

Coloring Instructions for Cowgirl and Horse/Cowgirl Riding Horse



Tools Used: (this is the small basic Inktense kit colors)

Inktense Pencils	
1	Fuchsia
2	Deep Violet or Violet
3	Sherbert Lemon
4	Beech Green or Ionian Green
5	Charcoal Gray
6	Cadmium Yellow or Sun Yellow
7	Poppy Red or Hot Red
8	Tangerine or Cadmium Orange
9	Sienna Gold
10	Deep Blue
11	Apple Green
12	Saddle Brown or Willow
	Fabric Medium
	Paint Brush
	Paint Palette

NOTE: The “paint by number” diagram for this kit is contained in the instructions however many of the photos are from other kits. The process is the same regardless of the kit being colored. There are also many how to videos on my website www.medinadomarts.com. If you have any questions regarding how to color any of this specific kit please contact us at medinadomarts@aol.com

This block uses a “blending” technique with Inktense pencils. I have made a short video on my website and you can also watch it on YouTube:

[\(1422\) How to Color a Horse with 3 Inktense Pencils - YouTube](#)

I have included additional coloring information in this set of instructions that may or may not be applicable to this kit. Please use the information as you see fit. Thank you!

Michele Markey

Medina Domestic Arts Studio

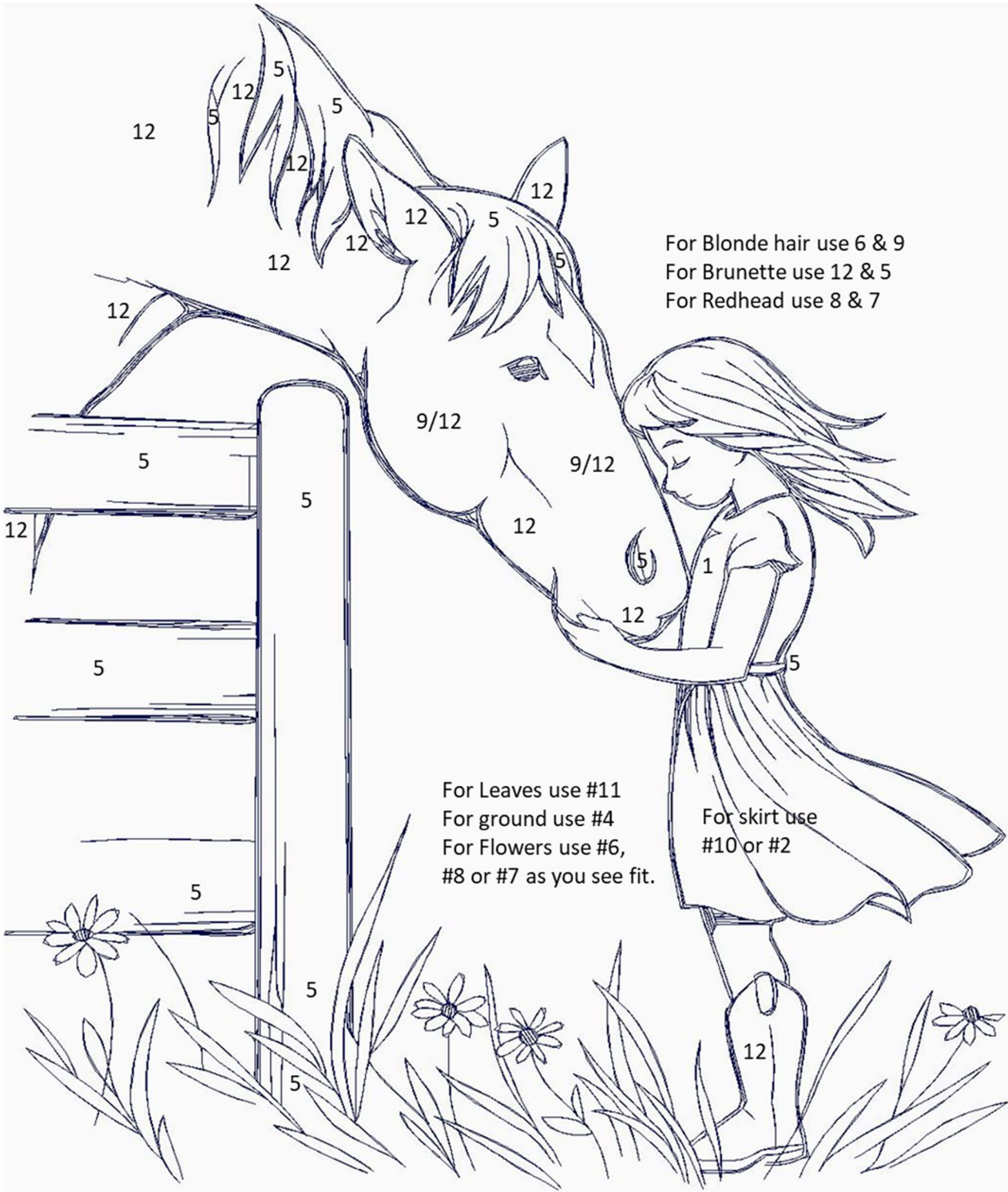
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Some basic information regarding fabric painting

