## JOSHIAH

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**Joshiah:** Well, now. Well, it is indeed a pleasure to be invited back into your vibrational level and we would like to express our greetings to each of you and as well our gratitude for your once again offering us this opportunity to interact and to share with each of you in your reality.

And now, once again, before we begin, we would suggest that there exists for you that opportunity to be involved in what we refer to as a silent communication or a telepathic interaction and exchange of information with other entities that would be with us on this afternoon or indeed that portion that you like to refer to as your higher self or that spark of consciousness that you are. And in that silent communication or telepathic interaction and exchange of information many times the information you receive is much more pertinent to your individual needs and requests than is this information that we attempt to express through this rather limited use of a vocabulary. And as always, while we encourage you to participate and while we would suggest that you will find it's quite easy to alter your consciousness as a result of the energy that you have created, nonetheless, that choice is yours, absolutely.

Now. In your reality, in your conscious state, you have and are in the process of completing the transformation of the energy that comprises this vibrational level that you exist in. You as a group of entities existing, [this] human conscious level of entities existing in this vibrational level in the year of nineteen and eighty seven made the choice to begin the alteration of the energy that comprises your vibrational level and to have that alteration completed in the year of 2012. And you're becoming very close to completing that transformation. A transformation which we have suggested many times you could have done instantly but that you choose to have a passage of time through an evolutionary type of process to lend validation. to make it more real, in your awake and consciousness state.

And you're nearing the completion of that transformation. And for many it's a rather exciting period. And for others it may have no significance at all. For once again, to be involved in some type of conscious creation is a personal choice. Each of the realities that you experience, each of your individual interactions and exchanges of information in your dayto-day activities and your experiences of your reality are simply a validation of your beliefs and belief systems.

And so, to believe that it's possible for you to consciously influence your reality, to believe that indeed you can at the conscious level have a direct influence upon this beliefs and belief systems that are influencing your reality is a personal choice and not one which each of you will make. And there's not a right or wrong concept, that's a personal choice.

You see, you exist in this vibrational level through personal choice and each of the realities that you experience is through personal choice and a validation of beliefs and belief systems. And so, to believe and to hold a belief that it's possible for you to consciously influence your reality and to hold a belief at the conscious level that you have altered this reality and altered the energy that comprises this reality for the purposes of having that ability to consciously influence your reality is a personal choice. You have as a human consciousness agreed that it will be possible for you to consciously influence your reality and as a result of that human conscious agreement you have indeed altered the very makeup of the energy that comprises this vibrational level.

For you see, you at your subconscious level hold beliefs and belief systems that influence this reality and you alter them and you influence them through other belief systems that seemingly go beyond the influence of your conscious state of mind. In your so-called past you existed, if you wish, in a reality, in a creation process, where you put in place for the majority of the realities that you experienced in a particular lifetime belief systems and choices that were made in your socalled between incarnational state, at that level of consciousness that you experience when you are, for lack of better terminology, no longer experiencing an incarnational period in your awake and conscious state, based one again on your belief and the concept of time and space.

You see, it becomes very hard to give you an explanation because the explanation, if it's not contained within that concept of time and space, becomes very difficult for you to grasp. Becomes very difficult for you to grasp in your conscious state, that time and space are illusionary, they don't really exist. You simply create them in order to validate a belief system that this reality you're experiencing in your awake and consciousness state is real. That it's not an illusion. Not only is it real, but it's seemingly beyond your control.

And so, many of the beliefs that you hold and belief systems that you participate in validating are put in place in that altered state of consciousness. And in your so-called past, in your history if you wish, many of the incarnational periods that you [experienced] were incarnational periods where the choices for beliefs and belief systems were made at the level of consciousness that you experience in your so-called between incarnational state.

And so, when you came into an incarnational period, you experienced a reality that was a validation of belief systems that seemingly were beyond your capacity to control consciously. Seemingly. Because you chose to believe that it was impossible to consciously influence your reality.

