

December, 2023



To our CMSA Members and Sponsors,

Another year has flown by and what an amazing year 2023 has been! As we move into 2024 as your Presidents, we would like to say thank you to our Attendees, Vendors, Sponsors, and Board who made the 2023 CMSA conference a success. We have already begun planning a full schedule of events, including the 2024 Conference that will be even bigger and better than it was this year with the theme of “Rolling the Dice for Case Management”. All other events are included in this newsletter, and we look forward to seeing each of you there.

Our biggest announcement is that we will be adding our first Annual Golf Tournament on September 12. We are actively looking for sponsors and golfers so please keep this in mind and put it in your calendars for a day of fun. We have also added monthly educational events for dinners and lunches. We are working on obtaining RN and Administrator CEU’s for these events as well as for our yearly conference, along with our already offered CCM, CRC, and Social Worker CEU’s. We have expanded our Executive Board and would like to welcome our new Board Members and say thank you to our existing Board Members for the journey ahead. As your Presidents, we like to focus on the philosophy of always keeping the door open for new opportunities and board members. If you have an interest in becoming a board member or being active in the board committees, please reach out to Julie Harvey by email at director@cmsa-ok.org.

To our vendors and supporters please see enclosed 2024 CMSA Membership and Business Partnership opportunities. Your involvement is what helps this association be all we aspire for it to be.

If you have any questions regarding our upcoming educational events, sponsorships or Board of Directors, please do not hesitate to visit our website cmsa-ok.org or reach out by email to Julie Harvey, Executive Director. We are here to support you and case management in Oklahoma.

See you at our upcoming events!

Debbie Moffett and Kyle Spencer
CMSA-OK Presidents



CMSA-OK Members and Supporters,

My name is Julie Harvey and I am the new Executive Director of CMSA-OK. I have been a CMSA-OK member for several years, as the CEO and Vocational Rehabilitation Counselor of JAH Rehabilitation.

I had the pleasure of meeting several of you prior to and during the CMSA-OK Annual Conference in November. It was a great conference and we are grateful to all who were Attendees, Sponsors, and Exhibitors.

We are very excited about the upcoming year of exciting events. I hope everyone has a safe, Merry Christmas and Happy New Year! Looking forward to 2024!

My goal as the Executive Director is to grow the membership, event attendance, and expand our CEU offerings to include RN's and Administrators, as well as continue to offer CEU's for CCM, CRC, and Social Workers. Looking forward to a great, new year.

Sincerely, Julie Ann Harvey
CMSA-OK Executive Director

cmsa ok

2024 CMSA-OK Event Calendar

- ❖ February 13th – McBride, Dr. Rush
– 6:00 pm – Hors d'oeuvres

- ❖ April 9th – Membership Drive
Dinner, Mama Roja – 6:00 pm

- ❖ May 14th – HPI Community
Hospital – Time TBD

- ❖ June 11th – Mercy – 12:00 pm

- ❖ August 13th – NeuroScience
Specialists - 6:00 pm -
Hors d'oeuvres

- ❖ September 12th – Golf
Tournament at Surrey Hills
Golf Course

- ❖ October 8th – Hanger – 6:00 pm
– Hors d'oeuvres

- ❖ November 12th/13th – CMSA-
OK Annual Conference, OKC



Debbie Moffett – Co-President

Debbie Moffett, RN, OHN, CM, LNC, is the Corporate Nurse at AAR Aircraft Services. She is also the owner of Moffett Medical Management Consultants, LLC with a division for Mobile Infusion Therapy. She has been an RN for 34 years in the medical, industrial, and legal nurse consulting arena. She has developed Health and Wellness programs throughout the US as well as provides case management for Workers' Compensation, ADA, FMLA and Occupational Health Accommodations. She is an avid advocate for holistic medicine, by providing vitamin infusions and education to her clients on a healthy lifestyle. Her goal as the Co-President of CMSA-OK is to enhance the educational opportunities for its members and increase the medical community knowledge of CMSA to help grow membership. She plans to build a cohesive board that brings news ideas to the table as a resource to case managers and medical entities.



