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Dear Parents / Carers,

Please go to www.lmswim.co.uk for booking forms, weekly class timetable, holiday courses and other useful information.

Please note that parking on the school grounds at Oakhyrst Grange is only permitted after 6.00pm and on Saturdays. There is parking available on Stanstead Road and please use the entrance to Roffes Lane for turning.

Parking at Limpsfield Grange is restricted to the bays on the right hand side of the drive immediately after the entrance and to the adjacent field, but only during the summer months when the field is dry. Otherwise please use Park Street, off Water Lane.

For Woldingham School, please park in the field adjacent to the Millennium Car Park. The steps leading up to the pool are at the back of the car park. You will be given the entry pad code at the point of booking your lessons.

The pool at Keston School is through the playground, past the school reception, bear round to the left and you will see the pool in front of you.

Swimming hats for boys and girls (babies exempt) are needed at all venues. Goggles are not permitted until the swimmer is safe in deep water, unless a medical condition dictates so (in accordance with ASA recommendations).

Should you need any further information please refer to our website or contact Lesley or Moira on the numbers above.

Kind Regards,

L&M Swimming Club
Lesley Ryland FIOS and Moira Brooks FIOS