

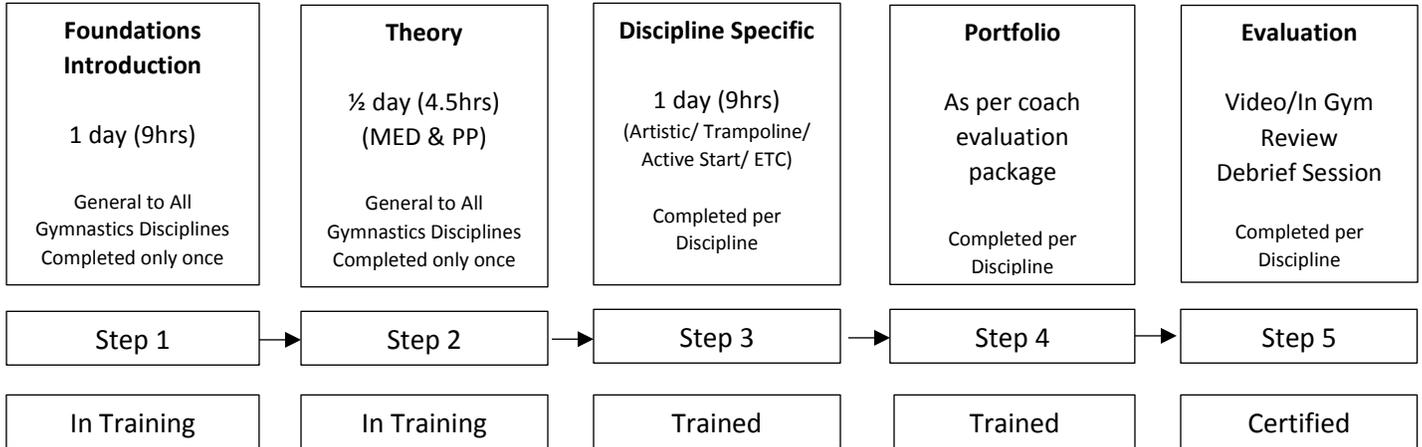
NCCP Structure – Gymnastics Foundations

Gymnastics Foundations has replaced the Level 1 (Technical, Practical, Theory/Intro to Competition Part A) NCCP components for ALL gymnastics sports (MAG/WAG/TG/RG/Aerobics/Active Start)

There are 3 separate components to the Gymnastics Foundations Training Program with 2 additional components to become fully certified

Individuals MUST be a Minimum 15yrs old to participate in GF training

Components must be completed in the following order:



Steps 1-3 can be completed separately or in a combined weekend course

In Training = Assistant Coach - Must be directly supervised by a certified coach (minimum L1/GF). Directly supervised means they are both coaching the same group. Coaches In Training cannot have their own group.

Trained = Coach - The Trained coach can have their own group BUT must have indirect supervision by a supervisor with minimum L1/GF certification. Indirect means the supervisor must be in the gym. Coaches can only coach in the specific discipline(s) they are trained for.

A coach may remain trained for their entire coaching career if they choose. A coach may advance on and take the current Competition 1 course if they are trained or certified

Portfolio = A list of activities to be completed in the coach evaluation package. The completed coaching portfolio must be reviewed by a trained/certified NCCP coach evaluator before evaluation for certification can be completed.

Evaluation = Once the coach portfolio is reviewed and approved, an evaluation session will be scheduled. This in-person or video observation of the coaches lesson (as per GCG guidelines) is followed by a debrief session with the evaluator. A successful evaluation of the lesson is needed for certification

Certified = the certified coach can coach with no direct supervision

How to log into the Locker: <https://thelocker.coach.ca/account/login?ReturnUrl=%2f>

An NCCP# (also referred to as CC# or Locker#) is how you are identified in the Locker.