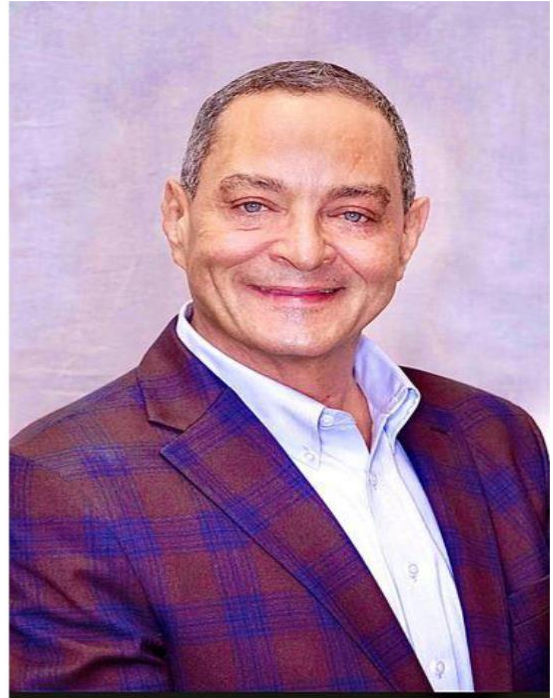
Kyle Spencer – Co-President

Kyle Spencer, RN, BSN, CCM, is an Independent Nurse Case Manager at Eiffel Medical. He has been an RN for 11 years in the medical and case management fields and received his Biology and Nursing degrees from Oklahoma Christian University. He has been married for 16 years to Jaime, has 2 kids, Luca and Paxton, and 1 dog Poppy. When he is not working or at board events he is usually at the soccer fields with his son or softball with his daughter. He currently provides case management services for Worker's Compensation injuries. His prior work experience includes orthopedics, neurology and cardiac ICU. His goal as Co-President is to build a strong active organization for members to interact with each other and attend fun, informative learning opportunities. He has served on the Board for the last 5 years. He looks forward to many more and wants to make this the best organization it can be. "I love being a case manager and want to give back to the case managers of Oklahoma."



Stephanie Rider - President-Elect

Stephanie Rider BA, BSN, RN, CCM, is a Medical Case Manager. She owns and works as a Professional Case Manager at Rider Medical Management Services, LLC. Stephanie currently works in the field of Workers Compensation. Her prior work experience includes in-patient psych, pain management, neurosurgery and case management. Stephanie believes strongly in the purpose of the CMSA organization, at the national level, but especially in our local CMSA-OK chapter. She has been involved with the board for several years. She is especially excited about the educational opportunities, the networking availability and the focus on professionalism as case managers. Stephanie serves on the Education and Conference committees and strives to bring a variety of relevant, current, and exciting topics that appeal to all different areas of case management.



Robert Fuxa - Past President

Robert Fuxa is the Vice President of Marketing at OSSO-Oklahoma Sports Science and Orthopedics and HPI-Healthcare Partner Investments. He has been a CMSA Member and on the Board of Directors for over 22 years. "Case Managers have always been an integral part of building my career for the past 30 years. It is an honor and a privilege to serve as a CMSA leader and give back to the profession and organization that has provided such a prodigious influence on my professional life."



Sara Forrest - Vice President

Sara Forrest has worked for Cohesive Healthcare Management and Consulting for seven years as the Director of Provider Relations. At Cohesive, we offer many different entities of care which include management of critical access hospitals that provide hospital based skilled nursing. Some of our other entities of services we offer are Home Health, Transportation, Urgent Care Clinics and Staffing. As Director of Provider Relations, my role is to help promote all that Cohesive Healthcare has to offer. I have worked in healthcare for 30 years with 25 years being in a marketing position. I have been involved with CMSA in some capacity for over 20 years, from being a vendor, a member, serving on the board as an officer, a board member as well as a committee member. I have made many contacts and long-term friendships by being involved with this great organization.



