

J6 PRISONER'S SURVIVAL GUIDE:

PART 1: Messages from Incarcerated J6ers to
New J6ers, Bible Scriptures & Resources

June, 2023

June, 2023

Dear J6 Patriot:

The purpose of this guide is to help prepare you for entering into the correctional system. There are many J6ers who have come before you. These men and women understand what you are feeling and the monumental challenges you face in the coming days and weeks. Enclosed are comments, suggestions, advice, prison details and words of encouragement from some of these J6ers.

The *J6 Prisoner's Survival Guide* is intended to provide you with a glimpse of what awaits you as you begin your confinement and time away from your family, friends, co-workers and community. Many of you have never been involved in the "correctional" system before now, and the hope is you will be more equipped spiritually, emotionally, mentally and physically after reading the material contained in this guide.

While you will not be allowed to take this booklet with you, by reading this material ahead of time our hope is you will be more prepared to face this new chapter in your life. Please know a network of support will be available to you throughout this journey that includes other J6ers, J6 family members, advocates, and organizations.

In addition to direct messages from fellow J6ers, a collection of Bible scriptures and a section on resources for family members is included in this guide. As noted by many J6ers, having a solid spiritual foundation is essential for enduring the hardships and isolation that lie ahead.

The J6 community is comprised of devoted J6ers and patriots alike who each bring his or her unique gifts. There are those who focus their efforts on writing letters; other members are knowledgeable about the court system. Some people are familiar with the details of the events that took place on January 6 while others in the community host vigils, prayer groups or discussions on social media platforms. J6 advocates are committed to helping you with in-prison needs like commissary and communication and defending your rights to fair and humane treatment during your time of incarceration. You are not alone. The key is to stay connected; support is available for you and your families should you desire it.

The J6 family is just that – patriots who believe in freedom and are connected by a love of God and country. We are purveyors of truth, seekers of justice, and defenders of the Constitution. We love of our children and are united in our goal to defend and create a better world for them.

We know the election system is corrupted, as are many institutions in this country, and that is likely why many of you went to the capitol on January 6, 2021. Thank you for standing up. We are in a war – and you are prisoners of war. Concerted efforts are being made to make an example of you and to intimidate and frighten others from speaking out. Do not let them break your will. Do not allow them to distort the truth in your mind about what happened that day or your true intentions for being there.

A central message in this guide is for you to stay strong during this time apart from your loved ones – to remain spiritually, physically, emotionally, and mentally healthy; to focus on God; to remain grounded in your faith; and to connect with those individuals who will lift you up. Much of this decision is an active choice on your part. All things are possible with God, and when you feel utterly alone and discouraged, know that God is with you every second of every day. He will provide the tools you need to survive this ordeal. He will also place people in your life to help you. Yes, you will be tested. And it is ultimately your decision on whether you will make it through this experience a better man or woman. Also consider this time away as a means to prepare you for something even bigger.

We know this is a battle of good versus evil. We know that a global effort is underway to try to destroy this country, enslave humanity and challenge God's authority.

But you are a fighter.

You are a warrior.

And you have what it take to survive this.

May God bless you and keep you safe,

J6 Community

MESSAGES FROM INCARCERATED J6ERS TO NEW J6ERS:

ANONYMOUS J6ER: *Low Security Federal Prison*

May 2023: "I wished I had something that prepared me as I have never been in trouble in my life until now. With that in mind, there will be many [J6ers] facing this devastating change/experience...Getting ready for prison is something they should know. First is getting used to not being able to communicate and getting/retrieving information. Next, get everything done before you are incarcerated. Do not wait to finish when you get inside prison. It is extremely hard to communicate and do what you need. Next is make sure you go in with cash so they put it on your trust account. When people put money on your books, they pay a fee and lose money. When you get to prison you need to know if you are [in a] low, or medium, as this makes a huge difference. I am [in a] low.

Next, like all federal government run programs it is race driven. They have what are called "cars"; one car is "woods" – white race – then "blacks" and then "homie" which is like gang members, 99% Hispanic, and then "piza" which is Mexican/Hispanic. I was lucky here; they also have an "independent" car, which is pretty much like it sounds. On all these cars, you have to show your *paperwork* and you cannot be a sex offender, "chomo" or a snitch. Each car has reps which you go to or they go to you if anything is to be remedied on...It's like a prison inside of this prison.

There are the DOJ rules of everyday prison life and then there are rules of the car you are in. For example, what, if any, TV room your car goes in, to which phones your car can use, to which toilet is for peeing and which are for sitting, and especially which tables you can sit at in the chow hall. The cars are like "unions."

They (the J6ers) must know that everything said on the phones are listened to, and do not buck the prison staff or try to hold them accountable when you are an

inmate as they will retaliate! Also, do not say anything bad about them on the phone as they are always listening and will retaliate.

Another very important thing is to take care of anything medical, dental, vision before you get in. They will put you on a super long wait list and literally let you rot away. I never thought prison was anywhere as bad as I have seen and experienced. On the flip side, there are correctional officers that are exceptional at their jobs and help and are genuine human beings, where others should be nowhere near a position of power.

One last thing, you are assigned a unit team consisting of a unit team manager, counselor, case manager. They are the only C.O.s that help you personally from your case to FSA [First Step Act] to halfway house. You might live in a different barrack than where your unit team is or you might live in the same building. Above and beyond the bad I've mentioned, I like the prison I'm in...Staff for the most part is good, and the prison is so far, outside of medical, ran OK. And the food is good most days."

ANONYMOUS J6ER: *Low Security Federal Prison*

May 1, 2023: "Prison life should be described as a pause of life. I still don't feel like my participation trophy should have been this big...This place was built in 1940 for troubled kids and the entire building seems to be set up for short people. Not much evidence of upgrades. The punishment portion guys said the bars and locking mechanisms came from Alcatraz. It reminded me [of a] movie...Some guys have said they transitioned through a gym area and lots of time had to stand in dirty water to take showers (up to ankles). [Another J6er] who was just released said he thought the living conditions didn't meet up to prisoner of war regulations and the rodent and roach population exceeds the amount of child molesters and sex offenders being held here. I've heard from kitchen workers (convicts assigned to the kitchen) that some bags of food are stamped with 'not safe for human consumption' labels..."

Writing and receiving letters has been the highlight of all this so far. To the future incarcerated J6ers, I would say sorry you have to go through this. Tell your family

you may not be able to contact them...from time to time...There was a memo about the high rate of suicide that hits the guards that work here. One had just recently...[overdosed] on Fentanyl, so the border crisis continues. The guards are mostly pleasant and understanding. They are somewhat locked up as well I feel, so I have some sympathy for them...

I have heard that if you're locked up then transferred, it's extra special. Bus rides from Atlanta especially disturbing: lock boxes on arms, lock down situations related to COVID or overcrowding or just because. Small bunk beds made for children and mats older than most of the population. Rules that seem ridiculous (counts 4 – 9, standing, and all through the night). Here at [my facility] in low security, you can go outside certain times...

