# Katie Klaehn, MA, LPC, LSOTP

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#### **PHILOSOPHY**

Individuals need to be healthy beings any given day of life. A therapist needs to be available to facilitate an individual in processing life events that are causing difficulties in daily functioning and progression in achieving life's goals. A therapist is there for the individual and responsible to assist them to meet their short term and long term goals with the best supportive therapeutic intervention. Community Safety is first priority then rehabilitation of the offender in SOTP.

### **EDUCATION**

• West Texas A & M University, Masters of Art in Counseling January 2011 to December 2014 66 Hours

 West Texas A&M University, Bachelor of Science Psychology August 1993 to August 1996

• Colorado Christian University

August 1992 to August 1993

• Amarillo High School, 1992

#### PROFESSIONAL ORGANIZATION MEMBERSHIP

- American Counseling Association
- International Society of Trauma and Dissociation
- Association for Treatment of Sexual Abusers

### **WORKING EXPERIENCE**

## License Professional Counselor, Licensed Sex Offender Treatment Provider

January 30, 2017 to present

- Completing psychosocial assessments on adults to gain background information and make recommendations of needs and parenting deficiencies
- Providing Individual therapy to children that are victims of abuse and neglect or other types of trauma such as medical, grief and loss, or other traumatic events.
- Conducting group therapy if a therapeutic necessity exists
- Providing individual therapy for adolescents of delinquent behavior privately and agency driven
- Providing individual therapy for adults and children suffering from depression, anxiety, conduct disorder, adjustment disorder, and personality disorders that are needing assistance with daily mental health needs or to learn skills to better cope with daily living difficulties
- Providing supervision for family visitation and parenting instruction to assess parent's ability to appropriately care for a child unsupervised or for long periods of time
- Providing couples counseling to better the marriage, assist in managing co-parenting dynamics, and premarital foundations.

- Assistance in working with Sex Offender Chaperones in learning offender specific skills in order to better assure the safety and well being of the individual children they oversee assuring their safety while overseeing visitation
- Conducting individual therapy with women sexual offenders along with working alongside the professional involved in the process of treatment: probation, the justice system, psychiatry, etc

### License Professional Counselor - Intern

April 25, 2015 to January 30, 2017

- Been providing Sex Offender Case management under supervision of Troy D. Timmons, M. Ed. LPC, SOTP-S.
- Conducting individual therapy and group therapy for sex offenders
- Conducting individual therapy and group therapy for Potter County Juvenile Probation
- Providing individual therapy for self pay clients needing assistance with daily mental health needs or learn skills to better cope with daily living difficulties
- Providing supervision for family visitation and parenting instruction to assess parent's ability to appropriately care for a child unsupervised or for long periods of time
- Assistance in working with Sex Offender Chaperones in learning offender specific skills in order to better assure the safety and well being of the individual children they are in charge of assuring their safety will overseeing visitation
- Working on my Licensed Sex Offender Treatment Provider License

# **Department of Family and Protective Services**

December 1997 to November 2014

## **Investigation Supervisor – Rural and Urban**

October 2013 to November 2014

- Oversee 6 workers that are completing investigations on allegations of abuse and neglect
- Make case direction decisions on investigations throughout the day/month based on workers, providers, and legal responsibility to assure the safety and well-being of a child
- Assigned as a team member of the child advocacy center and represent supervision on the agency workgroup to create policy and effective organization approaches
- Conduct monthly staffing with individual workers to conference cases, job quality, and assist in personal development
- Conduct monthly unit meetings to update and train on changes in policy and law along with building teamwork and workplace harmony
- Responsible to bridge the gap between department, community agencies, legal services, and service providers to create a team approach to servicing children and families

Conservatorship Supervisor – Temporary Managing and Permanent Managing

October 2005 to October 2013

- Oversee 180 to 220 Conservatorship cases at a given time The supervisor's responsibility in managing each case is to make casework decisions based on workers, providers, and legal information to work toward permanency for children
- Oversee 10 to 13 employees on any given occasion The supervisor is the leader and has a responsibility to set the example for the work ethic and work environment that is to exist during daily functioning
- Assigned court supervision on individual cases and department cases for any given court monthly
- Conduct monthly staffing with individual workers to conference cases, job quality, and assist in personal development
- Conduct monthly unit meetings to update and train on changes in policy and law along with building teamwork and workplace harmony
- Responsible to bridge the gap between the department, community agencies, legal services, and service providers to create a team approach to servicing children and families
- Cover cases in Potter, Randall, Armstrong, Deaf Smith, Parmer, and Oldham Counties
- Facilitate trainings for Amarillo CASA and Great Plains CASA based out of Hereford
- Attend Child Welfare Board meetings as requested