In that state, it was quite easy for some individuals who held a belief that it was within their capacity to influence their reality to predict what was going to occur throughout a particular incarnational period. Because you see, once again, those choices were made in your so-called between incarnational state, put in place for the various important circumstances that were to occur throughout a particular lifetime, and so you could predict it. You could prophesize what was going to occur. Not only throughout a particular incarnational period but indeed throughout what you refer to as passages of your centuries of time it was possible to predict and to prophesize various events, particularly what you would refer to as important events that occur. Events that can have an effect upon the entire human consciousness.

And so, you had these individuals, entities who accomplished that seemingly impossible feat of being able to predict your future. They were simply understanding that the reality you're experiencing is a validation of the beliefs that you hold and understanding as well that those certain beliefs that were put in place by a society or indeed by your entire human consciousness had a very strong possibility of being carried out, of being validated in a reality experience in your awake and consciousness state. A possibility. A very strong possibility, but not necessarily absolute.

And so, in this so-called past, in your history, once again, it was difficult because you choose to make it difficult, to consciously influence your reality from the conscious state in a particular incarnational period. We have suggested many times that you as entities in this vibrational level had agreed at some level that you would come to a termination. And yet, that termination has not occurred. In fact, when it became time to put in place, if you wish, the belief systems to validate that there would be some type of a termination you altered it. Rather than a termination there was this human consciousness concession that perhaps we would simply alter the energy that comprises your vibrational level. And as a result of that alteration not only do you intend to perpetuate your existence in this vibrational level but perpetuate it in a manner that has not been as readily available in your past as it shall be in your socalled future.

And so, you agreed to alter the energy. And as the result of the alteration of that energy, however subtle it may appear, to have the capacity to consciously influence your reality, in a manner that has been available before but very difficult in your so-called past, in your history, to accomplish although there were entities, absolutely, who became very proficient at altering their reality consciously.

So, it's not that it wasn't available, but very difficult. Difficult because you as a human consciousness and as entities chose to make it difficult. It's important to understand that the reality that you are experiencing is simply a validation of the belief systems and beliefs that you hold, that you choose to put in place. You're not forced to hold a belief, you're not forced to experience that reality. You make the choice. And so, you make the choice to experience these realities in your so-called past where it was very difficult to consciously influence the reality.

And so, now you're entering into this so-called new age and new energy and you're becoming very near to the completion of the transformation and for some indeed the experience of consciously influencing their reality has been readily available, even at this particular point in your time, to refer, once again, to beliefs in time and space.

Entities, particularly what your new agers are referring to as the Indigo Children, are quite adept at getting what it is that they desire. And validating seemingly very impossible realities and belief systems. Because they choose to consciously influence their reality.

That opportunity, once again, is becoming available to each entity that desires to have that type of experience in a manner that has not been available in your socalled past, or at least not readily available in your socalled past.

You see, as we've suggested many times, you put in place belief systems in your so-called altered state of consciousness that you bring into an incarnational period with the possibility of having a particular experience. And that possibility is influenced and even changed into a probability based upon the choices and decisions, the thoughts and feelings, what it is that you desire at a conscious level in a particular incarnational period.

And so, in this particular transformational period it's becoming more and more evident that you do have the capacity to consciously influence your reality. Even

your scientists are beginning to understand that it's possible through your thought process to influence your DNA, what they once thought was a particular blueprint for your existence in your awake and consciousness state. That was set in stone. That was put in place through your genetic transference of physical and mental capacities from one particular generation to another. And their discovery that indeed through your conscious choices and decisions that it's possible to influence that DNA that's the, what they once thought was a rather useless or junk part of the DNA which contains within it the possibilities and indeed the probabilities for experiences to come into a particular incarnational period.

And that as a result of your choices and your decisions and as result of what it is that you think and feel, as a result of your attitudes that are a reflection of your belief systems that you do have the possibility to influence that particular portion of the DNA and turn it from a possibility into a probability or to reverse the particular process or experience as a result of altering and reversing the actions and potentials of the DNA.

What your scientists don't understand and don't grasp is that what you actually do is alter the energy that surrounds the DNA, and as a result of the alteration of that energy you influence the DNA and turn it from a possibility into a probability or in some instances even reverse the particular effects of the DNA. What your scientists are beginning to understand [is] that it's possible for you to completely alter the makeup of the DNA so that one aspect of the DNA is not recognizable when compared to a so-called past history of the DNA of that same particular individual.