To be released, they require you to have a social security card, driver's license, birth certificate and some kind of ID, so bring that with you (either when you self surrender or to the court before you are sentenced). Also, make sure you do not have outstanding tickets. WEAR STUFF you don't care about (they threw my stuff in the garbage) and maybe get some clothes together for if and when you get picked up. I think they let you wear something out of here...

No three-way calling; mail and pictures are copied [and] copies are given to us; phone calls are recorded; text messages are read and not sent instant. They have a chapel here; it's been off and on available...

If I would have had any idea what may happen, it wouldn't have been so traumatic. If you're not restricted in any way maybe lock yourself in a room and have someone serve you crappy food, only let you go to the backyard for [a] few hours a day and regulate everything you do, also tuck your shirt in every time you leave to go out the door..."

GARRET: *Medium Security Detention Center*

May 14 2023: "I suggest the first thing you do, if you have not done it already, is read the Bible all the way thru. It took me about 3 months and things got easier after I finished it. I'm a pretty slow reader, too. Legally speaking, keeping quiet is

best. You can wait to see your discovery, which can take over a year, but I hear it is best to get it to the BOP as soon as possible, especially if you qualify for the First Step Act. Acceptance is a year off, lying in trial adds a year, and study up on pretrial motions that had success. Currently, my 1512 objection lost in appeal, but there was not a majority decision. So I still have 150 pages to read to figure out where that stands. The worst charge you face is what they will calculate your sentencing guidelines on.

The justice system is really messed up. It's not fair; it's not impartial. It is politically motivated. Research what judge you have. The only success I've seen has been clerical in nature. The good thing for people being charged now is that there is a good chance their case might get dropped by January 20th, 2025. I think it took 22 months for me to see trial. A DC jury will not likely be sympathetic... motions to change venue are a waste of money. Don't lose hope, God loves you, and things will get better eventually."

PHILIP: *Low Security Federal Prison*

April 24, 2023: "First thing, I strongly suggest to acquire transcripts of their sentencing and to physically possess them in hand. Sooner the better, reason being to verify they're straight up. In here snitches and child molesters (ChoMos) are not allowed television access. Inmate policy regulates that. As for us J6ers there is a respect given, congratulatory handshakes or a pat on the back. Percentage wise there seems to be more American Patriots in here than out in public. I've been grateful to be American my entire life. From observing bumper stickers to hearing conversation in public I base that opinion.

Second, they need patience—it will be okay. One day at a time. I say this assuming they will be in a low security like myself and in which I did a "self surrender". That made it mentally easier. As for emotionally, that's tougher to assist. They should keep their heads high and maintain their self respect. Getting caught up in a mess driven by love of country is nothing to be ashamed of! As for physically, keep one's head clear, free your mind of any guilt."

ANONYMOUS J6ER: *Low Security Federal Prison*

April 27: “As a J6er, at least in my [prison] I am labeled for special security screenings, meaning they deem me to be a terrorist! LOL. So my emails are heavily screened. Sometimes someone sends me an email and I do not receive it for 3-5 days! Yup, they are that threatened! LOL...When you are sentenced.., they go on a number system, aka 0-4 pts, 4-10 points, etc. The higher the points, and also the number of times in prison, equal a harsher sentence. They also enhance the points with B.S. language...At first, they told me if I took [my case] to trial and I was convicted, I would get 67 years. That scared me! So I pled out [and received] one of the harshest sentences handed down. So here I sit in a federal prison...I am housed with some of the worst offenders this country has, people convicted of murder, bank robbers, drug offenders and to me the worst offender, child molesters, guys that have done unspeakable things to children. It is very hard to stomach.

The health care is almost non-existent. They will give you meds if, and that is a big if, you can be seen by the doctor. I have high blood pressure. I am a pre-diabetic, which may have already turned into full diabetes, and I have prostate issues. The staff just don't care!...It is not all bleak though. I have the Lord and people like [advocates], so I know I will be ok. Please let people know how things really are in prison and what we are going thru...”

ANONYMOUS J6ER: *Medium Security Federal Prison*

May 2023: “I can go on and on [about] how bad it is in here. A medium prison, or a USP [United States Penitentiary], is really bad, but a low or camp is a lot better. Where I am at a lot of people get hurt. One thing is to make sure your paperwork is good; it better not say you talked to the Feds or will talk or help the Feds AT ALL!! If it does, they will find out. They get cell phones in here, or the C.O. will tell them, or they will ask for your paperwork, too. If anything looks bad, they will hurt you...”

ANONYMOUS J6ER: *Medium Security Federal Prison*

May 12 2023: “1. Federal Prison or BOP (Bureau of Prisons) populations are divided by state, race and some religions, mostly states and race. These divisions are known as “cars,” every inmate belongs to a car; there is no neutral. When a new inmate enters a facility they may choose their car, a common misconception made by new inmates is that the race cars are for only racist inmates that hate others. This is not true, although there may be some individuals in the car that have those beliefs, the car is not based on those beliefs.

2. Paperwork [in] federal prisons: the other inmates in someone’s car want to see the court documents of the case that brought us here; it must be mailed by either [a] lawyer or clerk and can take some time; however, we must produce it to other inmates. There are no exceptions. I personally am still waiting on mine to arrive.

3. Commissary: in Federal prison very little is provided for free. Each inmate must purchase most of their needs other than 3 meals (not much food), 2 towels and 1 razor a week. Each inmate may only go to the store once a week. If the compound gets locked down, no one is allowed to purchase anything, not even over the counter meds (OTCs). So please think ahead for what you truly need.

4. Movement: When the C.O. yells “Main Line” or “Chow,” that is our call for food served at the dining hall or meds at health services. If an inmate has an appointment, it will be listed as a “call out” with corresponding time on the bulletin board section on the inmate computer. C.O. will yell “7:30 call out” and you must report. Other movements include “Rec, Chapel, Work, and Education.” Please go to “Rec.” It makes our time go by much easier and is the only time that I personally have found privacy...

5. Prison Manners: As I am a man, I can only speak for male facilities. When urinating, everyone kneels on one leg with the toilet seat up so that no urine splashes on the toilet seat and surrounding areas. Yes, this is very strange at first. However, please understand that the toilets are very low to the ground, unlike the standard toilets outside of prison. When needing to take a bowel movement, flush as soon as you can and frequently to avoid smell. Try to use the bathroom when your cellmate is not there and always spray the toilet and sink with disinfectant afterwards. Always shower daily and wash your boxers, socks, and

towels in the shower [and] shirts in the sink. Laundry is called once a week in which dirty clothes are to be in a net bag and thrown into a bin to be returned the next day, probably during the afternoon. However, the clothes never really get cleaned that way; better off washing them by hand like our ancestors in the colonies did, at least that's what I tell myself.

