality but also those that you choose to become involved with, to interact with, to have that opportunity to experience the reality.

And so, you put in place the belief systems. Many of those belief systems you bring into your so-called physical reality, particularly in your so-called recent history, in what you like to refer to as your DNA. And your scientists are beginning to hold the belief that the DNA can unlock the mysteries of your potential illnesses and potential physical attributes that you may experience throughout an incarnational period. But they have yet to discover is that at various levels, of various stages of your growth, if you wish, throughout a particular incarnational period, the possibility to activate various aspects of that DNA are greatly enhanced.

And they're not necessarily always a positive or a negative aspect of [a] DNA. In other words, it doesn't necessarily mean that at a certain level you're going to activate a part of that DNA that's going to allow you to experience a certain illness that can be related and traced back to some aspect that can be identified in your DNA. But it can be exactly the opposite, the possibility to trace back to your DNA that there are certain illnesses that you may have experienced through some aspect of your particular incarnational period that are and have the probability to be terminated throughout various aspects of your particular incarnational period. Choices and belief systems that you put in place from other levels of your consciousness.

And once again, in order to give you some type of an explanation that you can grasp we suggest that that's done at a level that you would refer to as the between incarnational state. A state which you exist in simultaneously but just very difficult for you to grasp that concept.

And so, you carry within your so-called physical makeup, within your DNA, various possibilities that you choose to put in place from that level of your consciousness that you, once again, refer to as the between incarnational state. And those possibilities can be traced to seemingly insignificant aspects of your physical existence but which can become very significant based upon the energy that surrounds the DNA. And the energy that surrounds the DNA is affected by your beliefs, by your attitudes. Is affected by your thoughts and your feelings and your choices and your decisions. Is affected by the beliefs that you choose to alter from a conscious state.

And particularly as you enter into the new age and new energy that capacity to consciously influence the beliefs that you hold, and as a result of altering the beliefs that you hold to alter the energy that surrounds the DNA and as a result of the alteration of that energy to take portions of the DNA and turn them from possibilities into probabilities so that you can experience it.

And once again, it's not necessarily always negative. Nor is it necessarily always positive. But what is important for you to remember is that from the spark of consciousness level from which you create your reality there is no judgment whether it's right or wrong, whether it's good or bad, whether it's positive or negative. The spark of consciousness that you are creates the reality to validate the belief you hold and it does so without judging as to whether it's right or wrong.

So, if you hold the belief and if you utilize various thoughts and feelings and you make the choices and you have the desires to have the experience then the spark of consciousness that you are validates the belief system, gives to you that which you desire without judging whether it's right or wrong. And you begin to, once again, alter the energy that surrounds the DNA and as a result of the alteration of that energy you activate or deactivate various aspects of the DNA and you bring it into your reality and you have it. You create it all. You can have that experience.

What it's important for you to grasp is the understanding that you create the experience. That the DNA that exists within each and every cell of your entire being is a DNA that is a validation of your choices and your decisions and your belief systems, not someone else's.

[Ah,] there are those who would say, "Well, I've inherited that from my parents." Well, you can, in order to get some type of validation to your reality, utilize that as an excuse but what we're suggesting is that that's all it is, is an excuse. Because you choose to be involved with those particular entities. You choose to inherit, if you wish, those particular attributes and traits that can show up in your so-called physical being and allow you to have various experiences.

The irony of it is that there are a multitude of combinations that are available and yet you end up with various aspects of your so-called inherited DNA and genetic material. Because it validates the beliefs that you hold. As difficult as that may seem to grasp, the reality you experience is a reflection of the belief you hold, without exception.

And so, you have this DNA that is a combination in your so-called genetic makeup that your scientists would attribute to being the genetic inheritance. We would suggest that should you continue on your so-called present belief systems—and that's the irony and difficulty of trying to give you some type of an explanation of your future, because if you change your beliefs you change your reality, your future is an illusion. As is your present and your past, it alters continuously.

However, based upon the beliefs that you hold, should you continue to hold those and should you continue to exist in this so-called awake and consciousness state

through this evolution of time and space your scientists will soon discover that it's possible, it's possible not only to activate or deactivate various aspects of the DNA through various choices and decisions, through holding certain beliefs and thereby altering the energy that surrounds the DNA, but it's also possible through that same technique of holding various beliefs of indeed making choices and decisions that influence your belief systems to not only activate or deactivate various aspects of the DNA but to literally change the DNA. To change that which your scientists would suggest is an inherited attribute.

There are throughout your so-called universe at this time entities who are coming into your incarnational period, that your new-agers like to refer to as the Indigo Children. Some of those children are changing their DNA to a point where it's not recognizable were it to be compared to the DNA that they brought into this particular incarnational period. A complete alteration of the DNA, to altering the energy that surrounds the DNA. That exists within the capacity of each of you.

You have but to believe. You see, that's the difficulty. You have but to believe. And it's not just an individual belief system, one again, it's a human consciousness belief system and a societal belief system and the individual belief system all combined.

Many of these so-called Indigo Children are, for lack of a better terminology, at a point in their so-called evolution in this particular incarnational period not fully accepting that they have to participate within the limitations of the belief systems that are put in place by the human consciousness belief system and by the societal belief system.

And as a result of being quite effective at altering the DNA and coming into this particular incarnational period inheriting, to utilize the scientific terminology, inheriting from their so-called parents certain genetic attributes that are putting them in a position where they are experiencing some rather dreadful diseases. And they are altering the DNA. And as a result of the alteration of that DNA are altering their experience with that disease and it's disappearing.

