



A Contraction

## San Antonio Home School Spartans Cross Country Meet

## Saturday 26 August 2023

## **GUIDANCE**

Welcome to San Antonio Home School's Cross Country Meet - at an authentic cross country setting in Joshua Springs Park and Preserve, 716 FM 289. Exit #533 off of IH-10, near Nelson City, TX. North of Boerne, south of Comfort.

**ROLLING** Schedule: next race will start once course is clear and timers are ready; listen for calls

8:00 am	<b>Junior Varsity Girls</b>
est 8:30 am	Varsity Girls
est 9:00 am	Varsity Boys
est 9:30 am	<b>Junior Varsity Boys</b>
est 10:00 am	<b>Middle School Girls</b>
est 10:30 am	Middle School Boys
Again, a rolling schedule	

**Course**: accurate, hand-wheel measured 3200m grass-dirt course with a few international style obstacles, *e.g.*, hay bales. Well marked (red flags left, yellow flags right, blue flags indicate every 100 meters) and marshaled with split signs (800m, 1600m, 2400m). Coach and fan friendly, significant shaded sections throughout course.

**Registration**: please register by Thursday, 24 August at **ATHLETE GUILD**, please use this link: https://www.athleteguild.com/event/comfort-tx/2023-san-antonio-spartan-cross-country-meet

## Payment

- Do <u>not</u> pay via Texas Mile Split, rather please bring your fee (check or cash) on-site or be prepared to indicate school check was mailed
- Make checks payable to "SAHS Cross Country." Mail to 106 Granada Drive, Universal City, TX 78148
- Indicate school name on check (not just district) and "cross country," thank you
- If needed, see *"W-9, SAHS Spartan"* pdf
- We can accept additional fees for additional teams/runners on site, but no refunds or change

**Fees**: per gender per team = Varsity \$100 (max of 10 runners per team per gender), JV \$80 (JV entries unlimited), MS \$80 (MS entries unlimited) and \$17 per individual. May enter more than one team per division per school. Max fee of \$490 per school.

Awards: to team champion; individual medals to top ten.

Concessions: on-site, includes water, drinks and food items.