6. Don't get involved in things you know you shouldn't. We are a smart people, shouldn't need to say any more.

7. Always be polite, respectful and respect yourself. With that being said, do not let anyone bully you around; if you have to fight, fight like hell, win, and then forget about it. Don't brag about it. Let that guy know that we MAGA defend ourselves and always win and after, we remain gentlemen. After that, they might stop, or not, this is prison. Some people here are Antifa and hate us.

8. If you see cops running towards you, just get on the ground like a fire drill. Otherwise, they will drop you and maybe charge you.

9. Do not get stressed. We are here because we love our country and stood up for it.

10. [If you are eligible] earn as many FSA (First Step Act) credits as you can so you can get home."

ANONYMOUS J6ER: Low Security Federal Prison

May 12 2023: "The first idea I had that I'd be going to prison was my criminal complaint. A criminal complaint is the information given to a judge by the FBI indicating that they think they have a case against you and that precedes an indictment. It's not applicable in all cases, but it is possible to self-surrender and ask for the supervised release, that's the way to go. On the topic of lawyers, the sooner you get one the better. In talking to other J6ers, almost all of them have had bad experiences with both private attorneys and public defenders. If you've had good experiences with one in the past, hiring a lawyer makes sense, also in the case that you're going to trial (obviously). Every J6er I've met who has gone to trial has lost and lost badly, but it's up to the individual to make that decision. I

respect people that went to trial, but it was very costly to them and not worth it to me, in my situation.

The best thing to do, in my opinion, is figure out what plea deal you're willing to take or what your defense will be before you even step foot in jail.

Communication is extremely difficult and not guaranteed. You're also going to be stressed out trying to readjust to the jail environment, and having to figure everything out on top of that is extremely hard. Also, educating yourself beforehand will save you a lot of trouble with slippery/lazy lawyers. Your time is going to be a lot easier if you know what to expect and have taken initiative to prepare before going in. If it is possible, have your lawyer ask for a specific jail outside of DC...

Most jails will put you into solitary confinement: 22 – 2 lockdown schedule. If you can find a jail without that policy, do whatever you can to be sent there. No one knew (not even my lawyer) that I'd be locked down 22 hours a day, but it would have been great to know beforehand. The jail, wherever you are, will dress it up in nice language like "Protective Custody" or "Administrative Segregation." I pray to God that the jails have loosened up their policy on J6ers since I went in, but I'm not going to hold my breath.

Once you're in, it's going to be important to keep in mind that besides the staff, other prisoners will not have a problem with J6ers, some even being encouraging. The biggest issue is going to be the staff, but most of them never gave me issues. Besides everything I said, the best advice is the most generic and obvious. Pray, exercise, eat healthy, socialize, read too, and take every day as it is – be present. You're in jail, which sucks, but it's what you make it."

ANONYMOUS J6ER: Low Security Federal Prison

May 3, 2023: "To all my January 6 brothers and sisters, If you will soon be serving your sentence or already are serving your time, use the time you are detached from the outside world to transform yourself. Every day you should read and/or write, exercise regularly, and keep up your appearance. It is very easy to become a disgusting and unhealthy slob in prison. Consider this time you'll be away as

being favored by God. You must use this time to become the person that will be needed on the outside. Do not expect that you will be treated fairly. You are in prison. Do what is asked of you by the correctional officers unless it violates your religious beliefs or can worsen a medical condition(s).

If inmates ask why you were locked up, do not hide the fact that you are a January Sixer. From my experience, most inmates won't care much. There are prison politics that you will have to abide by, and all I will say is that if you join the independent car, you will be grouped with sexual offenders and child molesters. Do you want to share the same spaces with sex offenders and child molesters? Once our prison journey is completed, we will have work to do in order to support the January Sixers that will be coming in after us. Most importantly, keep God in your heart and mind, and you will find His love here. God will not get us out of this situation, but he will help us through this difficult time."

MASON: *Medium Security Penitentiary*

May 4, 2023: "It's important to know that whatever happens to us is only temporary. Things get better in time! The season/situation we are enduring will only make us stronger men. When this is all over, we will look back and think about how far we have come.

Also, stay respectful and truthful. Remind your families that you are okay, do that often. Accept that this is the current reality. It can only get only get better from here. Figure out who has your back and stick with those people."

DONALD: *Correctional Treatment/Detention Center*

May 2023: "I would say make good use of your time. It does you no good to sit or lay around pissed off and eating Honey buns (or any sweets) all day. That's counter-productive. What you should do is get right with God or get stronger in your faith. The left hopes that throwing you in prison will crush you or ruin your life. Well SCREW THEM!! Use your time to learn and make plans, think of how you will make your life better when your free again.

And start working out daily using techniques that use your own body weight. If you can get books sent to you, there are plenty of books on the subject. *Convict Conditioning* is one I would recommend. You gotta exercise for several reasons. For one, you will deteriorate fast if you just lay around. For two, this is jail, guys will try you. Fighting is inevitable, so be strong and be ready. Next is this, and it's very important! Under no circumstances do you talk to the Feds/FBI! The feds are trash! They are NOT your friends. They will NOT!! Help you. F@#K the feds. Also do NOT!! under any circumstances snitch on a fellow J-6er. We are all brothers and sisters. The Fed's are the enemy.”

ANONYMOUS J6ER: *Medium Security Penitentiary*

May 4 2023: “First, I would advise not to trust anyone, including J6ers. I had a J6er from my time at [one facility] go to the FBI with information. Another example is co-defendants giving information like one of my co-defendants. Both of these examples are home as you read this. Also, do not talk to other inmates or officers – assume it will be used in court. Be mindful of phone calls, letters and microphones in cells. Trust in God, don't put your faith in people. God will not let you down.

Communication between inmates can be a charge and result in disciplinary action.

Do not let yourself be taken advantage of by telling how much you have. Many of these people have nothing and don't mind jail/prison. If you have a lot of commissary, people may steal it when you aren't looking.

Do not do drugs, legal or illegal – you need a clear mind and should not give in getting comfortable.

Say goodbye to your life. We aren't to be of this world anyways. This is part of being a Christian. You will not have support from who you think. New friends will show up and real friends will be there always.

The FBI will take what they want from you when they are ready, not what you think is relevant and not when you are ready. Have your finances in order, cancel things like car insurance. Leave things for others to help you.

When you go to federal prison, all clothing and shoes will be donated. Don't wear your best anything that will be missed, if possible.

You had a girlfriend; you had a house, car, etc.

It is likely those already arrested face more serious charges. Just know you aren't alone and may get out soon but don't expect the government to be any good. They answer to the corrupt in authority. Don't be a coward but brave and stay strong. Stand up for what is righteous and truth!