It's not so much an alteration of the DNA as it is an alteration of the energy that comprises this reality that you exist in. It's an illusion. It's important to understand that it's an illusion. And as an illusion, although it has great significance, nonetheless, it's within your capacity to alter it. You have but to alter the beliefs. And as you alter your beliefs you alter the energy, and as you alter the energy you alter the reality, without exception.

And so, you're entering into this new age and new energy that we have referred to where it's possible for you, in a manner that has been very difficult in your socalled past, in your other incarnational periods, to consciously influence your reality. To consciously have an impact on the belief systems that you hold and *(inaudible)* the difficult beliefs and belief systems for you to grasp.

Consciously influence your reality. You see, each of you understands that existing within you are a multitude of various activities that are not controlled by your conscious mind. Influenced, but not controlled. You breathe, and your complete system, your pulmonary system, functions and carries throughout your entire physical being, to each and every cell, the nutrients necessary for that cell to survive. And each of those cells carries on within it a function that allows it to be involved in a [communiple] type of action so that the entire physical being can exist as seemingly a complete unit and yet it is a multitude of activities that are being carried out by your subconscious mind. That your conscious mind, although it is aware, it is not in control in a direct way.

For many individuals, particularly as some of the females in your group would readily agree, the male have difficulty in concentrating on more than one aspect while females may have the capacity to do what you refer to as multitasking. But nonetheless, even that multitasking that's available to certain individuals has limitations. Even in your multitasking, your consciousness can only concentrate on two or three aspects at the same time.

And for many, the consciousness can only concentrate on one particular aspect of the creation process that you're involved in and experiencing. And yet, your subconsciousness, which you are and can be aware of, is carrying on a multitude of activities within your physical being. And we would suggest that your subconsciousness at a level below that is carrying on even a much more complicated creation process and it creates each and every atom of your entire universe, not just the physical being.

The subconsciousness, the spark of consciousness that you are, the creator that you are, as individuals and as a human consciousness creating your entire vibrational level, completely. Not just the physical being and physical aspects that you are consciously aware of and can accept are being influenced and controlled by your subconsciousness. But rather that your subconsciousness controls the entire creation process of the entire vibrational level.

As you enter into this new age and new energy it's becoming possible, in a manner, once again, that's been difficult for you to accomplish in your so-called past, to consciously influence your belief systems. To consciously have the capacity to bring into your consciousness the understanding of what a particular belief or belief system is that's responsible for the reality that you're experiencing so that you can have the opportunity to either enhance that belief or belief system in order to enhance and perpetuate the reality and the experience or to have the opportunity to alter the belief system or beliefs in order to alter the reality that you're experiencing. That opportunity is existing, once again, in a manner that, through your choices, has been very difficult for you to accomplish or to achieve in your so-called past.

What's important to understand is that while you have that capacity and are beginning to develop the ability to consciously influence and to create your reality the reality creation process in itself does not change. The reality you experience is a reflection of the beliefs you hold, without exception. Without exception. This reality and these experiences are validating beliefs and belief systems. What's changing is your capacity to consciously get an understanding of what that belief or belief system is in order to alter it. How you alter it is not nearly as important as the belief that it's within your capacity to alter it.

We've suggested many times that the method or technique that you utilize to alter a belief is not nearly as important as what you believe of that method or technique. And as you enter into this new age and new energy and you choose to consciously have the capacity to influence your reality then that method or technique that you utilize becomes even more important. And only more important that you believe that it has the capacity to do it rather than what it is.

You see, so many individuals concentrate on looking for, searching for, the particular belief system or the particular method or the particular technique that will work. The one that will give them the most benefit. And so, they look to others. And they look to others for what's the particular technique that another is utilizing or what is the particular method that another individual is utilizing. And they'll try that and see if it works. This is not a "try to see if it works" so much as it is to believe that it is the method or technique that will work for you.

And the best way to utilize and to find that method or the technique is to go withinside. To go withinside and to discover what it is that you truly believe will work for you. And it doesn't matter how ridiculous it may seem to another. It makes no difference. What's important is that you believe.