Randy Hulin - Treasurer

Randy Hulin is a Senior Account Executive at Levius Medical. He is dedicated to clients, adjusters, and nurse case managers. He is committed to patient care and client satisfaction with each referral. Levius's care coordinators will work closely with the discharge planners and physicians to assist in getting the patient released with all medical equipment, home health, and modifications, if necessary. He has been in the medical sales world for over 30 years and brings great contacts and ideas to the CMSA-OK Board.



Maria Davidson - Secretary

Maria Davidson is the Business Development Manager for Select Physical Therapy in the Oklahoma City region, including Lawton, Ardmore, and Ada. She has been in the field as a medical marketing rep for nearly 20 years and has over 10 years' experience in the Workers Comp area, working with Nurse Case Managers, Adjusters, and payers to get patients treated at one of Select Physical Therapy's 30 OK locations. She has been a CMSA board member for 4 years and is the current Secretary for CMSA-OK and a member of the CMSA-OK Education Committee. Her goal is to continue to bring education opportunities and appreciation to Nurse Case Managers in Oklahoma.

**2024 CMSA-OK ANNUAL
CONFERENCE**

**“ROLLING THE DICE ON
CASE MANAGEMENT”**





Jackie Cole - Board of Directors

Jackie Cole has worked as a CNA, LPN, RN, Nurse/CNA Training Coordinator BLS Instructor and has been a Case Manager for the past 6 years. She is currently the Case Management Coordinator at Bethany Children’s Health Center, where she has worked for the past 16 years. She received her LPN through Canadian Valley Technology Center and her ADN at Oklahoma City Community College. She received her Certified Pediatric Nurse certification in 2016, Certified Case Management certification in 2022, and was recently nominated top 5 for Oklahoma Nurse of the Year 2023 with March of Dimes in the Case Management, Public Health, Ambulatory Care and Other Nursing Specialties category. She has been married for 19 years to Jack and has 3 kids: Jared, Jace, and Jewell, and one dog Delilah, living in Chickasha, OK.



Kurt Ederer - Board of Directors

Kurt Ederer is an independent Nurse Case Manager at Mustang Medical Management Services. He is a Work Comp NCM and has been a member of CMSA since 1995. He worked for Integris for 27 years before starting his own business. He also does ergonomic evaluations in the workplace and some liability claims for major healthcare providers in Oklahoma. He obtained his CCM in 1999 and is on the Oklahoma Workers Compensation Court list of court- approved NCM's. I truly love my local CMSA chapter and have been blessed with many amazing contacts and friendships.





Becky Grantham – Board of Directors Becky L. Grantham is known as a Sales & Marketing Professional in both state and regional Sales Manager positions for over 32 years in the Healthcare Industry; Sunrise Healthcare, Apria Healthcare, Coram Healthcare, the Private Duty & Senior Healthcare Industry. Becky is a business developer, visionary, problem solver, relationship builder, leader, volunteer, fundraiser and a Board Member of several non-profits & other organizations for over the last 35 years. while also being an Oklahoma Advocate & Lobbyist for those that do not have a voice. Her desire as a CMSA board member is to help build a healthy healthcare industry while supporting, encouraging and empowering the Case Managers from *all* entities with education, resources and relationships. Case Managers have one of the most difficult and important jobs in the industry, directing and caring for our patients.



Andrea McBride - Board of Directors Andrea McBride BSN/RN, MBA/HM is Vice President of Clinical Services for Cohesive Healthcare and Management where she works with internal and external case management for 5 critical access hospitals. She has been a nurse in the rural setting for over 30 years with the last 8 in case management. Her passion is ensuring safe transitions for patients where there are limited resources. CMSA is a great way to stay connected to a community that collaborates to improve patient outcomes.