Get a Bible and in a study group – not just a prayer circle – study! When you can order a Bible, do it!

The money can/will be taken so watch out on who and how it is set up. I do not have a GiveSendGo but I can tell you what money is donated can be taken away to the dollar – it has happened. I asked for money on my Fed [account] for the day I get out. It is unlikely to grow very big, but to me it's better than the government wasting your hard earned money.

Remember the beginning is the hardest part of a problem, always. They won't hold us in here forever. Time must not be wasted, use it for purposes God will approve. Give your worries to God – He will not take them, you must give them to Him!

Carry yourself like a patriot. Don't go to N.P.R. Don't make us look weak or like we're better. Respect others and tune out those who belong here. Shower often, eat the best you can, exercise, read, watch what you say because you don't realize it won't be forgotten.

Bad company corrupts good character.

You can do this. You will do this. You can handle this. This will pass.

Trump is coming back. We will not turn to blame him for what we did."

DOUGLAS: Federal Detention Center

May 5, 2023: “For the political prisoners in pre-trial being held in the DC area (Alexandria Jail, Northern Neck Jail, or DC Jail), keep your head up and be strong. God is with you. You are probably in your cell 23 hours a day, never seeing the sun or breathing fresh air. They are trying to break you, wanting you to take a plea deal.

I’m sure you are depressed and miss your family as I was. It will get better and you will make it through this. Use your time to read the Bible, read lots of books, write your family and your supporters. Don’t challenge the guards. They want any reason to retaliate.”

ANONYMOUS J6ER: Low Security Federal Prison

May 12, 2023: “I would like to share with the other J6ers and their families that things get better at the BOP (Bureau of Prisons). The food is better; the library is fantastic; we can go outside all day. There is much more “freedom” to move around. Today, all the J6ers got together and threw the football for a couple of hours. I have not had any issues with inmates. The C.O.s seem to be on our side. They are respectful. However, things are a little different and can take a few days or weeks to get used to.”

MICHAEL: Low Security Federal Prison

May 5, 2023: “Things move quick here, so as of now I am only nine days in and have not been shown anything...This place is not great and the food isn’t either. You always have to be ready for whatever happens and learn fast because some people have been here for decades, or at least in the system that long, so they know how it works much better than people like me. That being said, people have went out of their way to help me each day get my feet under me. So again, for that I am not only surprised, but stunned at how people with literally nothing give me food and shoes. People don’t realize when you come to prison you literally have nothing until you go shopping at the store here, so my first few days were hell, to say the least. I could use more things at this time but they only let you

shop and spend up to \$360 and that is not enough to get started. My shoes alone were \$100, which was crazy to me, but I had no choice in that my feet were killing me after four days of wearing the shoes they give.

It appears to me this is one big money grab, and ruining people's lives is something that is common that people like me from January 6th get lost in the shuffle, because the guards, nor your case manager, care what you're here for. You are an inmate and that is exactly how they treat us, which is their job, of course, but not enjoyable at all."

ANONYMOUS J6ER: *Low Security Federal Prison*

May 8, 2023: "Every person, place and situation is uniquely different. Knowing what to expect and how to handle yourself is a big help for getting by in here. It can be hard if being held as a detainee in a detention facility. It isn't a part of the B.O.P (Bureau of Prisons) and thus doesn't transfer funds and/or any property purchased outside of the BOP. I point this out only because both places operate differently and apart from one another. They share similarities in ways that are common such as how to cope, behave, and operate in those new environments.

In detainment facilities, you have no idea how long you will be there. It doesn't feel permanent, so you don't want to buy many items because you could be moved at any time. But it could also take a while to get to the next facility. I had to leave everything behind every time I moved. I just bought what I needed for only one week at a time. No clothing, no toiletries/hygiene products. Also, in those places I was locked up with people from all levels of incarceration. It is dangerous and overpopulated. Nobody is comfortable and are all just waiting to get shipped out. The guards also recognize, just like we do, that we are just visiting. So lots of disconnect on all levels. It is just a carousel of faces, or rather revolving door of new people. Inmates and guards are standoffish and dismissive. All I could do is take it day by day and try to not let it overwhelm me.

Whether you are in a detention facility, or prison, the main thing is to be respectful. Disrespect will get every person, be it an inmate or guard to quickly deal with you in a range of ways. Every place has its quirks and different rules. I

would recommend finding another person of the same race and having them *line you out* with the do's and don'ts. It may be weird to have to self segregate, but it is how the facilities usually house and place inmates. I'm not racist. It is just how the inmates click together and have safety in numbers.

"Jail Politics" are also different from place to place. I will address that after I talk about some examples of how places can vary in operations. Every place wants a person to flush the toilet constantly to eliminate odors from going to the bathroom. You might be in a cell with other cellmates, or in a big common area. Some places don't want people using the sinks to spit in after brushing your teeth. In some places, people use the sinks to make their meals. They want people to spit in toilets. In other places, like where I'm at, they don't care. There are too many little things like that to state all of them. It is just an example of why you need to find a person in your "car" to help line you out. But be sure to ask two people in case one person is leading you astray on purpose. It happens.

A "car" is your group of people you belong with. Each group has its "car" and a driver or "key holder" of that car. They are the lead person that will guide and interact with other "cars" and "key holders" to avoid problems or "car crashes." Find out who holds the "keys" and don't ever be a liar or a thief. That will get a person in trouble real fast. Respect the rules and guards. Even when the guards don't respect you. That goes for both holding facilities and prisons.

Once you get to the main facility you will do your time at, follow the previous instructions to get properly lined out. If a person has sex offenses, they will be put in a different group and have an even harder time even if they are locked up as a J6er. Their history will be looked up by other inmates and demand their "papers." They will know if you are lying. I only go in to these details because it will happen.

The hard thing is get set up with clothing and hygiene products. Very little is initially provided. It is expensive but needed to get by and settled in for the long haul. At least if you get moved within the BOP your stuff will be moved to your next location, too. After you are sufficiently taken care of, a good routine is the best thing to focus on. Be sure to do as the staff instructs to meet all

requirements for getting the most halfway house and/or house arrest after release.

I am F.S.A. (First Step Act) participating—they call it “programming.” Some work programs and certain groups and classes help people get credits. The staff/secretary/team unit will explain all of your personal requirements as well as the requirements for F.S.A. programming. It will help the time go by as well as reduce your sentence. Also, eat in the chow hall. It is free and will make things a lot cheaper instead of eating and wasting money on commissary...I got hand-me-down things to help cut costs and to just get started. The clothes don’t look or fit the greatest, and the shoes have holes in them, but I’m making due and got a sewing kit to patch up the holes in the shoes and clothing. It is what it is.”

ANONYMOUS J6ER: *Medium Security Penitentiary*

May 2023: “Know about all the things you may do or use to psychologically stay in the game and ahead of the mental rape that the federal government is putting each detained human through.”

