

St. Anselm Catholic Church

January 28, 2024
Fourth Sunday In Ordinary Time



97 Shady Lane, PO Box 1061, Ross, CA 94957
Parish Office: (415) 453-2342

Clergy: Fr. Gabriel Wankar, Pastor
ext. 103; wankar.gabriel@sfsarch.org
Deacon Bernie O'Halloran
Deacon Ed Cunningham
Deacon Robert Meave

Office Manager: Sissy Ratto ext. 101
St.anselmoffice@att.net

Religious Education: Dan Veto D.R.E ext. 105
Dre@saintanselm.org

Music Director: Michael Mello (415) 453-2342

St. Anselm School: Kim Orendorff, Principal
School Office: (415) 454-8667
School Fax: (415) 454-4730

Parish Email: info@SaintAnselm.org

Parish Website: www.SaintAnselm.org

Parish Facebook: <https://www.facebook.com/SaintAnselmChurchRossCalifornia/>

School Website: www.StAnselmSchool.com

Sunday Mass Schedule: Saturday Vigil 5:00pm,
Sunday 8:00am, 10:00am, and 5:00pm

Mass: Monday, Tuesday, Wednesday, Friday 8:30am
Thursday 5:30pm but will change to 8:30am during Lent

Holy Day Masses: 8:30am, 12:00pm, 5:00pm

Parish Office Hours: Monday, Wednesday, and
Friday—8:00am-1:00pm

Reconciliation: Saturday 4:00pm-4:45pm or By
Appointment

Baptism: Preparation Class required. Please email
dre@saintanselm.org or call the Parish Office ext.105

Sacrament of the Sick: Anytime upon request.
Contact Pastor.

Matrimony: Six months notification required prior to
desired date. Contact Pastor.

St. Vincent de Paul Help Desk: (415) 454-3303

Cursillo Information: Cathy Cunningham
(415) 453-7174

Eucharist for Homebound: (415) 453-2342

CYO Website: www.stanselmcyo.org

St. Anselm's Parish is a Catholic community formed by families, individuals and clergy that worship together, celebrate the sacramental life of the Church, and seek to live the Gospel of Jesus Christ everyday. We welcome, serve, and educate.

Father Gabriel's Reflection for the 4th Sunday Yr B
Beloved Parish Family of St. Anselm's,

I am happy to inform you all that we now pray the rosary before the daily Masses, and we have adoration of the Blessed Sacrament on every First Friday of the month following Mass. Ash Wednesday is relatively early this year – February 14th. During Lent, all weekday Masses will be by 8:30 am (Monday to Friday). I will offer the Stations of the Cross on all Fridays of Lent in the evening (likely by 7 pm), followed by a get-to-know Fr. Gabriel opportunity in the Hall on the first Friday of Lent.

Our readings for the last couple of weeks have all centered on discipleship, a signal that our "ordinary" lives unfold as followers of Christ. We heard that through Eli's guidance, Samuel could recognize the call of God. Also, we heard of Jonah, who chose to run away from what God wanted him to do but got him back on the mission.

God continues to reach out to us through other people and experiences. We can be those people through whom God reaches others. We can also be those experiences through which God reaches out to others – simply being different from others in ways that point to Christ.

The Gospel for this weekend reports how the man in the synagogue suddenly flipped when Jesus taught. "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are—the Holy One of God!" (Mark 1:24). This is what the presence of Jesus does. Jesus' teaching challenged him and showed him up for what he was, throwing light on the dark corners of his life.

Examination of conscience, silent prayer, and scripture reading can reveal who we are. Corrections from our loved ones can reveal who we are when we see our weaknesses laid bare. Such moments of self-revelation are opportunities for grace, opportunities for the Lord to work on us and heal us, but they can be painful, as occurred in the life of that man in the Gospel for this weekend.

Jesus cleansed him of the evil spirit, but the spirit convulsed the man and came out of him with a loud cry (Mark 1:26).