Individuals receive an NCCP# once they complete their first NCCP course

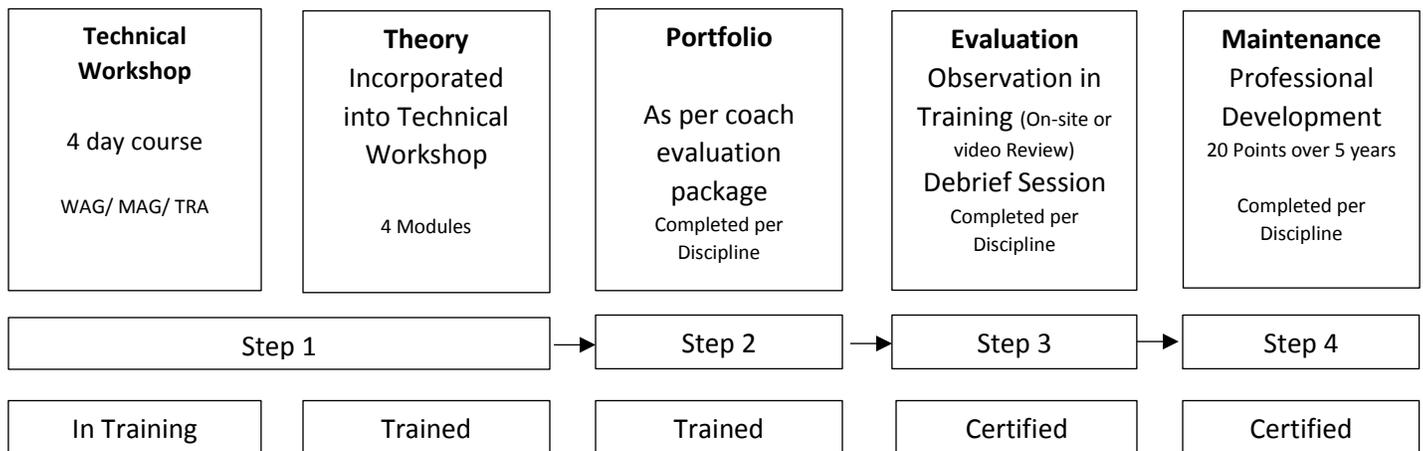
All new NCCP#'s must be approved by the CAC. This means that the account is not instantly available after registration.

Most accounts are confirmed in 1-2 business days.

If you discover you have more than 1 NCCP#, notify the CAC to have your accounts merged.

NCCP Structure – Competition 1 (Comp Intro)

Individuals **MUST** be a Minimum of 16yrs old AND be Gymnastics Foundations Trained/Certified
These components must be completed in the following order



Maintenance = Professional development activities. Each activity earns the coach points towards maintenance.

Acceptable activities: Actively coaching, self-reported PD, CAC NCCP workshops or online courses, Gymnastics Canada NCCP PD, Gymnastics Canada non-NCCP PD

The NCCP training system for competition stream coaches is currently being updated. NCCP levels are currently in the process of being phased out for all gymnastics disciplines. There are several differences between the old levels system and the new competition stream system.

All competition coaches are required to complete the MED online evaluation. This evaluation is found under the eLearning tab in the locker. To access this evaluation, coaches can sign into the Locker using their personal NCCP#. Coaches who have completed their foundations training will have access to this evaluation, free of charge.

Practical hours are not accepted for coaches trained under the competition stream. Only trained/certified coach evaluators can perform an evaluation.

NCCP Level 2 Certification

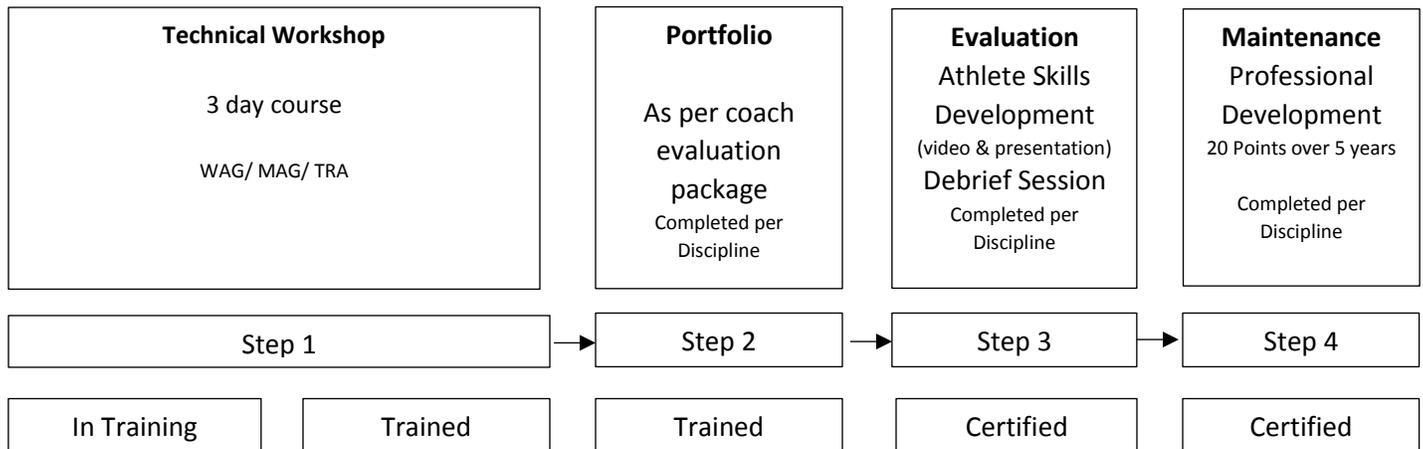
- Respect in sport
- MED Online Evaluation
- Theory Modules: Design a Sport Program, Basic Mental Skills, Teaching & Learning, Nutrition
- Technical Workshop
- Practical Hours