JAMES: *Low Security Federal Prison*

May 22, 2023: “Couple of tips for prison/Jail.

- Only fist bump with your right hand; using your left is an insult unless you have something in your right hand.
- Make sure you ask about the rules of using the phone before you just walk up and grab one; you don't know whose phone is whose.
- Don't trust drug users.
- Your word is everything in prison; once you lose it, you don't get it back.
- Be upfront about your charge and time. If you can get your paperwork, get it so you can show that you aren't a sex offender.
- Make sure you sit in the assigned TV seats for your car, unless you have permission from another car to sit in theirs.

- People will treat you off of how you treat yourself.
- No gangs, gumps, gambling, drugs, booze; you stay away from these things then everything is smooth sailing.

Basically all you have to remember is you're here for the right reasons, not the wrong ones. People have your back and love you. Whenever you are feeling down just pray for reassurance from God that He has you and know that God will show you that this is in His plan. God has yet to not reassure me that He has me protected and that I am in His hands. He will do the same for you. You are a Winter Soldier, you're not a Sunshine Patriot.”

JEROD: Low Security Federal Prison

May 22, 2023: “First of all I believe safety will be most peoples’ first concern. Pretty much all of us J6ers will be in low security prisons unless you have an extensive criminal history, which is very unlikely for Trump supporters...Low security prisons are not the hot bed of prison rape and daily stabbings that Hollywood portrays. As long as you mind your business, you have nothing to worry about.

There are lots of gay and trans people who walk around unmolested as well as a ton of sex offenders who are also not harassed if that gives you any idea of how safe these places can be. I have been given high praise by most prisoners from all demographics. I was surprised to find out that most prisoners are pro Trump. He was the man in office when the First Step Act went through which shortened the majority of prisoners sentences, so J6ers don't need to fear being open about their charges. I have been given a lot of praise from police, corrections officers, and US marshals; so most people are definitely on our side.

The other elephant in the room is how much time we are looking at. There is no parole in federal prison. There are ways to reduce your sentence, however. If you stay out of trouble, you do 85% of your time; so you can calculate 15% right off the top if you plan to behave. Then there is the First Step Act. There are multiple ways to earn FSA credits either through classes, programming, or work programs,

and these things will also help pass the time. For every month that you're earning FSA credits you get 15 days "good time." So if you serve a year on FSA time, you can take off 6 months plus your 15% good time. You also get out 4-6 months early on pretrial release to a halfway house or home confinement.

The other big one is RDAP, which stands for residential drug abuse program. It's a nine month program that focuses on behavioral and drug rehab. It can take longer than 9 months if they feel you need additional treatment, and inmates must have recent struggles with alcohol or drug abuse to qualify for this program. It's not easy, and inmates need to focus on the need to better themselves to pass the program. I am currently enrolled in RDAP and it is quite an intense program; but if you are receptive to it, you will come out a better person even if you think you don't need it.

If they [the J6ers] are *self surrender* and going straight to their designated spot, that is good. If they are already incarcerated at sentencing and have to get there via federal transit, then this is going to be the most unpleasant time that they will face. It often takes between 30-45 days getting moved around different states and county jails to get to your final destination. You have no idea where you're going or how long you will be there, which makes it difficult to buy commissary because it might show up the day you leave and you have wasted your money.

During transit is when you really need to stay in your lane. You might be in there with some pretty rough people who are there for any number of things, including murder. If your white, stick with white people and ask questions everywhere you go because each new place may have different rules and politics. As long as you're respectful and mind your own business, you should be fine.

Three-way calling is not allowed anywhere in the BOP, and it will cause you to receive disciplinary action."

JUSTIN: Low Security Federal Prison

May 26, 2023: "My biggest advice is to find another J6er in the place (jail/prison) [you] are in and determine what kind of rules, if you will, there are for that

facility. Each place is different. [In] one place you might brush your teeth in the sink like normal; other places that's a "no no." You spit in the trashcan and dozens of little things like that. Also, if you're an older white man, make it known right away you are a J6er, not a child molestor, and your time will be easier."

ANONYMOUS J6ER: *Correctional Treatment/Detention Center*

May 5, 2023: "ALWAYS TRY TO MAINTAIN A POSITIVE MENTAL ATTITUDE. I personally have found the following has been of tremendous help:

1. Call you wife/husband/gal on a regular basis. I personally have a schedule in which I call my fiancée 4 X's a day – but we keep most of them short calls. Spreading multiple/short calls throughout the day has helped me and my fiancée stay very close and not feel so separated over the 2+ years I've been "away."
2. When on the phone with family – I always refer to my cell as "my office" – doing this adds a certain amount of "familiarity" to the conversation and doesn't make things sound so much like jail.
3. Talk to your kids on a regular schedule and have pre-planned topics at the ready because "dead space" when talking to kiddos will eventually make them avoid talking to you. I suggest working with your wife/older family members to gather talking points on a regular basis. There is only so much you can talk about the inside of the jail and – to be honest—nobody wants to be reminded about it – so try and shift all conversations with kids to be about them.
4. Exercise on a regular basis. This is extremely important. I personally jog up and down a flight of stairs 100 times every other (or 3rd) day – and try to do pushups/bicycle crunches/pull ups/etc. often (not often enough – but I keep trying). Do not go hog wild right out of the gate because you will injure/strain something. So ease into it because medical services can suck – and any rehab that may be required is probably non-existent. So ease into any workout. Yoga is a great way to start and you get a cool mat that if you can take it into your room (i.e., office) is a great cushion for others to sit on.

5. Regarding what to tell families – I would say to them to expect to go through the 5 stages of grief. There will be anger/frustration/sadness/etc – but after a while things will calm down and you (and your family) will get in to a routine.
6. Sort out all financial stuff as best as you can before “going in.” I personally had a terrible time with getting “the right” type of power of attorney form that allowed my fiancée access to my accounts. Some fellas in here have had the same issues – almost like it was on purpose. Hmmm...
7. If you get your own lawyer – I highly suggest you do a lot of research and get one that is a registered republican. Many fellas in here are on lawyer #2 or #3 because their [attorneys] were horrible/didn’t do any work/were secretly left wing/etc.
8. If you end up doing time – know that the vast majority of us will be at minimum security – and most likely will be at “camps” – and know that there are rarely “issues” (fights, etc.) at camps because camps are where most longer-term inmates go just before they are released – and nobody wants to jeopardize their good time so close to getting out.
9. Keep your friends close – but keep your enemies closer...In other words – be nice to everyone – but trust nobody! Let me say that again – trust nobody! Do not give out where you live, your kids’ names, ages, what school they attend – nothing – there are real criminals and real bad people in jail with you. Trust nobody! When someone asks about your family – just politely say “I’d rather not talk about my family” and then be cool – and start talking about something else. Remember – trust nobody!!!
10. I personally am trying to use my time to read the Bible. I have a couple different versions and have found that a study Bible – in the English Standard Version (ESV) helps me to better understand the “old English” that is in the King James Version. Yes – it is a lot of reading – but I do have the time. :-)

ANONYMOUS J6ER: Low Security Federal Prison

May 23, 2023: “Things to know and might help going into incarceration for J6ers are as follows:

- 5 – 7 day “quarantine” in basically solitary confinement when first arriving.

