



WELCOME TO THE 2023-2024
SEASON

AERIAL ELITE

WWW.TREASURECOASTATHLETICS.COM

Your child's personal growth is our number one priority. We've built our program on a foundation of selflessness, compassion, and encouragement. We mentor each athlete in our program, teaching them how to support one another, how to resolve conflict, and how to work at their highest potential as an individual and a member of the team.

What the program entails:

The full year all-star PREP program is a competitive all-star cheerleading program that fields teams of athletes ages 5+. The season begins in May and lasts through late April. When forming teams, we are looking for full mastery of skills to be placed within a level, as well as stunting positions.

- **Time Commitment:** Teams will practice one day a week at minimum. You can expect extra practices to take place for choreography, around competition season, and for extra work at the coaches discretion. Attendance is incredibly important to a team's success. Athletes will be allowed to miss a limited number of practices throughout the season. During the summer, athletes are allowed 10 absences from practice. Once the fall schedule starts, athletes will be allowed (2) unexcused absences before being placed on alternate status. Absences that are not used through the summer will not rollover to fall. Any practices missed two weeks prior to a performance or competition will result in the athlete sitting out and being an alternate for that performance. If this occurs more than once, the athlete will be placed on alternate status for the duration of the season.
- **Absence Request:** It is imperative that all absences are communicated through their teams coach immediately. Examples of excused absences are; contagious sickness, injury, school function resulting in a grades, death in the family. Examples of unexcused absences are; concert, birthday party, school function not resulting in a grade, school work. Time management is extremely important as well as commitment throughout the season as some sacrifices may be made. Please note that we may ask for a letter stating excused absence such as a doctors note or letter from the school. This can be filled out on our website!
- **Competition Schedule/Travel:** The competition schedule will be released by June 2023. All athletes are expected to attend every competition. Travel costs are not included in tuition and each family is responsible for getting their athlete to and from the competitions.

Tuition:

Tuition is divided into 12 Installments of \$149 The tuition billing schedule is as follows:

1st payment: \$149 + \$75 for registration due at the time of registration

2nd payment: \$149 billed/due on June 1st

3rd payment: \$149 billed/due July 1st

4th payment: \$149 billed/due August 1st

5th payment: \$149 billed/due September 1st

6th payment: \$149 billed/due October 1st

7th payment: \$149 billed/due November 1st

8th payment: \$149 billed/due December 1st

9th payment: \$149 billed/due January 1st

10th payment: 149 billed/due February 1st

11th payment: \$149 billed/due March 1st

12th payment: \$149 billed/due April 1st

May tuition will be \$75!

*There is a sibling discount.

Auto charges run on the 7th of each month. Everyone is required to have a card on file.

Tuition Includes:

Team practices and a one-hour weekly tumble class (plus drop in classes weekly, when space is available).
Choreography, music, and competition fees.

Tuition does NOT include:

\$200 coaches fee billed in September. This fee is PER family NOT per cheerleader.

\$250 uniform fee (if you don't already have one)

Shoes, Hair accessory, etc

Travel/Hotel Expenses

USASF Registration Fee

Additional specialty classes, private lessons, clinics, etc.

MISCELLANEOUS INFORMATION

We believe in perfection before progression. We will not allow students to learn advanced tumbling skills before perfecting their basics. If parents and students are not patient and have a clear understanding of our teaching methods, they should not be cheering at Aerial Elite/TCA. Proper Technique is everything! Only perfected skills will be choreographed in a Aerial Elite routine! Parents are not allowed to spot their children on Aerial Elite property. Absolutely NO unsupervised tumbling! An instructor must be present at all times.

Athletes selected as flyers must maintain flexibility and skill requirements. Selected flyers unable to meet the level requirements must learn to base or be moved to an alternate position. In addition, mandatory tumbling will be required for athletes who do not maintain the level skill requirements. Tuition does not pay for the right to perform. Individuals must meet the level skill requirements to compete. Mandatory tumbling will be assigned as needed. Students can be moved to an alternate position if they do not maintain the skill requirements. Any athletes with performance anxiety which results in consistent team deductions may be replaced.

Aerial Elite/TCA reserves the right to change a team's division and level at any time throughout the season. The owners have complete discretion when deciding the end of the year events regardless of bid status. Paid bids will be allocated to the athletes who take the floor at the final event regardless of your participation when the bid was earned. Paid bid allocation is solely for the number of athletes on the floor for the final event. It does not include alternates or injured athletes. Athletes are expected to fulfill the contractual season by attending all end of the year events.

