

GYMNASTICS CAMP

Monday

	LEVEL 5-9, XG, XP, XD & REC	LEVEL 2, 3, 4 & XB/XS
8-9:00	Before Care	Before Care
9:00	Stretch/Conditioning	In/Outdoor Activities
10:00	Gymnastics	In/Outdoor Activities
11:00	Gymnastics	Lunch- Change
12:00	Lunch- Change	Stretch/Conditioning
1:00	In/Outdoor Activities	Gymnastics
2:00	In/Outdoor Activities	Gymnastics
3:00	Camp Dismissed	Camp Dismissed
3-4:00	After Care	After Care

Tuesday (Theme: Crazy Hair)

	LEVEL 5-9, XG, XP, XD & REC	LEVEL 2, 3, 4 & XB/XS
8-9:00	Before Care	Before Care
9:00	Stretch/Conditioning	In/Outdoor Activities
10:00	Gymnastics	In/Outdoor Activities
11:00	Gymnastics	Lunch- Change
12:00	Lunch- Change	Stretch/Conditioning
1:00	In/Outdoor Activities	Gymnastics
2:00	In/Outdoor Activities	Gymnastics
3:00	Camp Dismissed	Camp Dismissed
3-4:00	After Care	After Care

Wednesday

	LEVEL 5-9, XG, XP, XD & REC	LEVEL 2, 3, 4 & XB/XS
8-9:00	Before Care	Before Care
9:00	Stretch/Conditioning	In/Outdoor Activities
10:00	Gymnastics	In/Outdoor Activities
11:15	Lunch- Change	Lunch- Change
11:45	Leave for Trip	Leave for trip
1:00		
2:30	Return from Trip	Return from Trip
3:00	Camp Dismissed	Camp Dismissed
3-4:00	After Care	After Care

Thursday

	LEVEL L4, XG, XP, XD & REC	LEVEL 2, 3, 4 & XB/XS
8-9:00	Before Care	Before Care
9:00	Stretch/Conditioning	In/Outdoor Activities
10:00	Gymnastics	In/Outdoor Activities
11:00	Gymnastics	Lunch- Change
12:00	Lunch- Change	Stretch/Conditioning
1:00	In/Outdoor Activities	Gymnastics
2:00	In/Outdoor Activities	Gymnastics
3:00	Camp Dismissed	Camp Dismissed
3-4:00	After Care	After Care

Friday

	LEVEL 5-8, XG, XP, XD & REC	LEVEL 2, 3, 4 & XB/XS
8-9:00	Before Care	Before Care
9:00	Stretch/Conditioning	In/Outdoor Activities In/Outdoor Activities
10:00	Gymnastics	In/Outdoor Activities
11:00	Gymnastics	Lunch- Change
12:00	Lunch- Change	Stretch/Conditioning
1:00	In/Outdoor Activities In/Outdoor Activities	Gymnastics
2:00	In/Outdoor Activities	Gymnastics
3:00	Camp Dismissed	Camp Dismissed
3-4:00	After Care	After Care