- Find and have a support group on the outside to talk to and be open with (i.e., family, friends, kids, etc.)
- When you get in, have a routine. Stay busy and active, taking classes or working out or having a hobby.
- FSA and A.C.E. classes give you credit off your sentence. Do them.
- Keep your head up. Be patient. Don't expect things to happen quickly."

ANONYMOUS J6ER: Metropolitan Detention Center

May 23, 2023: "Upon arrival: handcuffed, searched, bend over and cough, stripped, issued uniform and bedding, interviewed by medical (recommend J6ers bring med prescriptions and cash; they duplicate prescriptions and generally apply cash to inmate's account). Then taken to quarantine cell, isolation for 5 days. Then tested for COVID (at 2 days tested for TB). After 5 days, allowed in general population. Within 2 weeks, moved to permanent unit. The 5 days of isolation was difficult. J6ers should mentally prepare for this. Having cash on account is extremely valuable, especially initially..."

ANONYMOUS J6ER: Medium Security Federal Prison

May 25, 2023: "My best advice is to realize that everything that the prison puts you through, from constant lockdowns to small meal portions to searching your cell for extra blankets that keep you from being cold due to the fact that the A/C blows 24/7 (even in the winter), everything, no matter how small or stupid, is for a reason. The prison has had decades to develop ways to make prison life miserable; everything they put you through is by design. They are playing mind games and the sooner that you realize that and learn to play along, the easier your stay will be.

Second, always, ALWAYS be respectful to the COs. Even when they are being complete assholes for no reason (and many of them will) stay respectful. With both the COs and the other inmates, respect is number one. *Excuse me, please,* and *thank you* should always be at the forefront of your vocabulary.

Also, get in to reading books if you aren't already. This is an invaluable way to pass the time. And lastly I suppose, just understand prison is going to be hard. It is going to suck. But it is not forever. Pray. Pray and talk to God all day. He listens and if you listen, He will talk back. He will sustain you. He will take care of you, and He will see you through."

BIBLE SCRIPTURES FOR J6ERS

Ephesians 6:11-18 (*The Armor of God*)

Put on the full armor of God, so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.

Therefore, put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace.

In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God. And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.

John 14:27

"Peace I leave with you, my peace I give to you. I do not give to you as the world gives. Do not let your heart be troubled and do not be afraid."

Psalms 27 (*Of David*)

The Lord is my light and my salvation—
whom shall I fear?

The Lord is the stronghold of my life—
of whom shall I be afraid?

When the wicked advance against me
to devour me,

it is my enemies and my foes

who will stumble and fall.
Though an army besiege me,
my heart will not fear;
though war break out against me,
even then I will be confident.

Isaiah 41:10-13

So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand. "All who rage against you will surely be ashamed and disgraced; those who oppose you will be as nothing and perish. Though you search for your enemies, you will not find them. Those who wage war against you will be as nothing at all. For I am the Lord your God who takes hold of your right hand and says to you, 'Do not fear; I will help you.'

Matthew 5:11-12

"Blessed are you when people insult you, persecute you and falsely say all kinds of evil against you because of me. Rejoice and be glad, because great is your reward in heaven, for in the same way they persecuted the prophets who were before you."

Isaiah 43:2

When you pass through the waters,
I will be with you;
and when you pass through the rivers,
they will not sweep over you.
When you walk through the fire,
you will not be burned;
the flames will not set you ablaze.

John 16:33

“I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.”

Deuteronomy 32:35

“It is mine to avenge; I will repay. In due time their foot will slip; their day of disaster is near and their doom rushes upon them.”

Romans 12:1-2

I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service. And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what *is* that good and acceptable and perfect will of God. For I say, through the grace given to me, to everyone who is among you, not to think of himself more highly than he ought to think, but to think soberly, as God has dealt to each one a measure of faith.

Romans 12:9-21 (*Behave Like a Christian*)

Let love be without hypocrisy. Abhor what is evil. Cling to what is good. Be kindly affectionate to one another with brotherly love, in honor giving preference to one another; not lagging in diligence, fervent in spirit, serving the Lord; rejoicing in hope, patient in tribulation, continuing steadfastly in prayer; distributing to the needs of the saints, given to hospitality. Bless those who persecute you; bless and do not curse. Rejoice with those who weep. Be of the same mind toward one another. Do not set your mind on high things, but associate with the humble. Do not be wise in your own opinion. Repay no one evil for evil. Have regard for good things in the sight of all men. If it is possible, as much as depends on you, live peaceably with all men. Beloved, do not avenge yourselves, but rather give place to wrath; for it is written, “Vengeance is Mine, I will repay,” says the Lord. Therefore, “If your enemy is hungry, feed him; if he is thirsty, give him a drink; For

in so doing you will heap coals of fire on his head.” Do not be overcome by evil, but overcome evil with good.

Mark 8:34-38 (*Take Up the Cross and Follow Him*)

When He had called the people to Himself, with His disciples also, He said to them “Whoever desires to come after Me, let him deny himself, and take up his cross, and follow Me. For whoever desires to save his life will lose it, but whoever loses his life for My sake and the gospel's will save it. For what will it profit a man if he gains the whole world, and loses his own soul? Or what will a man give in exchange for his soul? For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him the Son of Man also will be ashamed when He comes in the glory of His Father with the holy angels.”

Matthew 6:43–48 (*Love Your Enemies*)

“You have heard that it was said, you shall love your neighbor and hate your enemy. But I say to you love your enemies, bless those who curse you, do good to those who hate you, and pray for those who spitefully use you and persecute you, that you may be sons of your father in heaven; for He makes His sun rise on the evil and on the good, and sends rain on the just and on the unjust. For if you love those who love you, what reward have you? Do not even the tax collectors do the same? And if you greet your brethren only, what do you do more than others? Do not even the tax collectors do so? Therefore you shall be perfect, just as your Father in Heaven is perfect.”

John 3:16-17

For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life. For God did not come to condemn the world, but that the world through Him might be saved.

Joshua 1:9

“Have I not commanded you? Be strong and of good courage; do not be afraid, nor be dismayed, for the Lord your God is with you wherever you go.”

Psalm 91

He who dwells in the secret place of the Most High Shall abide under the shadow of the Almighty.

I will say of the Lord, "He is my refuge and my fortress; My God, in Him I will trust."

Surely He shall deliver you from the snare of the fowler And from the perilous pestilence.

