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Yvonne T. McKitrick Elementary School

Message from the PTA President

Happy Holidays Bobcats!

This year has flown by! This is our last newsletter of 2021. I hope everyone had a great year!

I'd like to highlight some wonderful accomplishments by the PTA this first half of the school year. We hit a record high with our membership drive, donated a ton of school supplies to children in need, introduced Bike & School Safety Week to McKitrick where we had several families participate, hosted a super popular family fun event at Chicken Salad Chick, honored our bus drivers and custodians, had the most Reflections applicants to date and just wrapped up a successful fundraiser with Boosterthon where we raised over \$48,000 for our school toward new laptops for our teachers.

I am looking forward to the next half of the school year & am excited to see all that the PTA has in store!

Lindsay Jimison PTA President 2021-2022 president@mckitrickpta.com

CALENDAR AT A GLANCE

December 2021

6th - 10th - McKitrick Cares **Holiday Toy Drive**

7th - 10th - Holiday Shop

10th - Mckitrick Family Holiday Night at Raprager Farms, Odessa

Dec. 20th - Jan. 3rd -**WINTER BREAK- No School**

January 2022

3rd - Non Student Day

4th - Happy New Year! Back to School

17th - MLK Day - No School

24th - Start of Literacy Week

26th - PTA General Meeting

February 2022

7th - Internet Safety Day

11th - McKitrick Sweetheart Dance

18th - President's Day - No School

20th - Non Student Day

TBD - Kindergarten Round Up

McKitrick Elementary

5503 Lutz Lake Fern Road Lutz, Florida 33558 813.558.5427

Principal/Administrator: **Allison Cline**











A NOTE FROM OUR Oringian Oringian

Happy Holidays to our McKitrick Families!

I wanted to wish you all a safe and healthy and happy holiday season. I hope you take time to see friends and family and enjoy the wonder and magic this time of year brings. Looking forward to a New Year together! Stay safe!

Warm Regards,

Allison Cline Principal





The School Where "It" Happens!





holidayshop@mckitrickpta.com



amazonsmile

You shop. Amazon gives.

Shopping on Amazon this Holiday Season?

Sign up for an Amazon smile account and assign McKitrick Elementary School to receive 0.5% of all purchases!



QUICK LINKS

McKitrick PTA Website

McKitrick PTA Store

McKitrick PTA Facebook

McKitrick PTA Twitter

McKitrick Elementary
Website

2021-2022 School Calendar

McKitrick Lunch Menus

Meal Pre-Pay

JOIN THE MCKITRICK Palents Club

Have you joined the McKitrick Parents Club Facebook group? It's a great place to connect with other families, ask questions, and share information relevant to McKitrick Elementary.



SCAN the QR code here to join our online community today!



McKitrick Family Holiday Night

Join us at RAPRAGER FAMILY FARMS to celebrate the holiday season and visit with other McKitrick families & teachers for fun activities!

FRIDAY DECEMBER 10th & 3:30-6:00pm RAPRAGER FAMILY FARM

16907 Boy Scout Road, Odessa Tickets are \$12.50/person online and \$3 parking Purchase at RapragerFamilyFarms.com

Winter Festival Includes:

Farm Animals • Giant Bounce Pillow
Hay Chute Slide • Corn Pit • Gingerbread Village
Santa's Workshop • Photos with Santa
Hayrides & Lights After Dark

TOY DRIVE!

Please bring a new unwrapped toy to help children in need during this holiday season.
This will be our last day for the toy drive and a donation box will be at the entrance to the festival. Let's show how much McKitrick cares!





Bring a toy and spread some joy! Toys will benefit students at McKitrick and Alexander Elementary to make their holiday bright.

Place a new, unwrapped toy in marked boxes located across campus. There will also be a donation box outside the front office until 3:30 pm each day.

Thank you for your generosity!



If you have any questions, please contact: mckitrickcares@mckitrickpta.com

The McKitrick Toy Drive is December 6th - 10th. You can send a new, unwrapped toy to school with your child. We will have donation boxes in every class hallway. There will also be a donation box outside the front office each day until 3:30pm. All donations will benefit McKitrick and Alexander Elementary students. Thank you for helping to make their holidays bright!

