#### **Phoenix Center**

1640 E. McDowell Rd. Phoenix, AZ 85006 (602) 715-0999

#### **Apache Junction Center**

252 N. Ironwood Dr. Apache Junction, AZ 85120 (480) 983-4673

#### Coolidge Center 850 N. California St. Coolidge, AZ 85128

(520) 723-8888

#### Maricopa Center 45978 W. McDavid Rd

Maricopa, AZ 85139 (520) 568-0532

#### West Valley Center

12101 NW Grand Ave. El Mirage, AZ 85335 (623) 875-4549

## Camp Verde Center Anna House Maternity Home

77 General Crook Trail Camp Verde, AZ 86322 (928) 567-5433

 $www. hopewomens center. org\\ info@hopewomens center. org$ 

#### **COMMUNITY RESOURCE NUMBERS**

#### **Emergency Phone Numbers**

Crisis Line: (602) 222-9444 | 1-800-631-1314 (24hrs)

Domestic Violence Hotline: 1-800-799-7233 Suicide Prevention Lifeline: 1-800-273-8255

Community Info/Referral: 2-1-1

#### **Shelters**

Domestic Violence Screening: (480) 890-3090

Family Housing Hub: (602) 595-8700

#### **Rental and Utility Assistance**

The Salvation Army: (623) 977-1084

#### Food Banks

Valley View Community Food Bank (623) 933-3358 St Mary's Food Bank (623) 242-3663

### **Hope Women's Center**

#### Who We Are

Hope Women's Center is a faith based, Trauma informed care center serving Women and teen girls facing any difficult life situation. Whatever the adversity – addiction, domestic violence, sexual abuse, unplanned pregnancy, feeling overwhelmed by parenting, unemployment, loss of confidence or support system, human trafficking, family conflict or change, children in the foster care system, homelessness, or healing past trauma – Hope's holistic approach helps engage, encourage, and equip women in all stages of life.

#### **Free Services**

- One-on-one Mentoring and Support Groups\*
- Life Skills and Faith Based Classes
- Pregnancy Testing and Support\*
- Post Abortive Classes
- Substance Abuse Recovery Support\*
- Programs for birth mothers whose children are in Foster Care
- Material/Utility Assistance\*\*
- Women's Boutique (clothing, personal care items, baby/children items, household products)

\*staff availability permitting
\*\*based on available funds

hopewomenscenter.org



# August 2022 Education Schedule

#### West Valley Center 12101 NW Grand Ave. El Mirage, AZ 85335

## Sign up for classes at (623) 875-4549

All Classes Are Free Todas las Clases son Gratis

#### **Center Hours**

Wednesday – Thursday
9am – 2pm
Monday and Tuesday via zoom
Center closed Mon, Tues, and Fri.
Cerrado Lunes, Martes y Viernes

#### Monday - Lunes August 2022

	1st	8th	15th	23rd	29th
11am	Understanding Trauma Zoom ONLY				
6pm			d and S oom ON		

#### Tuesday – Martes August 2022

	2nd	9th	16th	23rd	30th
WHI 10am	RC	Sup	_	nant Mo Group ONLY	oms
11am			Family	/ Fabric ONLY	
11am	La		ctura famil oom C		stra

# Children's Program for clients attending classes or in Mentoring

Programa de Cuidado de Niños para las clientas que asisten a nuestras clases

#### Wednesday - Miercoles August 2022

	3rd	10th	17th	24th	31st
Val 9 am	Changes that Heal FB				
Melody 10am			f and l n Avai		
Carmen 11am	Moi		pray- N Oran n <i>Avai</i> l		que
12pm		5	Sewing	J	
3pm	Lov		Logic om ON		ing

Please, NO children allowed in classes except for nursing infants.

No se permiten niños en las clases con excepción de bebes de pecho.

#### **Center Hours**

Wednesday - Thursday
9am - 2pm
Monday and Tuesday via Zoom

Zoom Classes available from other centers. Please contact <u>erin @hopewomenscenter.org</u> for more information.

#### Thursday - Jueves August 2022

	4th   11th   18th   25th
Erin 9am	Coping Skills
Deb 10am	Follow your Heart FB  Zoom Available
Sarah 11am	Parenting Support
11am	Rise Above Abuse Zoom ONLY
Shannon 12pm	Exercise
6pm	Life's Healing Choices Zoom ONLY

\*\*Male Participants allowed when accompanied by a female client Sign up for classes at (623) 875-4549

