

## **The Voyage**

Let me take you on a voyage  
through the planes of time  
We'll float by stars and planets  
As we leave the past behind

Close your eyes and take a breath  
Exhale, hear what I say  
My voice will guide and lead you  
As you gently drift away

Your muscles soften and relax  
Breathe deeper than before  
You see those shadows, sparks of light  
That slightly open door?

Let's journey through that doorway  
That window into space  
There is no rush, take time, relax  
Go slowly, there's no race

Focus on that point of light  
You see it getting nearer?  
Begin the count from 90 down  
The image becomes clearer

As we journey faster than  
the speed of light or sound  
Your body wakes to new sensations  
Heart begins to pound

To feel yourself more grounded  
Stroke your hair or touch your face  
The let go to experience  
another time, another place

My name is Captain James T Kirk  
Of one thing I am sure  
I'm boldly taking you to where  
No man has been before