



OLS TF WEST BEHAVIORAL HEALTH TEAM
LTC Monique Russell
SSG Iana Morton
SGT Jaime Acevedo Garcia



BH Duty Phone: 512-634-6614

-BH Team provides useful resources, outreach at duty locations, and BH support. Feel free to contact us for any BH related questions and resources!

CRISIS SUPPORT LINE (24/7)

Military Crisis Line/ Suicide Lifeline 988
National Suicide Prevention Lifeline
1-800-273-8255

Crisis Text Line

Text **"HELLO"** to **741741**

Veterans Crisis Line

1-800-273-8255 "press 1"

Domestic Violence Crisis Line

1-800-799-7233

Sexual Assault Crisis Line

1-800-656-4673

TMD Sexual Assault/ Domestic Violence (SHARP)

512- 565-4410

TF WEST SHARP REP SFC Hayes Shenea 254-350-1305

TF WEST EO REP SSG Christopher Farmer 915-297-3099

**American
Addiction
Centers Drug
and Alcohol
Abuse
Treatment
Resource Line:**
(888)- 506-0699



9-1-1
**Request Mobile
Crisis
Intervention**





Veteran Military Counseling Services for Mental H...
samaritan-center.org

**Samaritan Center
Hope for Heroes**
512-466-4454

** BH services for SM,
Spouses and Children*



**Camino Real
Community
Services**

**Telehealth
Appointments
available**



Texas - Locations
www.va.gov

**Cohen Veterans
Network Clinic** Virtual
Therapy
Cohenveteransnetwork.org
(844)336-4226

**Tell them you are on
OLS*

TMD Counseling Line 512-782-5069

Available by phone and by telehealth

If no answer, please leave a voicemail with your name and number

West Texas Counseling & Guidance

Please call 830-256-8255 to schedule an appointment

Therapy and Counselling

Mr. Mark Weedon LMFT-A, Retired CSM
(979)571-6216 *SMs can contact directly

VA Vet Center
counseling throughout Texas

Virtual
956-723-4680

Free Mental Health Counsel Givenanhour.org/military

Military OneSource 1-800-342-9647 24/7
<https://www.militaryonesource.mil>
Resource for Military Members & Families

Tricare Reserve Select/Humana West
<https://www.tricare.mil/Plans/Enroll/TRS>
1-800-444-5445

Doctor On Demand



**Virtual Psychology and Psychiatry Appointments*

Vets4Warriors.com 1-855-838-8255
Personalized – Confidential – Peer Support by
Veterans

Combinedarms.us 1-888-737-3112
Personalized Local Resources