

TEAM NL ALL SET FOR CANADA WINTER GAMES

St. John's, NL, December 12, 2022 – 28 gymnasts from the St. John's area gave it their all this past weekend over a series of competitions, vying for 16 coveted spots on a team that will be representing Newfoundland & Labrador at the 2023 Canada Winter Games in PEI next February. Canada Winter Games – held every four years – is the highest-level domestic competition in Canada. For the past two years these athletes have all been part of a pool of talent that Gymnastics NL has invested in – bringing in coaches and officials from across Canada to lend their expertise.

The Women's and Men's artistic gymnasts competed in a two-day trial, while the trampolinists had a one-day winner takes-all event. Once the dust settled on Sunday the following athletes and coaches were named to each team:

Men's Artistic Gymnastics

Cameron Bath (Campia)
Gabe Flynn (Cygnus)
Tyler Gosse (Cygnus)
Jacob Komiak (Cygnus)
Will Osmond (Campia)
Colby Pendergast (Cygnus)

Alternate:

Max Swift (Cygnus)

Team Coaches:

Jill Hood
Lukas Stritt

Women's Artistic Gymnastics

Rachel Dooley (Cygnus)
Grace Hill (Cygnus)
Jirah Hiscock (Campia)
Sarah Pace (Cygnus)
Kyla Piercey (Cygnus)
Megan Skinner (Cygnus)

Alternates:

Abby MacDonald (Campia)
Kiera Breen (Cygnus)
Lauren Winters (Cygnus)

Team Coaches:

Allison Kirby
Kyle Murphy

Trampoline Gymnastics

Gwen MacKay (Campia)
Megan McCallum (Cygnus)
Gleb Evstigneev (Campia)
Ben Fudge (Campia)

Alternates:

Emily Trites (Campia)
Mya Rogers (Cygnus)
Damien Abbott (Cygnus)
Brady Parsons (Campia)

Team Coaches:

Stephen Nolan
Jenn Stokes
Allison Moore

The team and alternates next steps will be at test events in the new year – Men's and Women's teams will be heading to Las Vegas to compete while the trampolinists have a training camp and competition in Montreal. The teams (less all alternates) will travel to PEI in February to compete with the some of the best in Canada.

"We are so proud of all the athletes – selected or not. All the gymnasts showed such great improvement throughout this process. It was a tight competition for selection. The coaches and officials should be commended on their hard work" – Michael Amouri, Technical Director, Gymnastics NL.