# Child Protective Services Specialist V

September 2002 to September 2005

- Responsible to be the leader for worker level staff along with assistant supervisory staff as requested
- Assigned high profile type cases to investigate or work along with sensitive cases that required increased confidentiality
- Provide new worker training or one on one training as requested by management to increase skills or assist with bettering job functioning

### Conservatorship Worker III & IV

January 2001 to August 2002

- Responsible to create plans of service and assist referring families to services in order to achieve permanency for children in foster care
- Conducted monthly home visits with children in foster care along with their parents to conduct monthly assessments
- Document case notes and case work to depict workers contacts with the foster children, parents of the children, and the service providers involved with the family
- Create legal reports and attend court hearings as required to testify and achieve permanency for foster children

## Investigative Worker II & III

October 1998 to January 2001

• Investigate abuse and neglect allegations by conducting interviews of victims, siblings, parents, and collaterals to ascertain what has occurred then use that information to formulate an assessment to protect children

# Family Based Safety Worker I

March 1998 to October 1998

• Provide services to family that are not involved with the legal system, but required intervention to assure the safety and well-being of the children

# Other Job Opportunities

Maverick Boys and Girls Club Unit Director Youth Center of the High Plains Juvenile Detention Officer Mental Health Case aide – Texas Panhandle Mental Health August 1996 to December 1997 June 1994 to January 1996 August 1993 to December 1995

# **Professional Organizations/Memberships**

- Member of American Counseling Association
- Member of International Society for the Study of Trauma and Dissociation
- ATSA, Association For the Treatment of Sexual Abusers
- Member of Chi Sigma Iota, Counseling Honor Society

### **Certifications**

- Trauma Informed Cognitive Behavioral therapist
- Certified Clinical Trauma Specialist

#### **Publications**

Katie Klaehn and Daniel Klaehn, Maintenance of Chronic Illness in Children with Collaborative Care. *Panhandle Medical*, 2017.

Katie Klaehn and Daniel Klaehn, Theory of Everything: The Texas Panhandle and South Plains. *Panhandle Medical*, 2017.

### **Trainings**

Texas CANS Child Welfare 2.0 Praed Foundation Collaborative Training Website (TCOM) May 2023 – 2 hours

Putting the Pieces Back Together—Victim Clarification and Family Reunification After Sexual Behavior Treatment
Counsel of Sex Offender Treatment
March 2023 – 1.5 hours

Digital Sex Education: Talking Tech, Teens, & Sex Counsel of Sex Offender Treatment March 2023 – 1.5 hours

The Expert Advocate: Use Science. Champion Clients. Counsel of Sex Offender Treatment

March 2023 – 1.5 hours

Pedophilia and Other Hard to Spell Paraphilias Counsel of Sex Offender Treatment March 2023 – 1.5 hours

Extracting Information: Interviewing (Part 2)
Counsel of Sex Offender Treatment

March 2023 - 1.5 hours

Extracting Information: Interviewing (Part 1) Counsel of Sex Offender Treatment March 2023 – 1.5 hours

Taking The High Road: Ethical Challenges We May Face Everyday Counsel of Sex Offender Treatment March 2023 – 1.5 hours

Strategies for Engaging Clients Counsel of Sex Offender Treatment March 2023 – 1.5 hours

Compassion Fatigue and Developing Resiliency for Professionals Working with Sex Offenders (Part 1)
Counsel of Sex Offender Treatment
March 2023 – 1.5 hours

Trauma-Informed Care: What It Is, What It Isn't, and What You Should Know Counsel of Sex Offender Treatment March 2023 – 1.5 hours

Trauma and Complex Trauma: Ethics and Boundaries Counsel of Sex Offender Treatment March 2023 – 1.5 hours

The Continuum of Treatment for Harmful Sexual Behavior: Prevention, Addiction, and Offending
Counsel of Sex Offender Treatment

March 2023 – 1.5 hours

Dissociation and Trauma Spectrum American Counseling Association September 2022 – 1 hour

Texas Human Trafficking Resource Center HEART Training Texas Department of State Health Services September 2022 – 1.5 hours

Texas State Board of Examiners of Professional Counselors Jurisprudence Exam Texas Behavioral Health Executive Council September 2022-1 hour

Abel Assessment for sexual interest-3 Administrator and Interpreter Training Test Abel Screening July 2022 – 5 hours

