



# Edison Eagles BMX Racing Team

2024 Racing Season Information

Sanctioned by USA BMX

All Ages Welcome

Boys & Girls

Racing Levels Include  
Novice | Intermediate | Expert

Eligible TPS Schools for Edison Racing Team

Elementary Schools – Pre-K through 5<sup>th</sup> Grade  
Council Oaks, Eliot, Lanier, Patrick Henry

Middle School & High School  
Edison Preparatory School

# Who is USA BMX?

- Headquartered in Tulsa, OK since 2021
- Age Limit
  - There is no age limit on riders. Anyone can participate. Racing groups start with Under 5 to Over 65. All Levels: Novice, Intermediate, Expert.
- Sanctions BMX tracks across USA/Canada
- Sanctioned Racing
  - District (Season is January – December)
  - State Series (Optional)
  - National Series (Optional)
  - World Series (Optional)





# Hardesty National BMX Stadium

490 N. Lansing Avenue, Tulsa, OK 74120

DISTRICT OK-02

- Weekly Coaching Clinics
- Weekly Races for all Ages
- Located in Tulsa
- Restrooms & Concessions Available

Edison Eagles BMX Racing Team's  
Home Track

Practices and Races are typically  
held weekly January 1 through  
December 15 unless otherwise  
posted.



## Why is BMX a great sport?

- All Ages can Participate – Family Sport
  - Siblings can participate (Strider Series available for those not yet in school)
  - Parents can participate in racing.
  - Grandparents can participate in racing.
- Scholarships available at the collegiate level
- BMX is an Olympic Sport
- Team Atmosphere | Individual Driven Results
- No Age Limit – Yes, there is an over age 65 racing category
- All levels participate – **No one sits the Bench**
  - Riders Race at their skill level with others at their skill level
  - No matter how skilled they are in their level, they participate in every race they attend

# What will a student need to race?

- Jersey- Edison Racing Team specific
  - Design for MS/HS
  - Design for Elementary that includes school name on sleeve.
- Gloves
- Pants
- Flat Sole Shoes (i.e. Lace Up Vans)
- Racing Helmet (Loaners Available)
- BMX Bike (Loaners Available)
  
- Loaner Helmets / Bikes available at the track on Tuesday, Thursday, Friday



Elementary Schools will be printed on the Sleeve to promote elementary school spirit.

# Edison Racing Team Time & Cost Commitment

- Annual USA BMX Registration \$80
  - Fee is paid once per Year
  - Includes Track Insurance
  - Access to participate at any USA BMX Track
- Racing
  - Minimum Two Races per Month
  - Races generally held every Thursday or Saturday
  - Cost per race is \$15 (Practice included)
  - Practice is available every Thursday or Saturday for \$10. No minimum is required for practice outside of racing. Practice is strongly recommended.
- Coach Kate Wahl
  - Two Coaching Sessions per Month
  - Grow your BMX Skills Every Tuesday 6 – 8 PM
  - Cost is \$20 per Group Session



## Kate Wahl

Congratulations  
Coach Kate!  
The  
OFFICIAL COACH  
of Hardesty National  
BMX Stadium



# Why is BMX a special opportunity in Tulsa?

- Largest Race held in Tulsa, OK every year – No Travel for Team Members to participate

GRANDS – Greatest BMX Race on Earth  
Riders travel from all over the world for the opportunity to compete. All Edison Racers would have an opportunity to compete.

Learn more about GRANDS from recent news articles about the 2023 Races  
[Fox 23](#) | [Tulsa World](#) | [News on 6](#)

- Hardesty National BMX Stadium is used to train Olympic hopefuls and Pros. Pros and Olympic hopefuls have relocated to Tulsa to train. This presents a unique opportunity to interact at the track with these riders.
- [Hardesty National BMX Stadium is hosting the UCI BMX World Cup Round 5 & 6 in April 2024.](#)  
**[An opportunity to watch the best riders in the world at your home track!](#)**



# Parent Meetings

**Tuesday, February 27, 2024 - 6 PM**

**Tuesday, March 5, 2024 – 6 PM**

Edison Preparatory School

Lecture Hall II

Students and Parents from Edison, Council Oak Elementary School, Eliot Elementary, Lanier Elementary, and Patrick Henry Elementary are welcome to attend.



