

Student and Parent Handbook 2023-24



MDP Collective Handbook

Welcome to MDP Collective!

Move. Dance (and experience) Pilates with Maya Devi Pingle and other experienced instructors. This handbook will better prepare parents and students for enrollment, and a successful dance season at MDP!

Please review this with your child, as the purpose of this program is to empower students with skills, responsibility and confidence. Their process will not be as successful without your attentiveness and support. The registration link is attached at the end of this handbook.

WHAT TO KNOW BEFORE REGISTRATION:

Location: Aspen Academy, 5859 South University Blvd Greenwood Village, CO 80121

Entrance/Parking: Please enter at University blvd OR Orchard blvd. Park on the west side of the building, facing Curtis Park. The main entrance is the south doors on the west side of the building at the crosswalk from the parking lot.

Start Date of Studio classes: Monday, August 21st - September 11th, staggered start time

Last Date of Studio classes: Wednesday, April 17, 2024

Holiday Showcase: Wednesday, December 13th, Time 5pm

End of the year Spring Performance Concert: All students enrolled are highly encouraged to join.. *It is a separate fee. Mandatory rehearsals during classes on April 15-18th.* Mandatory dress rehearsals on 18th and 19th with the technical and dress rehearsal the morning of the Dance Concert on Sunday, April 21st. *This performance is not mandatory for enrollment, but is the culmination of the year and an important piece of this program and each dancer's growth.*

Calendar: Dates listed above, Holidays, and additional days off are listed on the calendar in "parent information" on the website and the google calendar <u>here</u>. Studio closures, breaks and holidays reflect Aspen Academy/Littleton Public Schools calendar. Spring break is 1 week this year (March 25th week) and Winter Break is 3 weeks, to accommodate the majority of schools.

Parent orientation meeting will be held during the first class that will be an observation class.



Class information, Schedule, Pricing and Uniform requirements are listed below.

*Registration Fee is due at the time of enrollment.

*Registration fee is \$35/per person, max \$100 per family.

*Monthly payments will occur on the 1st of the month, beginning September 1st-April 1st.

*Sibling discount is 10% off higher tuition pricing.

*Partial Scholarships are available.

<u>Cancellation Policy</u>: Families are committing through their class obligation, but emailed written notice starting on December 1st to cancel with 30 days advanced notice (January 1st) is accepted to unenroll from the program and discontinue your financial obligation.

NO refunds will be provided otherwise.



Boogie Bugs N' Fairy Tails

Ages 4-5 (prek-Kindergarten)

No dance experience necessary. Potty trained.

This performance style class is a 45 minute creative movement experience that teaches ballet technique with a more creative and playful approach, using story and expression to find self awareness, confidence and the skills it takes to BE a Boogie Bug. Class will include a variety of dance and music styles, with a showcase performance December 13th and April 21st. Each lesson will focus on Ballet, Musical Theater, Jazz and Hip Hop and is designed for all genders. This class will run all year. The April dance concert is open to students enrolled in session 2 and is a separate fee. Students in Session 1 have priority to continue into Session 2.

3:30-4:15 pm MONDAYS

September 11-April 15

\$79/monthly (with yearly registration fee)

DRESS CODE: Hair must be away from the face, pulled back.

- Suggested:Pink or skin toned footed or transition tights, with same color ballet shoes, or bare feet; Leotard, tutu, leggings/shirt . *Aspen students will come directly from school.
- Dancers choice: Simple costume, ballet leotard/skirt/tutu or tshirt and leggings in any color. Most children have a set dance outfit they like to wear. If transitioning during the year to Tech one- Pink leotard
- Required for performances: Pink or skin toned tights with Pink or skin toned leather ballet shoes /boys traditionally wear Black tights with Black leather ballet shoes/tshirt.



Technique ONE

Ages 6-9 (1st-3rd grades)

No ballet experience necessary, but helpful. This is a structured class with a uniform and dress code.

