



**4 TOWERS MARTIAL ARTS**  
**KARATE & STRONG NATION & PIYO LIVE & YOGA**  
**SCHEDULE**



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CHILD BEGINNERS (KARATE)		6:15 PM TO 7:00 PM		6:15PM TO 7:00 PM	APPOINTMENTS ONLY	SPECIAL EVENTS
CHILD INTERMEDIATE (KARATE)	6:15PM TO 7:00 PM		6:15PM TO 7:00 PM		APPOINTMENTS ONLY	SPECIAL EVENTS
BLACK BELT CLUB			7:00 PM TO 7:30 PM		APPOINTMENTS ONLY	SPECIAL EVENTS
SAMURAI CLUB	7:00 PM TO 7:30 PM				APPOINTMENTS ONLY	SPECIAL EVENTS
ADULT COMBAT / SPARRING	7:30 PM TO 8:30 PM	7:30 PM TO 8:30 PM	7:30 PM TO 8:30 PM	7:30 PM TO 8:30 PM	APPOINTMENTS ONLY	SPECIAL EVENTS
		5:30 PM TO 6:00 PM		5:30 PM TO 6:00 PM		
	5:30 PM TO 6:00 PM	7:00 PM TO 7:30 PM	5:30 PM TO 6:00 PM	7:00 PM TO 7:30 PM		
YOGA		9:15 AM TO 10:15 AM		9:15 AM TO 10:15 AM		

**FOR MORE INFORMATION CALL**

**(352) 255-6633 (KARATE)**

**(352) 255-5692 (STRONG NATION & PIYO LIVE)**

**(863) 353-6897 (YOGA)**