



## Belt Public Schools

School District No. 29

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Kathleen Prody  
Superintendent

Kyle Paulson  
Principal

Dec. 4, 2017

To Whom It May Concern,

This letter is to highly recommend Tara Walker Lyons as a speaker at your school! We had Tara speak to our 3<sup>rd</sup>, 4<sup>th</sup>, and 5<sup>th</sup> grade classes separately and she did a fabulous job! I was very impressed with how she altered her presentation according to the grade level she was speaking to. The students were attentive as Tara showed a quick video about her journey and then did some great activities about feelings and safe vs. unsafe secrets. When asked some difficult and sensitive questions, Tara answered directly and honestly. Because she was so matter-of-fact, there was no giggling or squeamishness amongst the students. Tara kept her presentation at a level the students could understand and there was no “sexual” talk. She had the students develop Safety Circles of adults that they would feel comfortable talking with. Her message was about empowerment and knowing that if something doesn’t seem or feel right, a child should tell someone.

Unfortunately the subject of childhood sexual abuse is still somewhat taboo in society and Tara does a great job of bringing the issue to the forefront, forcing people to acknowledge it, and educating students about it.

Sincerely,

Jill Gliko  
Belt School Counselor