McKitrick Cares

So many amazing things have been going on this year and we want to show our gratitude for all of your support. **Coat Drive:** Thank you so much for your donations to the coat drive. All donations went to students in need at Bay Crest Elementary. Your generosity helps to keep kids warm during these colder months. **Thanksgiving:** We were able to give each family a frozen turkey for Thanksgiving from your donations. **Picture Day:** We would like to give a HUGE thank you to Gigante Productions for donating a picture day sheet to our families.

Thank You for Making a Difference!









NEW YEAR'S RESOLUTIONS

Have you ever planned to start the New Year with a new lifestyle resolution only to be disappointed later on down the line? If so, you are not alone. We are often bombarded with messages that criticize certain food groups and idealize diets that can be detrimental not only to our physical health, but overall mental and emotional wellbeing. Diet culture is pervasive across our society and despite the fact that most dieting strategies eventually fail, we continue to put pressure on ourselves to look or feel a certain way.

Terms like, 'intuitive eating' and 'health at every size' are useful ways to conceptualize an alternative way of thinking about dieting and body image. Intuitive eating is a non-diet approach to health that promotes an all-encompassing mind-body self-care eating framework. Health at every size, emphasizes size diversity and challenges weight discrimination, thus looking at health in a holistic way as opposed to a weight-centered approach.

Instead of focusing on weight, change the focus to the specific actions that you are taking to improve your health and well-being. Focus on the changes you see in your behaviors, habits, thoughts, and how you feel throughout the day. Over time you'll find that this shift will help you make peace with food and your body.

We wish all of our McKitrick Family a happy holiday season and a healthy new year ahead!

<u>Additional Resources:</u>

The Health at Every Size® (HAES®) Approach - ASDAH, 10 Principles of Intuitive Eating - Intuitive Eating, The Inside Scoop on Eating Disorder Recovery - Advice from two therapists who have been there. Colleen Reichmann, PSYD & Jennifer Rollin, LCSW-C, Routledge, 2021.



Boosterthon Success!

We have officially wrapped up our Bobcats Totally Rad 80's DanceFit program. We raised \$48,227, some of which is going toward new laptop computers for our beloved McKitrick teachers! On behalf of the entire McKitrick PTA, I would like to give a big THANK YOU to the entire Bobcat community for all your help with the fundraiser.

Also a big thank you to our fundraiser committee on the PTA who pulled together to create some amazing decorations around the school. Although we didn't hit our goal of \$50,000 (we came close!), we will be able to replace several laptop computers for our teachers who very much need new laptops!

We are working on contracting a date for the fundraiser for next year and hope to bring back the Fun Run (fingers crossed!) and use our new track!

- Fundraising Team

SCHOOL Fundarising UPDATES

HOW TO EARN

BOX TOPS MAKES IT EASY.

All you need is your phone!

Download the Box Tops app, shop as you normally would, then use the app to scan your store receipt within 14 days of purchase. The app will identify Box Tops products on your receipt and automatically credit your school's earnings online. Twice a year, your school will receive a check and can use that cash to buy whatever it needs!

MCKITRICK'S DINE OUT UPDATE

McKitrick families raised \$520 for McKitrick PTA with their Dine Out participation at Chick-fil-A last month. **Thank you McKitrick families for your support!** The committee is working on another Dine Out event for Spring. Watch the McKitrick Facebook page for more info!



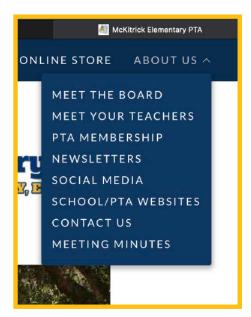
NEW!! Meet Your Teacher

A brand new feature called "Meet Your Teacher" can now be found on the McKitrick PTA website under the "About Us" tab.

This includes the personal lists of favorite things for each participating teacher. This is the perfect reference for the upcoming holidays, teacher appreciation week, birthday's, etc. or just to get to know more about your child's teacher(s)!