Ten Key Strengths-Based Concepts and Interventions

Association for the Treatment of Sexual Abusers

September 2021 - 2 hours

Mission Impossible? Teaching Sexual History to Individuals who Commit Sexual Offenses

Association for Treatment of Sexual Abusers

September 2021 - 2 hours

Violence Risk Scale-Sexual Offense Version (VRS-SO) Training (Part 1)

Association for Treatment of Sexual Abusers

September 2021 - 1.5 hours

Violence Risk Scale-Sexual Offense Version (VRS-SO) Training (Part 2)

Association for Treatment of Sexual Abusers

September 2021 - 1.5 hours

Violence Risk Scale-Sexual Offense Version (VRS-SO) Training (Part 3)

Association for Treatment of Sexual Abusers

September 2021 - 1.5 hours

An Open Dialogue: Ask Your Questions About Sibling Sexual Abuse & Reunification

Association for Treatment of Sexual Abusers

September 2021 - 1.5 hours

Preventing Burnout Amongst Mental Health Professionals Working With Sexual Abusers

Association for Treatment of Sexual Abusers

September 2021 - 1.5 hours

An Interpersonal Treatment Approach to High Psychopathy Using Group

Association for Treatment of Sexual Abusers

September 2021 - 1.5 hours

Certified Clinical Trauma Specialist Training

**Udemy Academy** 

April 2021 – 17 hours

Understanding Sex Offenders: The Hunter and The Hunted

Council of Sex Offender Treatment

March 2021 – 1.5 hours

Trauma Informed Care in the Mgmt and Treatment of Sexual Offenders

Council Of Sex Offender Treatment

March 2021 – 1.5 hours

Enhancing Your Assessment Skills: A Case for Screening Tools in Routine Assessment

Council of Sex Offender Treatment

March 2021 – 1.5 hours

Forget the Trolley: Complex Ethical Dilemmas in Forensic Practice and Research

Council of Sex Offender Treatment

March 2021 – 1.5 hours

Victim Blaming and Retaliation

Council of Sex Offender Treatment

March 2021 - 1.5 hours

Six Strategies to Improving Your Therapeutic Engagement Skills

Council of Sex Offender Treatment March 2021 – 1.5 hours

Treating Adolescents Who Abuse Porn Council of Sex Offender Treatment March 2021 – 1.5 hours

Ethical Considerations in Treating Complex Trauma Council of Sex Offender Treatment March 2021 – 1.5 hours

Suffer from Burnout? Council of Sex Offender Treatment March 2021 – 1.5 hours

Neuroscience and Adolescent Sexual Behavior Problems: Development and Treatment Council of Sex Offender Treatment March 2021-1.5 hours

When the Juvenile Sex Offender is a Victim Also? Council of Sex Offender Treatment March 2021 – 1.5 hours

Counterintuitive Behavior in Victims and How Offenders Induce It Council of Sex Offender Treatment March 2021 - 1.5 hours

Human Trafficking Prevention and Advocacy Michigan Public Health Training Center September 2020 – 6 hours

Child and Adolescent Needs and Strengths Assessment Superior Medicaid September 2020 – 6 hours

Dissociative Identity Disorder: How to recognize it and Principles of Treatment Colin Ross ISSTD
October 4, 2019 – 6 hours

Child and Adolescent Needs and Strengths Assessment Superior Medicaid August 2019 – 6 hours

Juveniles Who Have Offended Sexually: Risks and Resilience, Assessing Treatment Needs And Progress Council of Sex Offender Treatment February 2019-3 hours

Chronic Pornography Use and Other Sexual Excesses Council of Sex Offender Treatment February 2019 – 1.5 hours

Art of Testifying: Improving Your Delivery Council of Sex Offender Treatment February 2019 – 1.5 hours

Inside the Mind of the Sex Offender Council of Sex Offender Treatment February 2019 – 3 hours

Ethics

Council of Sex Offender Treatment February 2019 – 3 hours

Behavioral Progression: Pathways to Sexual Violence Council of Sex Offender Treatment February 2019 – 3 hours

A Balance Approach: Treatment and Supervision Strategies to Reduce Risk and Address Client Needs from Victi Centered Approach Council of Sex Offender Treatment February 2019-1.5 hours

Utilizing Experiential Strategies in Conjunction to CBT Therapy Council of Sex Offender Treatment February 2019 – 1.5 hours

Criminal Paraphilia Council of Sex Offender Treatment March 2018 – 3 hours

Stable Dynamic Risk Council of Sex Offender Treatment March 2018 – 3 hours

What's New in Understanding and Treating Adolescents Who Abuse Council of Sex Offender Treatment March 2018 – 1.5 hours

