

Competitions

Year 1 we will compete as a Prep team. We want to give our athletes the time to build skills that other teams have been working on for years and want to build confidence while the kids have fun.

We will compete in November, January, February, March, and April for a total of 5 competitions. The new schedule has not been announced yet but we are planning on staying semi local such as Gatlinburg, Asheville, Louisville, etc. We will announce these dates and locations as soon as they are available.

Sports-Swap

We are going to try a sports-swap for those who are interested in cheer and additional sports. Example your child does track. During track season if your child cannot commit to all the practices for cheer they will need to attend a minimum of 1 practice per week and will be an alternate on their cheer team until the other sports season has ended. These must be pre-approved by the Cheer Coach with limited availability per each seasonal sport and will be scheduled on first requests.

Attendance

As this is a competition team, attendance is mandatory. You will be allowed 3 personal misses, 3 non-noted excused absences, and 3 excused absences for the year. Any absences after that will result in dismissal. No refund will be issued. No unexcused practice can be missed the week of any competition. This will result in replacement and may result in dismissal. *Excused Absences: *Contagious Illness *School function affecting grade *Death in the family; Unexcused Absences: •School dance. •Traffic. •Too much homework. •Feeling tired *Don't have a ride etc.*

Vacations: We understand our cheerleaders have lives outside of cheer and that CXA is a year long program. We want our cheerleaders to enjoy their families and ask that, if possible, you plan your vacations during the summer months due to less interference with competitions. Vacations are not permitted during competition season, unless the gym is closed and the athlete has already cleared it with their coaches. These will be considered unexcused absences. Also, if possible, schedule your vacations during our closing dates and advise the Coach in advance.

Team Placement

Athletes are placed by age and skill level (age is based on USASF age grid shown in the aboveSection "Division Eligibility by Age"). All placements are based on what is best for the team as a whole.

Some athletes may be placed on a team as an Alternate. During this time, they will train and practice the same as other team placements. They will compete in place of anyone unable to compete due to injury, illness, or during Sports-Swap. They will be able to work to improve skills for future placements. Alternates will not be required to pay competition fees unless they are competing but will travel with their team to each event. In the event that USASF changes their policy on this, we will notify you.

Parent Viewing

Parents are able to stay and watch during camp and practices that occur at the JBEN Gym, but are asked to stay in the lobby area during this time.

A complete manual will be available upon acceptance to the team.