


## Shelby Sacred Heart School Menu August, 2023

**\*\*School Meals return to regular pricing in the 23/24 school year\*\***

*Menu subject to change due to availability of items*

Monday	Tuesday	Wednesday	Thursday	Friday	News
					<p><b>**Effective 23/24 school year, meals are NO LONGER FREE to all students. You must fill out a free/reduced meal application or qualify through direct certification from job and family services in order to be considered for free or reduced priced meals. Applications may be filled out online at <a href="http://www.payschoolscentral.com">www.payschoolscentral.com</a> See food service page on the school district website for details.</b></p> <p><b>PaySchools Central</b> allows parents to::</p> <ul style="list-style-type: none"> <li>- Fill out a free/reduced meal application</li> <li>- See your child's cafeteria balance</li> <li>- Get a text / email when the balance is low</li> <li>- See what your child is purchasing</li> <li>- Add funds to cafeteria account online</li> <li>- Pay school fees online</li> </ul> <p><b>Breakfast:</b> Includes your choice of the entree listed in italics OR a toaster pastry, milk, and choice of fruit or 100% fruit juice. Breakfast is served in the cafeteria each morning before school. If you are eligible for free or reduced price lunch you are also eligible for free or reduced breakfast.</p>
Aug-21	Aug-22	Aug 23	Aug 24	Aug 25	
Quesadilla Black Beans Sorbet Milk	Chicken Littles Tater Tots Strawberry Cups Milk	Hot Dog Sandwich Baked Beans Chips Applesauce Milk	Chicken Tender Snack Wrap Cooked Carrots Pineapple Milk	Stuffed Breadsticks w/Sauce Salad Peaches Milk	
Aug-28	Aug-29	Aug 30	Aug 31	Sep 1	
Chicken Nuggets Dinner Roll Broccoli w/Cheese Mandarin Oranges Milk	Beef Taco w/Cheese Potato Wedge Sorbet Cup Milk	Chicken Patty Sandwich Mixed Vegetables Pineapple Milk	Salisbury Steak Dinner Roll Mashed Potatoes w/Gravy Peaches Milk	Pepperoni Pizza Salad Pears Milk	

***"Offer vs Serve" allows students to refuse up to 2 items on the lunch menu and 1 item on the breakfast menu; however, all meals must include a fruit or vegetable to be considered a complete meal. If a student refuses one or two items, the full price is still charged, therefore we encourage students to take the full meal. Breakfast is \$1.25 and Lunch is \$2.75. If your family qualifies for reduced price meals breakfast is \$.30 and lunch is \$.40. Menu subject to change due to availability of items!***

***"This institution is an equal opportunity provider"***