# How do you register your student?

Register at USA BMX in person.

Cost to get started

**Starter Package - \$375** Valued at \$520

1 Annual Membership to USA BMX

11 Coaching Session with Coach Kate

6 Races (2 in May, 2 in June, 2 in July)

1 Edison Racing Jersey

1 Edison Racing Number Plate

Graduation Award + Party Day Snacks/Drinks

**Call Carmon at 918-841-6367 if you would like to learn how to break the \$375 into four payments.**

You may attend more coaching sessions with Coach Kate or race more than twice per month, you will just be responsible for the cost associated.



# Practicing Away from Hardesty

Pump Tracks are excellent practice for BMX riders. Riders will learn how to pump through different sections of the BMX Track. Learning to perfect that skill and build endurance performing that skill is key to BMX success. **Coach Kate will train you how to pump** and you can practice off the track at either pump track below.

McCullough Park  
11534 E 25th St.  
Tulsa, OK 74129

[East Tulsa park renovated with new BMX track | Community | fox23.com](#)



Gathering Place  
2650 S John Williams Way  
Tulsa, OK 74114

West Side of Riverside, 31 & Riverside.



## Edison Prep BMX Related Class

Edison offers a non-football strength and conditioning class. We recommend Edison students request this class during enrollment this spring.

This class will not focus on BMX techniques, but it will help you build a strong body and cardio conditioning is important to helping you improve on the track.

## Home Strength & Conditioning

Edison BMX will post and send to our members workouts you can do at home to help build strength and stabilization. For personalized training, Coach Kate offers a training program that is purchased directly through her.

## Other Bike Training

Edison BMX will post to our members conditioning and drills you can perform at home on your bike (if a bike is available).

# Riding at Other Tracks



Hardesty National BMX  
Schedule (Home Track)

Skills Coaching Clinic  
Tuesday 6 to 8 PM\*

\*\*\* Racing \*\*\*\*  
Thursday Evening  
1 Hour Practice  
Races

Saturday Morning  
1 Hour Practice  
Races

Requirements for Edison Team  
Members

## Skills Coaching Clinic

Team members are required to  
attend 2 per month at Hardesty.  
\*Other times or dates may open based on  
enrollment numbers

## Racing Requirements

Team members are required to  
attend 2 per month at Hardesty.

**These requirements will only be  
tracked and fulfilled at  
Hardesty.** You are welcome to  
attend other tracks in addition to  
your team commitment at  
Hardesty.

Additional Opportunity for  
Racing or for Practice

Sand Springs BMX  
Schedule

\*\*\* Racing \*\*\*\*  
Friday Evening  
1 Hour Practice  
Races

Sunday Afternoon  
1 Hour Practice  
Races

Mayes County BMX  
Schedule

\*\*\* Racing \*\*\*\*  
Tuesday Evening  
1 Hour Practice  
Races

Sunday Evening  
1 Hour Practice  
Races



# Elementary Gear

The Edison jersey and the Edison number plate are required for team racing. However, we are leaving your gloves, pants, shoes, and bike or bike accessories to your unique and individual preference.

Hot pink gloves and pants, perfect!

Black gloves and black pants, perfect!

Let your individuality show through!



# Middle School & High School Gear

The Edison jersey and the Edison number plate are required for team racing. However, we are leaving your gloves, pants, shoes, and bike or bike accessories to your unique and individual preference.

Hot pink gloves and pants, perfect!

Black gloves and black pants, perfect!

Let your individuality show through!