Pornography & Adolescents: What to Do? Council Of Sex Offender Treatment March 2018 – 1.5 hours

Risk Assessment: New Developments to Think About Council of Sex Offender Treatment March 2018 – 1.5 hours

safeTALK – Suicide Prevention and Assessment Amarillo College November 8, 2017 – 4 hours

Trauma Focused Behavioral Therapy Training
Stress Management, Psychoeducation, Affect Expression and Modulation, Cognitive Coping,
Creating the Trauma Narrative, Cognitive Processing, Behavioral Management, ParentChild Sessions
Medical University of South Carolina

Inside the Mind of the Predator and Psychopath

May 30, 2017 – 10 Hours

Council of Sex Offender Treatment February 2017 – 3 hours

Fool Proofing your Practice Council of Sex Offender February 2017 – 1.5 hours

Extracting Information 201 Council of Sex Offender February 2017 – 1.5 hours

Sex Offender Laws and Policies Council of Sex Offender February 2017 – 1.5 hours

Juvenile Sex Offenders: Implications of Recent Research Council of Sex Offender February 2017 – 1.5 hours

Treating Trauma in the Sex Offender Population Council of Sex Offender February 2017 – 1.5 hours

Static 99 Risk Tools: Revisions and Updates Council of Sex Offender February 2017 – 1.5 hours

Ethical Challenges & Trying to Please Everyone Council of Sex Offender February 2017 – 3 hours

Neurobiology of Sexual Assault Amarillo College August 2016 – 7 hours

Child Pornography and Relationship to Contact Offending Amarillo College April 2016 - 7 hours

How Sex Offenders Think & Get Into The Mind Of Their Victims Council on Sex Offender Treatment March 2016 – 3 hours

Rediscovering Female Offenders Council on Sex Offender Treatment March 2016 – 1.5 hours

Interviewing Victims of Child Sexual Abuse: Review of Coaching & Suggestibility Council on Sex Offender Treatment

March 2016 – 1.5 hours

How Lessons have Improved Pratice in Helping Juveniles Who Have Offended Succeed Council on Sex Offender Treatment March 2016-3 hours

Working with Intellectually Disabled Registered Sex Offenders Council on Sex Offender Treatment March 2016 – 1.5 hours

Hands on Guide to Treating Obsessive Compulsive Disorder Council on Sex Offender Treatment March 2016 – 1.5 hours

Ethical Challenges and Working as a Team Council on Sex Offender Treatment March 2016 – 3 hours

Suicide & Self Mutilation: Stopping the Pain PESI Training Organization
December 2015 – 6.25 hours

Sexual Trauma and Effects on Mental Health Northwest Texas Hospital & Troy D. Timmons, M.Ed, LPS, SOTP-S October 2015-5.5 hours

Solutions for the Sexually Abusive Youth: Developmental Issues/Clinical Interventions Council on Sex Offender Treatment

March 2015 – 1.5 hours

Traits to Build Ethical Behavior in SOTP Work Council on Sex Offender Treatment March 2015 – 3 hours

Child Pornography: Treatment, Supervision and Risk Assessment Council on Sex Offender Treatment March 2015 – 1.5 hours

Psychosexual Risk Assessment Council on Sex Offender Treatment March 2015 – 1.5 hours

Ethical Decision Making in this Job Council on Sex Offender Treatment March 2015 – 1.5 hour

Understanding the Sexual Offender Council on Sex Offender Treatment March 2015 – 3 hours

Counterintuitive Victim Behavior Council on Sex Offender Treatment March 2015 – 3 hours

Working with the Non Offending Parents in Child Sexual Abuse Council on Sex Offender Treatment
March 2015 – 1.5 hours
Conducting a Thorough Sexual Offender Evaluation
Council on Sex Offender Treatment
March 2015 – 1.5 hours

Understanding the DSM V and ICD 10 WTAMU April 2014 – 6 hours

Inside the Mind of the Offender

WTAMU April 2013 – 6 hours

Child Welfare and Well-Being Amarillo College August 2012 – 6 hours

All Roads Lead to Permanency Texas Women's University July 2011 – 12 hours

Crimes Against Children's Conference
Dallas Police Department and Advocacy Center, Dallas, Texas
(Trafficking/Exploitation of Children, stages and process of sexual abuse of child by
predators, Cases work with disabled children, Medical Child abuse, Child falls and injuries,
the non-protective parent/protective parent)
August 2008 – 19.5 hours

I Miss My Family: Separation and Loss From a Child's Perspective Texas Department of Family and Protective Services August 2008