Classes will focus on ballet basics for creating and developing a student's own rhythm, movement, and confidence. They will be introduced to the floor ballet barre as well as traditional ballet barre. Technical skills and more diverse dance styles will be introduced, with some focus on improvisation with these useful skills. Students may participate in the April 23rd dance concert at an additional fee.

3:30-4:15 pm Mondays

\$79/monthly September 11-April 15th with yearly registration fee

DRESS CODE:

- Transition convertible pink or skin toned tights
- Light pink leotard any style
- leather skin toned/pink split soled ballet shoes

HAIR:

hair pulled back off face in hair bun(s) or french twist.

Technique TWO

Ages 9-13 (3rd--5th grades)

2 years dance experience, or previous private lessons.

An enlightening approach to traditional ballet with more focus on mental, physical and performing strengths. Students will increase their knowledge, skills and strengths this year with more attention to proper placement in the body, extension of the legs, shaping of the feet and upper body positions. Memorization and repetition will be emphasized with more challenging classroom sequences and skills. Students will participate in the April 21st dance concert for an additional fee.

4:15-5:15 pm Mondays

\$79/monthly September 11-April 15th with a yearly registration fee

DRESS CODE:

- Transition pink or skin toned tights
- Light blue color leotard any style, leather pink/skin toned split soled ballet shoes.

HAIR:

• hair pulled back off of the face in hair bun(s) or french twist.

Jazz Technique

Ages 7-11 (2nd-5th grades, some exceptions)

Some dance experience is helpful.

This stylized dance class will teach the fundamentals of Jazz technique, focusing on isolations, transitions, turns, balance, jumping skills and dance combinations that will be learned throughout the year. The April dance concert is an additional fee.

3:30-4:15pm Tuesdays September 12-April 16th \$92/monthly with yearly registration fee

DRESS CODE: Hair pulled off of face, ponytail is acceptable.

- Black Jazz shoes split sole, slip on.
- Any dance attire, but has black transition tights and black leotard for presentations.

MY Story Moves

Ages 4-7

No dance experience necessary.

This movement based theatrical class will teach students various improvisational skills, and how to create stories with their bodies, props and classroom costumes. Theater skills provide a foundation for confidence while cultivating a student's own voice, rhythm, movement and imagination. Holiday showcase is on Wednesday December 13th at 5pm!

4:15-5pm Wednesdays September 13-April 17th \$92/monthly with yearly registration fee

DRESS CODE: Hair pulled off of face, ponytail is acceptable.

- Comfortable clothing, no zippers, feather or glitter.
- Ballet soft shoes with leather sole for no slip, or barefeet



REFUNDS and EXPECTATIONS

REFUND POLICY

- Registration fees are non-refundable following registration. Registration/supply fee payment is due at the time of registration.
- The monthly tuition is subject to a refund within 8 days of the student's **first class**. After that time, no refunds will be given for a prior payment.
- April Performance Fee will be released at a later date for students committing January-April 23rd. This will include costume, rehearsal, theater, and choreography costs. There are no refunds.
- Withdrawals will be accepted for the cancellation of monthly tuition **starting January 1**, if you notify Maya Pingle via **email by December 1**. At that time, there is a 30 day notification for future withdrawal of student and tuition fee obligation.
- Withdrawals or suspension from the payment plan due to injury/sickness will only be allowed at the discretion of Maya Pingle and with an accompanying doctor's note.

ATTENDANCE

- Students who do not attend class on a regular basis will quickly fall behind and not build the
 necessary skills, strength, choreography and confidence to function with a positive, balanced
 experience. It is highly suggested that a student commits to attending each class for the best
 experience.
- When your child is absent or planning to be absent, I will expect you to notify me with as much advanced time as possible, via the parent portal or email at mdp@mdpcollective.com or call me at 303-681-7030.
- If a student has more than 4 absences a semester, please expect that it may affect their performing opportunities, as well as their progression in class.
- *End of the year performance- STUDENTS MUST ATTEND CLASSES SCHEDULED AND ALL REHEARSALS IN APRIL. IF MISSED, THIS MAY RESULT IN NOT PERFORMING FOR THE CONCERT.
- The calendar is listed on the website www.mayadevipingle.com and <u>HERE</u>. Check for dates that we have no class.
- Make up classes can be an option dependent on level. Email for inquiries. Tuition has been prorated based on how many classes given and then the cost is split into the months a student is in session.