Mary Beth Norbury - Board of Directors Mary Beth Norbury, LPN is the Chief Operating Officer of Allied Wound Care and Psych Plus of Oklahoma. Her background includes medical offices, assisted living, home health, hospice and LTACH in nursing, administration and marketing over the last 30 years. Through these positions she has worked with case managers to fulfill the needs of patients and their families. She is looking forward to working with CMSA to grow the membership and promote the association. “This group of people consistently advocates for patients and the betterment of case managers across the board. “



Natalie Teeter - Board of Directors Natalie Teeter is the Business Development Manager at Hanger Clinic, the largest provider of Prosthetics and Orthotics with over 900 clinics nationwide. She has worked in the healthcare arena for over 18 years and is now a strong advocate to empower the lives of amputees by ensuring they have the resources they need to succeed and reach goals of getting back to their lives and activities. Natalie Teeter is a proud Business Partner to CMSA-OK and understands the importance of retention and growth with our Business Partners, Worker’s Compensation Case Mangers, Hospital Case Managers, Social Workers and Administrator Partners. Natalie has a strong acumen for outside the box thinking and is excited to support and serve this board which allows her to grow her passion for both patient and healthcare professionals’ education.

Julie Harvey - Executive Director

Julie A. Harvey, M.Ed., NCC, LPC, CRC, CVE is the CEO of JAH Rehabilitation and has been a Vocational Rehabilitation Consultant for the last 29 years. Some of her specialties include Vocational Evaluations, Expert Testimony, Job Placement, Ergonomic Assessments, and Wage Loss Analyses across the State of Oklahoma. She has a federal contract with the Social Security Administration as a Vocational Expert since 2008. She has been a member of CMSA-OK for several years. Her goal as Executive Director of CMSA-OK is to expand the organization's continuing education offerings, as well as help grow the CMSA-OK membership, while managing the organization and providing support services to the Board. She has been married to David for 29 years and has two grown children, Hannah and Holten.



CMSA MEMBERSHIP ADVANTAGES



- **FREE ELECTRONIC STANDARDS OF PRACTICE BOOKLET**
- **FREE EDUCATION RESOURCE LIBRARY**
- **FREE WEBINARS**
- **DISCOUNTED CMSA ANNUAL CONFERENCE RATE**
- **DISCOUNTED INTEGRATED CASE MANAGEMENT COURSE & MANUAL**
- **DISCOUNTED JOB POSTING RATES THROUGH THE CAREER CENTER**
- **20% OFF CCM CERTIFICATION AND RENEWAL**
- **FREE CMSA WRITER'S WORKSHOP**

HOW TO JOIN: Click the purple "Find Out More" button in the middle of the page You will be taken to an additional website that leads you to information and the forms needed to become a member Click the blue "Join Now!" button on the upper lefthand side of the page You will be directed to another additional tab in which you will complete your form You will be prompted to fill in your personal information as well as answered questions regarding your field experience and expertise Click "SIGN UP" Google www.cmsa-ok.org/membership

BECOME A PARTNER: Google www.cmsa.org/corporatepartnership/ Click the blue "Get Details & Sign Up" button in the middle of the page. You will be redirected to a PDF document containing plentiful information about the history of CMSA and what we stand for, as well as incentives as to why you should partner with us and detailed explanations of all the levels available for partnership.



Member Payment Plan Options

Membership Dues Options

CMSA now offers several options for paying your membership dues.

Traditional Annual Payments

Pay your annual dues in full and receive a renewal notice/invoice prompting payment for the next member year. This payment option is available to all Member Types.

Two Year Membership

CMSA now offers a 2-Year membership at a discounted rate of \$310 for A & B members, and \$216 for military members. A savings of \$15 per year over the regular annual rate. Two years local chapter dues are required at time of join/renew to take advantage of the savings. The 2-year membership is available only for Member Types Individual A/B, and Military. The 2-year membership is not available in conjunction with monthly dues payment plan.

Automated Monthly Dues Payment Plan

1. CMSA now offers the budget-friendly, monthly payment plan. These payments will be charged to your credit card each month until you choose to cancel your membership, or change payment types. See cancellation policy for more information. The first payment includes 1/12 of National dues, full payment of local chapter*, and .84 cents/month processing fee. Remaining 11 months will reflect 1/12 of National dues (and .84 cent monthly processing fee). *Available to Member types A and B only.*

**Chapter Dues will be charged in full in the first installment payment and automatically renewed annually when opting for the monthly payment plan. The installment plan is not currently available for chapter dues.*

Example Monthly Auto Installment Payment: National dues \$170. Chapter dues \$20. First monthly payment: National= \$14.16, Chapter= \$20, and Processing Fee= .84 for a total of \$35. Remaining monthly payments: National= \$14.16 + Processing Fee= .84 for a total of \$15.

