



## Sudden Cardiac Arrest Awareness Policy

### Program Provider/Coaches Course Video

In conjunction with the Town's Sudden Cardiac Awareness Policy and to better ensure the quality of well-being for our youth program participants, the Town now requires all Program Providers/Coaches to complete a course in understanding and preventing Sudden Cardiac Arrest in young athletes. Upon completing the course, everyone must sign an informed consent form that have viewed the required video course prior to coaching.

"CardiacWise" is a FREE online educational program designed to educate coaches, parents, athletes on the prevention of sudden cardiac arrest in athletes. This course is approximately 15 minutes in length. This course covers the following topics: Understanding Sudden Cardiac Arrest, Causes of Sudden Cardiac Arrest in Athletes, Signs and Symptoms Cardiac-Related Conditions in Athletes and Strategies for Preventing Sudden Cardiac Arrest.

#### How to Register and Complete CardiacWise Course

- Visit <http://www.sportsafetyinternational.org/cardiacwise/>
- Read brief summary on the course
- Click on "Enroll Now" at the bottom of the page
- Fill in personal information (necessary for certificate)
- Watch course video
- Sign Informed Consent Form for Video Course

I have received and reviewed above requirements for Program Providers/Coaches for youth programs and understand a Sudden Cardiac Arrest Course is required prior to coaching.

\_\_\_\_\_  
*Program Provider/Coach Name (Print)*

X \_\_\_\_\_  
*Signature*

\_\_\_\_\_  
*Date*

\_\_\_\_\_  
*Program Name/ Team Name*