- Just about any paint or pencil can be used in fabric painting. However, all of them have one thing in common – you must use a hot iron to set the color so that it will not bleed or run. Make sure your work has completely dried then with a dry iron and press cloth press the iron over the entire work letting the iron sit for up to 10 seconds. This will ensure the color fastness of your work.
- The fabric used for painting should be a high grade/high thread count cotton. Kona white cotton seems to be most artists' favorite but I seem to do just fine with Roclon Industries Avalon 200 count bleached muslin or cotton sateen. Washing the fabric first helps to set color better.
- Cotton thread/fabric will only absorb so much color at one time. If you notice that you continue to apply color but it doesn't deepen, let the first layer dry then go back over it with a second coat to deepen and intensify your color.
- Although you can wash your painted work; any metallic or glitter paint used will wash off in the wash. To be safe consider this as a work of art rather than a quilt! If it is to be used as a table runner or other type of use; spray it with Scotchguard to protect the paint finish.
- Color your lightest areas first then graduate to dark. Start working in the center and work out if possible.
- Sometimes it pays to plan ahead – color a paper version first before jumping in on a wholecloth quilt. It is very hard to correct a mistake. You have a paper version of this pattern in your kit.
- Do not use water as a medium nor any kind of alcohol based product. Both cause bleeding. By the way, Sharpie pens have an alcohol base – do not use for coloring.





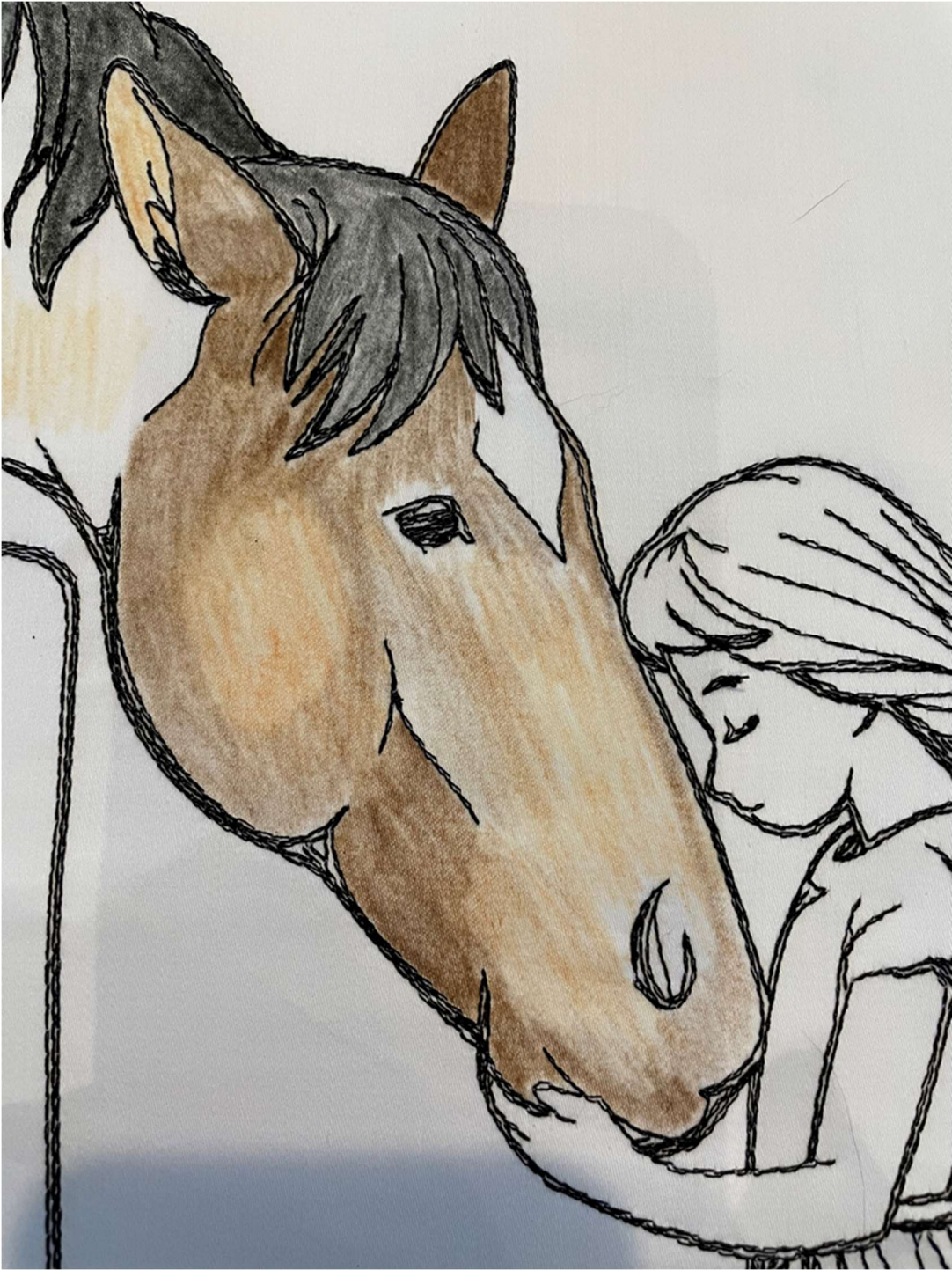
For Blonde hair use 6 & 9
For Brunette use 12 & 5
For Redhead use 8 & 7