Case Management Society of America
5034-A Thoroughbred Lane, Brentwood, TN
37027

P: (615) 432-0101 • F: (615) 532-1715
cmsa@cmsa.org • www.cmsa.org



2024 CMSA-OK Partnership Opportunities

CMSA-OK is offering a new, improved sponsorship program for our business partners. We would like for your business to be actively involved with the association. You will have early selection of your conference booth before registration opens to the general public and non-sponsor members. Memberships will run January to December.

|  CMSA-OK Partnership – \$250 |  BRONZE Partnership – \$500 |  SILVER Partnership – \$1000 |
|--|---|--|
| Professional directory listing in quarterly newsletter | Includes: CMSA-OK benefits PLUS: | Includes: BRONZE benefits PLUS: |
| Invitation to all CMSA-OK events | Ad in Quarterly Newsletter | 3 Free Attendees at monthly Education Events |
| Logo on website | Co-Sponsorship for 1 Education Event | |

|  GOLD Partnership – \$1500 |  PLATINUM Partnership – \$2000 |  DIAMOND Partnership – \$3000 |
|--|--|---|
| Includes: BRONZE benefits PLUS: | Includes: GOLD benefits PLUS: | Includes: PLATINUM benefits PLUS: |
| 3 Free Attendees at Annual Conference | 2 Additional Free Attendees at monthly Education Events and Annual Conference | 1 Individual CMSA-OK Membership from your Company |
| 1 Standard Booth at Annual Conference with Gold Partnership Signage | 1 Showcase Booth upgrade at Annual Conference with Platinum Partnership Signage | Up to 10 Free Attendees at monthly Education Events and Annual Conference |
| 1 Article per year in one of our newsletters | Co-Sponsor of Annual Conference Break | Platinum Partnership Signage at Showcase Booth |
| | Full Page Ad in CMSA-OK Conference Program | 4-person team at Golf Tournament |
| | Hole Sponsor at Golf Tournament | |



2024 CMSA-OK Partnership Form

Company Name: _____

Contact: _____ **Phone:** _____

Business address: _____

City: _____ **State:** _____ **Zip:** _____

Email: _____

Email Blast - \$150 per page



At the discretion of the CMSA-OK Board, sharing of professional events, such as Open House, CEU Meetings/Webinars, etc. will be shared with the CMSA-OK Membership for \$150 per page. Must be an active Business Sponsor or CMSA-OK member to participate.

Sponsorship Level:

___ - \$250 Business Partnership

___ - \$500 Bronze Partnership

___ - \$1000 Silver Partnership

___ - \$1500 Gold Partnership

___ - \$2000 Platinum Partnership

___ - \$3000 Diamond Partnership

Payment/Date:

___ Check being mailed, due within 30 days Today's Date _____

___ Credit Card – Call with information – 405-406-1933 Today's Date _____

Payments can be made over January, February, March, with final payment due by March 31st. Payment must be received prior to receiving Partnership benefits. All Business Partners paid in full by March 31st will have their logo displayed at our Education Events.

Thank you for your support,

Julie A. Harvey, M.Ed., NCC, LPC, CRC, CVE

CMSA-OK Executive Director

P.O. Box 14734, OKC, OK 73113, (405) 406-1933

Collaboration with Case Management is Key to the Quality of Life for Stroke Patients

Written by Gina Thomas, MBA, RN, Chief Development & Public Relations Officer on behalf of Oklahoma City Rehabilitation Hospital & Leah Whippo, Case Manager

Multi-disciplinary collaboration between the clinical team, which includes the Case Manager, (in many settings, the case management team can be a combination of case managers and social workers and for this article, we will use the term case manager, which may mean one or both titles) and also the patient is critical in managing many debilitating diseases. After just ending Heart month, we will focus this article on the case manager's importance to the patient's recovery after an acute onset of a stroke or the residual effects of a previous stroke.