You see, the method or technique, once again, is not nearly as important as your belief in the method or technique. If you believe you write it down on the wall fourteen times and after the fourteenth time it will come to pass and that's the method or technique that you wish to utilize then go for it. If you wish to believe that you put it out there and then you let it go and don't think about it again and that's the way that will work for you, then do it that way. If you wish to believe that it's something that you have to continuously be repetitious about [and] repeating the desire or the meditation or whatever it is you choose, then do it. The method or technique is not important. It's what do you believe in the method or technique.

Many times, individuals desire to have some major alteration in their reality. And so, they put that out there. "OK, we're gonna try this. We're going to attempt to achieve absolute abundance, with no limitations." And yet somewhere, deep withinside, they hold the belief that that's a very difficult reality to achieve. But nonetheless, you're going to attempt it. You're going to utilize this conscious creation process. And so, you come up with a very difficult belief to try to alter, one that's ingrained in your subconsciousness, that you wish to eliminate right away. Well, it's possible to do that. But once again, you exist in a reality where you choose to put in place the limitations of the understanding of who and what you truly are. You choose to put in place these belief systems in time and space. You choose to believe that there's a growth process, that if you can go through some type of a passage of time and some type of evolution then indeed it becomes more validated and more real to you and more within your capacity to grasp and to believe that it's possible to choose and to accomplish that type of an alteration of your reality.

And so, when you choose these very seemingly difficult realities to accomplish instantly, while attempting to eliminate all of the other beliefs you have that are influencing that reality it becomes very difficult. And so, we would suggest that you choose realities that seemingly are within your grasp. Perhaps have a certain difficulty to them, but not that drastic impossibility that defies other beliefs that you hold that are responsible for the entire belief system that you're attempting to alter. And then find out what method or technique you wish to apply and apply it and believe in it.

What does that particular method or technique give to you in terms of emotions and feelings? How does it affect your attitude? Does it fit in place with the choices and decisions that you're about to make or will make over your so-called future? Does it fit in place with what it is that you desire, in your imagination? Does it fit in place with the expectations? And if it does, then utilize it and go for it.

And once again, don't worry about whether or not it's the method or technique of choice of the particular group that you're involved with. Absolutely not. Or of a particular society. Or the so-called in crowd, the new agers. It doesn't matter. The method or technique that you utilize is the one that you believe has the capacity to accomplish that which you desire. That's the important part.

And so, you consciously, consciously have the desire to understand what the belief is. You utilize a method or technique to alter the belief. And you bring it into your reality.

You see, this new age and new energy that you're entering into does not alter the reality creation process. The reality you experience is a validation of the beliefs you hold, without exception. You are the creator. You always have been and always will be. There are but three things that you cannot change. You are the god you search for, you create your reality, and you cannot fail to come to that understanding. All of the rest is illusionary and it's within your capacity to alter and to change.

And as you enter into this new age and new energy it's becoming possible in a manner that's been very difficult in your so-called past to have a conscious capacity to

influence that reality. To bring into your consciousness the understanding of the beliefs that you're holding that are creating and being responsible for this reality that you're experiencing.

And the basic concepts don't alter. The spark of consciousness that you are creates the reality that you desire and it does so without judging if it's right or wrong for you. Right or wrong is [an] awake human consciousness concept. It does not exist at the level of consciousness from which you create your reality. This consciousness, this subconsciousness that you are, is responsible for the creation of your entire vibrational level that validates the beliefs you hold and it does so from a position of absolute and unconditional love, without judging whether or not it's something that you should or should not experience, whether or not it's good or bad for you, whether or not it's right or wrong. Those are human awake consciousness concepts that do not exist at that level, once again, from which you create your reality.

That doesn't change, that's not altering in this new age and new energy. What's altering is the capacity to take your consciousness and have it influence your subconsciousness in a manner that's been very difficult for you to do in the past. You have but to believe. You see, if you don't believe, it doesn't matter—then you won't accomplish it.

We've suggested many times that this is a choice because your entire existence in this vibrational level is a choice. This is not something you have to do, and it's not something that if you don't do somehow you're going to be left out and you're going to be a failure, absolutely not. You cannot fail. Failure is an awake consciousness concept. It's at the level of the spark of consciousness from which you create this reality. You cannot fail. It gives to you that which you desire, without exception. You can't fail. This is a no-fail process. You exist in this vibrational level by choice and if you desire to leave it it will be by choice. You can't fail. This is a no-fail [game] that you're involved in here.