He shall cover you with His feathers, And under His wings you shall take refuge; His truth shall be your shield and buckler.

You shall not be afraid of the terror by night, Nor of the arrow that flies by day, Nor of the pestilence that walks in darkness, Nor of the destruction that lays waste at noonday.

A thousand may fall at your side, And ten thousand at your right hand; But it shall not come near you.

Only with your eyes shall you look, And see the reward of the wicked.

Because you have made the Lord, who is my refuge, Even the Most High, your dwelling place,

No evil shall befall you, Nor shall any plague come near your dwelling;

For He shall give His angels charge over you, To keep you in all your ways.

In their hands they shall bear you up, Lest you dash your foot against a stone.

You shall tread upon the lion and the cobra, The young lion and the serpent you shall trample underfoot.

"Because he has set his love upon Me, therefore I will deliver him; I will set him on high, because he has known My name.

He shall call upon Me, and I will answer him; I will be with him in trouble; I will deliver him and honor him.

With long life I will satisfy him, And show him My salvation."

Romans 8:35-39

Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword? As it is written:

"For Your sake we are killed all day long;

We are accounted as sheep for the slaughter."

Yet in all these things we are more than conquerors through Him who loved us. For I am persuaded that neither death nor life, nor angels nor principalities nor powers, nor things present nor things to come, nor height nor depth, nor any other created thing, shall be able to separate us from the love of God which is in Christ Jesus our Lord.

Romans 8:18

For I consider that the sufferings of this present time are not worthy to be compared with the glory which shall be revealed in us.

Psalm 23 (A Psalm of David)

The Lord is my shepherd; I shall not want.

He makes me to lie down in green pastures;

He leads me beside the still waters.

He restores my soul;

He leads me in the paths of righteousness

For His name's sake.

Yea, though I walk through the valley of the shadow of death,

I will fear no evil;

For You are with me;

Your rod and Your staff, they comfort me

You prepare a table before me in the presence of my enemies;

You anoint my head with oil;

My cup runs over.

Surely goodness and mercy shall follow me

All the days of my life;

And I will dwell in the house of the Lord

Forever.

RESOURCES

AccessCorrections: <https://www.accesscorrections.com/#/> (commissary for some facilities)

AccessSecurePak: <https://www.accesssecurepak.com/> (care package Service, DC only)

American Gulag: <https://americangulag.org/> (J6 informational site)

American Gulag Chronicles: <https://americangulagchronicles.org/>

American Patriot Relief: <https://americanpatriotrelief.org/> (non-profit that helps support J6ers)

Be the People: <https://bthepeople.com/> (site created by J6ers to help J6 prisoners)

Bureau of Prisons: <https://www.bop.gov/about/> (prison information site)

CorrLinks: <https://www.corrlinks.com/Login.aspx> (messaging service for BOP facilities)

DC Corrections: <https://doc.dc.gov/page/correctional-facilities> (DC jail informational site)

Department of Justice: <https://www.justice.gov/usao-dc/capitol-breach-cases> (link to DOJ capitol cases)

Direct2J6: <https://www.direct2j6.com/> (site to donate directly to J6 prisoners' commissaries and GiveSendGo pages)

First Step Act: <https://www.bop.gov/inmates/fsa/overview.jsp> (information on ways to reduce sentence time)

Gateway Pundit: <https://www.thegatewaypundit.com/> (media outlet)

GettingOut (GTL): <https://www.gettingout.com/> (communications—DC jail)

GiveSendGo: <https://www.givesendgo.com/> (crowdfunding site)

JailATM: <https://deposits.jailatm.com/webdeposits/> (commissary/messaging for some jails)

JailCanteen: <https://oasiscommissary.com/technology/estore/> (commissary

for some facilities)

J6 Portal: Support, Advocacy & Awareness: <https://t.me/J6Portal>

J6 Truth: <https://www.j6truth.org/> (created by a J6er; includes videos, documentaries, and ways to support J6ers)

Money Gram: <https://www.moneygram.com/mgo/us/en/paybills/>
(Code:7932; commissary deposits for BOP facilities)

Patriot Mail Project: <https://patriotmailproject.com/> (website containing details about writing letters to J6ers)

Securus: <https://securustech.net/> (messaging/communication for some jail facilities)

Stop Hate: <https://stophate.com/> (J6 awareness and advocacy site)

The Real J6: <https://www.therealj6.com> (site created and operated by J6 prisoners)

United States Marshal's: <https://www.usmarshals.gov/> (law enforcement)

VINE: <https://vinelink.com/> (inmate search)

We are Good Men: <https://www.wearegoodmen.com/> (site specific to DC J6ers)

Western Union: <https://www.westernunion.com/us/en/send-money/app/sendinmatestart> (commissary deposits for federal prisons and DC jail)

J6 Support Hotline: 833-SAVEDJ6 (833-728-3356) — Hotline for J6ers and J6 family members