Each of you has that capacity. The reality you experience is a reflection of the belief you hold. We've suggested many, many times that there are but three things that you cannot alter in this reality or in any other reality. You create the reality, without exception. And we're not talking just about, once again, these day-to-day interactions that you have with other entities, but your entire universe and all that is within it. You are a part of it all. You are a Piece of the One. You are all that is. You create your reality, absolutely and completely.

You are the god you search for. There's not another entity sitting out there that's directing and controlling your reality. You are that god. You in conjunction with

and interacting with on a consensus basis with every other entity on your vibrational level are responsible for the creation of this vibrational level. You are the god you search for. And you cannot fail to come to that understanding.

You cannot fail. This is not a test that you're put to. You're not put here so that you might have to go through some type of experience or some type of growth. There's no lessons for you to learn, unless of course you choose to believe that there are, then you can have that. But it's your choice. It's a validation of your belief system. It's your reality. You cannot fail to come to that understanding.

You cannot fail. This is a no-brainer. This is not something that you must accomplish certain aspects or alter certain belief systems or do certain things in order to come to an understanding. You cannot fail, to come to the understanding of who and what you truly are.

The spirituality that you search for is who and what you are. You can't be separated from it. You can't lose it. Accept it.

When you can accept the responsibility for the creation of your reality, when you can grasp the understanding that the reality that you experience is a reflection of the beliefs you hold, when you can understand that in order to alter your reality you alter your belief systems and the alteration will be imminent. When you begin to accept that responsibility that you are the creator of your entire universe and when begin to grasp the concept that it's illusionary—we're not suggesting by illusionary that it's insignificant but rather it's illusionary; it's the most illusionary reality that you will experience through all of the levels of your consciousness—when you can grasp that understanding then you can get a grasp of the understanding that anything existing within your so-called reality that you wish to experience is within your capacity. The only limitation to your creation process is your imagination.

And when you accept that, then the concept that it's within your capacity to alter your beliefs and as a result of altering your beliefs you can alter your DNA. That's a simple alteration. That's a simple step.

It's your reality. You create it all. All the answers that you search for are withinside each of you. You are all that is. There is not some magical experience out there that you can reach by doing certain things. The answer that you search for is withinside of each of you. You have but to believe and you have but to go withinside and to experience.

This reality is a reflection of your beliefs. The spark of consciousness that you are, that spirituality that you search for that is withinside each of you, creates this reality to validate the beliefs that you hold and it does so from a position of absolute and unconditional love. You create this reality without judging whether it's right or wrong. The right or wrong judgment concept comes

in your awake and consciousness state. Whether it's good or bad for you is something you judge in your awake and consciousness state. The spark of consciousness that you are gives it to you without judgment as to whether it's right or wrong. It validates the beliefs you hold and it does so joyously. You as entities have the capacity to do it consciously. You have but to believe.

It's important to understand what it is that you desire. And be very specific about what it is that you desire. It's important that you utilize your imagination to bring into your reality that which you desire. What would that be like to have it, not only for five minutes or ten minutes but what would it be like in your so-called future to be existing within that creation of that which you desire. To have it; it's yours.

And then to believe that you have the ability to create it. The expectation that it will come into your existence. And it's the expectation that many have the difficulty with. For you see, the expectation is based upon the beliefs that you hold. And if you don't believe you're responsible then you'll have difficulty creating that which you desire, consciously.

You will absolutely create that which you desire. And that is a validation that it's not possible for you to consciously influence your reality. Once again, the spark of consciousness that you are does not judge whether that's right or wrong, it simply gives it to you. If you choose to believe that you don't have the capacity, it's not within your capacity or ability to influence your reality or that you can't alter your belief systems from a conscious state then the spark of consciousness that you are validates that belief system and you have it.

The irony of it is that you create your reality to validate the beliefs that you hold and it doesn't matter which reality you desire to experience. One reality is no more difficult for you to create than the other. It takes the same amount of energy. It's a validation of the beliefs you hold. And if your belief is that you're not worthy, then you will have difficulty creating the reality. If you hold a belief that there are other entities that are influencing and creating for you then indeed you will create realities to validate that belief. It's an illusion. You can have whatever it is, not only can but do have whatever it is that you desire. That's the irony, you do it whether you choose to believe and choose to do it consciously or not, does not really matter.

The reality that you experience is a validation of the beliefs you hold, without exception. Should you choose to do it consciously you have but to believe that it's within your capacity to do so. You have but to accept the responsibility for the reality. You have but to believe that you are worthy of creating the reality that you desire.

You have but to make the choices and decisions that will influence your thoughts and feelings that will indeed

influence your belief systems to allow you to accept the responsibility and to feel the worthiness, the self love, the liking who you are, so that you can have it. So that you can have it all.

Once again, the irony of it is that you do it whether you accept it or not. The reality you experience is a reflection of the belief you hold. The spark of consciousness that you are gives to you that which you desire without judging whether it's right or wrong. And it validates your beliefs. And if you don't like your reality change your belief. If you like your reality validate and strengthen the belief. It's really that simple. It really is that simple.

You are the creator of your reality. You are the god you search for. And you cannot fail to come to that understanding. The rest of this reality that you experience in your awake and consciousness state is an illusionary validation of the beliefs you hold and if you don't like it, change the belief. And if you change the belief you will change the reality, without exception. Your choice. Your reality. Your creation.

Now. We would break for a moment or two and if you have any questions we would be willing to return and attempt to answer them for you. And in the meantime, we would remind you that we are not separated by time or space but rather by a vibrational level and should you choose to interact with us you have but to express the intent and we would welcome that opportunity to interact and to share with each of you. And for now we would bid you farewell for a moment or two, with love and with peace. ✨