Undoing Racism
Texas Department of Family and Protective Services
May 2008 – 17 hours

De-escalation Texas Department of Family and Protective Services September 2007 – 1 hour

Transitional Living Life Skills Assessment, Transition Planning, & Adult Living Texas Department of Family and Protective Services
September 2007 – 3 hours

Knowing Who You Are – Cultural Diversity Texas Department of Family and Protective Services September 2006

Drug Abuse and Child Development Amarillo College April 2006 – 5.75 hours

Drug Endangered Children Amarillo College October 2005 – 7.5 hours

Knowing Where to Draw the Lines – Ethics Texas Department of Family and Protective Services October 2005 – 6 hours

Substance Using Adolescent Clients and Their Families Texas Department of Family and Protective Services September 2005 – 6 hours

Texas Alliance for Drug Endangered Children Tarrant County College

(Children exposed to methamphetamine use and meth labs, medical findings for children exposed to meth)

April 19-20, 2005 – 12 hours

Crimes Against Children Conference

Dallas Police Department and Advocacy Center, Dallas, Texas (Investigating Physical Abuse/Neglect, Medical Finding in Shaken Baby Syndrome and Abusive Head Trauma, Fall Injuries – main excuse for head injuries, Investigating Abusive Head Truma & other Serious Physical Abuse, Physical Abuse: Discipline & Culture)

August 23 –26, 2004 – 19.5 hours

CPS and the 4<sup>th</sup> Admendment – Respecting the Rights of Families Texas Department of Family and Protective Services July 2004 – 1.5 hours

Qualities of a Leader – Skills to lead a group of people and achieve maximum out put Texas Department of Family and Protective Services

April 2004 – 5 hours

Working with Mexican American Children and Families Texas Department of Family and Protective Services December 2003 – 6 hours

Child Trauma Academy –Working with children experiencing abuse & secondary trauma Texas Department of Family and Protective Services August 2003 – 3 hours

The Medical Evaluation of the Abused Child: Physical (Shaken Baby Syndrom and Head injuries) and Sexual Abuse
Amarillo College
May 2003 – 7 hours

Talking to Children and Adolescents Texas Department of Family and Protective Services May 2002 – 4 hours

Risk Assessment: Safety Plans Texas Department of Family and Protective Services July 2001 – 1 hour

Child Welfare, Adoption & Safe Families Act Department of Family and Protective Services June 2001 – 7 hours

Munchausen By Proxy Training – Parents that harm their children for attention Texas Department of Family and Protective Services

November 2000 – 6.6 hours

The Prosecution of Child Abuse Cases
Texas Department of Family and Protective Services
October 2000 – 14 hours

Risk Assessment and Court Room Testimony Texas Department of Family and Protective Services June 2000 – 1 hour

Child Abuse and Death Investigations Amarillo College June 2000 – 5.1 hours

Risk Assessment: Assessing Family's Attachment & Safety Plans Texas Department of Family and Protective Services April 2000 – 2 hour

Differences – Building Bridges or Walls Cultural Diversity Amarillo College February 2000 – 14 hours

Risk Assessment and Child Abuse/Neglect Training Texas Department of Family and Protective Services January 2000 – 12 hours

Risk and Assessment of Bonding and Safety Texas Department of Family and Protective Services August 1999 – 12 hours

APSAC Collogquium Conference on Investigation, Cultural Diversity, and Interviewing Techniques

American Professional Society on the Abuse of Children

(Scalp Swelling Rapidly Develops after Acute Skill Fractures in Young Children, Medical Neglect, Child Fatality, Investigation of Physical Abuse, Munchausen By Proxy Syndrome, Medical Finding in Maltreatment, Shaken Baby Syndrome, How to Investigate Suspicious Head Trauma,

June 1999 – 48 hours

Advanced Investigation Training and Skills Amarillo College March 1999 – 21 hours

Child Abuse Exploitation and Investigative Techniques Amarillo College and Fox Valley Technical College February 1999 – 35 hours

Trauma Perspective on Child Sexual Abuse, Identification, Investigation, Interviewing, and Intervention
Amarillo College

August 1998 – 11 hours

Substance Abuse and Child Protective Service Clients Texas Department of Family and Protective Services May 1998 – 12 hours

Human Development Texas Department of Family and Protective Services January 1998 -18 hours

Family Assessment Texas Department of Family and Protective Services January 1998 – 12 Hours

Child Placement

Texas Department of Family and Protective Services

January 1998 – 30 hours

Abusing and Neglecting Families Texas Department of Family and Protective Services December 1997 – 30 hours