

**HEROES** by Susan Bennett

They walk among us everyday  
And we had very little to say  
Until this horrid pandemic hit  
And they were ready to commit  
To help us all  
They answered the call

Without need for stretchy suits  
Funny hats and thigh high boots  
Swathed in layers of ppe  
No time to be weepy  
To help us all  
They answered the call

Others also came to the fore  
Delivering goods to the door  
Keeping us moving  
Online programmes improving  
Our mind and our body

Teachers risked the schoolroom  
And continued to teach on zoom