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-- Our Core Beliefs --

1. We are a support group whose primary focus is non-judgmental recovery.
2. We celebrate all pathways to recovery.
3. We fully believe in and support MAT.
4. There are no religious or spiritual requirements imposed here.
5. The only requirement is a desire to improve your life.
6. This group is a safe space - for people to be their true selves - and share whatever their heart desires - without fear of judgment.