

APPENDIX F - VWL GRAND FINAL MATCH WARM UP 30 MINUTE PROTOCOL

PREMIER LEAGUE GRAND FINALS ONLY

COUNTDOWN TO FIRST SERVE (MIN)	ACTIVITY	NOTE
30:00	Equipment Check	First and second referees check the height of the net and control the equipment.
	Scoresheet Completion	Coaches and captains to complete the team lists on the scoresheet. If scoresheet is pre-printed coaches and captains need only to verify the team lists and amend if necessary.
27:00	Referees Check Net	Courts to be clear for R1 and R2 to check net
26:00	Coin Toss	R1 carries out the coin toss with R2 and team captains in front of the scorer's table and ensure that the scorer is informed of the result from the coin toss.
25:00	Teams Shake Hands at Net	Teams line up along the end line. Referee whistles both teams to approach net to shake hands.
		Teams to be in full playing uniform
24:00	Team Photos	Photo Order
		1st - Team to serve first in match. 2nd - Team to receive first in match
23:00	General Warm Up Commences (Unofficial)	Teams begin general warm up along the court not across it. Referees give necessary instructions to scorers, line judges and court assistants. Referees to inspect reserve equipment.
16:00	Start of official warm up at net	Players may commence warm up at the net.
		Coaches or captains to submit team's starting line-up.

(11:00)		(Unofficial) Teams may choose to switch warm up positions along the net, staying on their own side.
(07:00)		(Unofficial) Referees to notify teams that there is 1 minute of warm up remaining. (Unofficial) Teams may choose to serve.
06:00	Official Warm Up Ends	R1 ends official warm up at net
5:00	National Anthem	Referees stand in centre of front zone. (R1 on Team A side and R2 on Team B side) Players line up along middle of the court. Captains of each team stand at the centre of the attack line. If there is a libero then the libero stands next to the captain towards the end line. All remaining players line up in sequential playing jersey order towards the end line.
2:30	Presentation of Referees	Referees are announced and walk to the middle of the court and then acknowledge the crowd once they are announced.
01:30	Team starting line ups announced	R2 and scorer to verify the starting line-up of each team. R2 gives match ball to server
00:00	First Serve	1st Referee whistles for first service of the match.