

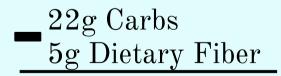
The Carb Calculator

The Formula

- Grams of Carbs
 Grams of Dietary Fiber
- **■** Grams of Storable Carbs

Example

Nutrition Facts	
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	8%
Total Carbohydrate 22g	8%
Dietary Fiber 5g	17%
Total Sugars og	
Includes 5g Added Sugars	9%
1 =	



= 17g Storable Carbs