

THE 5-DAY LEADERSHIP CHALLENGE:

TRANSFORM YOUR
MANAGEMENT IN
ONE WEEK!



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“The first responsibility of a leader is to define reality. The last is to say thank you. In between, the leader is a servant.”

–Max DePree

The modern workplace is rapidly changing! Are you up to the challenge of creating an environment that is conducive to retaining top talent? What are you doing to stay on top of this?

Answer: *You are starting today by reading this simple manual and implementing the change you want to see now!*

Hello, my name is Coach Daniel Shinaver and I am excited to share my knowledge with you today!

Before we begin though, thank you for choosing to receive this exclusive 5-day training program!

Becoming an empowering, results-driven manager takes focus, self-reflection, and a commitment to growth.

This 5-day leadership challenge provides the roadmap to level up your management abilities starting now!

Each day centers around an affirmation that captures the core of great leadership. Turning these principles into **tangible daily goals** creates a pathway for translating your vision into action.

With relevant images and daily journal checklists to reinforce each lesson visually, this challenge presents the key behaviors and values you need to succeed as a manager in an impactful, easy-to-digest way.

Are you ready to step up and shepherd your team to the next level? The work begins **now!**

Commit to the 5-day leadership challenge and see the powerful difference it can make in how you lead, connect, and inspire.

When just 5 days can yield so much progress, imagine what you can accomplish for yourself and your team in the long run.

Your exciting management journey starts today!

Daniel P. Shinaver

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Day 1 Affirmation: *“I Communicate Clearly and Listen Actively.”*



Day 1 Goal: *Have at least 2 uninterrupted 1-on-1 meetings with direct reports to improve understanding.*

(Hint: This helps with building trust and rapport among employees)



Meeting 1

Participants: _____

Notes: _____

Meeting 2:

Participants: _____

Notes: _____



Day 2 Affirmation: "I empower my team to excel."



Day 2 Goal: *Recognize 2 team members for good work and encourage professional development.*

(Hint: Recognition is a powerful feedback tool. When employees feel valued, they're more engaged, motivated, and likely to go the extra mile for their company. Organizations with formal employee recognition programs have 31% less voluntary turnover than organizations that don't have any program at all. And they're 12x more likely to have strong business outcomes.)



Meeting 1

Participants: _____

Notes: _____

Professional Development Suggestion: _____

Meeting 2:

Participants: _____

Notes: _____

Professional Development Suggestion: _____



Day 3 Affirmation: "I cultivate an atmosphere of trust."



Day 3 Goal: *Sincerely praise a team member in front of others and share words of encouragement.*

(Hint: Public praise is great for both recognition and learning. When you share specifically what was great and why it was great publicly, not only does it have more meaning for the person being praised, it helps the whole team learn something new.)



Praise 1:

Participants: _____

Notes: _____

What were they praised for? _____

Praise 2:

Participants: _____

Notes: _____

What were they praised for? _____



Day 4 Affirmation: "I lead by example."



Day 4 Goal: *Arrive early/on-time, avoid distractions, and work hard to model strong work ethic.*

(Hint: Having strong ethics can be a vital aspect of being a good leader. Managerial ethics typically guide your behavior at work and positively influence your team. Learning more about these ethics can help you develop them to become an influential manager.)



Work Ethic 1:

Which ethic are you using? _____

Notes: _____

How did it feel performing this today? _____

Work Ethic 2:

Which ethic are you using? _____

Notes: _____

How did it feel performing this today? _____



Day 5 Affirmation: "I see challenges as opportunities."



Day 5 Goal: *Identify 1 way we can improve in response to a current challenge or complaint.*

(Hint: When your team is faced with challenges at work, all eyes will be on you. Your employees will look to your actions as a model for their own. It is important to convey positive energy and optimism, so your employees will remain positive and constructive. This creates lasting, positive impact in your work environment.)



Current Challenge 1:

What was the challenge? _____

Notes: _____

How did you overcome this challenge? _____

Current Challenge 2:

What was the challenge? _____

Notes: _____

How did you overcome this challenge? _____

Congratulations

Remember: *These affirmations serve as guiding principles for management. Turning them into actionable daily goals will help focus on specific behaviors that embody the affirmations. Tracking your progress on daily goals can help motivate and improve management effectiveness.*

Congratulations on investing in yourself and your leadership abilities!

Over the last 5 days, you have made great strides in practicing the management principles that drive results, boost morale, and bring out the best in your team.

While the challenge may be officially over, your leadership journey continues. Use the affirmations, goals, and visuals as helpful reminders. Revisit them periodically to refocus and renew your commitment to empowering leadership.

Consider selecting one affirmation each week or month to concentrate on long-term. Turn it into your guiding motto as you tackle management duties. Keep it top of mind as you communicate, make decisions, and interact with your team.

The greatest leaders never stop pushing themselves to improve. You now have more tools to shape your growth in small but powerful ways daily. When leadership is not a title you attain, but a habit you continually sharpen, success becomes a given. Keep up the good work!

Daniel P. Shinaver

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“The price of success is hard work, dedication to the job at hand, and the determination that whether we win or lose, we have applied the best of ourselves to the task at hand.”

[Vince Lombardi](#)