



LAUGHTER BECOMES YOU

Hall of Fame Speaker, Tim Gard, CSP, CPAE

PROGRAM OVERVIEW

If employee motivation and happiness is important to you then it's time to meet Tim Gard. Tim's Laughter Becomes You keynote is as funny as it is inspiring and content rich. Audiences laugh from start to finish and discover how simple it is to change their perception to create their own reality and avoid or defuse potential stressors.

Tim's rejuvenating message helps increase employee morale and engagement while enhancing productivity and everyday enthusiasm in three easy-to-adopt steps. His unique yet practical ideas help people diffuse routine or extreme stress by insulating themselves against negativity. He shows audiences how to "refresh and renew" themselves simply by using and sharing his techniques. His terrifically funny, unique stories (and of course, extraordinary visual props) make this keynote address a hilarious way to start or close your meeting. Tim's daily dedication to his craft not just produces an amazing amount of topical humor, but it challenges him to consistently refine his programs and inspire creativity. Naturally Tim's ability to improvise is top level as he's demonstrated for more than 20 years. Having a Comic Vision® is the ability to harness humor and use it as a skill to see the stressors all around us in a different manner whenever possible. It is often choosing to act—and not react—to the situational stress we encounter every day at work, and at home. Stress exists all around us. If you understand what stress is and know what causes you stress, then you can work to lessen the situational stress factors in your life. Identify the things that cause you stress, approaching and working on them one at a time. Then, find the funny . . . and repeat. Tim doesn't make light of your serious situations, but rather, shines a light on them to reveal previously unseen possibilities. The pressure to accomplish more with less, meet tight deliverable deadline expectations and respond with professional promptness can create stress, team dysfunction and decreased morale. The philosophy of "everything seems so serious, heavy and intense" is an unproductive one, and a truly unhealthy way to work and live. When stress and dysfunction need reduction, it's time to discover how "Laughter Becomes You".

This is Tim's most popular program and this 45 minute to 3 hour keynote speech is as funny as it is inspiring and practical. As Tim says, "Laughter Becomes You".

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ABOUT TIM GARD



Tim attended hundreds of safety meetings throughout the course of his varied employment history, while serving in the US Navy onboard the USS Midway CVA-41 and while working on a seismograph team, as a heavy equipment operator, working at a lumber yard and as a State and Federal Government in Human Services, as a fraud investigator.

While researching safety and applying his experience in safety training he discovered that the most successful safety training combined information with emotional context. You can provide statistics or pictures and video of safety violations but without emotional context the information doesn't stick with the participant.

Tim is a certified speaking professional (CSP) and a member of the Speaker Hall of Fame, an elite honor held by fewer than 150 speakers worldwide. He is the author or co-author of *Just Plane Funny*, *My Policy Manual*, and *Motivational Leaders*. Tim is an internationally recognized authority on stress reduction and conflict resolution and is an inventor of stress reduction office products that are marketed and enjoyed worldwide.

In his 23-year career as a professional speaker, Hall of Fame Speaker Tim Gard has spoken worldwide at more than 2000 events. Audiences from Texas to Tasmania and everywhere in between enjoy his clean sense of humor and unique way of seeing the world.

For more information or to book Tim, contact the Safety Institute:

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