There is a sense in which we "convulse" when overcoming evil. We do not want to face the spiritual "convulsing" in spiritual growth. It is easier to remain as we are because such necessary spiritual "convulsing" is letting go of our ego and our attachment to sin. The Psalm for this weekend encourages us:

*Oh, that today you would hear his voice:
"Harden not your hearts as at Meribah.*

Our world is indeed full of all kinds of voices today. Some of these voices are not just politics but the media and entertainment, which can be compelling and confusing. The voice of Jesus continues to stand out in its clarity, pointing to lasting values that make a difference in the lives of the outcasts, the poor, the rejected, and the nobodies.

Beloved friends in Christ, the man in the synagogue, enjoyed a new life after encountering Jesus. In the week ahead, let us strive to make a difference in the life of at least one person because he or she has encountered Jesus through us! Amen.

MASS INTENTIONS

Mon.	Jan. 29	8:30am	Linda Heilmann (INT)
Tues.	Jan. 30	8:30am	Bishop Ignatius Wang (INT)
Wed.	Jan. 31	8:30am	Carolyn MacKenzie (D)
Thurs	Feb. 1	5:30pm	Joseph Gill (D)
Fri.	Feb. 2	8:30am	Frank Ratto (D)
Sat.	Feb. 3	5:00pm	Parish People
Sun.	Feb. 4	8:00am 10:00am 5:00pm	James Harold Hatt (D) Gabriel, Mary, & Ignatius Kellady (D) Matthew Balano (D)

Sick Relatives & Friends

As a community we ask God's blessing for the ill: Jose Larraga, Stan & Donna Pechalonis, Mark Gardner, Steve Leland, Christopher Goward, Terese Marklinger, Allison Chichizola, Karen Poligono, Marilyn Marklinger, Don Orlandi, Fr. Neil Healy, Michael Cavagnetto, Louisa Walker, Al Dallara, Jordan Roggenbuck, Catherine Ward, Lori Schimm, Matt Hansen, Natalie Johnson, Jai Hayden, Joan Risch, Jim Sweeney, Michael Horst, Bob Hoffman, John Alkazin, Mike Killelea, Lorraine Matteucci, Deidre Carson, Fr. Bill Brown, Bryan Green, Chris Ryan, Duane Hultin

For the Repose of the Soul: Norma Cavagnetto, Norma Baumsteiger

For Our Military: Matthew Kerry O'Brien, Robert Gebhardt, Tyler Lopez, Alex Boatwright, Elizabeth Baumsteiger, Christian Miller, Robert Kent, Shane Morgan, Daniel Lowe, and Rob Manifold



Ash Wednesday
— Lent Begins

Ash Wednesday is February 14th. Masses are at 8:30, 12:00pm, and 7:00pm.

Green Tip: Try lowering your thermostat during sleep hours and when you are away. China, India, the United States and European Union caused 83% of planet heating global emissions in 2022. **Pope Francis, LAUDATO SI,' Ch.5 – Lines of Approach and Action, IV. Politics and Economy in Dialogue for Human Fulfillment, ¶ 193:** Some must now accept decreased growth and consumption, so others may simply have growth worthy of human dignity. As Pope Benedict XVI said, "technologically advanced societies must be prepared to encourage more sober lifestyles, while reducing their energy consumption and improving its efficiency."

**ST. ANSELM SPIRITUAL LIFE COMMITTEE--
UPCOMING EVENTS**

**Tuesdays, now through January 30th, 4 – 5 p.m.,
Centennial Hall--GREGORIAN CHANT;** 4-week program lead by Music Director Michael Mello, M.A. Early Music, Stanford University. An overview of this central musical tradition of Catholic worship over the centuries, the first music to be notated, and the fountainhead of Western music. We will hear, discuss, and sing chants.

