

# **St. Andrews Mar Thoma Church**

58 Crescent Place  
Yonkers, NY 10704  
(914) 776-5738

[www.standrewsmtcnny.org](http://www.standrewsmtcnny.org)

Worship Service: 10:30 am  
Sunday School: 9:15 am

Monthly Newsletter

**MARCH 2023**

## EXECUTIVE COMMITTEE 2023

President	Rev. T.S. Jose	(914) 359-8907
Vice President	Mr. P.M. Abraham	(845) 370-2947
Secretary	Mrs. Joyce John	(914) 320-7272
Treasurer	Mr. K.O. Abraham	(914) 964-0308
Accountant	Mr. Thomas Chacko	(914) 482-1928
Lay Reader (Mal)	Mr. A.V. George	(914) 969-4040
Lay Reader (Eng)	Mr. Sunil Varghese	(914) 433-7980
Sabha Mandalam	Mr. A.V. Varghese	(914) 937-6519
Diocesan Assembly	Mrs. Sneha Shaun	(516)428-4163
Senior Citizen Fellowship	Mr. Abraham Varkey	(914) 457-0136
Edavaka Mission	Mr. Varghese P. Samuel	(845) 215-5612
Sevika Sangham	Mrs. Aleyamma Abraham	(914) 964-0308
Yuvajana Sakhyam	Mr. Thomas Varghese	(914) 623-7729
Youth Fellowship	Ms. Riya Varughese	(914) 523- 2404
Sunday School	Mrs. Sheeba Manoj	(845) 480-8288
Choir	Mr. Jacob K. Philip	(914) 525-7191
Prayer Group Area 1	Mr. George K. Joseph	(646) 996-9334
Prayer Group Area 2	Mr. John Skaria	(845)406-3422
Prayer Group Area 3	Mr. Mathews Koshy	(914) 434-1552
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Auditor 1	Mr. Chacko Varghese	(845) 906-6258
Auditor 2	Mr. Aby K. Varughese	(914)423-0450

## VICAR'S MESSAGE

Greetings in the name of Lord Jesus Christ,

Beloved in Christ,

Let us thank God for the bountiful blessings and mercy we experienced in the last month. We are going through the Lent season. During the Lent season we do fasting and spent more time for prayer and meditation. Fasting is not merely the refusal of food and drink, the literal meaning of fasting is 'to dwell with God'. To examine our lives in the light of the word of God. The word of God is the basis of our christian living. It always directs our life and helps us to distinguish between right and wrong. makes us conscious of our errors and failures. The word of God only helps us to purify our life. There are many books which give us moral teaching, but in order to evaluate them we need the insights gained from the study of the word of God. The study of the word of God enables us to empower other people and also to reshape the structures of society in conformity with the spirit of God.

In this month we meditate on so many themes as per the lectionary. First sunday we meditate Jesus Christ forgives our sins, we submit our lives in the hands of our eternal redeemer. Jesus Christ who redeems each and every creation. Second Sunday thinking about Jesus Christ includes all, We all are the creation of God so He loves us. During the lent season we prepare ourselves to do the will of God. Spending our life meaningfully, let us build our life on the word of God and lead our life worthy of His calling. May the Lord bless Our life abundantly in the coming days.

Yours sincerely,

T.S. Jose Achen.

## YOUTH CHAPLAIN'S MESSAGE

Dearly beloved in Christ,

Let us thank God that we are blessed to be part of this Lenten journey. Each Sunday of Lent guides us to remember the earthly ministry of Jesus Christ. The selfless love of Christ in how He used His time to love us is a reminder that this Lenten journey should be a sharpening experience that helps us understand how we use our time and energy as we move forward. It is a season for us to retrospect and introspect ourselves to see if our commitment to God matches God's commitment to us. We know the answer that it does not. It is vital for us to recognize God committing Himself totally to us through His birth, life, death, burial, and resurrection. Therefore, the time God blesses us to exist in this world should be dedicated to Him. Timothy Keller once said, "if God is not at the center of your life, then something else is". Lent should be an opportunity for us to recognize the things, positions, people, and the like that we put on the throne of our life in which God should be seated. Lent should not be just a 50-day commitment, but rather a call for us to prepare for our lifetime.

Our Men's Bible Study is in person at 8:00 pm, and the Women's Bible Study is on Saturdays at 8 pm on ZOOM. We have WhatsApp groups for both if any of our men or women are willing to be kept up to date about our studies and would like to be added, please reach out to Justeena or me.

Have a blessed Lenten season and Happy March to all!

Much love,

Jess Achen

## BIRTHDAYS

<u>Date</u>	<u>Name</u>	<u>Date</u>	<u>Name</u>
03/05	Ms. Leah Rachel David	03/15	Mr. Thomas P. Varughese
03/06	Mrs. Lizzy Satish	03/16	Ma. Justin B. Daniel
03/07	Ms. Sharon S. Peter	03/19	Mr. Jacob T. Kurian
03/08	Dr. Brite Chalunkal	03/19	Mrs. Jincy George
03/08	Mrs. Sosamma Thomas	03/20	Mr. Aby K. Varughese
03/09	Ma. Abel Thomas	03/20	Ma. Jude Jacob
03/10	Ma. Daniel Jacob	03/25	Mr. A.V. Varghese
03/10	Mrs. Mini K. Prasad	03/25	Ma. Elijah P. Thomas
03/10	Mr. John Skaria	03/27	Mr. Rijin Zacharia
03/10	Mr. George E. Varghese	03/27	Ms. Angela Rajesh
03/12	Mrs. Joyce Koshy	03/28	Mrs. Anusha Dynu
03/12	Ma. Steven Varghese	03/26	Ms. Angena M. Abey

## WEDDING ANNIVERSARIES

<u>Date</u>	<u>Name</u>
03/10	Mrs. & Mr. Sunil Varghese
03/19	Mrs. & Mr. Mathew Varghese
03/19	Mrs. & Mr. John Skaria
03/30	Mrs. & Mr. Mathai Samuel

## WORSHIP SCHEDULE

<u>Date</u>	<u>Service</u>	<u>Time</u>
March 5th	Mal. Holy Communion Service (Led by Rev. Johnson Samuel)	10:30 a.m.
March 12th	Eng. Holy Communion Service (Led by Rev. Jess M. George)	10:30 a.m.
March 19th	Mal. Holy Communion Service	10:30 a.m.
March 26th	Eng. Holy Communion Service	10:30 a.m.

## LECTIONARY

<u>Date</u>	<u>Lessons</u>	<u>Epistle/Gospel</u>
March 5th	Isaiah 33: 13-24 Hebrew 9: 11-20	Colossians 2: 8-15 St. Mark 2: 1-12
March 12th	Isaiah 45: 1-8 Acts 10: 34-43	Galatians 3: 23-29 St. Mathew 15: 21-28
March 19th	Exodus 3: 1-10 1 Peter 1: 18-25	Romans 3: 23-31 St. Luke 13: 10-17
March 26th	Ezekiel 37: 1-14 Philippians 3: 7-16	Colossians 3: 1-11 St. Mark 10: 46-52
March 31st (40th Friday)	Numbers 11: 4-15 James 1: 12-18	1 Thessalonians 3: 1-8 St. Mathew 4: 11

## PROGRAMS AND MEETINGS

<u>Event</u>	<u>Date/Time</u>	<u>Venue/Residence</u>
Edavaka mission/ Senior Citizen Fellowship	March 11th @ 10:30 a.m.	Mr. A.V. Varghese 450 Ellendale Avenue Port Chester, NY 10573
40th Friday of Lent Holy Communion	March 31st @ 10:00 a.m.	Church

