



THE UP & ABOUT CHAIR IS THE SOLUTION TO REDUCE PROLONGED SITTING

Prolonged sitting has fast become a priority health issue for our nation.

Australian research has found that the average office-based employee spends 75% of work hours in sedentary time. Prolonged sitting has been linked with diabetes, cardiovascular disease and musculoskeletal disorders along with an increased risk to mental health.

Up & About is fully automated to provide an alert after 25 minutes of uninterrupted sitting, countering these negative workplace impacts and personal health effects.

ABOUT UP & ABOUT

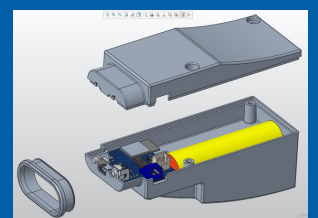
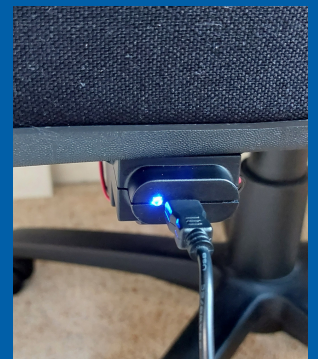
- Premium quality office chair.
- Technology built into the chair alerts the user when to get Up & About.
- Fully automated. No need to attach devices to your body or manually set timers.
- Uniquely local innovation. Proudly designed in Melbourne, Australia.

ERGONOMIC

Up & About is fitted with features to ensure ergonomic compatibility including pneumatic seat height adjustment, lumbar support, adjustable seat pan, castors and optional arm rests.

HOW IT WORKS

- The in-built timer commences when you sit on your chair, stops and resets when you stand up, then re-commences when you sit down again.
- After sitting uninterrupted for 25 minutes, a gentle vibration passes through the chair to alert you to get Up & About.
- It is also the perfect product to accompany an adjustable height desk.



CHOOSE YOUR CHAIR COLOUR, STYLE AND ACCESSORIES



Standard - nylon seat base, moulded seat foam, manual back lock, medium or high back height, wide colour range.

Optional - arms, aluminium base, seat slide, drafting kit, deluxe seat foam.

With Up & About you will:

- Improve employee health
- Improve productivity
- Reduce absenteeism
- Build staff morale
- Encourage face to face contact between staff
- Demonstrate that you care about the health and wellbeing of your staff.