Levels 1-6 Elite Requirements

All levels must have a double and single jump combination with variety and pointed toes.
In addition, athletes must have above average to perfect technical mastery of the following elite skills.

Level 1 Standing Tumbling • Back Walkover Series • Back Walkover Switch Leg • Back Extension Roll - BWO/BWO Series • Valdez

Running Tumbling • Cartwheel - BWO Series • FWO - Cartwheel/Round Off • FWO - CW - BWO/BWO Series • FWO - CW - BWO Switch Leg

Stunts – each flyer/base must demonstrate level 1 stunts (ex: prep level liberty variations, extension) Tic Tocs AND above average flexibility in all body positions.

Level 2 Standing Tumbling • BWO - BHS Step Out - BWO • BWO Switch Leg - BHS • BHS Step Out - BWO - BHS • Valdez - BHS • Valdez - BHS Step Out

Running Tumbling • Series Front Handsprings • Bounder/Flyspring • FWO - RO - BHS/BHS Series • CW BHS Step Out - BWO - BHS/BHS Series • RO - BHS Step Out - BWO - BHS/BHS Series

Stunts – each flyer/base must demonstrate level 2 stunts (examples: prep level liberty variations, extension) Tic Tocs.... Straight ride basket toss.

Level 3 Standing Tumbling • BHS/BHS Series - Jump - BHS/BHS Series • Jump - BHS - Jump - BHS • BHS Step Out - BHS Series • BHS Step Out - BWO - BHS Series • BWO - BHS - Jump - BHS/BHS

Running Tumbling • FWO - Aerial • RO - BHS Step Out - 1/2 Turn - RO - to - Tuck • FWO - RO - to - Tuck • Bounder/Flyspring - RO - to - Tuck.

Stunts – each flyer/base must demonstrate level 3 stunts (examples: extended liberty body position variations, full down cradle, inversion to extended level, full up to prep level, tic tocs)

Level 4 Standing Tumbling • BHS/BHS step out - Tuck • Jump - BHS Series - Tuck • Jump - BHS – Tuck

Running Tumbling • Front Aerial - RO - to - Whip - Tuck/Layout • Front Handspring/Punch Front - Punch Front • PF step out - RO - to - Layout • Round off - to - Whip/Tuck - to - Tuck/Whip/Layout • FWO - Round off - to - Whip/Tuck - to - Tuck/Whip/Layout • PF step out – RO - to - Whip/Tuck – to - Tuck/Whip/Layout • Front Handspring PF step out – RO - to - Tuck/Whip/Layout • Front Handspring - PF step out RO to Whip/Tuck to Tuck/Whip/Layout

Stunts – each flyer/base must demonstrate level 4 stunts (examples: extended liberty body position variations with a full down cradle, inversion to prep level stunt, full up to extended stunt, double down from 2-legged stunt, and kick full dismount and kick full baskets or double twist baskets)

Level 5 Standing Tumbling • BHS - Whip - Tuck • BHS - Layout • Jump - BHS/BHS Series - Layout • Jump - BHS - Whip Tuck • BHS - Whip/Tuck - to - Layout • BHS/BHS Series whip to Layout • Jump BHS/BHS Series Whip to Layout

Running Tumbling Front Full • PF step out - RO - to - Full • Front Handspring - PF step out - RO - to - Full • RO - to - Whip - to - Full • Front Handspring - Front Full • PF step out - RO - to - Whip - to - Full • Front Handspring - PF step out - RO - to - Whip - to - Full

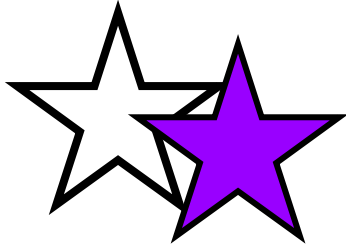
Stunts – each flyer/base must demonstrate level 5 stunts (examples: extended liberty variations including an overstretch with double down dismounts, full up extended liberty variation , tic tocs, inversions and hitch kick full baskets)

Level 6 Standing Tumbling • BHS - Full • Jump - BHS - Full • Standing Full • Jump - Full • BHS - Whip - Full • Jump - BHS - Whip - Full • BHS Series - Double Full • Jump - BHS Series - Double Full • BHS - Whip - BHS Series - Double Full • BHS Series - Whip - Double Full • BHS - Whip - Double Full • Jump - BHS/BHS Series - Whip - Double Full • BHS Series - Full/Double Full - Whip - Full/Double Full

