



Camp (\$50- \$40 for additional siblings)

June 5th - 9th, 2023 at JBEN Gymnastics in Norton. A registration link is now available on the Cheer Xplosion website page which can be found at www.jbengymnastics.com. No tumbling will be taught during this time. Skills will be jumps, stunting, and dance. Tumbling will be practiced during the week, but we will not be teaching gymnastics skills that athletes are currently working on getting. A short dance routine will be taught during this time and will be performed at tryouts.

- Children born 2016 - 2018: 4:00 pm - 5:00 pm
- Children born 2011 - 2015: 5:00 pm - 7:00 pm
- Children born 6/1/2004 - 2010: 7:00 pm - 9:00 pm

Tryouts

June 10, 2023 and will begin at 9:00 am - Norton JBEN Gymnastics gym.

Skills judged at tryouts will be tumbling, dance, and jumps. Stunting and overall attitudes of athletes will be judged based on camp week. We will be utilizing guest judges as well as our own staff.

Division Eligibility by Age

The new 2023-2024 USASF division age grid divides our groups as follows:

- Sparklers - Born 2016-2018
- Dynamite - Born 2011-2016
- Xplosion - Born 6/1/2004 - 2012

Must provide copy of birth certificate by first team practice.

Schedule

Practices will be Monday, Wednesday, every other Saturday.

A monthly schedule will be sent out to ensure everyone knows the cheer schedule for the month.

- Sparklers - Mon* and Wed 4:30-5:30; Sat 11:30-1:30
- Dynamite - Mon* and Wed 5:30- 7; Sat 1:30- 3:30
- Xplosion - Mon* and Wed 7-9 Sat; 9-11 am
 - ❖ *Monday practices will include gymnastics for cheer tumbling skills.*

June and July (skill building months)

August (Begin learning routines and practicing for competitions)

Uniforms

Approx \$300- Includes full uniform, bow, shoes and a bag. (This is an estimate from our vendor so price may fluctuate)

We will do a fundraiser to help with the cost of this.

Overall Cost

- Camp \$50 (\$40 for any additional siblings); tryout is included.
- Registration (once athlete has made the team) \$75 (Includes USASF membership and insurance). \$65 per additional sibling.
- Tuition- \$100 monthly
- Competition fees- These vary by competition (the average cost is \$75-\$150 per competition)
- Uniforms - Approximately \$300

Monthly breakdown - due the 1st day of each month:

- June \$325 (\$75 Registration fee, \$100 tuition, \$150 uniform)
- July \$375 (\$150 uniform, \$100 tuition, \$125 competition fee #1)
- August \$225 (\$100 tuition, \$125 competition fee #2)
- September-April \$100/mo.* (\$100/mo. tuition fees with competition fees 3-5 added when scheduled)

*\$20 JBEN Gymnastics discount per family for gymnastics tuition for students who also attend JBEN Gymnastics classes.
All travel expenses will be the responsibility of the families for competitions.