Please check it out at the link below!

https://mckitrickpta.com/meet-your-teachers



December's McKitrick Business Partner Spotlight: **PINCHASERS**

About Pin Chasers

Pin Chasers is a second-generation family-owned bowling business based in Tampa, Florida for over 60 years. We are in the bowling business because we love it!

With three locations (two in Tampa and one in Zephyrhills), we're conveniently located for a night out, a birthday party, a day with the family or league bowling.



Better Bowling

At Pin Chasers we provide 360 degree bowling services. We've got leagues for everyone from beginners to pros. Want to improve your bowling skills? Take one of our bowling classes. We offer tournaments, cyber and late night bowling. We also host TONS of events! From birthday parties to fundraisers, corporate events to team building – we do it all. On top of that, we offer special events just for kids.

Free Shoes

When you bowl at Pin Chasers, the shoes are always free! We've got shoes for everyone – from a toddler's size 8 to a men's size 16. If you forget to bring socks with you, no worries. Just ask us and we'll give you a new pair.

Fresh Food and Tasty Drinks

When you come bowling, come hungry. We've got plenty of options for every appetite – burgers, sandwiches, pizza, quesadillas, salads and kids meals at our Ten Pin Grill. Pin Chasers even serves breakfast, and not just in the morning. Order it anytime! Everything is prepared fresh – just how you like it.

Thirsty?

We serve Pepsi products, coffee and tea. If you are in the mood for an adult beverage, Pin Chasers also has a full-service bar serving beer, wine and great cocktails.

More Fun!

We take being in the "fun business" very seriously. Your experience as our guest is very important to us. We promise you a fun, easy, hassle-free bowling experience with great food and drinks, and an entertaining atmosphere. We back up this promise with our Pin Chasers guarantee – have a great experience or it's on us!

In 2022, it will be even easier to have FUN with the Pin Chasers Xtra app. Download the app, book your lane, order food and keep your scores!



Yvonne T. McKitrick Elementary School 2021-2022 PTA COMMITTEE

President: Lindsay Jimison

Vice President: Jessica Campbell

Treasurer: Erin Circelli

Recording Secretary: Tanya Kayani

Parent Outreach: Amanda Hurst

Fundraising: Megan Wilson

Special Events: Lindsay Whitney

Student/School Support: Brandi Kenny

Programs: Jessica Diefenderfer

Communications: Steve Clark

Newcomers/Kindergarten Round Up: Chryssa Samhoury & Farheen Aldeen

Parents Club: Chryssa Samhoury

All Pro Dads: Jason Crow

Homeroom Parents: Darbie Wilder

Volunteer Coordinator: Yajaira Chappelle

Memberships: Amanda Hurst

Spirit Wear: Salina Ruiz

Boosterthon: Erin Circelli, Viviana Lit & Adam Grier

Holiday Shop: Jessica Diefenderfer

Bobcat Bash: Katie Stahl, Kara MANNALL & Violetta Fahie

Business Partners: Emily Draper

Family Dine Outs: Kristin Swenson & Melissa Chevalier

Box Tops: Kimberly Olson

Sweetheart Event: Lisa Peluso, Tanya Kayani & Jessica Diefenderfer

Knights Event: Evan Walker & Adam Grier

Concessions: Louise Johnstone & Iris Sims

Family Nights: Amy Sweeney, Melissa Chevalier & Punit Shah

Fifth Grade Activities: Jaclyn Young

School-Wide Hospitality/Decorating:
Open Position

Open House: Adi Kaplan

Teacher Appreciation: Lauren Borio, Louise Johnstone, Viviana Lit & Violetta Fahie

Health & Safety: Jessica Greene & Katalin Vinci-Sierra

Reflections: Katie Stahl & Meredith Renuart

Tutoring: Erin Dombrosky

Junior Achievement: Rick MANNALL & Loren Mednick

McKitrick Cares: Heather Foster

IT- Website: Cassandra Johnson

IT- Google/Website Back Up: Billy Stahl

Yearbook: Robert Hudson

Social Media: Priya Davbhat

Newsletter: Kara MANNALL

Front Marquee: Billy Stahl

McKitrick Elementary
The School Where "It" Happens!