Stroke is one of the leading causes of serious disability and death in the United States.¹ Additionally, stroke has been on the rise since the onset of COVID which has led to greater complications (one patient's success after several complications after COVID will be highlighted later in this article). Stroke has been listed in the top 5 leading causes of death in Oklahoma. An improved level of functioning for the stroke patient can be a possibility when the stroke is treated quickly and the patient is stabilized and the patient can progress to undergo intense stroke rehabilitation. The Case Manager, in collaboration with the clinical team and physician, provides guidance and direction for each stroke patient and their family and caregiver as their condition stabilizes immediately following a stroke in the short-term acute care hospital. Depending on the type of stroke, the patient may need different types of rehabilitation and resources that the Case Manager will provide and facilitate.

A study comparing functional improvements after a stroke has been published to assist in determining the best level of care for a stroke patient.² The clinical team and case management in coordination with rehabilitation clinicians can evaluate the patient to determine the course of therapy for the greatest outcomes. Patients who can endure intense stroke rehabilitation in an inpatient rehab program have the greatest outcomes and the ability to function at the highest level possible and return to their own community. The patients who meet the criteria for intense stroke rehabilitation (average of 3 hours per day) in a rehab hospital will have an individualized plan of care developed for them and depending on the type of stroke, the treatments may include physical therapy (mobility, strength, coordination, and balance), occupational therapy (address activities of daily living, fine

motor skills and upper extremity range of motion to perform daily tasks such as showering, dressing, eating and socializing with family and friends) and speech therapy (speech exercises and cognitive therapy). The Case Manager is often seen as a patient advocate and a liaison between the rehab therapy team and the patient and family. The clinical understanding by the Case Manager helps the stroke patient and family understand their progress and how these therapy services will facilitate that progress to live life as independently as possible.

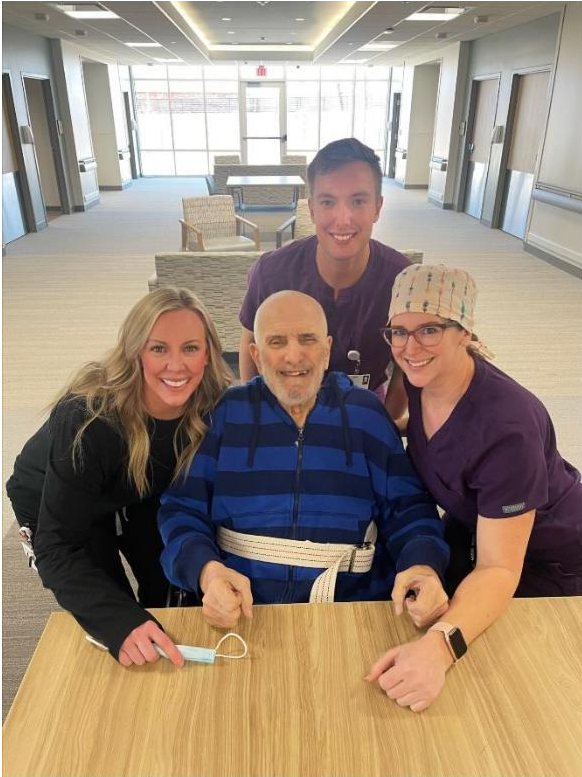
As a part of the clinical team, the Case Manager at the rehabilitation hospital coordinates the length of stay management within Medicare (CMS) guidelines. The length of stay at the rehabilitation hospital requires frequent communication with the patient and the family as the patient progresses and improves. Throughout the course of the inpatient rehabilitation, the Case Manager collaborates with the clinical rehab team to understand the patient's progress and facilitate communication with the patient and the patient's family and aides in determining and arranging the resources the patient may need to continue their rehabilitation once they leave the rehab hospital. Case Managers can assist with follow-up appointments such as outpatient rehab therapy, in-home assist devices, and access to support groups and also guide the family and caregiver in how to best continue the improvements in the level of function desired.

