

David Augustine, MD

NOW THAT YOU HAVE DECIDED ON A VASECTOMY

The mandatory counseling session is designed to provide you and your partner the opportunity to ask questions and prepare for your vasectomy. Vasectomy is considered permanent. Do not undergo a vasectomy if you feel there is ANY chance you will change your mind. The failure rate for a vasectomy is estimated to be 1/800 to 1/1200. Chronic pain is a possible complication.

WHEN YOU COME IN FOR YOUR VASECTOMY

1. Bring a supporter (jock or tight compression shorts) which you will wear after your procedure. It is better to have a little tight than to have it loose. The oral medication you take before the procedure will make you a little “sleepy.” You will need a driver to and from your procedure because of sedation. You should not make any major decisions under the influence of the medication that makes you “sleepy”.
2. Please be sure you have completely read your consent and signed it. (done at Pre-Op)
3. I recommend the vas deference pieces obtained at the time of your procedure be thrown out. You need to sign to give this permission. This saves the cost of specimen evaluation which is over \$300. Your post vasectomy specimen, additional cost, confirms success.
4. You will need to Shower with Antibacterial Soap (over the counter) just prior to coming to your appointment. DO NOT SHAVE the hair as this will increase your chance of infection. If you shave the procedure will not be done.
5. You are typically given a medication (Lorazepam or Ativan) which will help you relax for your procedure. This should be taken 3 hours prior to your scheduled procedure time. It will make you drowsy so you will need to have someone drive you home after the procedure. Take first dose 3 hours prior; additional dose 90 minutes later if needed.
6. You can eat your regular diet prior to the procedure.

AFTER YOUR VASECTOMY

DAY 1. Put your feet up in an easy chair with an ice bag on your groin to reduce swelling and bleeding. There has been gauze placed to apply pressure and prevent bleeding.

DAY 2. Remove gauze, shower, walk around, no heavy lifting or vigorous exercise. If swelling increases, sit down and relax as you did on the first day. Continue to wear your athletic supporter until you are comfortable, about 1 week.

Post-op vasectomy specimen received at Mercy Walworth Medical Center, N2950 State Road 67, corner of 67 and 50, Lake Geneva, WI, **FROM 8 am to NOON**