Learning Management System

Many of the Gymnastics Workshops now have an online component where course participants can access all course materials. Once registered, coaches will receive an email to create profiles in the system.

NCCP Structure – Competition 2 (Comp Intro Advanced)

Individuals MUST be Competition 1 Certified



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All competition coaches are required to complete the MED online evaluation. This evaluation is found under the eLearning tab in the locker. To access this evaluation, coaches can sign into the Locker using their personal NCCP number. Coaches who have completed their foundations training will have access to this evaluation, free of charge.

Practical hours are not accepted for coaches trained under the competition stream. Only trained/certified coach evaluators can perform an evaluation.

NCCP Level 3 Certification

- Certified Level 2
- Theory Modules (Choose 4 out of 6 OR 6 out of 9 (depending on discipline) Coach Development Modules):
Leading Drug Free Sport, Managing Conflict, Coaching and Leading Effectively, Psychology of Performance, Developing Athletic Abilities, Prevention & Recovery
- Technical Workshop
- Practical Hours

Transfer of Qualifications from NCCP Levels to Current NCCP

NCCP Level 3 certified coaches MUST complete the C3 transfer course within 5 years of transfer to maintain comp 3 certified status

Transfer date set for June 15th, 2020

MED updates happening and will be available in April

Coach Qualification in Levels NCCP	Transfer Equivalency to Current NCCP Structure	Needed for Certified Status
Level 1 Certified	Gymnastics Foundations Certified	MED OnLine Evaluation
Level 1 Technical + Theory	Gymnastics Foundations Trained	Evaluation
Level 1 Technical + Practical	Gymnastics Foundations In Training	Theory + Evaluation
Level 1 Technical	Gymnastics Foundations In Training	Theory + Evaluation
Level 1 Theory / CI-Part A	Planning a Practice + Nutrition + Make Ethical Decisions	GF Intro + GF Gym Specific + Evaluation

Coach Qualification in Levels NCCP	Transfer Equivalency to Current NCCP Structure	Needed for Certified Status
Level 2 Certified	Comp1 Certified	Can challenge Comp2 Evaluation + MED OnLine Evaluations
Level 2 Theory + Technical	Comp1 Trained	Evaluation
Level 2 Technical + Practical	Comp1 In Training	Theory + Evaluation
L2 Technical	Comp1 In Training	Theory + Evaluation
Level 2 Theory / CI-Part B	Basic Mental Skills + Teaching & Learning _ Design a Basic Sport Program	Comp1 Workshop + Evaluation

Coach Qualification in Levels NCCP	Transfer Equivalency to Current NCCP Structure	Needed for Certified Status
Level 3 Certified	Comp2 Certified + Comp3 Certified*	*Completion of Comp3 transfer course within 5 years of transfer + MED OnLine Evaluation
L3 Theory + Technical	Comp2 Certified + Planning A Practice + CI-Part B + Psychology of Performance	MED OnLine Evaluation + Comp3 Workshop + Evaluation + Additional Comp Dev Theory Modules
L3 Technical + Practical	Comp2 Certified	MED OnLine Evaluation + Comp3 Workshop + Comp Dev Theory Modules + Evaluation
L3 Technical	Comp2 Trained	Comp2 Evaluation + MED OnLine Evaluation + Comp3 Workshop + Comp Dev Theory Modules + Evaluation
L3 Theory	Planning A Practice + CI-Part B + Psychology of Performance	Comp2 Workshop + Comp2 Evaluation + Comp3 Workshop + Additional Comp Dev Theory Modules + Comp3 Evaluation
Comp Dev Modules	Credit for Comp Dev Modules Completed	Comp2 Workshop + Comp2 Evaluation + Comp3 Workshop + Additional Comp Dev Theory Modules + Comp3 Evaluation

Coach Qualification in Levels NCCP	Transfer Equivalency to Current NCCP Structure	Needed for Certified Status
Level 4 Certified	Comp4 Certified	MED OnLine Evaluation
Level 4 Courses	Comp4 Trained	Athlete Qualifications