

Books to consider for book club

THE GENTLE ART OF BLESSING A Simple Practice That Will Transform You, By Pierre Pradervand

“This book explores the potential and shifting one’s attitude from confrontation and negativity to acceptance and enthusiasm. A powerfully simple way of perceiving and shaping our surroundings, blessings can reflect the unconditional love and acceptance that is necessary for world and inner peace.”

ETERNAL LIFE: A NEW VISION: Beyond Religion, Beyond Theism, Beyond Heaven and Hell by John Shelby Spong.

“John Spong does not specifically define what life after death will be like, but he tells his own experiences of the ineffable and relates those to eternal life.”

JULIAN OF NORWICH: Wisdom in a Time of Pandemic and Beyond by Matthew Fox.

“A theologian way ahead of her time, Julie and develops a feminist understanding of God as mother at the heart of nature’s goodness. Fox shares her teachings in this powerful and timely and inspiring book. Matthew Fox’s Julian is the answer to the spiritual and emotional meaning of a pandemic. It turns both the frustration and the fear of COVID-19 into a period of new insight into the spiritual life.

LIFE AFTER DEATH, The Burden of Proof by Depak Chopra.

“The author takes us to the edge of our own deepest inner truth about life after death by sharing with us His vision and his wisdom, which, as always, is breathtaking, Healing, and soul-opening”

WE WALK THIS PATH TOGETHER by Brian Pierce, OP.

“ Zen Master Thich Nhat Hanh and the medieval Christian mystic, Meister Eckhart, in this book celebrate the common spiritual ground shared by Christians and Buddhists This book provides a freshness of insight and the deep humility we need on the spiritual path. As we read, we see how both Christianity and Buddhism call us to this practice and enrich each other.”

TO BLESS THE SPACE BETWEEN US BY John O’Donohue.

This is a book of Eight Blessings we experience as we journey through life. Each chapter is followed by beautiful poetry written by the author that expands the blessing of the chapter. He writes about New Beginnings, Unfulfilled Desires, Thresholds to Possibilities. He writes about navigating your life in this time of Retirement, finding your calling and imagining your ending.

THE ENLIGHTENED HEART By, Stephen Mitchell
Poetry collection

THE ENLIGHTENED MIND By, Stephen Mitchell

THE UNFETTERED MIND By, Takuan Soho

CULTIVATING STILLNESS By, Eva Wong

DEWDROPS ON A LOTUS LEAF By, Ryokan and John Stevens

TAO TE CHING By, Laozi and Stephen Mitchell

THINKING FAST AND SLOW By, Daniel Kahneman

The book's main thesis is the difference between modes of thought; fast, instinctive, and emotional vs. slower, more deliberate, and more logical. The main message is to think more mindfully.

THE DEATH OF IVAN LLYUID By, Leo Tolstory

Psychological realism

I KNOW WHY THE CAGED BIRD SINGS By, Maya Angelou

Autobiographical, Artist in the Civil Rights Movement

THE BROTHERS KRAMAZOV By Fyodor Dostoyevsky

Story of murder - love/hate struggle between a father and 3 different sons. With themes of the origin of evil, nature of freedom, and craving for faith.