Running Tumbling • Front Handspring - Front Full • Front Handspring - PF - RO - to - Full • RO - Arabian/Half Full step out - RO - to - Full • RO - BHS - Full - to - Full • RO - to - Full - Full • RO - to - 1.5 Full step out - to - Full • RO - Double Full • RO - to - Double Full • Front Walkover - to - Double Full • PF step out - to - Double Full • RO - to - Whip - to - Double Full • RO - Whip - Double Full • RO - Arabian - to - Double Full • RO - to - Full - to - Double Full • RO - to - 1.5 step out - to - Double Full • RO - to - Double - BHS series - to - Double Full • RO - to - Full - to - Whip - Double Full • PF step out - RO - to - Whip - to - Double Full • RO - to - Double Full - Whip - Double Full • PF step out - RO - Arabian - RO - to - Whip - Double Full

Stunts – each flyer/base must demonstrate level 6 stunts (examples: extended liberty variations including an overstretch with double down dismounts, full tic/double up to extended liberty variation, inversions, and kick kick/hitch kick double twist baskets and kick double dismounts)

ATHLETES MUST HAVE A LEVEL APPROPRIATE DISMOUNT / BASKET TOSS IN ORDER TO TRYOUT AS A FLYER.



TEAM APPLICATION

NAME OF ATHLETE: _____ **AGE:** _____

D.O.B. _____ **BIRTH YEAR:** _____

ADDRESS: _____

CITY; _____ **ZIP CODE:** _____ **PHONE CONTACT:** _____

PARENT EMAIL ADDRESS FOR TEAM RESULTS: _____

GRADE ENTERING 2023-2024: _____ **SCHOOL:** _____

LIST ANY AND ALL PRE-EXISTING INJURIES OR MEDICAL PROBLEMS: _____

LIST STANDING AND ROUND-OFF TUMBLING SKILLS: _____

LIST STUNTING STRENGTHS: _____

WHAT WOULD BE YOUR BEST CONTRIBUTION AS A TEAM MEMBER? _____

WOULD YOU BE INTERESTED IN REPRESENTING MORE THAN ONE TEAM? _____

ARE YOU TRYING OUT FOR ANY AERIAL ELITE TEAM REGARDLESS OF LEVEL? _____

IF NO, PLEASE CIRCLE THE LEVEL/LEVELS YOU ARE ONLY INTRESTED IN AND WHY? _____

*****See the skill requirements per level*****

Novice	Elite	Elite	Elite	Elite	Elite	Elite
PREP	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4	LEVEL 5	LEVEL 6

NOTE: Listing one specific level will NOT guarantee your chances of making that level. Choose all that you would want to compete on.

Assessment Form

Name: _____ DOB: _____

Parent Name: _____ Cell #: _____

Parent Email: _____

Stunt/Tumble Experience (circle all levels that apply):

Back	N/A	1	2	3	4	5	6
Base	N/A	1	2	3	4	5	6
Flyer	N/A	1	2	3	4	5	6
Tumble		1	2	3	4	5	6

Please list cheer experience by year, level, and program:

STAFF USE ONLY BELOW LINE:

Team Recommendation: _____

Team Placement: _____

AERIAL ELITE

ACKNOWLEDGMENT OF RULES, INFORMATION & FINANCE CONTRACT

I, the parent/guardian of _____, acknowledge I received a copy of the 2023-2024 Information Packet. I understand and agree to abide by the rules, regulations and policies set forth in the Information Packet. _____ (initial)

I further acknowledge, understand, and agree, that if my child decides to quit, is injured, or is removed from the team after September 1st, 2023, there will be **NO REFUNDS** for any amounts paid including tuition, uniform, coaches' fees, competition fees, or practice wear and includes the FULL remainder of the 12-month contract. _____ (initial)

I acknowledge, understand and agree that the payment of tuition, expenses and other fees does not guarantee the right for my child to perform and that my child must meet the skill requirements. _____ (initial)

I have read and understand the tryout information.

Parent Initial _____ Athlete Initial _____

I have read and understand the program fees and expenses.

Parent Initial _____ Athlete Initial _____

I have read and understand the scheduled holidays, injury and attendance policy.

Parent Initial _____ Athlete Initial _____

I have read and understand the team practice rules, travel and code of conduct.

Parent Initial _____ Athlete Initial _____

Parent/Guardian Signature _____

Date ____/____/____