And so, if you choose to not be involved in this socalled new age and new energy then that's fine. There's not a right or wrong. No one's going to judge you and say, "Well, you're not there and you are," or, "You're somehow more enlightened than this individual because you've made this choice over that choice." Absolutely not.

The reality you experience is a validation of the beliefs you hold. Every individual involved in your vibrational level creates their reality from the same spark of consciousness. You are all that is. Each of you are all that is. You are one, for lack of a better terminology. You are all that is. There is not one entity who is more or less than any other entity, not only in this vibrational level that you choose to exist in, but in any of the other vibrational levels that exist throughout all of creation. You are all that is. And that does not change. It would *(inaudible)* that.

So, to choose in your conscious state to be involved in a certain type of creation process really doesn't alter who you are. It may alter the experience that you have in that conscious state, but even that's not judged as being right or wrong. That's a choice that you can make.

And so, many entities will not make the choice to enter into the so-called new age and new energy, don't wish to have this capacity to consciously influence their reality, don't wish to take the responsibility for their reality at all. You see, if you allow and then hold the belief system that allows for other entities to influence your reality, that you have these guides or angels, or that you believe there's some master entity up there that's responsible for the creation, then you don't have to be responsible. [It's] a very comfortable position and it's not right or wrong, you can have it. You can have it as readily as that entity who chooses to believe that they are absolutely in control, and takes the responsibility for their reality.

It's not a right or wrong concept here. It's simply a choice that you can make. It's not good or bad, better or worse, it's a choice that you make. And you will not be judged. There is not any entity out there that's judging you whether or not you're doing it right or wrong. Judgment comes in your awake and consciousness state. The spark of consciousness that you are, once again, creates the reality that you desire and validates your belief systems from a position of absolute unconditional love without judging whether it's right or wrong. Without judging whether you accept the responsibility for your reality or not as being one superior to the other or whether one puts you into a more enlightened position than another. Absolutely not. That's an awake and human consciousness concept. Does not exist at the level from which you create your reality, that spark of consciousness that you are.

And so, you don't necessarily have to choose to enter into this new age and new energy. It's not a good or bad or right or wrong concept. Absolutely not. It's a choice that you can make. But we have suggested that many entities who choose to remain in your so-called old age and old energy will leave this incarnational period and choose to reincarnate and as they reincarnate bring in with them this understanding that the reality that they're experiencing is their creation and that they have the capacity to influence it consciously. They're coming back in what you new agers are referring to as the Indigo Children.

You see, these Indigo Children and these new entities are not new entities. They're entities who existed as you have within this vibrational level since its inception. Time and space are illusionary, they only exist in your awake and consciousness state. They do not exist at the level from which you create your reality. And so, if you choose to enter into this vibrational level and bring with you that understanding of who and what you truly are so that you can apply it to a certain degree at the conscious level to consciously influence and create your reality you can have that capacity in a manner that's been very difficult in your so-called past. If you choose not to, that's your choice as well, and once again, we're not suggesting for an instant that one is right and one is wrong, one is better or one is worse. Your choice.

You as entities existing within this vibrational level have chosen to put in place this possibility in this alteration of the energy that comprises your reality and your vibrational level so that you can have the capacity to consciously influence it. It's your choice. It's your reality. It's a validation of your belief system.

You cannot change that. You are, once again, the god your search for. You create your reality and you cannot fail to come to that understanding. All the rest is illusionary. All the rest is within your capacity to alter. All the rest is a validation of the beliefs you hold. And if you don't like your reality change your belief and you will change your reality. And changing your beliefs is becoming in your so-called new age and new energy something that's more readily available at the conscious level than it has been in your so-called past. It's your choice, if you wish to believe or not to believe. And it's not a right or wrong.

Now. Once again it has been a very enjoyable afternoon and we would like to remind each of you that we are not separated by time or space but rather by a vibrational level and should you choose to interact with us, you have but to express the intent and we would welcome that opportunity to interact and to share with each of you. And in the meantime, we would bid each of you farewell, with love and with peace. \$