

Sun Fire Creations

Intuitive Feather Painting Workshop

Workshop Time: 2 hours (1 hour set up)

Provided Materials: 10" x 20" Canvases, assorted acrylic paints, assorted paint brushes, palettes, table covers, water cups, paper towel, visual resources.

Material Cost: \$10 per person (not included in instructional fee)

Instructional Fee: \$250 for classes up to 12 participants. \$10 for each additional participant.

Workshop overview:

In Cree culture the feather represents a link between the heavens and earth. The gifting of a feather is a symbol of honor and respect, and finding a feather is a message from spirit that you are on the right path. In this workshop, participants will be guided step by step through meditative brush and color work, while tapping into their inner selves and intuition to create a colorful work of art representative of their own personality and sacred life journey.

Workshop objectives:

- Create an art piece that is personal and purposeful
- Learn something new by exploring the art of painting, color and brushwork
- Introspection on sense of self and individual identity
- Peer connection
- Practicing mindfulness & meditative creativity

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Intuitive Feather Painting Workshop examples