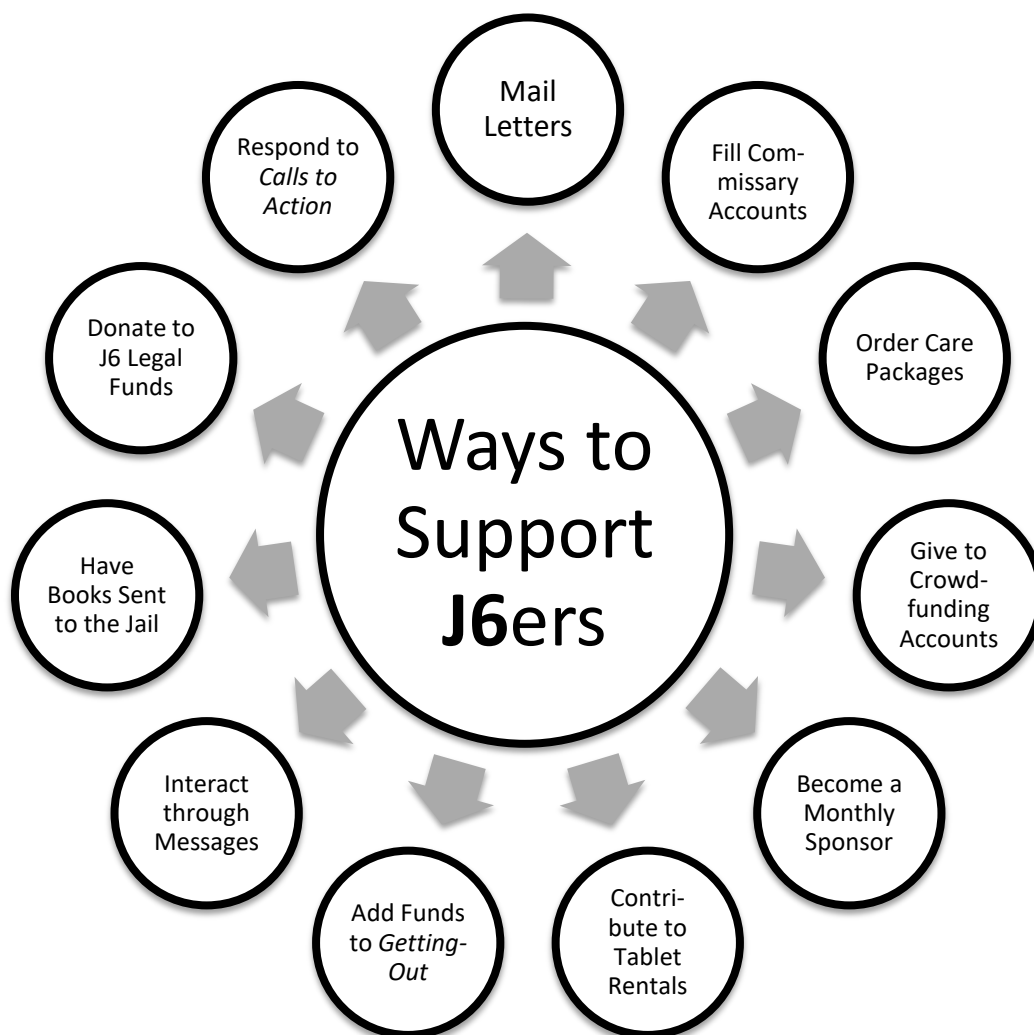
Reporting Inmate Abuse –

Federal Bureau of Prisons: <https://www.bop.gov/inmates/concerns.jsp> & <https://www.usa.gov/prisons>

DC Department of Corrections: Inmate Grievance <https://doc.dc.gov/page/file-inmate-grievance>

Contact:

Amani Grow (aka Ansley) at AnsleyRHaim@proton.mail.me



There are approximately 150 Americans who are currently incarcerated and some of these men and women have been imprisoned for over two years. Please let these patriots know they have not been forgotten and contributing in whatever way you can. See below for ways you can make a positive difference in the lives of the J6 political prisoners and their families.

1. **Write a letter of support and encouragement.** Prisoners spend long hours alone in their cells and the tedium and loneliness can be overwhelming and discouraging. Letters help them know they have not been forgotten and their fellow citizens are standing with them. (PatriotMailProject.com)
2. **CRITICAL NEED: Fund in-prison commissary accounts** so J6 detainees can buy food, water, hygiene items, and letter writing materials; make telephone calls;

rent or purchase tablets; and use prison messaging services. This is a monthly need that is essential for J6 prisoners. Each prisoner needs approximately \$200 - \$400 per month. Check the prison website on how to contribute directly to an inmate's commissary account through a processing service such as Western Union. (direct2J6.com)

3. **Have a care package sent** (food, personal hygiene, letter writing materials, etc.) to the Central Treatment Facility for DC detainees via the AccessSecurePak website.
4. **Donate to a prisoner's personal crowdfunding page** such as GiveSendGo. Many J6ers have a fundraising page set up to help them offset financial costs incurred as a result of J6-related expenses and loss of income.
5. ***The J6ers need your help! Monthly sponsors are needed*** to help ensure J6 detainees receive vital commissary funds. Some prisoners have little to no family support. Becoming a monthly sponsor affords these men and women the means to supplement their food, connect with the outside world, and alleviate some of the financial burdens placed on their loved ones. Commissary support is vital to help a J6er endure the hardships of prison life. (AnsleyRHaim@proton.mail.me)
6. **Help support tablet rentals and purchases inside of the prison** so J6 political prisoners can access educational programs, music, games, and more. J6 prisoners are able to rent or purchase tablets via their prison commissary accounts.
7. **Donate to a DC J6 prisoner's GettingOut.com (GTL) account**, so these J6ers can interact with family, friends, legal counsel, and media outlets. (<https://www.gettingout.com/>)
8. **Interact with J6ers via electronic messaging** through services such as CorrLinks, JailATM, and Securus. (Refer to the facility website for messaging service provider(s) available at a particular prison, jail, or detention center.)
9. **Have books and magazines sent to an inmate** using outside vendors such as Thriftbooks.com and Amazon.com. Some jails only accept paperback books so check with the facility first regarding print media requirements.
10. **Donate funds to help with a J6er's legal defense.** Many J6ers have GiveSendGo accounts set up as a means to collect donations for family members as

well as legal expenses. (Investigate any organization accepting donations on behalf of J6ers to ensure funds are allocated and utilized appropriately and in the best interest of the J6 political prisoners.)

11. **Respond to “Calls to Action”** to advocate for J6ers—Examples include reporting inmate abuse, emailing your elected representative about the violations of constitutional and civil rights of J6 defendants, and emailing Congress requesting that all J6 video footage be released to the public.
12. **Show your support for the J6ers** by discussing the challenges faced by J6ers with family, friends, neighbors and coworkers. Post a sign in your yard. Wear a “Justice for J6ers” shirt. Display yellow ribbons on your house and mailbox. Decorate your car with J6 awareness decals. Host a J6 awareness table at local events.
13. **Become active on social media** to help increase awareness about the plight of the J6ers and truth about January 6.
14. **Pray for our brothers and sisters** and help ensure J6ers have access to prison ministry services and counselors.

Go to PatriotMailProject.com to find a current list of J6ers who are incarcerated. Identify which facility a J6er is being held in and go the facility’s website (e.g., DC Central Treatment Facility/Detention Center, Federal Bureau of Prisons (BOP), or other jail/detention center). Instructions are provided on the websites on how to donate funds to an inmate’s account. Most J6ers are incarcerated in a BOP facility or the DC jail and options for donating to an inmate’s account are WesternUnion, MoneyGram, and/or money order.

- **DC Department of Corrections:** <https://doc.dc.gov/page/doc-frequently-asked-questions>
- **Federal Bureau of Prisons:** <https://www.bop.gov/>
- **AccessSecurePak** (DC inmates only): <https://www.accesssecurepak.com/>
- **Western Union:** <https://www.westernunion.com/us/en/send-money/app/sendinmatestart>
- **Money Gram:** <https://www.moneygram.com/mgo/us/en/paybills/> (Receive Code: 7932)

PART II

PRISON FACILITY INFORMATION (Coming Soon)

Copyright © 2023
Amani Grow
All Rights Reserved.

All material included in this publication is copyright protected. This publication may not be reproduced without prior written permission of the copyright owner.

Disclaimer

Permissions were obtained from J6 political prisoners who authorized the use of their written contributions for this guide and were informed this document would be distributed and viewed by the public.

Contributor names were omitted for those individuals who expressly asked that his or her name not be included in this publication or the contributor did not select a preference to include his or her name or remain anonymous. As such, "Anonymous J6er" was listed next to the contributor's submission.

"Stay strong and trust God's plan." *Anonymous J6er*