

Contraindications for MLD

Manual Lymphatic Drainage is not indicated for all clients. General contraindications (concerning the whole body), as well as local contraindications (concerning a body region), can be differentiated.

Absolute = strictly prohibited. **Relative** = requires physician's approval.

Please place a "check" next to applicable past or present medical history.

General Contraindications:

Absolute:

- Acute Cellulitis
- Untreated congestive heart failure
- Acute untreated deep venous thrombosis(DVT)
- Phlebitis
- Fever
- Acute inflammation caused by bacteria, viruses, poisons or allergens

Relative:

- Malignant Disease
- Renal Dysfunction

History of Oncology Treatment?

History of Deep Vein Thrombosis?

Contraindications for deep trunk work:

- Osteoporosis
- Radiation fibrosis
- Bone metastases
- Hormone Therapy ie. Tamoxifen.

Local MLD Neck Treatment:

- Cardiac arrhythmia
- Hyperthyroidism
- Hypersensitivity of the carotid sinus
- Arteriosclerosis
- Lymph nodes radiated or removed

Local MLD Abdominal Treatment:

- Pregnancy
- Fertility Planning/Protocol
- Menstrual Period
- Recent Abdominal Surgery(6 months)
- Radiation fibrosis, R colitis, R. cystitis
- Pelvic DVT(6 months)

- Crohn's Disease
- Diverticulitis or Diverticulosis/IBS
- Liver cirrhosis
- Abdominal aortic aneurysm
- Unexplained pain
- Implanted devices ie. drains, feeding tubes, colostomy bags, morphine pumps
- Fibroids, ovarian cysts, History of endometriosis
- Hormone patches, pain patches, nicotine patches, time released meds

This form is supplemental to the General Health and Intake Consent Form.

Your signature indicates consent for manual lymphatic treatment.

Client Signature

Date

Therapist Signature

Date