DRESS CODE

- Specific dancewear can be purchased at this <u>link</u> for Discount Dance Supply online after August 1st or can be tried on in person and purchased at Dance Xtreme in Greenwood Village. Mention MDP and your child's level for assistance with dancewear.
- The required dress code will be a costume for the December concert, so choose one that your child loves.
- The Black leotard for The Ballet Bodhi is camisole style for costume changes during shows.
- "Theme" outfit days occur throughout the school year. You will receive notification, though your child will be responsible for remembering this information from class.
- If your child does not have her leotard for a particular class, please wear a black leotard or best option.
- **Jewelry:** No necklaces, rings, bracelets and hanging earrings for class/performances. You may be asked to remove any jewelry for the safety of yourself and other dancers.
- Nails: Short and natural color, no nail jewelry or colored polish for performances.
- **Tattoos:** No visible tattoos including temporary ink for performances.

HAIR

- Please have your child's hair pulled back away from her face and neatly in a bun of any height.
- The Ballet Bodhi Wednesdays- since some of the class is laying on their backs, a high bun, very low or side bun(s) work.
- If your child's hair is short, use a headband that keeps all hair off of face, hair clips, side buns, or hair gel. Prepare for the end of April concert by growing hair to make an easier time for yourself.

ENTERING AND EXITING THE BUILDING

- There is only one entrance and exit for Aspen Academy at the west side and North doors. Someone is at the front desk to let you in until 6 pm.
- If a dancer is late, it is the responsibility of the dancer, not parent, to get ready quickly and acknowledge the teacher with words and eye contact that does not disrupt the other students.
- Dancers will always wear street clothing or a cover up OVER their dance wear when entering and exiting the building. This is mandatory. Dancers will not wear their dance shoes outside of the studio.

ILLNESS/INJURY

- To the best of their ability, an injured student is expected to attend, participate in or observe class and rehearsals. This is an important part of learning and life skills.
- Please discuss any injuries/sickness with your instructor prior to each class or rehearsal.
- Please check in with your child on the way to dance and monitor health on your own. Students may always wear a mask for precaution.

INCLEMENT WEATHER POLICY

- Ms. Pingle will cancel classes due to inclement weather when conditions are deemed unsafe to travel and Aspen Academy is closed. Please note that while every attempt will be made to follow Littleton Public Schools, afternoon/evening classes may still run as scheduled if travel is deemed safe
- Notices will be emailed to all families through the Parent Portal.
- Please attend at your own comfort level but sometimes this is a great way for the students to work out some extra energy.

CLASS OBSERVATION POLICY

- There will not be observation classes this year but instead an informal studio holiday performance on Wednesday, December 13th 5 pm and the end of the year BIG stage concert April 21st.
- You are more than welcome to videotape and take pictures of your child during the informal holiday performance. Students are able to present their best work that they have prepared for and are proud of.
- For the benefit of your child and their instruction, please do not watch or film class from the windows near the studios if parents are invited into the building. This is disruptive to the students as well as the instructor. Please respect your student's time in class.

END OF THE YEAR PERFORMANCE

The end of the year dance concert is scheduled for April 21st. All tech, costume and dress rehearsals are MANDATORY in order to perform and will be on April 21st, as well as the week of April 15th, though your younger child will not be in attendance the entire time. Details on this will arrive in December.

REGISTRATION LINK

(for new families)

Returning families go to the Portal

If you have any other questions or concerns after reading this handbook, please reach out to mdp@mdpcollective.com or call 303-681-7030.