Some patients may be too weak following a stroke to undergo intensive rehabilitation and may need more recovery time to gain strength. In situations where patients need more recovery time or stabilization and may need to stay in a short-term acute care hospital, skilled nursing facility, or a long-term acute care hospital before being referred to an intense rehabilitation hospital. The Case Manager's expertise and guidance during this process are important to ensure the patient has the highest opportunity to improve in the most appropriate clinical setting.

Let's talk about a patient who had experienced a significant health impact from COVID, which led to additional complications which resulted in a deterioration of this active elderly patient's condition. He had endured sepsis and acute hypoxic respiratory failure. After medical stabilization at acute care short-term and long-term hospitals, he was admitted to Oklahoma City Rehabilitation Hospital for intense medical rehabilitation. He had also become severely depressed from his inactivity and his daughter was concerned that he had lost his will to live. The clinical rehab team with the Case Manager as the advocate to the patient and the patient's daughter set goals of returning this patient to his life without oxygen and overall improved mobility.

The patient succeeded in achieving these goals plus a few more! The Case Manager stated that the patient ‘made a 180, was walking out of his room talking with his daughter and the rest of the rehab team.’ His physical and medical health greatly improved and he was discharged with a smile on his face.

Patient-Mr. P, with Leah, Case Manager, Anna, PT;



Shelby, OT

With a focus on addressing the physical, cognitive, psychological, social, educational, and work-related needs, the Case Manager collaborates with the specialized stroke rehabilitation team to create a comprehensive, well-rounded individualized stroke rehab program using specialized therapeutic modalities designed for optimal functioning ability.

For more on stroke and heart disease, visit –

<https://www.stroke.org/>

[Oklahoma City | American Heart Association](#)

For more on stroke rehabilitation services please visit -

[Stroke Rehab | Oklahoma City Rehab \(oklahomacity-rehab.com\)](#)

2022-2023 CMSA-OK BUSINESS PARTNERSHIP SPONSORS

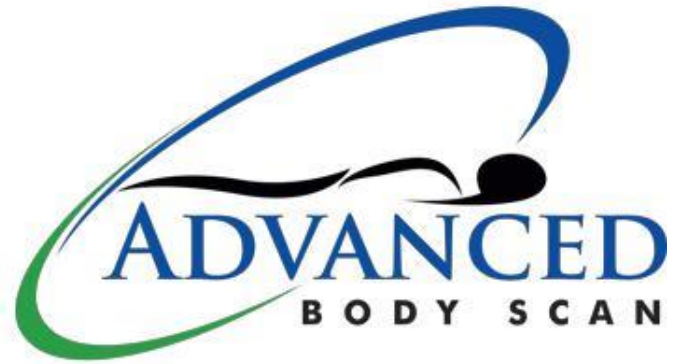


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Delivering Value to Patients and Partners*





**2023 CMSA-OK
ANNUAL
CONFERENCE
BOOTH
EXHIBITORS**





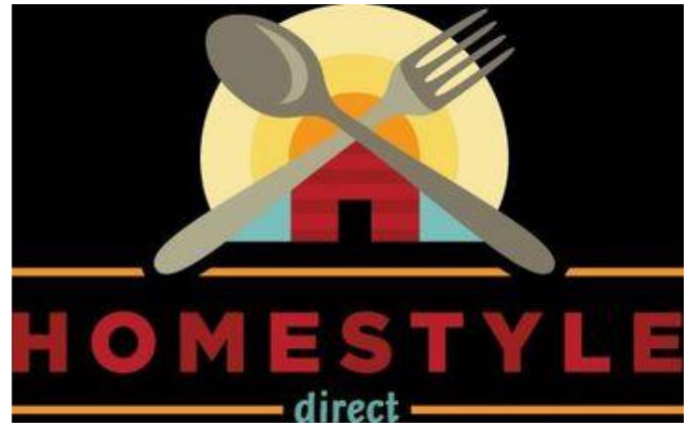
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A circular logo with a black border. Inside, the letters "Jk" are written in a large, purple, cursive font. Below "Jk", the word "CONSULTING" is written in a smaller, purple, sans-serif font. At the bottom of the circle, there is a graphic of two hands shaking in a purple and white color scheme.

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