ONGOING PROGRAMS

- 1. Monday morning (8:30 am) and Friday evening (5:00 pm) prayer with Deacon Bob Meave.** Contact Bob for the Zoom link. ppc.stanselmross@gmail.com. This is a wonderful way to start and end your week!
- 2. Wednesday Afternoon Readings Discussion Group.** Every Wednesday from 4:00 to 5:00 pm Deacon Bob will lead a discussion of the upcoming Sunday readings. This is a unique opportunity to explore what you and other parishioners take away from the Readings! All parishioners and lectors are invited to attend. **You may now attend in-person (Centennial Hall) or via Zoom.** Contact Deacon Bob to get a copy of the readings in advance and the Zoom link. ppc.stanselmross@gmail.com



Catholic Schools
United in Faith and Community

Catholic Schools Week (CSW) is January 28–February 4. The theme is “Catholic Schools: United in Faith and Community.” Catholic schools have an irreplaceable role in the Church’s evangelizing mission. Building on the central goal of Catholic schools to form saints,

Catholic schools teach and embrace the whole person, body, mind and spirit. The fact that all members of a Catholic school community share the Christian vision of faith that Christ is the foundation of Catholic education is what unites the school as a faith-filled community.

While faith is the binding element in Catholic schools, the Church reiterates that parents are the first teachers of their children. Holding this tenet, Catholic school communities expand beyond the walls of school buildings to envelop the family as an integral part of the school community. Together teachers, administrators, staff, students and parents fuel the light of faith by integrating culture with faith and faith with living.

The CSW logo symbolizes the united community of Catholic schools – not a building or an institution, but people of faith serving God and others. No Catholic school can fulfill its educational role alone. As a community, Catholic schools are nourished and stimulated by the centrality of the word of Christ expressed through knowledge, service, scripture and sacramental tradition.

Catholic Schools: United in Faith and Community is a theme on which to build a spirit of the gospel to benefit the human family.



**100th Year
Centennial Celebrations
St. Anselm School**



Special events will be held in January and March for our alumni, community, current and former students, parents and staff, St. Anselm church members, neighbors, and friends to come together for the joyous occasion.

TO LEARN MORE
PLEASE VISIT THE
LINK BELOW OR
SCAN THE QR CODE



STANSELM.SCHOOL.COM

WORLD DAY OF THE SICK, FEBRUARY 10, 2024

The Order of Malta San Francisco Location is hosting the World Day of the Sick Mass and Anointing of the Sick at St. Dominic’s Church, 2390 Bush St. on February 10, 2024 at 11:00am. Light lunch and desserts provided by Malta. Food with Friends will follow the Mass.

Questions: cherylgiurlani@gmail.com

St. Anselm Church Stewardship

1st Collection: 1/14 \$3,227, 1/21 \$2,567
(plus \$2,625 through Electronic Donations)

2nd Collection: Building & Maintenance: \$1,827

Please visit our church website to sign-up for Electronic Donations, which help us even when you are traveling.

Special Collections:
February 18– Building & Maintenance

“You and I are like the pen God picks up to write His beautiful messages to others.”

-Patrick Madrid
On a Mission: Lessons From St. Francis de Sales

Wedding Anniversary Mass

St. Mary of the Assumption Cathedral

Saturday, February 3, 2024, at 10:00am

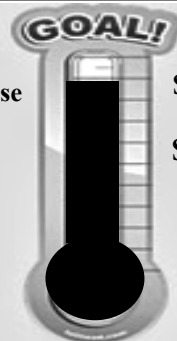
1111 Gough Street, San Francisco

Contact: Ed Hopfner | 415-614-5547 |

HopfnerE@sfnarch.org To Register

The Archdiocese of San Francisco will offer its annual Wedding Anniversary Mass on February 3 at 10am, celebrated by Archbishop Cordileone. All couples are invited. Those who in 2024 will celebrate anniversaries ending in 5 or 0 (5 years, 10, 15, 20, 25, 30, 35, 40) will receive recognition. The Mass is followed by a reception. Register via the information above.

**AAA
Archdiocese
Annual
Appeal
2023**



\$81,260

\$61,228

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