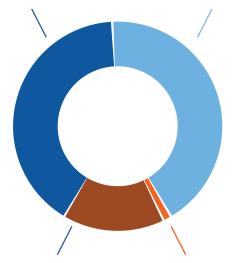
Message from the President

Through financial, educational and personal empowerment, I believe that the lives of Single Mothers can be transformed. We can support the journey of the Single Mother while restoring self-esteem. The goal is to elevate the status of the Single Mother and her family in society.

According to the U.S. Census Bureau, in 2020 of the 15 million single-parent families, 80 percent were headed by Single Mothers. Of all single-parent families in the U.S., Single Mothers make up the majority.

40.6% are currently divorced or separated

42.6% have never been married



15.7% are married; in most cases, these numbers represent women who have remarried 1.2% were widowed

Engage with us today.

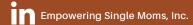
Share your expertise, time and energy with Empowering Single Moms, Inc.

Contact ESM at (267) 970-1606 or President@empoweringsinglemomsinc.org



ESMomsInc







**ESMomsInc** 

Donate today to improve the lives of Single Moms and their families.

empoweringsinglemomsinc.org Claymont, DE 19703



# Single Mom:

a mother who has a dependent child or dependent children and is widowed, divorced or unmarried.

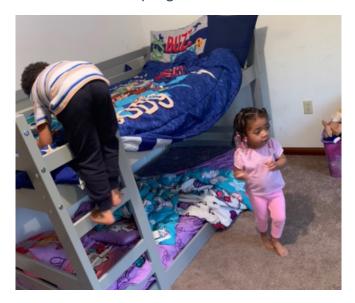
As a Single Mother, she has sacrificed her social and financial independence.





### Our mission

Empowering Single Moms, Inc. (ESM) is a 501(c)(3) committed to educating, housing and restoring Single Mothers receiving federal assistance by conducting self-sufficiency training, conflict resolution and educational programs.



# Why Single Moms?

Single Mothers are nurturing our future generations. However, they are often misrepresented and maligned. These proud women need our support to achieve their personal goals and maximize their talents and potential.

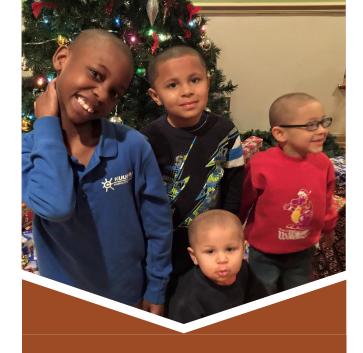
ESM offers programs and services to develop sustainable paths for the future.

## Services:

- · Education and Matriculation Tracking
- Networking
- Employment Referrals
- · Health & Wellness Support
- Community Distribution (PA, NJ, DE) powered by Walmart Good360

# **Programs:**

- Individual EmPOWERment Planning:
  ESM collaborates with our Single Moms to create a custom EmPOWERment Plan to help them set and reach goals. Plans include personal finance, budgeting and self-sufficiency featuring the Confessions From the Struggle workbook.
- Career Training: ESM conducts training to increase and sharpen professional skills such as mock interviews, resume creation and skill set identification including transferrable and soft skills.
- Parenting Classes: Offerings include workshops that address building healthy relationships and the importance of healthy co-parenting.
- Career Closet\*: Our Single Moms will be able to select items from a collection of professional clothing. This curated collection will help women feel confident as they continue on their path to self-sufficiency.
- Solace Sunday: Weekly virtual events featuring Single Moms offering their insight, expertise and testimony. Find some solace every Sunday from 6 - 6:30pm EST.



The empowerment that Single Moms receive:

Respect
Understanding
Attention
Trust
Restoration