For Leaves use #11
For ground use #4
For Flowers use #6,
#8 or #7 as you see fit.

For skirt use
#10 or #2



















References

Most of the techniques that I use are from three award winning quilters who use painting techniques in their quilts. The list below is by no means complete but if you would like to see some beautiful works of quilt art, these ladies have it in spades! All three have awesome websites with plenty of free videos and other information that you can apply to your own creations!

Linda M. Poole: www.lindampoole.com Linda is another textile artist out there and one of the best teachers I have ever had the pleasure to meet! When I started to write the instructions for this class I realized she had already written the best book for quilt painting – **“Painted Applique – A New Approach”**. You cannot go wrong by purchasing this book if you want to learn how to use painting techniques that look like applique!

Irena Bluhm: www.irenablehmcollections.com Irena’s quilts are spectacular! If you go to her website she has plenty of eye candy to look at as well as YouTube videos that explain her painting technique that primarily uses colored pencils and fabric medium. Her book **“Quilts of a Different Color”** is an awesome tool for quilt painting.

Helen Godden is an award winning Australian quilter who paints most of her quilts. Her techniques are quite unique as she is one of the few fabric painters that use water! Check out her wonderful live painting sessions on Facebook or go to her website www.helengodden.com for additional information!

Finally, if you are interested in using your embroidery machine to do outline quilt patterns, check out Leah Day. She uses her sitdown for both free motion quilting and her embroidery machine for quilting quilt as you go. She has

created a series of embroidery patterns called Stitch N'Paint that are specifically designed to be painted once you have stitched them out. You can find her at www.leahday.com along with tons of helpful videos.

Embroidery Websites for Line Patterns for Painting – This is a small list of the embroidery sites I use for purchasing patterns that I use in the painting blocks.

1. Oh My Crafty Supplies – this is the site where most of the Animals Gone Zen came from. Web address: <https://ohmycs.com/>
2. Embroidery Library – really love this site! They have great sales so sign up for the email newsletter... you can't go wrong with them! Web address: <https://www.emblibrary.com/EL/default.aspx>
3. The sister company to Embroidery Library is Urban Threads. Web address: <https://urbanthreads.com/>
4. A lovely lady from South Africa (DALEEN LUBBE) does some really great designs. Her web address is: <https://www.stitchdelight.net/>
5. Sometimes I find good patterns on Etsy but they can be hit or miss.